# The Brockway Mirror

FREE

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# Discover Brockway: Small Group, Big Plans

by Jessica Clontz



(l-r) Jessica Clontz, Nancy Morrison, Devin Trentini, James Burkholder, Dave Steele, Sharon Varischetti, and Matt Oknefski. Not all board members were present for the photo.

With delicious eateries, unique shops, cozy cafes, and a trout stream flowing along scenic walkways, the small town of Brockway, Pennsylvania, has much to offer our local region which is why a group of community members has started a new 501c3 nonprofit called Discover Brockway. Lead by Brockway native, Dave Steele, Discover Brockway gained traction in the summer of 2023 when local citizens began meeting regularly to share ideas related to economic beautification, development, and ecotourism opportunities. After recognizing the many strengths of the small town as well as opportunities for growth, the group decided to formalize their efforts through creation of the nonprofit. Discover

Brockway board member, Sharon Varischetti, commented, "With our guiding principle, 'working together to unify and beautify Brockway', we aim to embark on projects and plans that enhance our great community. We strive to inspire like-minded individuals to join us as we work to uplift Brockway."

Many of Discover Brockway's board members are local business owners who understand the challenges and advantages of running a small business in rural Pennsylvania, making supporting the local business community a priority for the group. Through social media spotlights, sponsored events, and organized forums, Discover Brockway aims to help the local business community thrive. Board member and business

814.371.4700

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owner, James Burkholder, shared, "Small businesses are essential for the economic vitality, social cohesion, and cultural richness of small towns. They contribute to the local economy by creating jobs, generating income, and supporting other entities through partnerships and collaborations. Small businesses also reflect the unique identity of a small town, providing residents with a sense of pride and belonging." This sentiment was echoed across the Discover Brockway board as member, Matt Oknefski, concurred by stating "Small businesses are the lifeline to any community. When businesses close, so do the doors of our town's economic future."

Other areas of interest to the group include the beautification see BROCKWAY on page 7

# Penn State DuBois to Offer Post-High School Computer Numerical Control Training



A young person watches a program run on a CNC controlled lathe. (photo by Adobe Stock)

Penn State DuBois and Continuing and Community Education are teaming up with Workforce Solutions for North Central PA and some of the region's leading metal manufacturers to develop a program for graduating seniors that will connect them to one of the region's most in-demand jobs.

For those graduating seniors who do not have a career plan or do not intend on going to a technical school or university, this training will help provide them with the entry-level skills to work in the metal manufacturing industry as a computer numerical control (CNC) lathe operator.

"The ideal candidate for this program is someone who did not make the choice or have the opportunity to go to a vocational program in high school but likes working with their hands, has good math skills, possesses mechanical aptitude and is now interested in a career making things as part of a manufacturing process," said John Brennan, director of continuing education at Penn State DuBois. "Many high school students don't have a solid career plan or higher education plan when they graduate. This could be the ideal boost for a recent high school graduate to put them on the path to a life-sustaining career."

"Many manufacturers that we work with at the campus tell me that finding qualified staff to run their manufacturing equipment is one see TRAINING on page 3

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I try to think of great things for you to read, and as each day that passes, needless to say I come up with another great idea.

Running in and out of businesses all week long and greeting people, you can come up with some keepers. How about the folks you walk by in the line at the grocery store, they make eye contact and just stick their nose up and look away and don't even want to say hello. Yes, this happens to many of us. This one individual, we had a disagreement over 15 years ago, and I did apologize, but they still are not over it. Seems like a long time to think about and dislike someone for that long and it takes away so much of your energy and time. This was just one idea that came to me about writing about this month. Then I thought that I am giving that person the same energy when I say in my head "get over it." I actually said in my head, "really Lord, they are not over it? How sad is that?"

As days went on, I thought of another idea to write about, and that is about getting rid of your "stuff." Get rid of it, I was talking with a friend I ran into at a restaurant and he showed me this cool mug with Grizzly Adams riding in a jeep, and I asked what he was doing with it and he said he was getting rid of it. I then said, we spend our lives gathering "stuff," or maybe we collect items and sooner or later we need to get rid of it before we die. Yes, we are all going to die, it's a fact, no way around it, and all that stuff that you have collected is going to end up in a yard sale, or a dumpster. Saving it is such a waste of energy as it sits in a closet or basement gathering dust. I know so many of us save our kids toys when they are little to give to our grandkids when they get here. More than likely the kids don't even show an interest in the items. So this is the month to clean and get rid of. Try to sell

it. Send it to me by email and I can put it in the classifieds for a small fee. Make May 2024 the month you get the attic cleaned, the garage cleaned, the closets cleaned, the basement cleaned, the shed cleaned. Let's just clean and feel free again. Then the one final thing you can clean is your mind, your thoughts, your sins. Clean your heart and soul and the wonderful feeling you will have will make you feel whole.

# **DuBois** Chamber News

Cohen's Purpose and Habitat for Humanity are holding a Color Run on Saturday, May 11th. Registration opens at 8:30am, with the 5K race beginning at 9:15am, and 1 Mile Fun Run beginning at 10am. There will be a 50/50 raffle, vendors, food, music & more! Awards will be given to the Top 3 Runners. Cost is \$25 per person or \$30 the day of for the 5K and \$20 per person for the 1 Mile/ Walk. Register online at https:// givebutter.com/jkomhb.

Personal DuBois Village Care Community is hosting monthly Education Forum beginning Friday, May 10th at 1:30pm. Peggy "Renee" Phillips-Dinant, a Community Health Educator with AmeriHealth Caritas of PA will be presenting on Diabetic Needs. This forum is FREE and open to the public. No registration required.

The Bob Perks Foundation is holding their Annual Night at the Races on Saturday, May

18th at Good Shepherd Parish Hall in Port Matilda. Admission is \$40 per person.

Doors open at 6pm, with the races beginning at 7pm. All the money raised will go towards benefiting local cancer patients. To buy tickets, visit www. bobperksfund.org/events. And for more information, contact info@ bobperksfund.org or (814) 814) 231-2692.

Register for Penn Highlands Golf Classic Outing on Friday, June 14th. To register and get your team signed up, visit www. phhealthcare.org/golfclassic.

So, What's For Dinner on May 21st? We can help with that. DuBois Continuum of Care Community is hosting Fundraiser and Sale on Tuesday, May 21st. Two meal choices from Shannon's Catering: Stuffed Chicken Breast, Mashed Potatoes, Side Salad and Roll or Beef Tips, Buttered Noodles, Side Salad, and Roll, for a donation of only \$10.00 per meal. Get your tickets by calling Becky Yasick at 814.375.3948 or email ryasick@duboisccci. com. Meal pick-up is at DuBois Nursing Home between 3:30 and 5:30 pm. When you pick up your dinners, stop by the Bake Sale and get your dessert. Proceeds benefit the DCCCI Foundation Program.

Goodwill Week is right around the corner! Come celebrate with us at Goodwill Greenhouse's Chamber Mid-Day Mixer on Wednesday, May 8th from 11:30am-1:30pm. There will be a large variety of flowers and plants on sale just in time for Mother's Day. Plus, come enjoy food, refreshments, giveaways! Goodwill Greenhouse is located at 101

Preston Way in Falls Creek. Please make your reservation to our Chamber at dacc@ duboispachamber.com or (814) 371-5010 by Friday, May 3rd.

Who's Ready to GOLF?! It's time for the Chamber's Annual Member Golf Tournament. Each year, our golf tournament helps raise funds for our efforts community and scholarship programs. We invite area business leaders with an opportunity to help by sponsoring part of our event. We appreciate your support and if you would like to submit a foursome team, even better!

#### **Sponsorship Levels:**

- -Skill Sponsor: \$50
- -Hole/Tee Sponsor: \$100
- -Course Beverage Sponsor:
- -Food & Beverage Sponsor:
- -Foursome Team Pricing: \$400, corporate price \$500

For more information about our event, sponsorships, or pricing, please contact the Chamber at dacc@duboispachamber.com. Our Annual Golf Tournament will take place this year on Friday, Mary 24th at DuBois Country Club.

If you would like to advertise in The Brockway Mirror, email your ad to thebrockwaymirror@ gmail.com or call 814-648-0986. Ad deadline is the 15th day of the month.

# The Brockway Mirror

Jennifer Black, President/CEO 203 Main St., Brookville, PA 15825 814-648-0986 thebrockwaymirror@gmail.com www.themirrors.biz

# ATTENTION ADVERTISERS AND COPY WRITERS The deadline for all advertisements and stories is the 15th day of the month prior to publication.

Please email advertisements in a pdf format and email news stories as a Microsoft Word document to: thebrockwaymirror@gmail.com.

Publisher reserves the right to reject, edit or cancel any advertisement or news copy without liability at any time. Liability for any error in an advertisement shall not exceed the cost of space occupied by the error. The Brockway Mirror is not liable for errors on advertisements submitted by an outside source. If for any reason an advertisement or news story is not published, the publisher assumes no liability.

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# Brown, Struzzi, Smith Pen Letter to PIAA to Level the Playing Field in High School **Sports Broadcasting**

Following years of inaction by the Pennsylvania Interscholastic Athletic Association (PIAA) to fix a broken broadcasting policy, Reps. Marla Brown Struzzi (R-Lawrence), Jim (R-Indiana) and Brian Smith (R-Jefferson/Indiana) have sent a formal letter to PIAA demanding change.

The PIAA recently entered into an agreement with the National Federation of State High School (NFHS) Association, the body that writes the rules of competition for most high school sports and activities in the United States. NFHS can provide a streaming service, and often, schools will choose to exercise that capability in highprofile situations. What this does is eliminate the ability for local media outlets covering the away teams to do what they do best and requires anyone who wishes to stream the game to pay a subscription fee to access it.

Brown, Struzzi and Smith issued this statement after sending the letter, signed by 45 lawmakers on both sides of the aisle, to the PIAA:

"The PIAA's current broadcasting policy is unfair on many levels, and most importantly, to the families of the players on the fields and courts of Pennsylvania. Our athletes work for years to hone their skills in their respective sports, and a lucky few get the chance to show those skills in PIAA playoff matchups. However, those matchups can be several hours away from their local communities.

"Pennsylvania is blessed with many local media outlets who faithfully cover high school sports throughout the season. More often than not, those outlets are happy to travel whatever distance is required to cover their teams for their communities. But time and time again, they're blocked by the exclusivity contract between the PIAA and NFHS. These athletes finally reach their moment on the big stage, and all too often their friends and family are blocked from watching them by an NFHS paywall.

"During a 2022 hearing the Department of Education assured lawmakers that the issue of exclusivity between PIAA and the NFHS Network would be resolved. On January 26th, 2023, legislation was introduced to allow visiting teams in high school athletic competitions, and their local broadcasters, the same rights to broadcast, stream, and provide play-by-play as the home team. As of today, House Bill 30, the Fair Play in Broadcasting Act, has strong bipartisan support and could move from the House Education Committee at any time.

"It has become clear that fair broadcasting is not a priority being addressed in the PIAA. We, and the 42 other lawmakers who signed our letter, believe this issue needs to be addressed as soon as possible for the sake of Pennsylvania's players, families and fans."

# **Training**

continued from page 1 of the biggest challenges facing local manufacturing today,' Brennan continued. "We see this as a win-win situation for the regional workforce and also encourages bright young people to stay local and help maintain the economy of our region."

Workforce Solutions will pay the registration fee for those who qualify for the training and local companies will help provide trainees with job shadowing opportunities and possibly job offers for those who successfully complete the 71-hour program.

Applicants must be graduating from high school in 2024 and be 18 years of age by June 3. Trainees must have their own transportation to the classes, which will take place at the engineering production lab on the Penn State DuBois campus in the evenings between June 3 and August 1. Students who are interested should get an application from their school guidance counselor or contact Penn State DuBois Continuing Education directly at 814-375-4836. Applications must be submitted before May 17. Class size is limited to allow more interaction with the instructors.

Penn State DuBois typically offers this training two times per year to companies who wish to send existing employees or to those seeking a new career. This will be the first time that the spots in the class are being reserved for graduating seniors from local high schools. Since the training was introduced in 2019, more than 40 new machinists have started or expanded their careers by completing this training.

A unique combination of highlevel classroom and hands-on training, the classes all take place on the Penn State DuBois campus. Utilizing some of the region's best manufacturing instructors and veteran CNC operators, students gain both the knowledge and the skills to become CNC Lathe operators. Hands-on classes are taught using a stateof-the-art Smart Machine Tool lathe in the campus's engineering production laboratory.

Lecture courses include industrial math, blueprint reading, metrology, geometry, and geometric dimensioning tolerancing. Hands-on classes include introduction to CNC lathe, CNC lathe operations, basic G and M code, machine functions, and CNC programming and set-up.

"The companies who have sent employees through this training have been very happy about the level of skill their trainees have come out with and many have sent multiple employees through the training in the five years that it's been in operation," Brennan said. "We hope this first offering will be successful and we hope to continue to expand the programs that we can offer those coming right out of high school so that we have an even larger impact on the manufacturing community in our region."

Continuing and Community Education at Penn State DuBois is a bridge between Penn State resources and our partners. including business and industry, non-profit organizations, educational institutions, and state and federal agencies. Our programs cover manufacturing and quality, engineering, human and health services, food service. computer and electronics. construction, professional and business services and more.

# Treasurer **Stacy Garrity Cuts Fees** Again for **PA 529 IP** Accounts

This is the third fee cut for top-rated PA 529 IP in less than a year

Treasurer Stacy Garrity announced that fees for PA 529 Investment Plan (IP) accounts have been reduced for the third time in less than a year. The lower fees went into effect for account owners last week.

"Cutting fees for the PA 529 Investment Plan helps children follow their dreams," Treasurer Garrity said. "Nearly 185,000 families are saving with the PA 529 IP and making it as affordable as possible is a huge priority for me. One reason Morningstar gave this plan a Gold Rating, ranking it as one of the top two plans in the country, is our commitment to making it as cost-effective as possible. I will never stop working for the benefit of PA 529 account owners."

Effective April 5, 2024, the operational support fee for PA 529 IP accounts decreased by 0.5

see FEE on page 8

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**HOURS** 

Mon -Thurs: 8:30am 4:30pm

Fri – Closed for Administrative Maintenance, Record Keeping, and Training

Sun & Holidays: Sat. CLOSED (25/26 Dec, 1 Jan, 19 Feb, 29 Mar)

Walk-ins welcomed are for routine questions only. Appointments must be made to file a claim or conduct any review of paperwork. This is to ensure a Veteran Service Officer is available to talk with you and/or avoid a long wait. Appointments can be made over the phone. Please call and leave a message and we will return your call within 24 hours on normal business days.

\*Reminder\* Remember to file your DD-214 with the Jefferson County Register & Recorder office. Often family members who are applying for VA benefits in your absence, face delays in processing VA claims when they cannot locate a veteran's DD-214. County Register & Recorders office is located at 200 Main Street, 2nd Floor, 814.849.1610. You must bring the DD-214 in person to be filed.

# **Drivers** Needed

Drivers are needed for the Jefferson County disabled veterans to take veterans to doctor appointments. Call Veterans affairs office in Brookville at 814-849-3018.

# **Business & Professional** SPOTLIGHT



# **Pest Control UP Pest Control**

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"I can no longer stand the ants in my kitchen!" What should I

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# **Employment Opportunities** in Our Area

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# **BROOKVILLE EQUIPMENT CORPORATION**

The following is a list of job openings in our area. Contact any of these businesses to apply!

