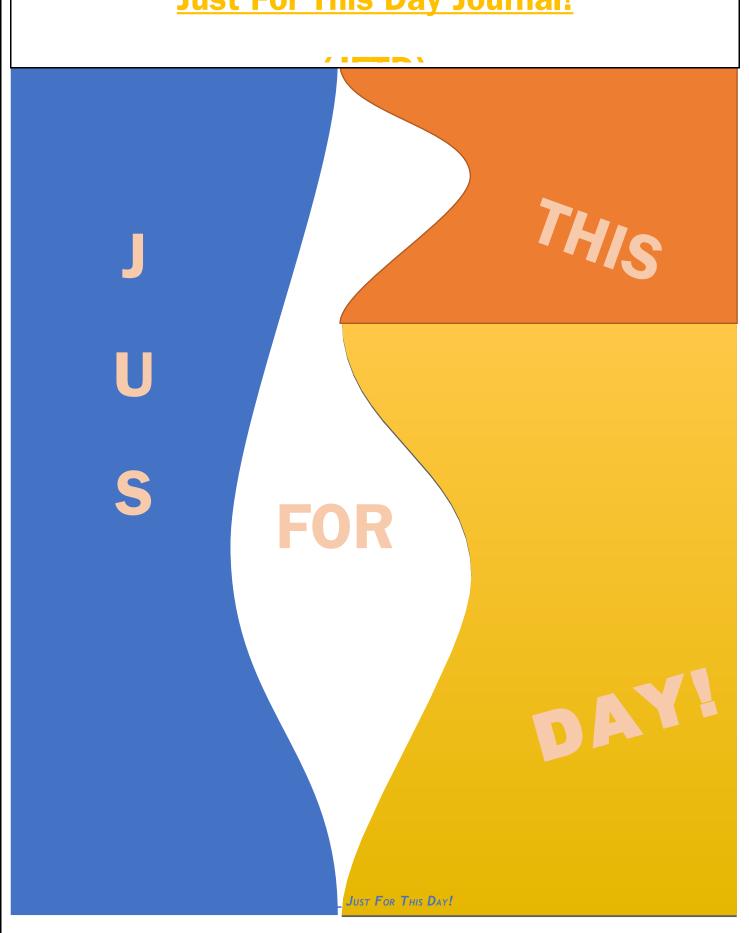
#### **Just For This Day Journal!**



#### There's adventure in new!

A fresh start – a clean slate – a chance to begin – again!

Who would think the turn of a clock, would create such an eagerness in us ready to rock.

Written or not – promises on our mind –

letting go the old and cherishing the new.

A perfect time to thrive keeping the synergy of



### Introducing...

#### **Just For This Day Journal (JFTD)!**

**JFTD Journal** keeps the focus on the *now*, today – as this is what we must work in. It serves to remind us daily the hope for *tomorrow;* while keeping us growing from the lessons of *yesterday*.

**JFTD Journal** is not a structured daily format, although it can be used daily - it meets you where you are helping you spend quality time knowing and appreciating self as you create your own life rhythms. The format encourages quality time appreciating Bible truths, with reminders, that, we are indeed, our brother's keeper.

**JFTD Journal**, an approach for creating and accentuating the moments that builds a lifetime.

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1	ODAY:	<b>J</b> UST	FOR	I HIC	Davi

**God's Word** - It is vital to talk with The Father for guidance, to renew, refresh and revitalize our heart, mind, and soul every day.

For a thousand years in your sight are but as yesterday when it is past, or as a watch in the night. Psalm 90.4

**The 8 SNIPPETS** - Life-enhancing messages creating quality time learning, loving and caring for self every day.

# Powerful, empowering, renewing synergies

forming

Just For This Day Journal (JFTD)

an agenda for

Love and praise of The Father, Love and growth for self, and Love and care toward others Just For This Day!!!

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#### **JFTD Journal!**

This Journal houses 31 writings of the Bible we know and love as God's Word, harmonized with 31 life-enhancing messages coined SNIPPETS.

Now, here is the thing; there are eight SNIPPETS, each with the power to mushroom into many affirming ways.

JFTD Journal uses God's Words and a SNIPPETS a day to reflect a personal Just For This Day aim for bettering one's best self. There is ample space for self-expression to reflect on daily experiences, thoughts, and events.

Let us appreciate the empowering words from our Pastor's – revealing their hearts as they pray for all God's people.

