

Just For This Day Journal!

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THIS

FOR

DAY!

There's adventure in new!

**A fresh start – a clean slate – a chance to begin
– again!**

**Who would think the turn of a clock,
would create such an eagerness in us ready to
rock.**

**Written or not – promises on our mind –
letting go the old and cherishing the new.**

A perfect time to thrive keeping the synergy of



**Happy
New Year!**

TODAY: _____ JUST FOR THIS DAY!

Introducing...

Just For This Day Journal (JFTD)!

JFTD Journal keeps the focus on the *now*, today – as this is what we must work in. It serves to remind us daily the hope for *tomorrow*; while keeping us growing from the lessons of *yesterday*.

JFTD Journal is not a structured daily format, although it can be used daily - it meets you where you are helping you spend quality time knowing and appreciating self as you create your own life rhythms. The format encourages quality time appreciating Bible truths, with reminders, that, we are indeed, our brother's keeper.

JFTD Journal, an approach for creating and accentuating the moments that builds a lifetime.

God's Word - It is vital to talk with The Father for guidance, to renew, refresh and revitalize our heart, mind, and soul every day.

For a thousand years in your sight are but as yesterday when it is past, or as a watch in the night. Psalm 90.4

The 8 SNIPPETS© - Life-enhancing messages creating quality time learning, loving and caring for self every day.

Powerful, empowering, renewing synergies

forming

Just For This Day Journal (JFTD)

an agenda for

Love and praise of The Father,

Love and growth for self, and

Love and care toward others

Just For This Day!!!

TODAY: _____ JUST FOR THIS DAY!

JFTD Journal!

This Journal houses 31 writings of the Bible we know and love as God's Word, harmonized with 31 life-enhancing messages coined SNIPPETS.

Now, here is the thing; there are eight SNIPPETS, each with the power to mushroom into many affirming ways.

JFTD Journal uses God's Words and a SNIPPETS a day to reflect a personal Just For This Day aim for bettering one's best self. There is ample space for self-expression to reflect on daily experiences, thoughts, and events.

Let us appreciate the empowering words from our Pastor's – revealing their hearts as they pray for all God's people.

At the beginning of a new month, or your allotted time frame, simply, start again, using God's Words and the SNIPPETS messages applying them to your life creating a momentum of learning, loving, laughing and sharing.

Now, when you find yourself with more Bible writings and SNIPPETS messages than there are of a given month, embrace this as a special bonus, and use them with love...

Use your Journal to activate more loving and praising our Father in Heaven. Use it to spark more learning, laughing, loving and sharing in your life.

TODAY: _____ JUST FOR THIS DAY!



The 8 SNIPPETS©

Stir the soul with ideas... (1-5)

Negotiate with an attitude of gratitude... (6-9)

Incorporate strength builders for success... (10-14)

Pair similarities for positive reinforcement... (15-18)

Pave roads of progress for safe travel... (19-21)

Expect the best in creative projects... (22-24)

Think, design, learn and teach... (25-27)

Share, care and support gems of wisdom by authority... (28-31)

**Eight life-enhancing tools with the power of
regeneration to mushroom into affirming ways
to activate quality time with self.**

Stir the soul with ideas...

Where I am going is based on what I do. **Action is key**, as standing still will get me nowhere! Just for this day, I will **MOVE**, do something, a little of this, a step here, a step there to keep me moving toward the prize.

I therefore so run, not as uncertainty; so fight I, not as one that beateth the air: - 1 Corinthians 9:26

Reflection:

A Pastor's prayer – *Father, my goal is in plain sight. Thank you for your guidance as I move toward it. Amen!*

Stir the soul with ideas...

To ***stimulate the Christ in me***, I will, maybe just for this day, meditate on God's Word as a learning, loving and fun adventure.

I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing. - John 15:5

Reflection:

A Pastor's prayer - *The tiny nuisances in my life are zilch compared to what you endured on my behalf. Thank you, Lord for what you did for me. Amen!*

TODAY: _____ JUST FOR THIS DAY!