# **Brookville Equipment Corp Opportunities**

Brookville Equipment Corporation is a world class American manufacturer innovative, powered transportation solutions for mining/tunneling, rail freight, and passenger transportation. Our company was established over a century ago. If you would like to work for a company that has a long history of producing high quality products and can provide a positive workplace culture, then BROOKVILLE may have the opportunity you are seeking.

Brookville Equipment Corporation is an equal opportunity employer that is committed to diversity and inclusion in the workplace. We prohibit discrimination and harassment of any kind based on race, color, sex, religion, sexual orientation, national origin, disability, genetic information, pregnancy or any other protected characteristic as outlined by Federal, State, and/or Local

# **Material Handler**

Job Functions:

- Operate multi-size forklifts; utilize hand trucks, hoists or other handling equipment to move material to and from areas within the manufacturing plant.
- Move materials/products between departments using forklift and/or flatbed and rolloff flatbed trucks.
- Maintain order of scrap yard.
  - Load and unload materials.
- Dump garbage and scrap hoppers.
- Monitor level of scrap metal dumpsters and report to supervisor.
- Accept packing slips and metal certifications and distribute accordingly. Requirements
- High School diploma or equivalent.
- One year experience as forklift operator.
- · Good driving record and CDL B License.
- Develop knowledge of all departments within manufacturing plant.



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## Field Service Technician -Mining

Job Functions:

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  - Must reside in PA.
- · Analyze work orders and plan daily travel schedule.
  - Investigate customer issues

and resolve problems.

- Diagnose error or technical problems and perform repairs.
- Maintain customer relationships and confidence.
- Perform life cycle management and preventative maintenance on equipment.
- Manage site installation.
- Provide emergency repair and service on location.
- Strong mechanical, electrical, pneumatic and hydraulic knowledge for onsite troubleshooting.
- · Advise customers of manufacturer recommended service intervals.

- · Provide training to customer personnel.
- · Comply with all safety regulations.
- Prepare and submit Field Service Reports.
- Document services performed.
- · Order and gather needed components.
- · Track time and materials for services rendered.
- Utilize and maintain required
- Maintain work area in an organized and clean manner.
- · Other functions as assigned. Requirements
- · High School diploma required.
- Associate Degree in related field preferred.
- Technical training with extensive Mechanical and Electrical experience.
- Knowledge of blueprint and schematic reading.
- · Good communication and organization skills.
- Problem analysis and resolutions skills.
- · Familiar with proper safety procedures including personal protective equipment requirements.
  - Active listening and learning skills.

- Valid Driver's License.
- Interpersonal and customer service skills required.
- Must have the ability to travel 80% of the time with PA, WV, KY

Apply online at www. brookvillecorp.com/careers

## **Electrical Assembler**

Job Functions:

- Complete electrical wiring of machines.
- Assemble control panels based on wiring schematics.
- Perform plumbing on air systems.
- · Install brackets and conduit mounts.

Assist with troubleshooting

- during final inspection. Assist employees with
- complete assembly of machines. · Maintain work area in an
- organized and clean manner. • Utilize and maintain proper
- · Other functions as assigned. Requirements:
  - High School Diploma
  - · Technical training preferred
- · One year of related experience
- Capable of reading blueprints and schematics Apply online at www. brookvillecorp.com/careers

Job Functions: • Must be available to work Night Shift (Monday through

The Brockway Mirror Mechanical Assembler Night

- Thursday, 4:30 pm to 3 am) • 12% Shift Differential for Night Shift
- Blueprint reading knowledge as well as understanding work instructions.
- Mechanical duties may include installation of diesel and electrical drive components, plumbing air, hydraulic and fuel systems as well as engine, transmission, and axle assembly.
- · Carpentry skills including installation of sub floors, flooring, interior panels, and trim, windows, windshields, and seating in vehicles.
- Must be able to maintain an organized and clean work area and will be required to wear appropriate PPE (Personal Protective Equipment) specific to the different tasks being completed.

Requirements:

- · High School diploma
- · Technical training preferred
- One year of related experience in mechanical or carpentry
- · Capable of reading see EMPLOYMENT on page 10



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# **Caregiver Support**

June 6, at 3:00pm **Heritage House Senior Center** 

4 Sylvania St, Brookville, PA 15825 Group Facilitator: Kristine Santiso, LMSW, CCM, ACM-SW, NCG, CDP

Caregiving can be a very rewarding experience but also places added stress on a caregiver's life. If you are a caregiver, please plan to attend the Caregiver Support Group at the Heritage House. Here you will have the ability to discuss and be educated on concerns, stressors, and topics only caregivers will understand.

> Sitting service is available for your loved one while you attend the support group. Call to sign-up. 814-849-3096

Meetings will take place the first Thursday of every month at 3:00pm.



Please RSVP or to ask questions: **Jefferson County Area Agency on Aging** 814-849-3096



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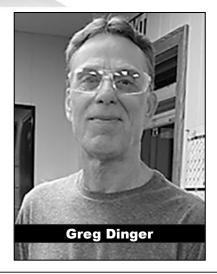


# Spotlight

Greg Dinger started his career at Beverage-Air in August, 2002. His current position is Refrigeration Assembler.

Greg (AKA Doc) has been employed at Beverage-Air for 22 years. He is a great worker and knows his job very well. He is always on task and never hesitates to do whatever is asked of him. Greg is also pleasant to wrk with and gets along well with his Refrigeration Team. He is always at work and consistently stays on task until the end of every day.

In his free time Greg likes to build things in his workshop, play corn hole and ride his side by side.



# From the Inside by PA State Senator Cris Dush



# \$19.1 Million in Broadband Expansion Funding to Bridge Digital Divide Across Senate District 25

Sen. Cris Dush (R-25) confirmed the approval of more than \$19.1 million in state funding across Centre, Elk and McKean counties to increase access to reliable, high-speed internet through the Pennsylvania Broadband Development Authority (PBDA).

"Expanding access to broadband infrastructure, especially for the citizens I

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serve in rural portions of Senate District 25, is proving to be every bit as critical as our utilities and transportation infrastructure," said Dush. "Without question, closing the digital divide is an automatic game changer for families, schools, hospitals, governments, street small businesses and homegrown industries, such as agriculture, forestry and fossil fuel production. Securing this highly competitive funding is an absolute must for keeping affordable and reliable digital broadband expansion projects moving forward and making our entire region more appealing for future development and familysustaining job creation."

Specific grant recipients and funding amounts are as follows:

• Windstream Pennsylvania

LLC received nearly \$2 million for broadband projects in Centre County.

• Verizon Pennsylvania LLC received \$17.1 million for broadband projects in Elk and McKean counties.

Made possible by the federally funded Broadband Infrastructure Program, this inaugural round of grants represents a significant milestone in the PBDA's broader initiative to close the commonwealth's digital divide.

All funds must be utilized by Dec. 31, 2026. Grantees will be held accountable for the prudent expenditure of awarded funds. The PBDA has the ability to claw back any unused or misused funds.

The Pennsylvania General Assembly established the PBDA in 2021.

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# JCHC Upcoming Events

Saturday-Sunday May 18-19<sup>th</sup> 1PM – 4PM: JCHS will host Open House at the Greenberg Cadillac Museum, 67 S. White St, Brookville. Admission by Donation. All proceeds benefit the Jefferson County Historical Society.

Saturday May 25th Noon – 3PM. Bowdish Model Railroad & Animated Miniatures Show. Bring the Kids and Grandkids! (And the Kid in yourself!)

Saturday, June 1st 9AM – 3PM: JCHC 9th Annual Military Collectibles Show, Jefferson County Fairgrounds on Rte. 28, ¼ mile north of I-80, Exit 81. Adults \$10; Age 17 and under Free. Featuring Military memorabilia and collectibles for sale, show and trade. Civil War to

the Present.

# **MAY 2024 Exhibits**

NEW EXHIBITS:

KIDSPACE ILLUSION
GALLERY: 2024 Re-Design!
"Illusions and Perceptions —
Is What You See or What You
Think You See Real or Not?"
Illusion Toys, Gadgets, Pictures
& Paintings. Interactive HandsOn for Kids!

GRANDE HALL:
THE 105<sup>th</sup> "WILDCAT"
REGIMENT – COME MEET
YOUR ANCESTORS!

A Civil War photograph & artifacts exhibit – Ken Burkett's private collection of some never before seen photos of our Jefferson County Civil War Ancestors of the 105th PA Infantry Regiment. Also meet "Bob The Bobcat" – The Wildcat Regiment's Mascot!

NEW FRONT WINDOW EXHIBIT: OLDE TYME SPRING SPORTS

The Brockway Mirror article and advertising deadline is the 15th of the month prior to publication.

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MID-1800S – EARLY 1900S TRANSPORTATION: Twyford Replica - 1st 4WD Motorcar built here in Brookville. Brookville Wagon, Winter Sleigh, Purl McCracken's Decorative "Housing" Saddle, Murphy Buggy, Wicker Baby Buggy,

EARL SANDT - Brookville's "Birdman" pilot and 1st International pilot flying over Lake Erie to Canada in the Curtiss Biplane. Biplane replica and original wooden propeller blades on display with a video showing Earle in his biplane surrounded by Brookville friends and family.

HORSE-RACING: This Jefferson County Surry saw action at Brookville's Horse Racing Track and at The Jefferson County Fair when it was held at Memorial Park.

EARLY PIONEER LIFE TO LEISURE SPORTS CAMP: Log Cabin, Wainwright Shop, Lumbering and Rafting, Model Oil Rig, 1950s Hunting Camp. A recently acquired Winchester Rifle circa 1873 used for hunting and owned by John R. Burgoon, a Rose Township farmer, and inherited and donated to JCHS by his grandson August Burgoon, is now on display.

**MEDICAL PRACTICE:** Dr. Wm McKinley's office and antique medical devices.

ABBIE NEAL: Local Country Western Star from Baxter. From family band to having her own band, she started out on Pittsburgh Radio and TV Stations, the nationwide WV Jamboree, and hit the big-time in Reno! Lou Christie of 1950s-60s fame helped promote her. Come meet a local CW Star!

BILL MCCRACKEN:
Our own local Richardsville
Renaissance Man! WWII
Uniform & 1943 Photo of Bill
in full uniform. B-27 And B-29
Bomber Engineer. (Temporary
Exhibit on Loan).

Bill is also the creator of the Twyford 4WD replica!

**2<sup>ND</sup> FLOOR GALLERIES:** 

GRANDE
THE 105<sup>th</sup> WILDCAT
REGIMENT - COME
MEET YOUR ANCESTORS!
A Civil War photograph & artifacts exhibit, personal collection. *Don't Miss It!* 

KIDSPACE ILLUSION GALLERY: Imagine, Create, Play & Learn. 2024 Re-Design! Illusions & Perceptions! Illusion Toys, Gadgets, Pictures & Paintings. Come on in with the Kids and Explore!

BOWDISH MODEL RAILROAD & MINIATURE DIORAMA: This year is the 20th Anniversary of the Bowdish Exhibit Opening in 2004 at JCHC that coincided

with the Bicentennial of the founding of our County! Featuring the miniature creations of Brookville's own Charlie Bowdish and those of the Bowdish Crew and the "O" Gauge Model Railroad & Trains.

"STONES N' BONES:" Our award-winning 2-gallery exhibit showcasing Jefferson County Paleontology and the Ice Age: This exhibit garnered the PA Museum's coveted 2020 Special Institutional Award! Don't Miss it!

THE VICTORIAN PARLOR: Showcasing Victorian Parlor Life. A video recording takes you on a self-guided tour of the Prominent Portraits in the Parlor. Also, Come and meet our GHOSTS of the Parlor! We have several!!!

THE PITTSBURG & SHAWMUT RAILROAD: STEAM TO DIESEL. Showcasing Steam Locomotive Bell #200 from the 1st steam locomotive acquired by the P&S. "The P&S didn't go to Shawmut

see HISTORY on page 8

The Brockway Mirror

Brockway

continued from page 1

and revitalization of the town with a project to install hanging flower baskets along Main Street currently underway. Community members will have an opportunity to sponsor a flower basket through an upcoming fundraising drive. Discover Brockway board member, Nancy Morrison, stated that "this project is low-cost yet high-impact and can serve as a catalyst to unify the community and inspire growth."

**MAY 2024** 

Outdoor recreational enthusiasts know the hidden gem that is the Brockway area. Discover Brockway board member, Josh Clontz, commented, "I'm an avid fly fisherman and have been fortunate to have fished in many cool places around the world but my home waters of Little Toby Creek are my favorite. It's a great stream surrounded by thousands of acres of public land. We also have awesome hiking and walking trails within minutes of downtown. I'd like to see Discover Brockway promoting responsible recreation and conservation initiatives that also promote ecotourism in our area.'

Nestled among the rolling hills of Appalachia and surrounded by the forests of the Pennsylvania Wilds, a small but mighty community refuses to succumb to economic and demographic challenges and, instead, has banded together to elevate the community they proudly call home. Sharon Varischetti reflected on the place she has always called home by sharing, "Growing up and raising our family in this vibrant community is a privilege I cherish beyond measure. Brockway is a town where the bonds between neighbors run deep, where laughter of children echoes in the park, where safety is assumed, and where friends and family return home to celebrate our beloved 4th of July." As Discover Brockway President, Dave Steele, noted, "we aim to give back to a town that gives so much to its citizens." Readers are invited to follow Discover Brockway's social media pages on both Facebook and Instagram and stay tuned for exciting projects and volunteer opportunities ahead.