At the beginning of a new month, or your allotted time frame, simply, start again, using God's Words and the SNIPPETS messages applying them to your life creating a momentum of learning, loving, laughing and sharing.

Now, when you find yourself with more Bible writings and SNIPPETS messages than there are of a given month, embrace this as a special bonus, and use them with love...

Use your Journal to activate more loving and praising our Father in Heaven. Use it to spark more learning, laughing, loving and sharing in vour life.

TODAY:	Just For 7	THIS DAY	1
I ODAY.	JUST I UK I	HIS <b>U</b> AY	



#### The 8 SNIPPETS<sub>©</sub>

 $\mathbf{S}$ tir the soul with ideas... (1-5)

Negotiate with an attitude of gratitude... (6-9)

ncorporate strength builders for success... (10-14)

Pair similarities for positive reinforcement... (15-18)

 $\mathbf{P}$  ave roads of progress for safe travel... (19-21))

Expect the best in creative projects... (22-24)

 $\mathbf{T}$ hink, design, learn and teach... (25-27)

**S**hare, care and support gems of wisdom by authority... (28-31)

Eight life-enhancing tools with the power of regeneration to mushroom into affirming ways to activate quality time with self.

TODAY: JUST FOR THIS DAY!

### **S**tir the soul with ideas…

Where I am going is based on what I do. <u>Action is key</u> , as standing still will get me nowhere! Just for this day, I will MOVE, do something, a little of this, a step here, a step there to keep me moving toward the prize.
I therefore so run, not as uncertainty; so fight I, not as one that beateth the air: - 1 Corinthians 9:26
Reflection:
<u>A Pastor's prayer</u> – Father, my goal is in plain sight. Thank you for your guidance as I move toward it. Amen!

### **S**tir the soul with ideas…

	<u>the Christ in me</u> , I will, maybe just for this day, meditate on as a learning, loving and fun adventure.
me and I	rine; you are the branches. Whoever abides in in him, he it is that bears much fruit, for apart rou can do nothing John 15:5
Reflection	=
1011001101	<u> </u>

TODAY: \_\_\_\_\_ JUST FOR THIS DAY!

Amen!

### **S**tir the soul with ideas…

The awesome power of self-knowing is a conf Just for this day – self-discovery is a huge pric <u>list</u> .	
In all your ways, acknowledge him and your path straight. Do not be wise in y fear the LORD, and turn away from evil healing to your body and refreshment to Proverbs 3:6-8	our own eyes; . This will bring
Reflection:	
A Pastor's prayer – There are many things I must	do dailv. but. alwavs

on my agenda is prayer and praising my God every day. Amen!

I choose to <u>le</u>	ul with ideas •••  t go of the mistakes of the past, my own, and grets today, but living in the PRESENT moment, jus
	ss our sins, he is faithful and just to forgive us d to cleanse us from all unrighteousness 1
our <i>sins</i> , an	·
our <i>sins</i> , an John1:9	·
our <i>sins</i> , an John1:9	·

am so gr	ateful you	ı are graci		nout errors Thank you	
mercy ar	nd grace.	Amen!			

<u>'here is joy in </u>	my soul, and just for this day, I will pass it on to others.
he LORD is	s my strength and my shield; my heart trust
•	he helps me. My heart leaps for joy, and
vith my son	
vith my son	he helps me. My heart leaps for joy, and
vith my son	he helps me. My heart leaps for joy, and
vith my son	he helps me. My heart leaps for joy, and
•	he helps me. My heart leaps for joy, and

### Negotiate with an attitude of gratitude…

•	ntiful, yet, there is much more I want. Now, it is a choice, mine, art of humility, so just for this day, <u>I am thankful</u> .
circumsta	always, pray without ceasing, give thanks in all ances; for this is the will of God in Christ you 1 Thessalonians 5:16-18
Reflection	<u>n:</u>
A Pastor's	prayer - YOU died so I may live – Father, thank you. Amen!

### Negotiate with an attitude of gratitude…

for this day, it	e right is important, especially if I believe I am right, but just does not matter if I am right or wrong. What does matter is thoose to learn.
But one th	I do not consider that I have made it my own. ing I do: forgetting what lies behind and forward to what lies ahead, - Philippians 3:13
<u>Reflection</u>	<u>:</u>
-	rayer - Father, yes life's make-up are lessons. I pray to w from life and her many lessons and then share with others.