Stir the soul with ideas...

The awesome power of self-knowing is a confidence booster. Just for this day – self-discovery is a huge priority on my to-do list.

In all your ways, acknowledge him and he will make your path straight. Do not be wise in your own eyes; fear the LORD, and turn away from evil. This will bring healing to your body and refreshment to your bones. - Proverbs 3:6-8

Reflection:

A Pastor's prayer – *There are many things I must do daily, but, always on my agenda is prayer and praising my God every day. Amen!*

Stir the soul with ideas...

*I choose to **let go of the mistakes** of the past, my own, and others. No regrets today, but living in the PRESENT moment, just for this day.*

If we confess our sins, he is faithful and just to forgive us our *sins*, and to cleanse us from all unrighteousness. - 1 John1:9

Reflection:

A Pastor's prayer - *Father, can I live a life without errors or slip-ups? I am so grateful you are gracious and forgiving. Thank you, God, for your mercy and grace. Amen!*

TODAY: _____ JUST FOR THIS DAY!

Stir the soul with ideas...

There is joy in my soul, and just for this day, I will pass it on to others.

The LORD is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him. - Psalm 28:7

Reflection:

A Pastor's prayer - *My God, when I become weary with the darkness of this world – remind me, please remind me Lord, that your light shines always. Amen!*

Negotiate with an attitude of gratitude...

My life is plentiful, yet, there is much more I want. Now, it is a choice, mine, to grow a heart of humility, so just for this day, I am thankful.

Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. - 1 Thessalonians 5:16-18

Reflection:

A Pastor's prayer - YOU died so I may live – Father, thank you. Amen!

Negotiate with an attitude of gratitude...

*The need to be right is important, especially if I believe I am right, but just for this day, it does not matter if I am right or wrong. What does matter is the **lesson I choose** to learn.*

Brothers, I do not consider that I have made it my own. But one thing I do: forgetting what lies behind and straining forward to what lies ahead, - Philippians 3:13

Reflection:

A Pastor's prayer - *Father, yes life's make-up are lessons. I pray to learn and grow from life and her many lessons and then share with others. Amen!*

TODAY: _____ JUST FOR THIS DAY!

Negotiate with an attitude of gratitude...

*My life can be an exciting adventure or a dull routine. Just for this day, I crave a fantastic adventure that will **light my heart** and set it on fire.*

Therefore, if anyone is in Christ, he is a new creation; the old has passed away, and see, the new has come! - 2 Corinthians 5:17

Reflection:

A Pastor's prayer - *I am blissful Father, to just look around at all your wonders. You simply spoke, and it was, hallelujah, thank you God! Amen!*

TODAY: _____ JUST FOR THIS DAY!

Negotiate with an attitude of gratitude...

Living for the world creates a spirit of entitlement. Just for this day, I choose to do more than is expected of me.

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourself. - Philippians 2:3

Reflection:

A Pastor's prayer - *Father, you continue to pour good in my life, so how can I not try and follow your example? Amen!*

TODAY: _____ JUST FOR THIS DAY!

Incorporate strength builders for success...

Viewing my tendencies as strengths deflates my weaknesses. Yes, just for this day, I will use my strengths to **seek opportunities** to serve.

For truly, I say to you, whoever gives you a cup of water to drink because you belong to Christ will by no means lose his reward. - Mark 9:41

Reflection:

A Pastor's prayer - Dear God, as one of your humble Leaders – please show me how to put others first, as is your command. Amen!

Incorporate strength builders for success...

*My heart says its right, so just for this day, I will take the high road – and **do what I know is right.***

Thy word have I hid in mine heart, that I might not sin against thee. - Psalm 119:11

Reflection:

A Pastor's prayer - *O Lord, my God, may your word become so much a part of me that obedience comes naturally and cheerfully from my heart. Change me and mold me in your image. Amen!*

TODAY: _____ JUST FOR THIS DAY!