# **Brockwayville** Depot



# May Lunch Menu

Cheese omelet with onions and peppers, sausage patty, breakfast potatoes, cinnamon roll, apple iuice

## May 2

Grilled chicken Caesar salad with mixed greens, diced chicken, parmesan, tomato and croutons; cream of broccoli soup; dinner roll; blushed pears

# May 3

BBQ chicken breast, brown rice, carrots, wheat bread, fresh orange

#### May 6

Pot roast with gravy, mashed potatoes, mixed vegetables, white bread, peach crisp

#### May 7

Baked salmon with white wine, cream sauce, white rice, island blend vegetables, wheat bread, cinnamon applesauce

# May 8

Hot dog, hot dog roll, cheesy potatoes, green beans, pineapple and mandarin oranges

#### May 9

Salisbury steak with gravy, baked potato with margarine, broccoli, wheat bread, gelatin

#### May 10

Pesto chicken, buttered pasta, tossed salad with tomato and dressing, dinner roll, seasonal fresh fruit

#### May 13

Stiffed cabbage casserole, garlic whipped potatoes, carrots, white bread, seasonal fresh fruit

Swedish meatballs with gravy, buttered noodles, peas, dinner roll, seasonal fresh fruit

#### May 15

Roast pork with sauerkraut, whipped potatoes with chives,



mixed begetables, wheat bread, cookie

# May 16

Baked pollock, macaroni and cheese, spinach, wheat bread, mandarin oranges

#### **May 17**

Taco bake, (taco meat, cheddar, lettuce, tomato, salsa), tortilla chips, corn with pimentos, pineapple

#### May 20

BBQ pulled pork sandwich, sandwich roll, coleslaw, ranch potatoes, cookie

## May 21

Baked beef ravioli with shredded cheese, tossed salad with tomato, garlic breadstick, seasonal fresh fruit

#### May 22

Cheeseburger with lettuce and tomato, hamburger roll, creamy potato soup with crackers, seasonal fresh fruit

#### May 23

Open faced turkey sandwich with gravy and stuffing ball, whipped potatoes with chives, sweet corn, white bread, cookie, butterscotch pudding

#### May 24

Chicken, spinach cranberry salad with dressing; mixed greens and spinach; beets; breadstick; cake

#### May 27

Memorial Day - closed

#### May 28

Chicken with gravy, vegetable oriental blend pilaf, vegetables, wheat bread, seasonal fresh fruit

#### May 29

Sliced ham with pineapple sauce, whipped sweet potatoes, green beans, dinner roll, cookie May 30

Orange glazed pork loin, buttered pasta, California blend, wheat bread, peach crisp

#### May 31

Tuna salad sandwich with lettuce and tomato, white bread, bean soup, coleslaw, seasonal fresh fruit

Menu subject to change



The Following is a **Complete List of Hunter-Trapper Education Classes Held** in Northern Jefferson County, District 1-33-1, **During 2024** 

#### **BASIC H-TE CLASS** June 15, 9 am – 4 pm

HERITAGE HOUSE, **SYLVANIA STREET** ΙN **BROOKVILLE** Sponsored by Ohnahdagon Society

#### August 24, 9 am - 4 pm

**BROCKWAYSPORTSMEN'S** CLUB, SPORTSMEN'S CLUB **PAVILLION** 

Sponsored by Brockway Sportsmen's Club

#### Sept. 14, 9 am - 4 pm

WARSAW SPORTSMEN'S CLUB, WILLIAMS RD-OFF **RTE 28** 

#### Sponsored by Warsaw Sportsmen's Club

## **ALL REGISTRATION IS ONLINE**

To register, please visit the Pennsylvania Game Commission website, www.pgc.pa.gov. Click on Education Tab, then Hunter-Trapper Education. Next click on the "click here" box. Click on "in-Person Course" to get to registration.

www.themirrors.biz Find us on Facebook

# Fee

continued from page 3

basis points (0.005 percent). This follows previous fee cuts of 1.25 basis points in July 2023 and 0.5 basis points in August 2023. Combined, these fee reductions will save PA 529 IP account owners nearly \$262,000 over the next 12 months.

Treasurer Garrity approved the reduction in operational support fees in cooperation with Ascensus Vanguard, Treasury's partners in administering the PA 529 program.

The Morningstar Gold Rated PA 529 IP allows families to choose from a variety of investment options including **Target** Enrollment portfolios. Earnings for PA 529 IP accounts are tied to financial market performance. Morningstar recognized "[e]ffective Treasury's unrelenting advocacy on behalf of investors," its "enhanced outreach and accessibility efforts," and the reduction of plan fees, positioning the PA 529 IP as less expensive than "roughly 80% of competitors."

PA 529 College and Career Savings Program accounts are designed to help Pennsylvania families steadily and strategically save for a wide variety of qualifying technical, collegiate, and apprenticeship K-12 educational expenses. Both the PA 529 IP and PA 529 Guaranteed Savings Plan (GSP) have significant state and federal tax advantages, and assets saved in PA 529 accounts do not affect eligibility for state financial aid.

The PA 529 GSP allows

families to save at today's tuition rates to meet tomorrow's tuition costs. Account earnings are based on college tuition inflation rates, and families can choose the tuition credit rate they wish to save ranging from community colleges to Ivy League universities. Treasurer Garrity waived asset-based fees for the GSP in 2022and again in There are nearly 300,000 PA

529 accounts, including nearly 185,000 PA 529 IP accounts and more than 112,000 PA 529 GSP accounts. Across both plans, families have more than \$7.5 billion saved for future education expenses such as tuition, fees, books, supplies, room and board,

To learn more about saving with PA 529, visit pa529.com or call 800-440-4000.

# Sunset at the Winery 2024 Laurel Mountain Picnic Pavilion at 7-10pm

June 1st - 8 Years Later

June 15th - In Harmony

July 6th - Night Train

July 20th - Southbound Band

August 10th - Night Train

August 24th - Dos Hombres

September 7th - Alex Haines

\$5.00 per person

Summer Snacks & Wine Tasting | Catered Food - Additional cost CIDER PRESSING - SUNDAY, OCTOBER 13



1754 Old Grade Rd, Falls Creek, PA 15840 814-371-7022 | laurelwines.com | Facebook

# Brockway Appliance

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Our knowledge of the Appliances, Service, Parts we sell sets us high above the competition. We will help you within any budget.

516 Main Street, Brockway **265-1101** Financing available.

and it didn't go to Pittsburg." *Then where DID it go???* 

# Brookville's Greenberg Cadillac Museum Announces 2024 Season



The Greenberg Cadillac Museum (the world's largest Cadillac Collection) has announced its opening dates from May through October on select weekend afternoons.

This unique museum is the private collection of Dr. and Mrs. Steven Greenberg and

represents a lifetime of collecting and restoring these iconic luxury automobiles. This year the museum has expanded its campus to a 4th large display building and displays over 80 cars from every decade from 1903 to the present. Visitors walk back in time to experience the evolution of American transportation technology and Cadillac's unique car culture.

Admission to the Museum is "FREE" with donation. This season, The Greenberg Cadillac Museum is presented in partnership with the Jefferson County Historical Society and the Greenberg's donations benefit the History Center.

Please pan a visit with your family and friends.

# **2024 OPENING DATES &** TIMES:

May 18 & 19 (Sat, Sun) 1-4PM June 22 & 23 (Sat, Sun) 1-4PM July 20 & 21 (Sat, Sun) 1-4 PM Aug 17 & 18 (Sat, Sun) 1-4 PM

Sept 21 & 22 (Sat, Sun) 1-4PM Oct 19 & 20 (Sat, Sun) 1-4PM Cadillac Museum Address: 67 South White Street (Route 36), Brookville, PA 15825

More info at www. greenbergcadillacmuseum.com

# JCHS Presents the 9<sup>th</sup> Annual Military Collectibles Show Saturday June 1<sup>st</sup>

Attention all militaria enthusiasts! Mark your calendars for Saturday, June 1, 2024, as we gear up for the highly anticipated 9th Annual Military Collectibles Show from 9 am – 3 pm, at the Jefferson County Fairgrounds, Brookville, PA. With an exciting array of collections and memorabilia expected, whether you're a seasoned collector or just starting your journey into the

world of military artifacts, this event is not to be missed.

This indoor event includes two buildings with 100 vendors and exhibitors displaying a wide range of interesting military collectibles and related items ranging from the Civil War, WWI, WWII, Vietnam, and Gulf Wars to the present. Collectibles available for show, sale and trade include weapons, uniforms, artifacts, accouterments, photographs, publications, and other items of historical interest

to both the beginner and advanced military collector.

Bring your collection items for evaluation and value by the experts who are always willing to help and answer questions.

Our raffle prize this year is a replica of the 105<sup>th</sup> Pennsylvania Civil War Regiment's "Wildcat" monument located at Gettysburg. This is a casting of the sculpture, authentic

to the original monument, by renowned Gettysburg artist Gary Casteel. Tickets are only \$5 each or 5 for \$20. Raffle tickets may be purchased in advance at the History Center or at the show. Raffle tickets also will be available soon on our website so watch our website! The raffle drawing will be held at 3 PM, day of the show.

**MAY 2024** 

The Brockway Mirror

The Jefferson County Fairgrounds are located on Route 28 approximately ½ mile north of Interstate 80 (Exit 81). Adult admission is \$10 and children 17 and under are free

We are still accepting table

reservations for vendors and exhibitors eager to showcase, sell, or trade their military-related treasures. To reserve your space or for additional information, please contact kburkett-jchc@windstream. net or give us a call at (814) 849-0077.

Also see our Event Page on our website, jchconline.org/events, and our facebook page (facebook/jchconline).

#MilitaryCollectiblesShow #JCHC #militaria #civilwar #militaryhistory



# REAL SHINE TAKES TIME

Blackbird Distillery just off Maplevale Rd in Brookville is open 7 days a week.

Go to www.blackbirddistillery.com for more details.
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- Coughs, colds, sinus problems
- Earaches
- Fever
- Flu-like symptoms
- Minor aches and pains

- Minor cuts and abrasions
- · Minor eye problems
- Rashes
- Sprains
- · Tick and insect bites
- Vomiting



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**Beechtree Union Church** 

5061 Westville Rd., Brockway (Corner of Arch St. & Westville Road) (814) 265-0366

Pastor: Terry Felt

Sunday School: 9:45am Sunday Worship: 11:00am Wednesday: Prayer/Bible Study 7:00pm

**Brockway Church of God** 

85 Charnisky Drive, Brockway (Off Walburn Run Road) (814) 265-8442

Pastor: Rev. David R. Nagele, Jr.

Sunday School: 9:45am Sunday Worship: 11:00am Sunday Evening Worship: 6:30pm Sunday Youth Group: 6:30pm Wednesday: Prayer/Bible Study 6:30pm

**Brockway Presbyterian Church** 

817 Main St., Brockway (814) 268-2463 Email: brockwaypc@gmail.com Adult Sunday School: 9:45am Children's Sunday School: 9:45am Morning Worship: 11:00am

## **Lanes Mills Methodist Church**

362 Rattlesnake Road, Brockway (814) 265-7055

Pastor: (724) 888.0008 Email: lanesmillsumc@windstream.net Pastor: Rev. R. Andrew Verner

Worship: 9:30am Sunday School: 10:45am

**Lighthouse Community Church** 

732 Main Street, Brockway (814) 265-8448

Pastor: Rev. Dr. Victor Baxter Sunday School: 9:00am Worship: 10:15am

**Moorhead Methodist Church** 

335 Main Street, Brockway (814) 268-8242

Email: mumsces@windstream.net Pastor: Rev. R. Andrew Verner Sunday Worship: 8:15am & 11:00am Sunday School: 10:00am

St. Tobias Catholic Church

1135 Hewitt St., Brockway (814) 268-3655

Rev. John J. Detisch

Mass Times: 5:00pm Saturday 8:30am and 10:30am Sunday, and 6:00pm the 1st Sunday of each month. Faith Formation Classes for K-8: Sunday 11:30am-12:45pm



# **Employment** continued from page 5

blueprints

Apply online at www. brookvillecorp.com/careers

#### Machinist - Night Shift Requirements:

- Must be able to work night
- Proficient in manual lathe, manual mill operation, and CNC equipment.
- Perform machine shop operations to support assembly floor.
- Strong blueprint reading
- Must be able to utilize the proper tools to meet tolerance requirements.
- Properly and safely select,

align, secure, and remove holding fixtures, cutting tools, attachments, accessories, and materials onto machines.

- Utilize and maintain PPE.
- · Maintain work area in an organized and clean manner.
- Equipment to be used: Manual Lathe, Doosan CNC

Mill, Mazak CNC Turning Center, Manual Summit Mill, Radial Arm Drill.

- Other functions as assigned.
- Must be able to perform all essential functions of the position with or without accommodation. Summary:
  - High School Diploma/GED
- Technical training in Machining preferred
- One year of related experience required
- Experience in MasterCam and/or GibbsCam
- Strong knowledge of blueprint reading, GD&T knowledge preferred
- Must be familiar with machine functions

This is a night shift position. Will work Monday-Thursday 10 hour shifts from 4:30 pm to 3 am. 12% shift differential for nights. Overtime may be required on occasion and shift may change during a holiday week.

Apply at www.brookvillecorp. com/careers

## **Technical Illustrator**

Job Functions:

- Take information from text or data and create illustrations to communicate assembly information concisely and accurately.
- Layout and draw schematic, perspective, orthographic, or oblique-angle views to depict function, relationship, and assembly-sequence of parts and assemblies.
- Ability to understand the function of mechanical equipment and translate that information into operator and maintenance instructional documents.
  - Content review for accuracy.

State Inspection

• Brakes • Shocks •

Struts

• Custom Pipe Bending •

· Oil Change ·

All Maintenance

- · Maintain revisions on previous publications.
- Assist engineering in composing project design documentation.

- Other functions as assigned. Requirements:
- Associate Degree in Technical or Engineering field preferred.
- Minimum of 2 years of applicable experience.
- · Knowledge of Microsoft Office Programs.
- Proficient with graphic illustration software such as Adobe Illustrator, Adobe Photoshop, Technical Publications, AutoCAD, and Solid Modeling software.
- Ability to understand 3D modeling.
- Strong communication and organizational skills.
- Problem analysis and problem resolution skills.
- Strong attention to detail. Apply online at www. brookvillecorp.com/careers

# **Electrical Engineer**

Essential Job Functions:

- Engineer and design new products from initial planning to production.
- Provide and perform engineering assistance for field service problems.
- Perform inspections on vehicle components and assemblies.
- · Prepare preliminary and detailed design drawings.
- Participate in engineering projects and engineering meetings.
- Assist in the investigation and analysis of new material and engineering practices.
- Edit and construct technical data for operation, maintenance and parts manuals.
- Create and organize complete bill of material for purchasing department.

- Coordinate with Electrical Drafters to produce electrical schematics and wire diagrams.
- Write technical specifications for submission to customer.
- Travel up to 20% throughout US and Canada.
- · Other functions as assigned. Requirements:
- · Bachelor's Degree in Electrical Engineering.
- 2 or more years of Electrical Engineering experience in a manufacturing environment preferred.
- Rail or transit industry experience strongly preferred.
- Knowledge of Auto CAD, Auto CAD Electrical and Solid Modeling Software.
- Strong interpersonal and communication skills.
- \* Strong technical writing

Apply online at www. brookvillecorp.com/careers

#### **Field Service Engineer** Job Functions:

· Provide and perform engineering assistance for field

- service activities. • Investigate customer issues
- and resolve faults. · Diagnose error or technical
- problems and perform repairs. Assist in the investigation and analysis of new material and engineering practices.
- Develop corrective action plans and field modification instructions.
- Develop and maintain customer relationships.
- Provide emergency repair and service on location when

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# Mitsubishi Electric MINI-SPLIT Air Conditionina A better way to cool any space, anywhere! 2024 SPRING SAVINGS! \$500 OFF from May 1-31

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necessary.

- Track time and materials for services rendered.
- Keep up to date on administrative responsibilities such as maintaining customer service logs and internal service records in a timely manner.
- Other functions as assigned. *Requirements:*
- Minimum of Associate Degree in EE or EET with Bachelor's Degree in EE or EET preferred.
- Experience interfacing with both internal team members and external customers as part of a solution-based service process.
- Proven record of being reliable and accountable for all aspects of previous positions.
- Excellent analytical, interpersonal, and communication skills with the ability to communicate complex technical issues in an easy-to-understand manner.
- Ability to adapt to changing circumstances.
- Ability to make solid decision utilizing critical thinking skills.
- Must have exceptional electrical and mechanical troubleshooting skills.
  - Must be detail oriented.
- Proficient in blueprint and schematic analysis.
- Ability to travel up to 80% of the time throughout the US and Canada

Apply online at www. brookvillecorp.com/careers

#### Welder

Job Functions:

- Plans details of working procedure, tools and material requirements.
- Clean and prepare surfaces to be welded.
- Assemble/repair equipment parts by cutting, burning, and welding various metals.
- Set up, assemble, and tack weld parts.
- Position dimensions from blueprints onto work pieces.
- Build up work or defective surfaces.
- Ensure that correct procedures are followed.
- Inspect welds to meet print and certification requirements.
- Partially assemble machines after welding. Operate grinders, welders and cutting torches.
- Keep equipment and work area clean and orderly.
- Other functions as assigned. *Requirements:*
- High School diploma. Technical training in welding and fabrication preferred.
- One year of welding experience required.
- Ability to read blueprints. Ability to arc and mig weld steel and cut with torches.