# Negotiate with an attitude of gratitude...

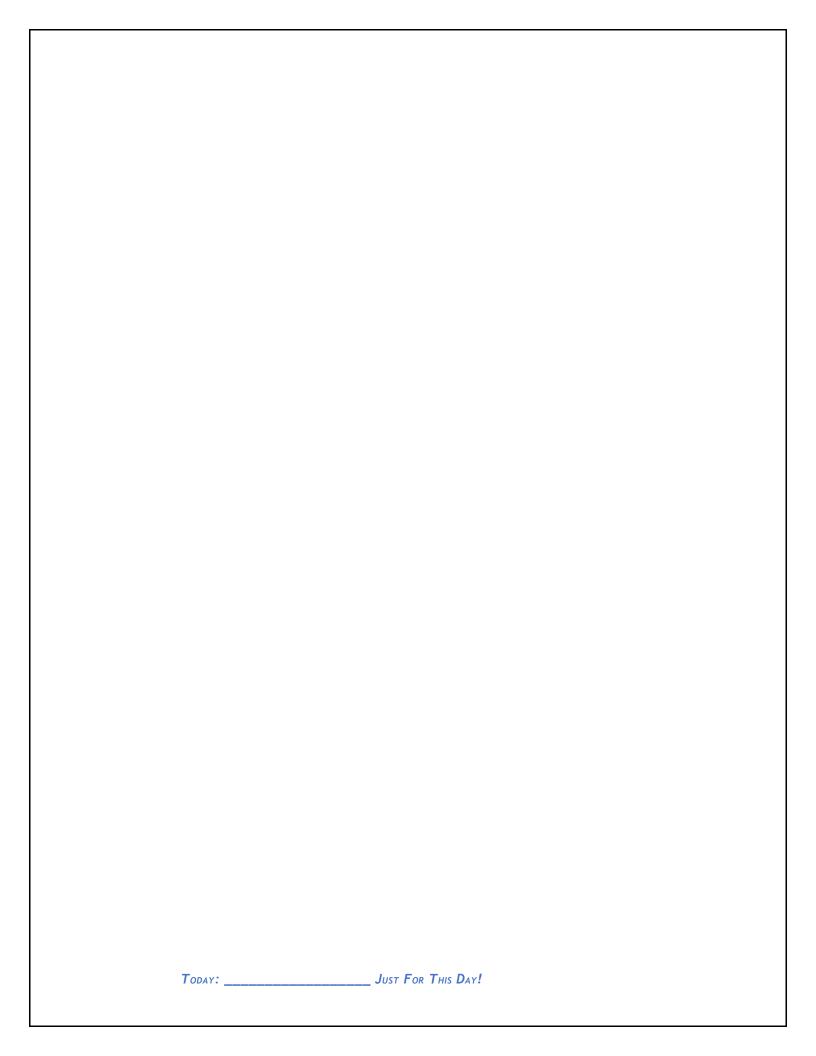
•	be an exciting adventure or a dull routine. Just for this day, I
rave a tai	ntastic adventure that will <b>light my heart</b> and set it on fire.
herefor	e, if anyone is in Christ, he is a new creation; the old
ias pass 5:17	sed away, and see, the new has come! - 2 Corinthians
	ion:
<u>Reflecti</u>	<u>on:</u>
A Pastor	's prayer - I am blissful Father, to just look around at all your

# Negotiate with an attitude of gratitude ••• Living for the world creates a spirit of entitlement. Just for this day, I choose to do more than is expected of me.

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourself. - Philippians 2:3

Reflection:			

<u>A Pastor's prayer</u> - Father, you continue to pour good in my life, so how can I not try and follow your example? Amen!



# ncorporate strength builders for success... Viewing my tendencies as strengths deflates my weaknesses. Yes, just for this day, I will use my strengths to seek opportunities to serve. For truly, I say to you, whoever gives you a cup of water to drink because you belong to Christ will by no means lose his reward. -**Mark 9:41** Reflection:

<u>A Pastor's prayer</u> - Dear God, as one of your humble Leaders – please show me how to put others first, as is your command. Amen!

ncorpor	rate strength builders for success
-	ys its right, so just for this day, I will take the high road – and now is right.
	have I hid in mine heart, that I might not sin against salm 119:11
Reflectio	<u>n:</u>
Λ Dastor's	prayer - O Lord, my God, may your word become so much a

TODAY: \_\_\_\_\_ JUST FOR THIS DAY!