Incorporate strength builders for success...

It is not only wise, but also healthy to acknowledge responsibility for my life. Just for this day; I am accountable.

Behold, I send you forth a sheep in the midst of wolves: be ye therefore wise as serpents, and harmless as doves. - Matthew 10:16

Reflection:

A Pastor's prayer – *Stand up, stand up for Jesus. Stand in his strength alone. The arm of flesh will fail you, you dare not trust your own. Amen!*

Incorporate strength builders for success...

An attitude of enthusiasm is contagious, so is indifference. ***I will pour*** my heart and soul into even the smallest things I do, just for this day.

And I will delight myself in thy commandments, which I have loved. - Psalm 119:47

Reflection:

A Pastor's prayer – *Then let me love my bible more and take a fresh delight. That I may pour out these blessings upon others. Amen!*

Incorporate strength builders for success...

*My fears are real to me, but just for this day, I will **confront my fears** and step through them.*

And fear not them which kill the body, but are not able to kill the soul: but rather fear him which is able to destroy both soul and body in hell. - Matthew 10:28

Reflection:

A Pastor's prayer - *Thinking of your love, especially in times of need, it is good to know you are right by my side. Thank you, Lord. Amen!*

TODAY: _____ JUST FOR THIS DAY!

Pair similarities for positive reinforcement...

***My values and beliefs** define who I am. There will be no compromise.
Today's mantra is to stand strong and proud in my beliefs, just for this day.*

By faith we understand that the universe was created by the word of God, so that what is seen was not made out of things that are visible. - Hebrews 11:3

Reflection:

A Pastor's prayer - *My Father, in helping your people, pour in me what is worthy and true in your sight, not mine. Amen!*

Pair similarities for positive reinforcement...

*I recognize **adaptability** is the way to deal with the choices that shows up keeping my life interesting. Just for this day, I appreciate my life is not stagnant.*

We must do the works of him who sent me while it is day. Night is coming when no one can work. - John 9:4

Reflection:

A Pastor's prayer – *At times it seems easier to just go with the flow of this world, but going along to get along is not who I am. Each day is a day to remain steadfast and obedient to you God, and your mighty Word. Amen!*

TODAY: _____ JUST FOR THIS DAY!

Pair similarities for positive reinforcement...

*My life is shaped by **my thoughts**, only positive, motivating truths and uplifting thoughts, just for this day.*

How precious to me are your thoughts, O God! How vast is the sum of them! - Psalm 139:17

Reflection:

A Pastor's prayer - *Thinking is powerful, thank you Father, for giving me the power to know when it is time for me to do nothing but meditate on your awesomeness. Amen!*

TODAY: _____ JUST FOR THIS DAY!

Pair similarities for positive reinforcement...

Curiosity leads to exploring; so, just for this day, learning something new is at the top of my agenda.

Everyone should look out not only for his own interests, but also for the interests of others! - Philipians 2:4

Reflection:

A Pastor's prayer - *My Father, never allow me to feel as if I've arrived. Keep me humble recognizing my growth is as constant as my love and faith in You. Amen!*

Pave roads of progress for safe travel...

*The distractions of life are abundant; however, **my focus** is the big picture. I'll not allow the nuisances of life cause me to take my eyes off the prize, just for this day.*

I press toward the mark for the prize of the high calling of God in Christ Jesus. Philippians 2:14

Reflection:

A Pastor's prayer - Dear Father – This day and every day, I thank You for giving me a mind more like my Savior's. Amen!

Pave roads of progress for safe travel...

The gap between where I am now and where I plan to go is my meantime, so just for this day, I will celebrate in the meantime.

Come unto me, all ye that labour and are heavy laden, and I will give you rest. - Matthew 11:28

Reflection:

A Pastor's prayer - *There is a time for calmness and sacredness - a perfect time for a heart-to-heart with you, Father. Amen!*

TODAY: _____ JUST FOR THIS DAY!

Pave roads of progress for safe travel...