Apply online at www. brookvillecorp.com/careers

# **Mechanical Engineer**

Job Functions:

FERRARO, KRUK

& FERRARO, LLP

ATTORNEYS AT LAW

R. Edward Ferraro

Gregory M. Kruk

**Ross F. Ferraro** 

690 MAIN STREET, BROCKWAY

814-268-2202

fax 814-265-8740

- Participate in the design and engineering of products from concept to commissioning.
  - Review and interpret

technical specifications.

- Document component technical information and analysis/calculations.
- Develop design package and technical package information as required.
- Review technical drawings for completeness and accuracy.
- Knowledge and familiarity with company's drafting standards and practices.
- Provide and perform engineering assistance for field service problems.
- Work with technical writing to develop language for manuals/technical bulletins for critical systems.
- Prepare preliminary and detailed design drawings.
- Participate in engineering projects and engineering meetings.
- Assist in the investigation and analysis of new material and engineering practices.
- Work with other departments including production, design engineering, electrical engineering, and sales to complete tasks as assigned.
- Edit and construct technical data for operation, maintenance, and parts manuals.
- Create and organize complete bill of materials for purchasing.
- Ability to travel when necessary (up to 20%).
- Other functions as assigned. *Requirements:*
- Bachelor's Degree in Mechanical Engineering
- At least 5 years of Engineering experience in a manufacturing environment
- Knowledge of AutoCAD drafting and Solid Modeling (Solid Edge)
- Written communication and organizational skills
- Problem analysis and problem resolution skills
  - Experience with multitasking
- Strong interpersonal and communication skills

EOE of Women/Minorities/ Disabled/Veterans

Apply online at www. brookvillecorp.com/careers

# Welder Night Shift

Job Functions:

- 12% shift differential paid for working on night shift!!
- Plans details of working procedure, tools and material requirements.
- Clean and prepare surfaces to be welded.
- Assemble/repair equipment parts by cutting, burning, and welding various metals.
- Set up, assemble, and tack weld parts.
- Position dimensions from blueprints onto work pieces.
- Build up work or defective surfaces.
- Ensure that correct procedures are followed.
- Inspect welds to meet print and certification requirements.
- Partially assemble machines after welding. Operate grinders, welders and cutting torches.
  - Keep equipment and work area clean and orderly.
- Other functions as assigned. *Requirements:* 
  - Must be able to work 4:30 pm to 3:00 am Monday through Thursday.
- High School diploma. Technical training in welding and fabrication preferred.
- One year of welding experience required.
  - Ability to read blueprints.
- Ability to arc and mig weld steel and cut with torches.

Apply online at www. brookvillecorp.com/careers

# Field Service Technician

Job Functions:

- \* Must be available to travel up to 80% throughout the US and Canada.
  - Must reside in PA or MI.
- Analyze work orders and plan daily travel schedule.
  - Investigate customer issues

napa@windstream.net



MAY 2024
The Brockway Mirror

and resolve problems.

- Diagnose error or technical problems and perform repairs.
- Maintain customer relationships and confidence.
- Perform life cycle management and preventative maintenance on equipment.
  - Manage site installation.
- Provide emergency repair and service on location.
- Strong mechanical, electrical, pneumatic and hydraulic knowledge for onsite troubleshooting.
- Advise customers of manufacturer recommended service intervals.
- Provide training to customer personnel.
- Comply with all safety regulations.
- Prepare and submit Field Service Reports.Document services
- performed.
   Order and gather needed
- components.Track time and materials for services rendered.
- Utilize and maintain required PPE.
- Maintain work area in an organized and clean manner.
- Other functions as assigned. *Requirements:*
- High School diploma required.
- Associate Degree in related field preferred.Technical training and
- locomotive or transit vehicle experience preferred.
   Knowledge of blueprint and
- schematic reading.

   Must have strong electrical
- and mechanical knowledge.Good communication and
- Problem analysis and resolutions skills.

organization skills.

- Familiar with proper safety procedures including personal protective equipment requirements.
- Active listening and learning skills.
  - Valid Driver's License.
- Interpersonal and customer service skills required.
- Must have the ability to travel 80% of the time. Will travel to sites throughout the United States including Milwaukee, Detroit, Dallas, San Francisco, El Paso and many more.

Apply online at www. see EMPLOYMENT on page 12



# **Mengle Memorial** Library

Brockway, PA

# Celebrate Children's Book Week

Mengle Memorial Library is proud to be a 105th Anniversary Children's Book Week Event Host!

Celebrate with us May 6th to May 12th as part of the longestrunning national celebration of books for young people. Join in the joy of reading and encourage reading for pleasure in kids and kids at heart.

Come into the Mengle Memorial Library any time during the week and celebrate with us by stopping in to read together. Read for 5 minutes, for 15 minutes, or even for one hour. All readers are welcome! You can also celebrate using all the amazing free resources at our library. For more resources visit EveryChildaReader.net

So, get ready to explore, become inspired, and connect with others from May 6th to May 12th for Children's Book Week. Mengle Memorial Library is there for you, all the way to the finish line.

During this week we will also participate in Remake Learning Days. On May 8th from noon to 5:30 pm activities will be available to work individually or as a family on various STEM/ Circuit-building items. You can make a solar bug or even a name tag that lights up. You can choose to make a creature out of the provided supplies. Another option is to build out of the challenge options using squishy circuit items. Come and have fun learning and making things.

1-2-3 Grow with Me

May 2024. Mengle Memorial Library will partner with Parents as Teachers to provide a wonderful program to parents and preschoolers called "1-2-3 Grow with Me." Sessions will be every Wednesday in May from 11:00 am to 12 pm. "1-2-3 Grow with Me" is a program for children 0-5 years of age and their families. Child Development professionals will be on hand to answer questions on the following topics: Early Literacy, Child Development, Nutrition, Speech and Hearing, as well as Music. These sessions will have play time with our collection of FUN, developmentally appropriate toys. For these weeks in May, prior to these "1-2-3 Grow with Me" sessions at 10:45 am there will be a story time so the young ones can hear a story and have a take away activity. So come early and join the fun! Please call Mengle Memorial Library at 814-265-8245 to register.

Readers Group

The Readers Group at Mengle Memorial Library will meet at 1:15 pm Thursday, May 16 at the library in Brockway. In an informal session, participants comment on what they have been reading. Newcomers are welcome.

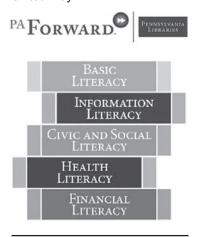
#### Young Adult Book Group

On Wednesday, May 15. 2024 from 3:30 pm to 4:30 pm, the Young Adult Book Group will meet. We plan to share our thoughts on various books each of us has been reading. What fun we will have sharing about the characters, the events of the story, and why we think some of the things happened as they did. Plans are to play a game together to have fun while strategizing to get ahead. We'd love to have you! The more the merrier!

Everyone from the young to the old needs a little relaxation, and our library has just that peaceful setting to enjoy. Visit our library to share time as a family in our preschool area, use computers, make copies, send a fax, read current newspapers, browse magazines, or borrow a book. Our library hours are Monday through Thursday from 10 am to 7 pm and Friday and Saturday from 10 am until 5 pm.

There is always something happening at Mengle Memorial Library in Brockway that you do not want to miss!

A Member of the DuBois Area United Wav



# **Employment**

continued from page 11

brookvillecorp.com/careers

## **Quality Technician**

Job Functions:

- · Assist in developing, implementing and maintaining QA/QC objectives.
- Perform inspections and tests to verify product/process quality and document the status.
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- Assist to compose, implement and maintain Inspection, Test and Work procedures.
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 Serve as a Quality representative on project teams as assigned.

- Travel (domestic and international) to perform Quality functions including; Supplier Audits, Inspections, Testing and Certifications/Trainings.
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- Regular attendance and overtime as required to achieve schedule performance.
- · Other functions as assigned. Requirements:
- Education related to Quality Assurance/Quality Control.
- Associate's Degree in Electrical Technology preferred.
- Minimum of 2 years QA/ QC experience in an industrial manufacturing environment.
- · Written communication and organizational skills.
- Problem analysis and problem resolution skills.
- Experience with developing/ documenting procedures and multitasking.

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**Decorator** Full Time

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# Wendy's Opportunity Wendy's Team Member

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# Miller Fabrication **Solutions Opportunity**

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# **Laurel Foodsystems Opportunity** Vending Route Driver

DuBois, Pa

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# **United State Postal Service Opportunity** City Carrier Assistant -

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needed Apply Indeed

# Spitzer Autoworld **Opportunity** Service Appointment

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Full Time Apply Indeed

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Abraxas Youth & **Family Services** 

# **Opportunity**

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NAPA Auto Parts on Allegheny Blvd is now hiring. Stop in for an application.

# AAM Ridgway

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# Amphenol **Advanced Sensors**

Amphenol Advanced Sensors now hiring the following positions, Quality Manager,

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# Hello There, Brockway!

May is for Mother's! MOM's are WOW #1 SMILE!

GOD made OUR BLESSED MOTHER, MARY, to have HIS only SON, JESUS CHRIST, OUR SAVIOR! GOD made OUR MOTHER to have US. YOUR #1 Friend will ALWAYS be YOUR MOM! Remember YOUR MOTHER with a SMILE of Gratitude! YOU, YOURS and MINE, "Happy Mother's Day!" LET'S GO PENS!

**BEAT EM BUCS!** GOD BLESS THE USA. Let's Make America Great

May 23 is, My Big Brother, DEN CLARK'S HEAVENLY BirthDay! Let's ALL Remember HIM Well! He is 1 of the Nicest People ANY OF US has Ever Met. Loved His 4 Kids, 3 Brothers and Would do Anything for Anybody if He could.

Have a Peace & Love Day! GRAM #97! Luv Yinz Lots & Many Thanks, DAVE. Please, Call or Texes. 1-814-541-2519 My Pocket Phone

# **Programs at Cook Forest State Park**

Saturday, May 4 at 10:00am 'Bridge Clean Up'

Please join Friends of Cook Forest as we walk various trails in the park to clean old leaves

HAZEN

June 1 - 2

**July 6-7** 

Aug 3-4

Aug 31-Sept 1

October 5-6

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and pine needles from our trail bridges to extend their lives. We'll concentrate on the Tom's Run Valley but could hit other trails if we have sufficient attendees. Please meet at the Log Cabin Environmental Learning Classroom where we'll assign trails and distribute supplies. We have gloves, but stiff brooms or light shovels would be greatly

## **FLEA** appreciated. (2hrs) Saturday, May 4 at 1:00pm MARKET 'In-Line Spinner Class'

Please meet at the Park Office Conference Room to learn how to make in-line spinners for fishing. Program conducted by Bill McClintock, camp host and in-line spinner enthusiast. Participants will make their own spinners. All materials provided. Class is free but registration required. To register, please contact the Park Office cookforestsp@pa.gov or (814)744-8407. 15-person limit. Children must be with participating adult. (2 hrs)

## Saturday, May 11th at 9:00am Beginner's Mushroom Hike

A beginner's mushroom hike will be held Saturday, May 11th, 2024 from 9:00 a.m. to 12:00 p.m. at Shelter #1, Cook Forest State Park, Cooksburg, PA for those age 10 and up.

This hike is hosted by see COOK FOREST on page 20



HOURS: Tuesday - Thursday 11-7 | Friday 11-8 | Saturday 8-8 | Sunday 8-4

234 Allegheny Blvd, Brookville, PA

814-849-7357

# It's People that Make the Difference!

by Carole A. Briggs

When our church choir warms up on Sunday mornings, I'm there with the altos. On the wall of the choir loft, just behind the tenors, is a small brass plaque, inscribed "In Honor of Sara (misspelled!) Maude Henry, Director of Music, 1945-1989," a tribute to our long-time choir director.

In 1939, the "beloved" high school English and dramatics teacher Sarah Maude Carnahan, graduate valedictorian and of Grove City College and the University of Michigan, married H. Clair Henry, the supervising principal of the Brockway-Snyder Joint School District. In 1945, when he was elected assistant superintendent of county schools, the family which now included sons David and Thomas, moved to Brookville. In 1958, he was named superintendent at a salary of \$10,000 (\$107,379.24 today).

As a single woman in 1933, Sarah Maude Carnahan accompanied the choir of the Brockway Presbyterian Church choir when they performed Handel's *Messiah*. Married, she

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continued as an accompanist, volunteered with the Annual Red Cross Drive and a polio campaign, and was a member of the Brockway Women's Club.

In Brookville in 1948, she was the director, when a choir of "more than 50 voices" from the Methodist and Presbyterian churches performed the Handel oratorio. Ten years later, she once again directed the *Messiah*, this time with a choir of 35 in Brookville, continuing with a performance in Brookville in 1961, and performances in 1964 and 1965 with a joint choir in Brockway.

She knew a great many local soloists and convinced them to sing the solo parts, people like sopranos Becky Reitz, Anne Cobb, Molly North Baughman, Mrs. J. D. Rishell, Mrs. Frank Bartley, Mrs. Ronald Stahlman, and Mrs. Frank Hummell; contraltos Mrs. John Black, Martha MacLaughlin; tenors Wilber Hepler, James McLaughlin, and baritones Robert Dietz and David Bordon.

Music was only one part of Sarah Maude Henry's life. In Brookville, she became active in Delta Kappa Gamma, the Martha V. Conrad Study Club, the Girl Scout Council, Business and Professional Women, and Meals on Wheels. Between 1963 and 1965, she taught Latin at the high school.

Active in the Presbyterian Church of Brookville, she directed the choir between 1945 and 1989, served as an elder and

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a trustee, was the paid director of Christian education for several years, and chaired Clarion Presbyterial (1975-1976).

She was a capable leader and in

1963 was named Pennsylvania's Mother of the Year. From 1966 to 1968, she served as the state president of the Pennsylvania Federation of Women's Clubs. In

1974, the Chamber of Commerce awarded her the Walter Dick Memorial Award "for her continuing devotion to the see PEOPLE on page 21

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# Let's Have A Picnic! by Carole A. Briggs

May brings new leaves, warm winds, and the urge to be outside, outside for a long walk or outside for a picnic. A picnic may be for two, twenty, or even two hundred people! Picnics may be hosted by churches, fire departments,

granges, fraternal groups, or families. But no matter, most folks enjoy a picnic!

The Fourth of July has always been a good time for a picnic. The weather is usually fine and celebrating the birth of our nation is a good reason to get together. According to an 1865 *Brookville Republican*, people gathered in Richardsville, Troy (Summerville), and Strattonville to the Fourth and celebrated

the day with picnics, and the "continuous discharge of torpedoes and firecrackers." But in Brookville, the editor lamented, "There was not sufficient enterprise...to get up a Celebration."

Picnics, of course, can take place at any time of the year, and when reviewing our local newspapers, it seems people picnicked as soon as the weather was pleasant! Picnics often were more than just eating out in the open. In Richardsville on the Fourth, people gathered on the lawn of the Richardsville Baptist Church to hear speeches before gathering for dinner. A large cake, three feet long and two feet wide, had been prepared by A. S. Rhines.