Change me and mold me in your image. Amen!

part of me that obedience comes naturally and cheerfully from my heart.

# ncorporate strength builders for success... It is not only wise, but also healthy to acknowledge responsibility for my life. Just for this day; I am accountable. Behold, I send you forth a sheep in the midst of wolves: be ye therefore wise as serpents, and harmless as doves. - Matthew 10:16 Reflection:

<u>A Pastor's prayer</u> – Stand up, stand up for Jesus. Stand in his strength alone. The arm of flesh will fail you, you dare not trust your own. Amen!

# ncorporate strength builders for success... An attitude of enthusiasm is contagious, so is indifference. *I will pour* my heart and soul into even the smallest things I do, just for this day. And I will delight myself in thy commandments, which I have loved. - Psalm 119:47 Reflection:

<u>A Pastor's prayer</u> – Then let me love my bible more and take a fresh delight. That I may pour out these blessings upon others. Amen!

# ncorporate strength builders for success... My fears are real to me, but just for this day, I will confront my fears and step through them. And fear not them which kill the body, but are not able to kill the soul: but rather fear him which is able to destroy both soul and body in hell. - Matthew 10:28 Reflection:

A Pastor's prayer - Thinking of your love, especially in times of need, it is

good to know you are right by my side. Thank you, Lord. Amen!

### Pair similarities for positive reinforcement…

•	es and beliefs define who I am. There will be no compromise. mantra is to stand strong and proud in my beliefs, just for this day.
by the out of	th we understand that the universe was created word of God, so that what is seen was not made things that are visible Hebrews 11:3
Reflec	<u>tion:</u>
A Pasto	o <mark>r's prayer</mark> - My Father, in helping your people, pour in me what is

# Pair similarities for positive reinforcement…

I recognize adaptability is the way to deal with the choices that shows up keeping my life interesting. Just for this day, I appreciate my life is not stagnant.
We must do the works of him who sent me while it is day. Night is coming when no one can work John 9:4  Reflection:
<u>A Pastor's prayer</u> – At times it seems easier to just go with the flow of this world, but going along to get along is not who I am. Each day is a day to remain steadfast and obedient to you God, and your mighty Word. Amen!

### Pair similarities for positive reinforcement…

-	ed by my thoughts, only positive, motivating truths and hts, just for this day.
How preciou	ıs to me are your thoughts, O God! How vast is the
<del>-</del>	! - Psalm 139:17
Reflection:	• -
the power to k	rayer - Thinking is powerful, thank you Father, for giving me know when it is time for me to do nothing but meditate on eness. Amen!
, -3. 4.10001110	

# Pair similarities for positive reinforcement… Curiosity leads to exploring; so, just for this day, <u>learning something new</u> is at the top of my agenda. Everyone should look out not only for his own interests, but also for the interests of others! - Philippians 2:4 Reflection:

<u>A Pastor's prayer</u> - My Father, never allow me to feel as if I've arrived. Keep me humble recognizing my growth is as constant as my love and faith in You. Amen!

### Pave roads of progress for safe travel…

The distractions of life are abundant; however, my focus is the big a lill not allow the nuisances of life cause me to take my eyes off the public for this day.	
I press toward the mark for the prize of the high ca of God in Christ Jesus. Philippians 2:14	illing
Reflection:	
A Pastor's prayer - Dear Father – This day and every day, I thank for giving me a mind more like my Savior's. Amen!	You