There is ***much to learn*** from purposeful observation; it keeps me in the now, so, just for this day, I will be in the moment with family and friends.

And if any man think that he knoweth any thing, he knoweth nothing yet as he ought to know. 1 Corinthians 8:2

Reflection:

A Pastor's prayer - Dear God, my growing comes through you, from my life experiences and from people, the young and the old. Thank You Father for affording me opportunities of growth. Amen!

TODAY: _____ JUST FOR THIS DAY!

Expect the best in creative projects...

*Anticipation! Just for this day, **I will treasure** the power of my belief.*

And we have known and believed the love that God hath to us, God is love, and he that dwelleth in love dwelleth in God, and God in him. - 1 John 4:16

Reflection:

A Pastor's prayer - *Heavenly Father, where would I be without You? I praise your holy name. Amen!*

Expect the best in creative projects...

What is it I need to grow? Just for this day, I will focus on finding out exactly what I need to ***better my best*** self.

As newborn babies, desire the sincere milk of the word, that ye may grow thereby: - 1 Peter 2:2

Reflection:

A Pastor's prayer - Dear God, make me open and like new, so I don't just hear, but understand what your Word means in my life. Amen!

TODAY: _____ JUST FOR THIS DAY!

Expect the best in creative projects...

*Everything is possible. Just for this day, I will strive to nurture my creative strengths and, then **share with other hearts.***

But when he saw the multitudes, he was moved with compassion on them, because they fainted, and were scattered abroad, as sheep having no shepherd. - Matthew 9:36

Reflection:

A Pastor's prayer – *Father, open my eyes to see the hurts and struggles of others. Then open my heart to respond to them, so that through me they may see you and your love. Amen!!*

TODAY: _____ JUST FOR THIS DAY!

Think, design, learn and teach...

***Building bridges** validate the power of synergy. So, just for this day, I will blend my power with someone else to create something greater than I would alone.*

Can two walk together, except they be agreed? - Amos 3:3

Reflection:

A Pastor's prayer - *Lord, I know I am not an island, I need you and I need people in my life, people I love and people who love me. Thank you for sharing your people. Amen!*

TODAY: _____ JUST FOR THIS DAY!

Think, design, learn and teach...

***Paying attention** is a skill I value. Just for this day, I will nurture this skill by listening solely for understanding.*

Wisdom is the principal thing; therefore get wisdom: and with all thy getting get understanding. - Proverbs 4:7

Reflection:

A Pastor's prayer - Heavenly Father – with the many moving parts of my life, please help me appreciate those who bring great value to my life. Help me to let them know how much I care. Amen!

Think, design, learn and teach...

*I am putting the words, should, could, and would on hold, just for this day.
As I work "my gifts" the word for this day is, I WILL.*

**Now there are varieties of gifts, but the same Spirit,
and there are varieties of service, but the same Lord;
and there are varieties of activities, but it is the same
God who empowers them all in everyone. - 1
Corinthians 12:4-6**

Reflection:

A Pastor's prayer - Heavenly Father, I believe all your people have the potential of a ministry. So, thank you for my ministry, and please allow it to align with your plan for your children. Amen!

Share, care, and support gems of wisdom by authority...

Sharing is caring! ***I will eagerly*** share my gifts any way I can, just for this day.

Obey them that have the rule over you, and submit yourselves: for they watch for your souls, as they that must give account, that they may do it with joy, and not with grief: for that is unprofitable for you. - Hebrews 12:17

Reflection:

A Pastor's prayer - *God, you know I struggle some days, so, please, keep infusing me with the enthusiasm needed to do your work every day. I pray for this – in Jesus name. Amen!*

TODAY: _____ JUST FOR THIS DAY!

Share, care, and support gems of wisdom by authority...

*I am a **hard worker** and it pays. I am extremely comfortable with my success, just for this day.*

And whatsoever ye do, do it heartily, as to the Lord, and not unto men; - Colossians 3:23

Reflection:

A Pastor's prayer - *I love you, Lord, and doing your work is an assignment I do not take lightly. Amen!*

TODAY: _____ JUST FOR THIS DAY!