In 1870, the Roman Catholics held a picnic to raise funds to repair damages to the church building, including the organ and several paintings. The picnic was well-attended as was a program at Nicholson Hall that evening, and double the amount needed was raised for the repairs.

In 1872, the Fourth of July picnic in Brookville was sponsored by the Brookville Fire Department and was meant to be a fund-raiser. The picnic was rained out. Fortunately, the ball held that evening in Nicholson Hall was a success, and funds were raised!

see PICNIC on page 23





# JEFFERSON COUNTY CONSERVATION DISTRICT

# **Backwoods Chicks 2024**

by Dana Hannibal

The Jefferson County Conservation District will be holding the second Backwoods Chicks camp at Quiet Creek Herb Farms August 2-4, 2024. The weekend camp is an opportunity for women to connect with one another and gain important knowledge on sustainability practices, water pollution, conservation, and outdoor recreation. Topics this year will include: canning/food preservation, rain barrels, DIY salves, zero waste/reduce waste, acid mine drainage (AMD) shirt making, foraging, fishing, yoga, gardening, and much more! Call or email Dana Hannibal to register at 814-849-7463 or dana@jeffersconservation.com. Looking forward to seeing you there!

# You Have Options...

Cataracts are a normal part of aging. The older you get, the more likely you are to develop a cataract. Although cataracts may seem frightening, advancements in technology have made cataract surgery one of the safest and most successful surgeries in the United States today.

The Laurel Eye Clinic offers the most advanced options to customize your vision after cataract surgery.

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# How is Parkinson's Disease Treated?

According to the Parkinson's Foundation, nearly 60,000 Americans are diagnosed each year with Parkinson's disease, a brain disorder that causes shakiness, stiffness and problems with balance and coordination. While there is no cure for Parkinson's, treatment is available to help reduce symptoms.

#### What causes Parkinson's?

"The main symptoms of Parkinson's occur when nerve cells in the basal ganglia, which is the part of the brain that controls movement, become impaired or die," said James Pacelli, MD, a neurologist with Penn Highlands Neurology in DuBois, Pennsylvania. "Unfortunately, we still do not know what causes the nerve cells to die."

Some cases appear to be hereditary. However, while genetics is thought to play a role, most cases of the disease do not seem to run in families. Rather, many researchers believe that Parkinson's occurs from a combination of genetics and environmental factors.

#### What are the symptoms?

Parkinson's develops slowly over years, and symptoms generally begin on one side of the body. As the disease progresses, symptoms often affect both sides. Symptoms can include:

- Involuntary shakiness in the hands, arms, legs, jaw and face
- Stiffness or tightness in the arms or legs
  - Slowness of movement
  - $\bullet\,Poor\,balance\,and\,coordination$
  - Quiet or slow speech
- Dementia (in advanced stages)

# How is Parkinson's disease diagnosed?

"There is no blood or imaging test that can check for Parkinson's," said Dr. Pacelli. "Instead, your physician will ask about your medical history and the symptoms you are experiencing. They will also perform a physical and neurological exam,

which may include checking your hearing, vision, reflexes, balance, strength, memory and concentration."

Because the symptoms of Parkinson's disease are similar to other neurological conditions, your physician may order blood tests or scans to rule out other causes. They may also prescribe Parkinson's disease medication to see if it helps reduce your symptoms. If it does, that would likely indicate your symptoms are caused by Parkinson's.

#### How is Parkinson's treated?

At this time, there is no cure for Parkinson's disease. There are treatments, however, that can be effective at controlling symptoms and slowing the progression of the disease. Medication is typically very effective, especially if started in the early stages of the disease. If medication stops controlling your symptoms as the disease progresses, your physician may recommend a surgical procedure see PARKINSON'S on page 26

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If you could ask the Lord for one thing and one thing only, what would it be?



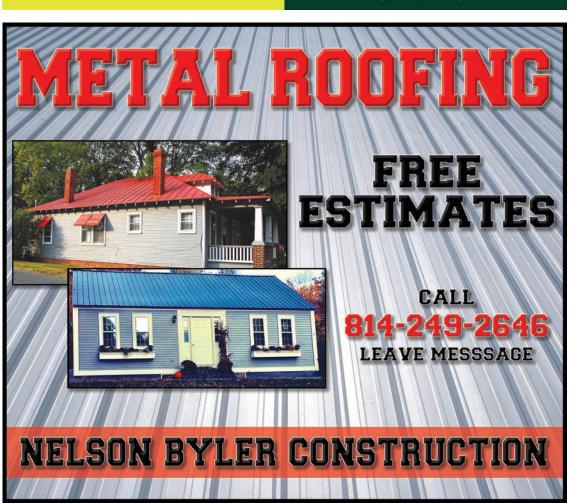
"Salvation for my unsaved loved ones." -Sherry Sweitzer



"Eliminate evil." -Carol Hollobaugh



"Peace on earth."
-Dale Zimmerman



# Clarion Transfer Station Recycling Drop Off Center

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# PFBC Sets 2024 Daily Creel Limits for Lake Erie Yellow Perch and Walleye

The Pennsylvania Fish and Boat Commission (PFBC) announced that the 2024 creel limit for Lake Erie Yellow Perch will remain at 30 per day and the creel limit for Walleye will remain at six per day.

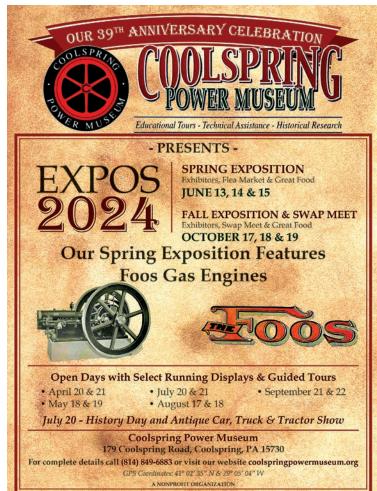
The PFBC Lake Erie Research Unit evaluates the populations of Yellow Perch and Walleye in Lake Erie annually. If populations reach critically low levels, processes are in place to reduce harvest and rebuild the numbers of Yellow Perch and Walleye in the Lake. All jurisdictions on Lake Erie adhere to this system.

"The 2023 assessment showed that both Yellow Perch and Walleye populations in Pennsylvania waters of Lake Erie remain at levels that don't necessitate regulation changes," said Mark Haffley, PFBC Lake Erie Research Unit Leader. "Based on this, the 2024 creel limits are being maintained at the standard limits."

At its March 22, 2024, meeting, the Lake Erie Committee allotted to Pennsylvania a Yellow Perch total allowable catch (TAC) of 457,000 pounds, a 14% decrease from 2023, and 16% below the long-term average of 546,768 pounds. The 2024 level includes a Yellow Perch TAC for Pennsylvania's commercial trap net fishery of 100,000 pounds. Currently, Pennsylvania is a very small part of the total Yellow Perch harvest in Lake Erie. Yellow Perch harvest has averaged about 36,000 pounds over the last five years. In 2023, Pennsylvania harvested only 53,209 pounds (1.24%) of the 4.3 million pounds harvested lake wide.

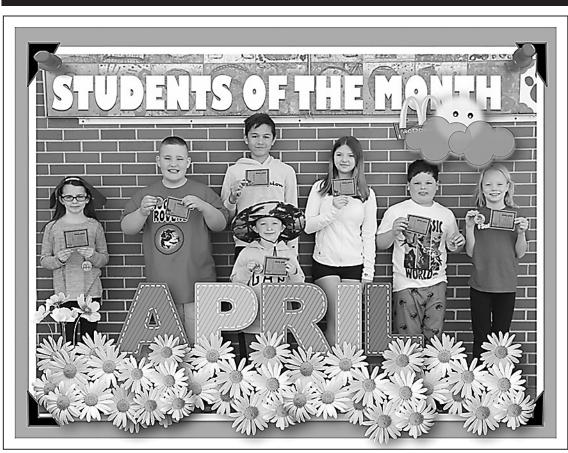
The Yellow Perch and Walleye populations in Lake Erie are maintained strictly by natural reproduction. Good "hatches" and survival of young fish are necessary to provide fish for sport and commercial fisheries. The Lake Erie Walleye hatches have been record-setting over the last five years while the Yellow Perch hatches have been poor over the last five years. Both fisheries reflect these trends. Walleye fishing is excellent and Yellow Perch fishing remains below average. Sport fishing is very self-

see PFBC on page 31



# PA State Senator Cris Dush proudly supports the Brockway Area School District





Brockway Elementary's April Students of the month: (l-r) Haley Uhl, Emmett Proper, LInus Chen (back), Brodey Jacobs (front), Mariah Steiner, Villy Spencer, and Sydney Oknefski.

# FFA Career Development Events

Brockway High School would like to congratulate the following students who participated in the FFA Career Development Events at Clarion Limestone High School on April 17:

## Wildlife

Eric Mowrey 1st place Dom Carlini 2nd place Kendra jones 4th place Kayli Mowrey 7th place Maria Buttery 10th place

#### **Forestry**

Jimmy Fremer 1st place Delayne Fremer 2nd place Levi Hepler 3rd place Ben Fremer 4th place Dakota Rhed 5th place

#### Horticulture

Rosalina Bickar 4th place Soraya Manno 5th place Lizzie Heversley 6th place

#### Ag Mechanics

Mayson Fremer 6th place
The following students will be
participating in the FFA regional
competition that will be held in

NNA Valley, PA:

Mayson Fremer

Rosalina Bickar Audrina Inzana

Delayne Fremer

Ben Fremer Eric Mowrey

Roxanne Pentz

The followintg students will be participating in the state FFA competition that will be held in State College, PA:

Eric Mowrey

Dom Carlini Jimmy Fremer Delayne Fremer Mayson Fremer

The Brockway Mirror article and advertising deadline is the 15th of the month prior to publication.



# Closing the STEM Skills Gap to Create New Possibilities for Kids

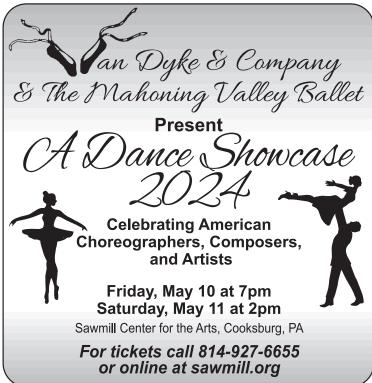
Over the next decade, it's projected that nearly 3.5 million manufacturing and STEM-related jobs will be available, yet 2 million are expected to go unfilled due to a skills gap, according to the U.S. Bureau of Labor and Statistics. Advocates are addressing systemic educational barriers that impact student success in order to fill this skills gap and expand opportunities for young people.

That's the idea behind Driving Possibilities, a \$110 million STEM career readiness and community engagement initiative of the Toyota USA Foundation. Its unique approach brings industry and academia together, while coordinating nonprofit services that address barriers and societal disparities—all to prepare youth for successful futures.

"From machine learning and connected technologies to autonomous vehicles and electrification, the career opportunities of tomorrow will be boundless for those with STEM skills. During this time of rapid industry advancement, it's more important than ever to give all young people an equal opportunity to access rewarding careers in high-growth industries tomorrow," says Colleen Casey, executive director, Driving Possibilities.

With the goal of increasing student awareness, excitement and interest in STEM learning, the multi-pronged approach of Driving Possibilities includes innovative, hands-on STEM programming from pre-K to 12th grade levels, professional and leadership development for teachers, and industry exposure and mentorship opportunities for students. The program also addresses students' essential needs to ensure they have the food, transportation, mental health services, after-school programming and early intervention literacy support they need to succeed.

This long-term initiative is already making a huge impact for thousands of families in such high-need locations near Toyota's see STEM on page 19





Congratulations to our very own Pete Grecco (right) for being named as the D9 Athletic Director of the Year. We can't thank you enough for all your hard work and dedication to the Brockway Area School District and D9 Community. The award is well deserved! Picture with Grecco is Principal Ben Donlin.



This institution is an equal opportunity provider and employer.



Brockway Area Jr/Sr High School would like to congratulate Mikayla Duckett for taking Honorable Mention in the Congressional Art Competition that was held recently at the Winkler Gallery in DuBois. Many schools participate in the contest as long as they are in the 15th Congressional Voting District (which is Armstrong, Cameron, Centre, Clarion, Clearfield, Clinton, Elk, Forest, Jefferson, McKean, Potter, Snyder, Tioga, Union, and Warren counties). Mikayla was one of 13 students from Brockway and 125 total students who submitted works of art this school year. Mikayla has the honor of receiving her award from Congressman Glenn Thompson. Congratulations, Brockway is very proud of you and your accomplishment!

# **STEM**

continued from page 18

operations in Michigan, Kentucky, Indiana and Alabama. And while the program looks a little different in each location because it is based on the unique needs of each community, the mission remains the same: to level the playing field for students facing educational barriers. To learn more, visit toyotaeffect.com.

"Young people are tomorrow's problem-solvers, makers and innovators. But they can face many roadblocks on their journey. Listening to what students need and then working within their communities to come up with solutions, will contribute to thriving communities, stronger local economies and limitless possibilities for all," says Casey.

-StatePoint

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May is Trauma Awareness Month. The blood already on hospital shelves is what helps in an emergency. The Red Cross depends on the generosity of volunteers to ensure blood products are available at a moment's notice.

As we move through spring, the Red Cross encourages individuals make to appointment to give blood. Donations made now can help patients and their families enjoy a fun-filled summer.

#### 5/7/2024, 12:00-5:00 PM

Assumption of the Blessed Virgin Mary Catholic Church, Sykesville

## 5/10/2024, 11:00 AM - 5:00 PM

Evangelical Brookville Methodist Church - Basement 5/14/2024, 12:00-5:30 PM

DuBois YMCA - Gym 5/14/2024, 12:00-5:30 PM

Mary's Church, Reynoldsville

## 5/28/2024, 12:00-5:30 PM

Brockway American Legion Post 95 - Social Hall

## 6/8/2024, 9:30 AM - 2:30 PM

Heritage House Brooke Emery Memorial Blood Drive, Brookville

#### 6/13/2024, 1:00-7:00 PM

Comfort Suites/DuBois Country Club - Ballroom 6/25/2024, 11:30 AM - 5:00 PM

Best Western Conference

Center – Conference, DuBois 6/27/2024, 09:00 AM - 2:00 PM

DuBois Mall

# Cook Forest continued from page 13 Clarion Conservation District,

PA Mushroom Company, & Western Pennsylvania Mushroom Club.

Come explore the fungus among us! Join experienced foragers for a 1-2-mile-long beginner's mushroom through the forest to learn about local mushroom species, mushroom photography, how to grow your own mushrooms, and more! Bring a collection container (basket, empty egg

carton, etc.). Registration and payment of \$15/person is due by May 3rd via cash or check written out to Clarion Conservation District and mailed to 249 S. 2nd Ave. Clarion, PA 16214. The first 20 people to register will receive a free mushroom grow kit (1 per person). Scholarships available if financial support is needed. Specialty mushrooms and additional grow kits will be available for purchase at the

end of the hike. For scholarship

inquiries, questions, or to register, contact hbequeathccd@gmail. com, call 814-393-6147, or register online at Error! Filename specified.https://forms. gle/8pN2PhVJCGhtjrCS6.

This event is a part of REMAKE LEARNING DAYS! We are excited to be a part of the community of learning! There is an amazing lineup of events across our area from April 20 - May 31! Most @remakelearningdays events are FREE and there is truly something for everyone! Check out the events by visiting Error! Filename not specified.https://bit. ly/RemakeDaysNWPA.

Thank you so much to @ RiverviewIU6, @iu5edinboro, @ariniu28, @MIUIV helping make the 2024 #RemakeDays festival SO special for our region. Without you#RemakeDaysNWPA wouldn't be possible!

We are also so grateful for the continued support of the national sponsor, Error! Filename not specified. #GrableFoundation and the national partners

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for making these events possible! **Cook Forest Living History** 

# Weekend, May 24-26

Please join us for a fun filled weekend of living history as we journey through various historical eras of the United States: French & Indian War, Colonial Period. Civil War, Spanish American War, and Pennsylvania's lumber heritage. Join living historian and master story-teller Paul Stillman, historical interpreter Dave Clark, and historian-songwriter Van Wagner, as they take us through these noteworthy periods of American history through first person character portrayals, hands-on demonstrations, and song.

#### Friday, May 24 from 8:00-10:00pm

#### 'Seneca Point by Candlelight'

Take a walk back in time with historical characters from the past. Please meet at the Fire Tower parking lot where a 1750's French Marine will guide us through the ancient rocks of Seneca Point in search of old Seneca & Abenaki warriors on their trek south along the Catawba Trail.

## Saturday, May 25 from 9:00-11:00am

#### Paul Stillman as a 'Seneca Indian'

A Native American visits us from the past on his trip from New York as he travels south along the historic Olean Trail. Please bring

Falls Creek, PA 15840 1-814-603-1563 HIC# PA132280 Pannone Construction Robert Pannone Owner **Fully Insured** Pannoneconstruction@gmail.com your camp chairs and meet at the Log Cabin Inn Environmental Learning Classroom where he will be preparing for his trip.

Saturday, May 25 from 1:00-2:30pm

#### Paul Stillman and Dave Clark as 'The North Meets South'

Come see the Civil War through a New York regimental line soldier and a rebel of the Army of Northern Virginia. Please bring your camp chairs and meet at the Log Cabin Inn Environmental Learning Classroom.

Saturday, May 25 from 8:00-9:00pm

#### 'An Evening with Ben Franklin' by Paul Stillman

One of the founding fathers of our country. Science, glass music, and philosophy are only part of Doctor Franklin's life. Join the elderly stateman as he reminisces about his involvement in the French & Indian forts of the 1750's. Please bring your chairs & blankets and meet at the Ridge Camp Park Amphitheater.

Sunday, May 26 from 1:00-2:00pm

#### Dave Clark as a 'Private of the 71st New York Regiment **During the Spanish American** War'

Private Charles Johnson Post recounts the charge up San Juan Hill. Post, an illustrator for William Randolph Hearst's newspaper, endured the hardships of a soldier in the "Splendid Little War in Cuba." Please bring your camp chairs at meet at the Log Cabin Inn Environmental Learning Classroom.

Sunday, May 26 from 2:30-3:30pm

## Paul Stillman as a 'Colonial Craftsman'

Learn how things were made during the early part of the 18th century during a quill and bamboo pen fabrication workshop. Please bring your camp chairs at meet at the Log Cabin Inn Environmental Learning Classroom.

Sunday, May 26 from 4:30-6:00pm

'Tall Timber: Van Wagner's Timber Heritage Program'

Celebrate the past and present

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# Training Schedule May 2024

SBA Lending Basics and Lending Match on Wednesday, May 1, 2024

First Step: Starting a Small Business in PA on Tuesday, May 7, 2024

2024 PA Tax Series: Getting Started with myPATH on Wednesday, May 8, 2024

Tax Talk with Corry

on Wednesday, May 15, 2024

First Step: Starting a Small Business in PA on Saturday, May 18, 2024

**OSHA: Personal Protective Equipment** 

on Thursday, May 23, 2024 First Step: Starting a Small Business in PA

on Thursday, May 23, 2024

www.clarion.edu/sbdc/training

of Pennsylvania's timber heritage with historian, songwriter, and forester, Van Wagner, as he demonstrates dozens of tools spanning 200 years of logging history. He will also focus on the old rafting days when millions of board feet of Pennsylvania Timber were assembled into various styles of rafts and piloted down our streams and rivers. Please bring your camp chairs and meet at the Log Cabin Inn Environmental Learning Classroom.

Sunday, May 26 from 8:00-9:00pm

**Evening Concert by** songwriter Van Wagner'

Featuring acoustic songs about the cultural and natural heritage of Pennsylvania at the Ridge Camp Park Amphitheater. Van's music has been featured on the History Channel. Country Music Television, and several film productions. Be prepared to not only be entertained, but also inspired to learn more about Pennsylvania's history. Don't forget your chairs and blankets!

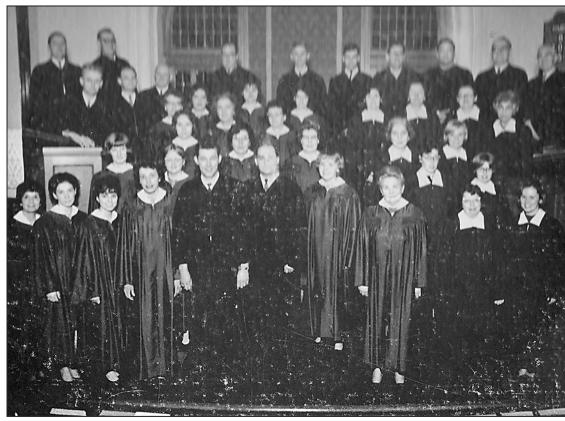
# **People**

continued from page 14

community." She was president of Brookville's Business and Professional Women's Club (BPW) during 1974-1975.

When I arrived in Brookville in September 1971, the phone rang and Sarah Maude Henry told me, did not ask, but told me to attend choir practice on Friday evening at 7 o'clock. An odd time for a rehearsal I thought, but learned later it was to accommodate baritone David Borden, whose work kept him out of town during the week. I learned later that she'd used the same technique on tenor Bob Hetrick, "We moved to Brookville from Quakertown on a weekend, and I think it was a Monday or Tuesday night when I got a call from Mrs. Henry. She said, 'Bob, choir practice is Friday night, and you will be there....it was not a question, it was a directive!"

My vocal experience was in elementary school as a student, never in a choir, but like Bob, I



The choirs of the Methodist and Presbyterian churches in Brookville often sang together. This photograph was taken in 1965 when the choirs sang in Brockway. (Courtesy Jefferson County History Center)

showed up and was placed in the alto section! Fifty-three years and half a dozen directors later, I am still there.

Two years later, in 1973, I helped organize a 200-voice choir concert, directed by Gloria Valentine from St. Marys. The singers came from 29 area churches and opened the Western Pennsylvania Laurel Festival with a concert on Sunday evening at Brookville Area High School. The group was accompanied by the Reverend Martin Peterhaensel, guitar; Rick Wells, percussion; Bruce Turnbull, Alan Dobson, Robert Estep, trumpets; and Ken Johnson, bass. The performance

The BrockwayMirror article and advertising deadline is the 15th of the month prior to publication.

was recorded. What a joy it was to sing compositions by Bach, some favorite spirituals, and parts of Handel's great Messiah.

In 1975, the Presbyterian Church revived a junior choir. James English recalled that he'd shouted out "Holy Hoboes" when we searched for a name for the group. He also recalled crying "Please, no more songs," when Sarah Maude was directing some singing at a tureen supper!

Sarah Maude Henry was wellacquainted with church music. Under her direction, we sang the classics of Bach, Beethoven, and Mozart. I remember them well.

I also remember that she often directed with a piece of music in her right hand. Sitting under that right hand, I was often the recipient of a tap on the head! Copyright@2024 Carole A. **Briggs** 



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# **Preventive** Care is the Key to a Healthier, **Longer Life**

Have you ever thought to vourself, "I feel great! Why do I need to schedule a checkup?" Even if you feel healthy, preventive health care can help you assess your risks for certain conditions, such as diabetes, cancer and osteoporosis.

"Staying up to date on routine care and screenings helps you take steps to prevent and sometimes even reverse the affects of a disease," said Varun Dobariya, MD, a fellowship-trained internist with Penn Highlands Internal Medicine in Monongahela, Pa. "Preventive care can also help you manage and monitor things such as high blood pressure, high cholesterol or high blood sugar so that you can keep symptoms in check."

# What health screenings do I

"Some health screenings are recommended based on your age and gender," said Dr. Dobariya. see PREVENTIVE on page 25

# BROOKVILLE to Rehabilitate Mobile Lounge and Plane Mate Prototype Vehicles for Metropolitan Washington Airports Authority Plane Mate and Mobile Lounge

Plane Mate and Mobile Lounge Prototype Vehicles have arrived onsite at Brookville Equipment Corporation

Brookville Equipment Corporation (BROOKVILLE) was given Notice to Proceed (NTP) on a \$16.4 million contract by Metropolitan Washington Airports Authority (MWAA) on November 2, 2023, for the rehabilitation and upgrade of the existing plane mate and mobile lounge vehicles at Washington Dulles International Airport (Dulles International).

BROOKVÍLLE's rehabilitation will include one prototype of each vehicle type. When the work is complete, MWAA will have the option of revamping the rest of the fleet for an estimated \$143 million, not to exceed \$160 million, over six years. "We are so excited to have the opportunity to rehabilitate these vehicles and bring them back to life, after being a critical part of the operations at Dulles International. We plan to reimagine the functionality of these vehicles, with anticipation they will be in operation for decades into the future," said Joel McNeil, Executive Vice President of Brookville Equipment Corporation.

The vehicles are used to transport passengers from the main terminal area to Concourse D, which is not connected to the AeroTrain. In the 1960s, Washington Dulles came up with the concept of the mobile lounge, in the peak of the jet age, by saving passengers time by eliminating walking long distances from the ticketing gate to the jet ramp. Currently, the vehicles are used to disembark passengers from most international flights arriving at Dulles International.

The fleet in its entirety consists of 19 mobile lounges and 30 plane mates. The mobile lounges have been an essential part of Dulles International since opening in 1962 and are considered a

BROOKVILLE received the prototype of the plane mate on March 28th and the prototype of the mobile lounge on April 17th to start its rehabilitation.

ABOUT BROOKVILLE EQUIPMENT

Headquartered in Western Pennsylvania, Brookville Equipment Corporation is a world class American manufacturer of innovative powered transportation solutions for the mining/tunneling, rail freight and passenger transportation industries. Originally founded in 1918 as a manufacturer of small



historic element. The plane mates were an evolution of the concept and produced in Pennsylvania in the 1970's and 80's. The vehicles remain a critical part of the airport's passenger transfer operations. "Mobile lounges and plane mates are important parts of Dulles International Airport's operations. They provide flexibility and increased capacity to move passengers around the airport while offering unique views during the ride. Built in the 60s, it's time for a major overhaul of these iconic vehicles. We look forward to following the two prototypes through refurbishment," said Richard Golinowski, Vice President and Airport Manager, Dulles International Airport. As MWAA continues to expand the facilities at Dulles Airport, including the AeroTrain, the fleet remains a highly effective solution for moving passengers between terminals and aircrafts until future facilities are completed. The vehicles are considered nostalgic among many Dulles travelers, employees, residents of the Nation's capital.

BROOKVILLE's contract consists of rebuilding, redesigning, and updating the interior of the units, as well as rebuilding the drive train and upgrading the engine to a Tier 4 Engine, lowering the emissions and resulting in a cleaner burning

industrial switching locomotives, BROOKVILLE's product line has evolved to include the full-scale manufacture of underground mining and tunneling equipment, freight locomotives, passenger locomotives, modern and heritage streetcars, and contract manufacturing services.

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# **Celebrating Older Americans Month**

Powered by Connection

Established in 1963, Older Americans Month (OAM) is celebrated every May. Led by a federal agency, the Administration for Community Living (ACL), OAM is a time to recognize older Americans' contributions, highlight aging trends, and reaffirm commitments to serving the older adults in our communities. This year's theme, "Powered by Connection," focuses on the profound impact that meaningful connections have on the well-being and health of older adults — a relationship underscored by the U.S. Surgeon General's

Advisory on the Healing Effects of Social Connection and Community. "It's not just about having someone to chat with," said Molly McNutt, Executive Director for JCAAA, "It's about the potential of community engagement in enhancing mental, physical, and emotional well-being." According to McNutt, by recognizing and nurturing the role that connectedness plays, we can mitigate issues like loneliness, ultimately promoting healthy aging for more Americans. There are many activities offered at Jefferson County Seniors Centers. The Jefferson County Area Agency on Aging is a resource to help you get connected to people, events, and programs to help you age well.

Some ideas for you to get connected:

- Contact local library and offer to read out loud to children. - Organize a game day or night with friends at the senior center. Prizes can be awarded to the

winners!

- Attend an upcoming Health Steps for Older Adults workshops (see page 2)
- Call local high schools to see when students are having Spring music concerts and attend.
- Get your friends together and see a play at the Reitz Theater in DuBois.
- Have a special skill? Host a presentation or workshop at your local senior center.

30 Main St, Brookville, PA 15815

see CELEBRATING on page 26



continued from page 15

Another picnic, sponsored by the Ladies Park Auxiliary in August of 1916, succeeded in raising \$200 (\$5,730.86 today) for the park fund.

Like Auxiliary, picnics were often hosted by organizations that drew people together to enact business of one sort or another. A Grange picnic in 1879 included speeches about the purposes of the organization. The Daughters of the American Revolution (DAR), Oddfellows, American Legion, Summerville Telephone Company, Bank Telephone Company, and the Jefferson County Medical Society were other organizations that held large picnics.

Businesses often entertained their employees with a picnic.



"An enthusiast of all things" farmer George W. Stewart hosted picnics "for his farmer friends" at his farm. Ten people or more gathered in 1908 for a harvest home picnic. (Courtesy JCHC Archives)

L. A. Leathers owned a thriving automobile business in Brookville and hosted a picnic for his employees and their families in 1916. He continued these picnics throughout the 1920s and invited local photographer Frederick Knapp to take pictures (archived today at the Jefferson County History Center.) Brookville

The Brockway Mirror

Park, near White-Brook, was the setting for baseball games between the mechanics and the office staff, races, volleyball, and a basket dinner. In 1925, after picnicking, the crowd attended a performance of "A Woman Pays" by the Bowdish Stock Company.

Music was sometimes part of a large picnic. The S J Marlin Hook and Ladder Cornet Band entertained at an 1878 picnic, and the Brookville Brass Band played at many local picnics. The Emerickville Brass Band was part of the Harriger reunion in 1906, a picnic in Harriger Grove where "regular meals" could be purchased for 25 cents.

Besides Brookville Park and the old fairgrounds, many picnics were held in the various groves located throughout the county; groves, like Harriger's, Truman's Grove in Sigel, and the grove that now houses the History Center Archives Building.

Harriger's Grove, near Ramsaytown, has been a popular picnic site since 1895 when the *Jeffersonian Democrat* described a Children's Day rally and picnic lunch. Harriger family reunions were held there as well as picnics sponsored by various church groups.

Walter Dick Park became a popular picnic site when it was established in 1951. Located at the North Fork dam, parking, swimming, and playground equipment continue to make it a favorite picnic location. Named for civic-minded Dr. Walter Dick who died in 1951, the park is still a favorite spot for picnicking.