TODAY: _____ JUST FOR THIS DAY!

**Share, care, and support gems of wisdom by
authority...**

Because I can, I will do my best job possible, just for this day.

Love the LORD your God with all your heart, with all your soul, and with all your strength. - Deuteronomy 6.5

Reflection:

A Pastor's prayer - *Often I'll try, when I know it is "I Will", so God, please take away my I'll try and replace it with a determined I Will. Thank You. Amen!*

TODAY: _____ JUST FOR THIS DAY!

TODAY: _____ JUST FOR THIS DAY!

Share, care, and support gems of wisdom by authority...

*Today, I will find many things to laugh about and people I care about to laugh with. Just for this day, **I will nurture** my heart and my circle of influence.*

A cheerful heart is good medicine, but a crushed spirit dries up the bones. - Proverbs 17:22

Reflection:

A Pastor's prayer - *God, yes, we all know that man does not live by bread alone, so it is good to feed my heart through your Word. Amen!*

TODAY: _____ JUST FOR THIS DAY!



SNIPPETS Messages

1	<i><u>Action is key...</u></i>
2	<i><u>Stimulate the Christ in me...</u></i>
3	<i><u>There is joy in my soul...</u></i>
4	<i><u>To-do list...</u></i>
5	<i><u>Let go of mistakes...</u></i>
6	<i><u>I am thankful...</u></i>
7	<i><u>Lesson I choose...</u></i>
8	<i><u>Light my heart...</u></i>
9	<i><u>I choose to do more...</u></i>
10	<i><u>Seek opportunities to serve...</u></i>
11	<i><u>Do what I know is right...</u></i>
12	<i><u>I am accountable...</u></i>
13	<i><u>I will pour...</u></i>
14	<i><u>Confront my fears...</u></i>
15	<i><u>My values and beliefs...</u></i>
16	<i><u>I recognize adaptability...</u></i>
17	<i><u>My thoughts...</u></i>
18	<i><u>Learning something new...</u></i>
19	<i><u>My focus...</u></i>
20	<i><u>My meantime...</u></i>
21	<i><u>Much to learn...</u></i>
22	<i><u>I will treasure...</u></i>
23	<i><u>Better my best...</u></i>
24	<i><u>Share with other hearts...</u></i>
25	<i><u>Building bridges...</u></i>
26	<i><u>Paying attention...</u></i>
27	<i><u>My gifts...</u></i>
28	<i><u>I will eagerly...</u></i>
29	<i><u>Hard worker...</u></i>
30	<i><u>I Will do my best...</u></i>
31	<i><u>I will nurture</u></i>

**A recap of SNIPPETS Messages –
continue to use them again and again
and create your own – bettering your
best self on this wonderful journey
called life!**



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Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing the word of truth. - 2 Timothy 2:15

“Father, thank You for giving us Your Word to guide our lives. May we give it the serious care and handling it so richly deserves. And may we live it out daily through our actions and attitudes.
Amen.”

TODAY: _____ JUST FOR THIS DAY!

TODAY: _____ JUST FOR THIS DAY!

Just For This Day Journal!



A Mission Of Love!

Strengthening God's Word in our daily lives.
Creating meaningful time with self through thoughts
and reflection on daily experiences.

Purposely sharing love and care toward others.
And, we appreciate our Pastor's prayers for God's
people.

**Beloved, let us love one another, for love is from God, and
whoever loves has been born of God and knows God.
Anyone who does not love does not know God, because
God is love.**

Just For This Day Journal! - growing one – Just For
This Day loving, learning, laughing, and sharing into a
glorious lifetime.

TODAY: _____ JUST FOR THIS DAY!



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Publisher: The Snippets Network, LLC - dba **TSN Online Community!**



Just For This Day

TODAY: _____ JUST FOR THIS DAY!