One thinks of a picnic happening on warm sunny days, but on several occasions, picnics were held beneath the moon. Someone hosted a "moonlight picnic" in 1878, and there were several others around the turn of the century. Hosted by young people, they were well-attended.

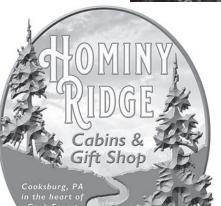
The Jeffersonian Democrated editor claimed in 1915, "One of the principal industries now is picnics." Looking forward to my church's picnic, I can echo that phrase. We are fortunate to have such wonderful expanses of forest in Jefferson County, great places to explore and enjoy a picnic lunch. We hope you enjoy several picnics this summer!

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# We Are Weekend at Penn State DuBois a Great Success

The spirit of Penn State DuBois was fully alive and well during the inaugural We Are Weekend, a homecoming weekend event that took place on April 5 and 6. The event, which was a collaborative effort of the DuBois Educational Foundation (DEF), the Penn State DuBois Alumni Society and Penn State DuBois, featured multiple events throughout both days, culminating in the first Lions, Legacy, and Laughter event at the PAW Center.

The weekend began on Friday with tours of the DuBois campus and the Idea Lab, part of the North Central Pennsylvania LaunchBox powered by Penn State DuBois. Guests experienced and explored the campus firsthand and explore through guided tours that offered a glimpse into the innovation and creativity that is fostered at Penn State DuBois.

In the evening, the happenings shifted to Showers Field, only a short trip from the campus, for the Alumni Tailgate. Although the athletic events scheduled for the day were postponed because of weather conditions, comradery was still on full display as alumni, family and friends all gathered in the outfield box for food and drinks. Members of the baseball and softball teams at Penn State DuBois were also in attendance, as the event shifted into a meet and greet, allowing players to express their gratitude to numerous individuals who support them.

Saturday got off to a running start, literally, with the Lion 5K



Happy Valley Improv performing on stage at the PAW Center during the Lions, Legacy and Laughter event during We Are Weekend at Penn State DuBois. (photo by Penn State)

Run/Walk. Starting at the PAW Center, more than 20 participants completed a 5k course that included much of the campus and the area around it, ending at the PAW Center.

On Saturday evening, the pinnacle event of the weekend took place with Lions, Legacy and Laughter. The event featured a silent auction, basket raffle, grid boards and more opportunities for attendees to win prizes. The evening also included the Penn State DuBois Alumni Society Awards Ceremony, in which four individuals were honored. The honorees were:

• Kevryn R. Dixon – Dave Shaffer Outstanding Young Alumni

- William A. Clark Outstanding Alumni
- Mark A. Freemer Lifetime Achievement
- M. Scott McBride -Distinguished Ambassador

The evening was highlighted by a performance from Happy Valley Improv, State College's premier long-form improv company.

All proceeds from We Are Weekend contribute to campus

initiatives, such as dual credit opportunities for high school students.

"We Are Weekend was the culmination of much hard work by countless individuals," Alex Gasbarre, DuBois Educational Foundation president, said. "I would like to personally thank everyone involved with this event. I would also like to thank those who attended all the events throughout the weekend. Your support and your passion for Penn State DuBois mean so much to the students, faculty, staff and entire community. This inaugural We Are Weekend is something that I will never forget, and we hope it was an unforgettable weekend for everyone!"

"Overall, We Are Weekend

was an uplifting and inspiring event I want to support for many years to come," Jungwoo Ryoo, chancellor and chief academic officer, said. "I thank our We Are Weekend team for their teamwork and dedication to produce such a fantastic event."

Supporters of events like We Are Weekend advance the University's historic landgrant mission to serve and lead. Through philanthropy, alumni and friends are helping students to join the Penn State family and prepare for lifelong success; driving research, outreach and economic development that grow our shared strength and readiness for the future; and increasing the University's impact for families, patients, and communities across the Commonwealth and around the world. Learn more by visiting raise.psu.edu.



Participants in the Lion 5K Run/Walk cross the starting line near the PAW Center. The 5K took place as part of We Are Weekend at Penn State DuBois.



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Quiet Creek Shop opened May 3 and 4, Friday and Saturday, 9-5 p.m. Please come and discover the herbal soaps, salves, teas, culinary mixes and live veggie & herb plants made and grown right here in Jefferson County.

# **Quiet Creek Herb** Farm & School of **Country Living** 2024 Schedule

May 4th, Sat 1pm - 4pm Herbal Soap Making \$52.50

(includes bar of soap, Rusty's booklet, and herbal refreshments) June 1st, Sat 10am - 4pm Spring Fest FREE

ALL WELCOME

July 13th, Sat 10am - 4pm Medicinal Use of Herbs in the Garden \$131.25

(includes luncheon, herbal remedies, live plants)

August 10th, Sat 10am - 4pm Medicinal Use of Herbs in the Garden \$131.25

(includes luncheon, herbal remedies, live plants)

August 31st, Sat 10 am -4 pm Fall Fest FREE

ALL WELCOME

#### October 5, Sat 10 am - 4 p.m. Asian Rural Institute Day in the USA

Suggested Donation to ARI October 12, Sat 10 am - 4pm **Cultivating Medicinal and Gourmet Mushrooms \$85.00** 

(includes mushroom log, Rusty's mushroom growing booklet, and mushroom luncheon)

November 1st and 2nd, Fri & Sat 10am - 5pm Gingerbread **Tour FREE** 

ALL WELCOME

November 16th, Sat 1pm -4pm Herbal Soap Making \$52.50

(includes bar of soap, Rusty's booklet, and herbal refreshments)

\*Children (16 and under) accompanied by a paying adult are welcome at half price.

Email/call to register children. Please register early, classes

quickly. https://www. quietcreekherbfarm.org/.../2024\_ Workshops.html

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- Sprouted Grain Bread Making
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see QUIET CREEK on page 31

# **Preventive**

continued from page 21

"Other screenings depend on risk factors, such as family health history, lifestyle factors such as smoking and diet, and other health conditions you may have."

If you have elevated risks, you may need to start some screenings earlier than recommended or have them done more frequently. Scheduling an annual checkup with your primary care provider is a great way to ensure that you get the screenings you need when you need them.

Your primary care provider may recommend a multiphasic blood test, which is one test that can check for early warning signs of conditions such as coronary heart disease, liver disease, kidney disease, diabetes and others. In addition, here are some general preventive health screening guidelines for adults:

#### Age 18-39

- · Blood pressure annually
- · Cholesterol: baseline test in your 20s, more frequently if you have high cholesterol
- Skin: full-body check for moles or other spots that could be
- Women: clinical breast exam annually, pelvic exam annually with an HPV test and Pap smear

every three years if results are normal (until age 65)

• Men: testicular exam to check for cancer

#### Age 40-64

Follow the guidelines for ages 18 to 39, plus talk with your primary care provider about these additional screenings:

- Fasting blood sugar (hemoglobin A1C) test every three years after age 44 to check for diabetes
- · Colonoscopy starting at age 50 and repeated every 10 years if results are normal. If you have a family history of colon cancer, talk with your primary care provider about earlier or more frequent testing.
  - Annual vision screening
- PAD (peripheral artery disease) screening based on risk factors
- Stroke/carotid artery screening based on risk factors
- · Low-dose CT lung cancer screening annually starting at age 50 if you are a current or former smoker
- Women: mammogram every one to two years starting between age 40 and 50, depending on your provider's advice. If you have a family history of breast cancer, talk with your provider about earlier or more frequent testing.
- Men: prostate cancer screenings, including digital rectal exam and PSA (prostate specific antigen) blood test starting at age 50 or age 40 for high-risk

individuals

#### Age 65-plus

Follow the guidelines for ages 40 to 65, plus talk with your primary care provider about these additional screenings:

**MAY 2024** 

The Brockway Mirror

- Bone density or DEXA screening starting at age 65 and repeated every two to five years, depending on risk factors
- Colonoscopy every five years until age 75
- Mammogram every one to two years until age 75
- · Annual vision and hearing

One of the best things you can do for your health is to have routine preventive care so that you can stay healthy and catch problems early for a longer and healthier life. Talk to your primary care provider about which screenings you may need based on your current risk factors.

The primary care providers at Penn Highlands Healthcare include internal medicine, family medicine and pediatric practices to cover all ages of life. The Penn Highlands primary care providers work with patients to help them make healthy choices and improve their quality of life. They help create the best preventive health screening schedule for their patients, and serve as a partner in making sure they receive the care needed. To find a primary care provider near you, visit www. phhealthcare.org/primarycare.



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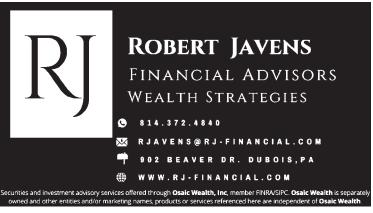


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# A Decision Not Made Is Still a Decision

Whether through inertia trepidation, investors who put off important investment decisions might consider the admonition offered motivational



Robert Javens

speaker Brian Tracy, "Almost any decision is better than no decision at all."

This investment inaction is played out in many ways, often silently, invisibly, and with potential consequences to an individual's future financial security.

Let's review some of the forms this takes.

#### Your 401(k) Plan

One of the worst decisions may be the failure to enroll. Not only do non-participants miss out on one way to save for their retirement, but they also forfeit any potential employer-matching contributions. Not participating can be a costly decision. But under the SECURE 2.0 Act, employers will be required to automatically enroll employees in retirement plans starting in 2025.1

The other way individuals let indecision get the best of them is by not selecting the investments for the contributions they make to the 401(k) plan. When a participant fails to make an investment selection, the plan may have provisions for automatically investing that money. And that investment selection may not be consistent with the individual's time horizon, risk tolerance, and goals.

In most circumstances, you

must begin taking required minimum distributions from your 401(k) or other defined contribution plan in the year you turn 73. Withdrawals from your 401(k) or other defined contribution plans are taxed as ordinary income, and if taken before age 59?, may be subject to a 10 percent federal income tax penalty.

#### Non-Retirement Plan Investments

"stuff" For homeowners, just seems to accumulate over time. The same may be true for investors. Some buy investments based on articles they have read or based on the recommendations of a family member. Others may have investments held in a previous employer's 401(k) plan.

Over time, we can end up with a collection of investments that may have no connection to our investment objectives. Because of the dynamics of the markets, an investment that may have once made good sense at one time may no longer be advantageous today.

By not periodically reviewing what we own, which would allow us to cull inappropriate investments - or even determine if the portfolio reflects our current investment objectives we are making a default decision to own investments that may be inappropriate.

Whatever your situation, your

retirement investments require careful attention and may benefit from deliberate, thoughtful decision-making. Your retired self will be grateful that you invested the time ... today.

1. Investopedia.com, January 6, 2023. The auto-enroll feature does not apply to companies with 10 or fewer employees. Also, new companies in business for less than three years are exempt from the rule.

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# Celebrating continued from page 22

So many options! There is no excuse for elder abuse. If you or someone you know is being subjected to abuse, neglect or exploitation, contact JCAAA Protective Services at 1-800-852-8036.

The Brockway Mirror office is located at 203 Main St, Brookville

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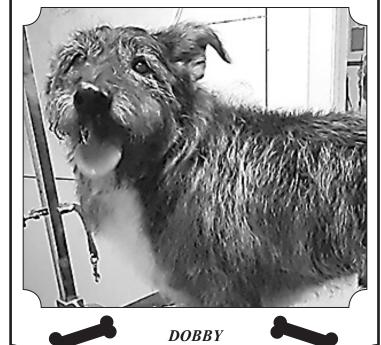
# **April Student of the Month**

The Jeff Tech student of the month for April is Kyle Brigham. He is a junior in the new Electrical Construction Program. Kyle's sending school district is the Punxsutawney Area School District. Kyle is a member of CTSO (Career Technical Student Organization). He also does volunteer work helping people with things they need done. His hobbies include hunting, fishing, playing football and hanging out with his friends. In the future, Kyle plans to attend college to major in business so that one day he can build his own business.



Kyle Brigham

# THE FUZZY HOUSE Pet of the Month





# **Turning Down the Temperature:** Limiting Caffeine **Consumption** for

# **Adolescents**

by Hannah Melton

It is not healthy for high schoolers to make a pre- and post-school stop to pound an energy drink or coffee.

With more coffee and tea shops becoming more available, and servicing adolescents, it is essential Brookville parents take a closer look at preventing long-term dependency health consequences of caffeine consumption.

Caffeine is commonly used

to help you feel more awake and alert, but the long-term health effects of excessive caffeine consumption should be taken very seriously.

Caffeine accelerates the time it takes for the body to receive signals from the brain. Caffeine is referred to as a stimulant drug. It is found in common items like coffees, teas, chocolate, sodas, and energy drinks.

The Mayo Clinic advises that you consume no more than 400mg of caffeine per day. This equals around 4 cups of coffee a day. If more than 400mg is consumed, it could lead to serious health risks.

The effects of caffeine differ depending on the source of caffeine, individual differences in health, and quantity of intake.

The Alcohol and Drug Foundation suggests caffeine's short-term effects last about 30 minutes to 6 hours, which include increased faster heart rate, rise in temperature, headaches, dehydration, and stomach pains among other more individual responses.

Small doses of caffeine do not present a life-threatening risk, but not moderating your caffeine intake could lead to severe longterm effects that may plague older children as they continue to feed a dependency that is established earlier in the life cycle.

The CDC classifies longterm effects of caffeine as high blood pressure, cardiovascular reproduction diseases, developmental abnormalities, and mental disorders.

While new coffees, sodas, and energy drinks sweep over the nation with popularity. It is important for parents to talk with their children and make sure to provide them with healthier alternatives to caffeinated beverages. Moderating caffeine intake, by looking at the dosages in caffeinated beverages, can save you from many health complications that arise from prolonged caffeine dependencies.

# Women's Introduction to Wingshooting



Previous Womens' Introduction to Wingshooting attendees.

# Women's Introduction to Wingshooting to be Offered at the Mt Jewett Sportsmen's Club in July and August - Registration

The. Ruffed Grouse Society is proud to announce that they will offer their popular Women's Introduction to Wingshooting Program at the Mt Jewett Sportsmen's Club on July 20-21 and August 24-25 Women's Introduction to Wingshooting is a course for women and taught by women. On both Saturdays, the course starts at noon and ends at 4:00 p.m. On both Sundays, the course starts at 10:00 a.m. and ends at 2:00 p.m.

Register by contacting bjmf989@gmail.com. Attendance is required for both weekends to graduate from the program. Lodging is available, if needed, but is limited.

A hunt will be offered to the graduates on Sunday, September 8, at a nearby sportsmen's club.

No pre-knowledge of shooting is required. "We pride ourselves on helping a woman who has never even held a shotgun before learn how to become a wingshooter," says Sue McClelland of Smethport, one of the instructors. "And owning a shotgun is not necessary; we have shotguns that the attendees can try for size and then use during the program. When you finish this training, you can go on and shoot at targets for fun or hunt your choice of birds."

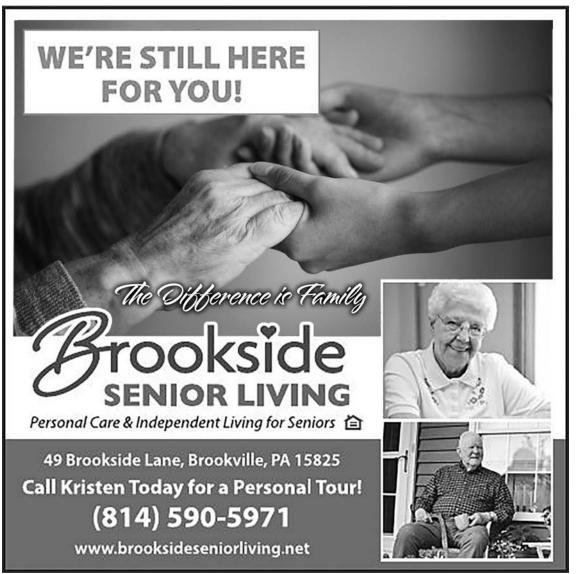
You must register to attend this course, and it is on a first-come, first serve registration basis. "We only take twenty women into the program each year so we can maintain the quality," offers Maureen McDonald of Coudersport, another instructor.

# **PFBC** Announces Awards for **Outstanding Achievements in** Law Enforcement

The Pennsylvania Fish and Boat Commission (PFBC) is pleased to announce several awards presented to Waterways Conservation Officers (WCO) in recognition of outstanding achievements in law enforcement. Awards were presented during the PFBC Board of Commissioners quarterly business meeting on April 29, 2024, in

The Northeast Conservation Law Enforcement Chiefs Association Officer of the Year Award was presented to WCO Matthew Visosky, whose district includes the Central Erie County district in the Northwest Region. In 2023, WCO Visosky's exemplary law enforcement efforts included 36 days of onboard boat patrols, 480 boardings, the issuing of 166 citations, and the investigation of 16 incidents. Additionally, WCO Visosky participated in 24 public educational events in his district. Visosky is a 2002 graduate of the PFBC's H.R. Stackhouse School of Fishery Conservation and Watercraft Safety.

Keep yourself and others safe... DON'T DRINK & DRIVE



see AWARDS on page 28

# Treasurer Stacy Garrity Kicks Off '529 Day' Promotion with Awards Totaling More Than \$30,000

Three top awards of \$5,529 available – enough for a year's tuition at a Pennsylvania community college

Treasurer Stacy Garrity announced that this year's 529 Day celebration includes three top awards of \$5,529, enough to cover a full year of tuition at a Pennsylvania community college. The event starts tomorrow, May 1, and Treasurer Garrity encouraged families to save for their child's education with the PA 529 College and Career Savings Program.

Families who open and contribute at least \$10 to a new PA 529 Guaranteed Savings Plan (GSP) account between May 1 and May 31, 2024, will be eligible to win one of two statewide awards of \$5,529, or one of six regional awards of \$2,529. Last year, more than 1,000 families started saving during our 529 Day promotion.

New for this year, families who already have a PA 529 GSP account with a balance of \$10 or more as of April 30, 2024, are eligible to win one statewide award of \$5,529 if they make an additional contribution of at least \$10 to their child's account during the promotional period. Full 529 Day promotion details and official rules are available at pa529.com/529day.

"I'm excited to kickoff this year's 529 Day promotion to help families save for their child's future education," Treasurer Garrity said. "Saving early and often will make a big difference down the road when a child chooses their career path. A dollar saved today can grow into many dollars that don't have to be borrowed later. Offering these

see 529 DAY on page 30



(l-r) PFBC Executive Director Tim Schaeffer, Col. Clyde Warner, WCO Matthew Visosky, PFBC President William Gibney (photo courtesy PFBC)

# **Awards**

continued from page 27

The Gerald L. Greiner **Protection Environmental** Award was presented to Justin Boatwright, who was the WCO in the Clinton/W. Lycoming County district before recently being promoted to Sergeant in the Northcentral Region. This award is presented annually to the WCO who best exemplifies the ideals of 'Resource First' – the protection, conservation, and enhancement of the Commonwealth's aquatic resources. In 2023, Boatwright investigated seven environmental incidents within his region. Boatwright is a 2016 graduate of the PFBC's H.R. Stackhouse School of Fishery Conservation and Watercraft Safety.

The Top Gun Award was WCO Kyle presented to Robinson, whose district includes Mifflin and northern Huntingdon counties in the Southcentral Region. This award is presented annually to a WCO who displays outstanding effort in the detection and apprehension of impaired boaters. In 2023, WCO Robinson's exemplary law enforcement efforts included 41 days of onboard boat patrols, the investigation of five boating accidents, 838 boardings, the issuing of 637 warnings, 117 citations, and seven arrests for Boating Under the Influence. Robinson is a 2020 graduate of the PFBC's H.R. Stackhouse School of Fishery Conservation and Watercraft Safety.

The National Association of State Boating Law Administrators (NASBLA) Butch Potts Boating Law Enforcement Officer of the Year Award (Pennsylvania) was presented to WCO Michael

Blair, whose district includes southern Bucks County in the Southeast Region. In 2023 WCO Blair's exemplary law enforcement efforts included 31 days of onboard boat patrols, the investigation of three boating accidents, 320 boardings, the issuing of 180 citations, and two arrests for Boating Under the Influence. Blair is a 2016 graduate of the PFBC's H.R. Stackhouse School of Fishery Conservation and Watercraft Safety.

A Lifesaving Award was presented to WCO Logan Opfer, whose district includes western Armstrong County. patrolling the Allegheny River on March 5, 2024, WCO Opfer received a call from the Kittanning Borough Police Department to request Opfer's assistance with a dog attack incident which had occurred nearby. Upon arriving at the scene, WCO Opfer and two local police officers found a male victim bleeding severely from his arm, which required immediate medical attention. WCO Opfer acted quickly to apply first aid to the victim's arm, which stopped the bleeding until emergency personnel medical arrived to transport the victim to the hospital for immediate surgery. WCO Opfer's quick thinking and training is credited with saving the victim's life. Opfer is a 2022 graduate of the PFBC's H.R. Stackhouse School of Fishery Conservation and Watercraft Safety.

The Brockway Mirror advertising deadline is the 15th of the month prior to publication.

# Parkinson's

continued from page 16

called deep brain stimulation, in which electrodes are implanted in the brain and emit electrical impulses to stimulate cells and chemicals.

Lifestyle changes also can help manage symptoms. Your doctor may recommend ongoing aerobic exercise, outpatient physical therapy that concentrates on balance training and stretching, speech therapy and occupational therapy.

Other lifestyle changes that may help reduce symptoms include:

- A balanced diet that includes foods high in fiber (to help prevent constipation that is common in Parkinson's disease) and omega-3 fatty acids
  - Exercise, which can increase

your muscle strength, flexibility and balance

- Massage therapy to reduce tension
- Yoga and tai chi to increase stretching and flexibility

Your physician will work with you to develop a treatment plan that offers the greatest relief from your symptoms.

The neurologists neurosurgeons at Penn Highlands Healthcare offer the most advanced treatments for brain conditions such as Parkinson's, brain aneurysms and spinal conditions that cause back pain and neck pain. They also offer treatment for nerve conditions causing pain, including carpal tunnel syndrome and trigeminal neuralgia. To learn more, visit www.phhealthcare.org/ neurology.

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# PFBC Encourages Anglers and Boaters to Enjoy Plentiful Opportunities During Spring and Summer

The Pennsylvania Fish and Boat Commission (PFBC) began its quarterly business meeting by thanking anglers, agency staff, and volunteers for a safe and successful start to the 2024 trout season and promoting the plentiful fishing and boating opportunities that remain throughout the spring and summer months.

"The spring and summer seasons are special times of year in Pennsylvania, where the Opening Day of trout season is only the tip of the iceberg," said William Gibney, PFBC President and District 7 Commissioner. "We're grateful to the volunteers who assisted us with stocking trout in hundreds of waters so far and will continue to help us stock over the next several weeks right up until Memorial Day."

Gibney also encouraged anglers to explore new waters and seek out different types of fishing experiences beyond trout.

"When you combine the opportunities that our stocked trout program provides with our phenomenal wild trout streams, panfish and catfish action that really picks up this time of year, and the opening of Walleye season on May 4, you'll never run out of options," added Gibney. "If you fish from a boat, please remember to always wear your life jacket."

Anglers and boaters are reminded that the PFBC's cold weather life jacket requirement remains in effect from November 1 through April 30. During this time, anyone aboard a boat less than 16 feet in length, including all canoes, kayaks, and paddleboards, is required to wear a life jacket. In addition, the PFBC and many other organizations throughout the Commonwealth will partner with the National Safe Boating Council to celebrate National Safe Boating Week from May 18-24, 2024.

# The Race to Reclaim Earth's Critical Elements Begins with Introduction of Legislation by PA House Republicans

Six Republican State Representatives introduced a package of bills that would lay the groundwork to recover Earth's critical elements from former industrial sites in Pennsylvania, creating family-sustaining jobs, securing domestic access to critical industrial inputs and remediating past environmental degradation.

#### Sponsors with corresponding bill descriptions are as follows:

Rep. Mike Armanini (R-Clearfield/Elk): Updates the commonwealth's tax structure to reflect the economic realities of the reclamation of Earth's critical elements.

Rep. Brian Smith (R-Jefferson/Indiana): Extends reasonable protections to owners of real property with mine waste and other legacy industrial byproducts that are used to reclaim Earth's critical elements.

Rep. Jonathan Fritz (R-Susquehanna/Wayne): Establishes an experimental permit program for new technologies to reclaim Earth's critical elements from Pennsylvania's former industrial sites.

Rep. David Rowe (R-Snyder/Union/Mifflin/Juniata): Prevents taxpayer money from being used to purchase electric vehicles using components produced with forced labor.

Rep. Kristin Marcell (R-Bucks): Leverages existing industrial site reuse programs for responsible reclamation of Earth's critical elements.

Rep. Jamie Barton (R-Berks/Schuylkill): Leverages the Energy see RECLAIM on page 30

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# **Family First**

by Lynn Groce

we enter new month, might find ourselves having long to-do



list. To make our lives less busy, we often prioritize certain tasks and try to create a daily list that is achievable. However, procrastination can be a major obstacle. It tends to barge in uninvited and disrupts our focus. It can be quite loud and disruptive, making it difficult for us to stay on track. Dealing with procrastination can be frustrating, but we must remain vigilant and try our best

Your friend named "Focus" politely knocks on your door. After inviting them in, you both sit down to discuss your plans and a To-Do list. However, at this point, procrastination may try to sneak in and disrupt your progress. It is important that you do not let it get the best of you and instead, stay on track and keep moving forward.

I hope you're enjoying a good laugh now, as I presented it as a story, but procrastination and focus are inherent to human We all tend procrastinate at times, just as we can be focused when we need

to be. However, when these two tendencies coexist, one is likely to dominate over the other.

Sometimes, I choose not to do it even though I know I can. I often fall back on excuses for not doing something, but I'm getting to the age where I want to achieve more in my life. I feel upset about it. I'm learning that procrastination is a choice, and I can either choose to do something about it or sit on the porch until I'm ready to handle it. Sometimes, it's hard to let go of old habits, but I need to question if they are good for me. I'm putting this article out there today because, when you really think about it, why would you keep a friend around that's not good for

Here's some advice on how to stop procrastinating and get things done. Start by writing down what needs to be done and then begin with the tasks that are right in front of you. Remove any obstacles that may be preventing you from completing your tasks. If you find yourself getting sidetracked, take a moment to reconsider what's important. By prioritizing your tasks, you'll be able to done by one. Don't worry too much about what others think of you, focus on becoming a better person and achieving your goals.

Peace out.

## Reclaim

continued from page 29

Development Authority to provide financial assistance necessary to demonstrate the financial viability of reclaiming Pennsylvania's

Earth's critical elements, such as cobalt, indium, lithium, manganese and zinc, are key components of modern-day technologies we rely on every day, including smartphones, computers, defense systems and automobiles. However, much of the extraction and processing of critical elements occurs in other countries, some of which are not reliable trading partners with our country or use unacceptable refinement methods. The critical element recovery process in Pennsylvania would be fair, safe and would dovetail with the cleanup of former industrial sites, benefiting local communities.

"The reliability of our modern supply chain requires reliable access to Earth's critical elements from Pennsylvania," said Armanini. "This package of legislation secures access to Earth's critical elements via the remnants of Pennsylvania's industrial heritage. I hope our colleagues recognize the opportunity beneath our feet and support the use of waste products from the Commonwealth's past to power the next generation of technologies."

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Ad deadline is the **15th day of the month**.

# **529 Day**

continued from page 28

great awards, including three that would cover a whole year of community college, will be a big boost for families.'

Treasury's 529 Day promotion off a month-long celebration leading up to May 29, or 529 Day, which encourages families to save early for posthigh school education with PA 529 accounts.

The PA 529 program has been helping families save and pay for education for more than 30 years. Saving with PA 529 accounts comes with significant state and federal tax advantages. PA 529 accounts can be used for a wide variety of qualifying technical, collegiate, and apprenticeship expenses like tuition, fees, books,

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The PA 529 GSP allows families to save at today's tuition rates to meet tomorrow's tuition costs – meaning saving enough to pay for a credit today will pay for that same credit years from now. PA 529 GSP account earnings are based on college tuition inflation rates. Families can choose the tuition level they wish to save at - from community colleges up to Ivy League universities.

Families with children born January 1, 2019, or later, already have a \$100 Keystone Scholars account to jumpstart their education savings. This automatic deposit is available to every baby born in Pennsylvania, and those adopted by Pennsylvania families. The program uses no taxpayer dollars. Families are encouraged to register their Keystone Scholars accounts online at pa529.com/keystone and open their own companion PA 529 account to continue saving for their child's future.

Visit pa529.com to learn more about saving with PA 529 and pa529.com/529day for official 529 Day promotion rules.





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# **Ouiet Creek**

continued from page 25

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continued from page 17 regulating. Anglers tend to fish for species based on the quality of the fishery. In 2023, 86% of Lake Erie boat anglers targeted Walleye, while only about 1% targeted Yellow Perch. Based on a 2024 abundance

**PFBC** 

estimate of 72.07 million Walleyes age two or older, the Walleye population has decreased approximately 20% from 2023. It typically takes three years for Walleye within Lake Erie Walleye to fully grow to the 15" minimum size limit.

The PFBC's objective is to keep harvest limits at conservative levels without being too restrictive to fisheries, but also be able to act promptly if Walleye or perch populations reach critically

low levels. The PFBC adopted a regulation in 2012 which established flexible creel limits for Walleyes and Yellow Perch based on the annual quotas established by the Lake Erie Committee, which consists of fisheries managers from Pennsylvania; Ohio; New York; Michigan; and Ontario, Canada.

Under the regulation, the PFBC sets daily creel limits for these species by April 15 each year.

"Adaptive fishing regulations are based on the most recent fishery assessment results and are better aligned with the current status of the Yellow Perch and Walleye stocks," Haffley added. "This regulatory flexibility gave fisheries managers the ability to change daily harvest limits prior to the onset of the summer boat fishing season on Lake Erie."

# Classifieds

#### **EMPLOYMENT**

**Taylor Memorial Museum Staff** Needed. Self-motivated, good with people, organized, computer proficient. Interest in local history a plus. 8 hours a week. Send resume or questions to Info@ brockwayhistory.org or Brockway Area Historical Society, PO Box 73, Brockway PA 15824

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