### Pave roads of progress for safe travel···

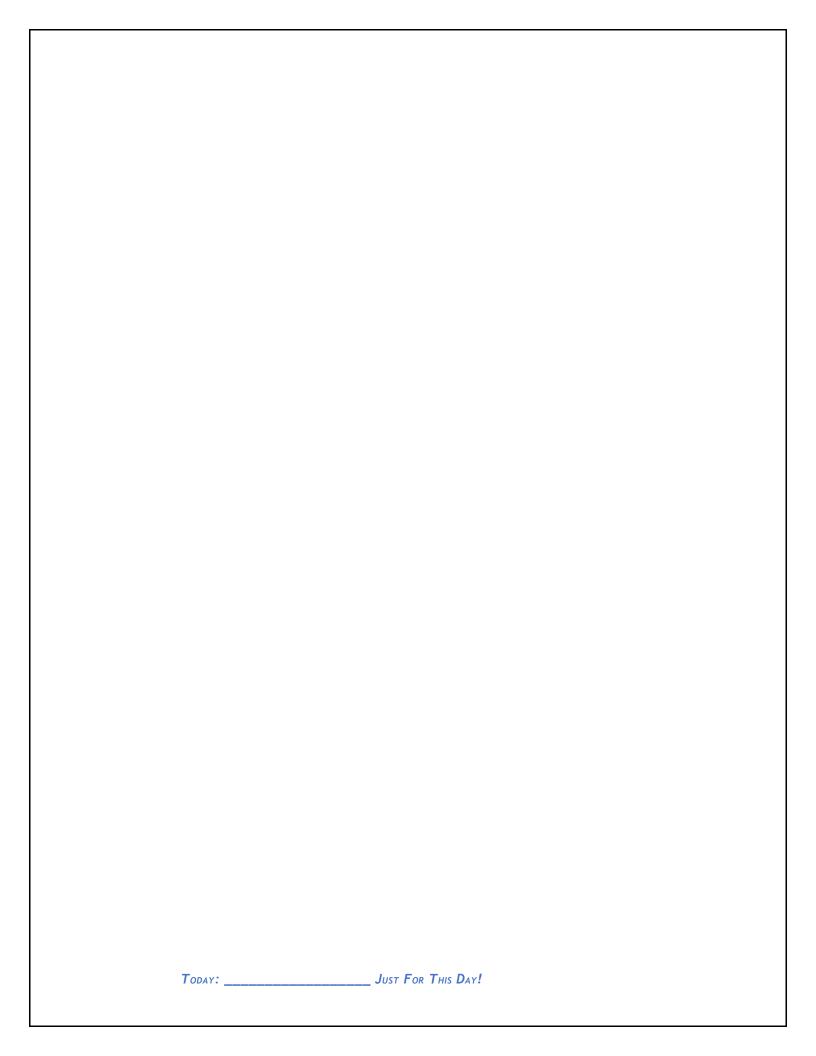
The gap between where I am now and where I plan to go is my means so just for this day, I will celebrate in the meantime.	<u>time</u> ,
Come unto me, all ye that labour and are heavy lacand I will give you rest Matthew 11:28	den,
Reflection:	

<u>A Pastor's prayer</u> - There is a time for calmness and sacredness - a perfect time for a heart-to-heart with you, Father. Amen!

### Pave roads of progress for safe travel…

There is <u>much to learn</u> from purposeful observation; it keeps me in now, so, just for this day, I will be in the moment with family and frie	
And if any man think that he knoweth any thing, he knoweth nothing yet as he ought to know. 1 Corint 8:2	
Reflection:	

A Pastor's prayer - Dear God, my growing comes through you, from my life experiences and from people, the young and the old. Thank You Father for affording me opportunities of growth. Amen!



<b>E</b> xpect the best	in creative projects · · ·
Anticipation! Just for th	his day, <u>I will treasure</u> the power of my belief.
	n and believed the love that God hath to us, that dwelleth in love dwelleth in God, and hn 4:16
Reflection:	

## Expect the best in creative projects…

What is it I need to grow? Just for this day, I will focus on finding out exactly what I need to <b>better my best</b> self.				
As newborn babies, desire the sincere milk of the word, that may grow thereby: - 1 Peter 2:2	ye			
Reflection:				

A Pastor's prayer - Dear God, make me open and like new, so I don't

just hear, but understand what your Word means in my life. Amen!

### Expect the best in creative projects…

Everything is possible. Just for this day, I will strive to nurture my creative strengths and, then <b>share with other hearts</b> .				
But when he saw the multitudes, he was moved with compassion on them, because they fainted, and were scattered abroad, as sheep having no shepherd Matthew 9:36				
Reflection:				
	<u> </u>			
	<u> </u>			
A Pastor's prayer – Father, open my eyes to see the hurts and strug	ıgles			

of others. Then open my heart to respond to them, so that through me

they may see you and your love. Amen!!

# Think, design, learn and teach…

Building bridge blend my power would alone.					
Can two wal 3:3 Reflection:	k together,	except th	ey be agr	eed? - A	mos
					_

need people in my life, people I love and people who love me. Thank you for sharing your people. Amen!					

Think, design, learn and teach···						
<u>Paying attention</u> is a skill I value. Just for this day, I will nurture this by listening solely for understanding.	s skill					
	<u> </u>					
Wisdom is the principal thing; <i>therefore</i> get wisdom: and with thy getting get understanding Proverbs 4:7  Reflection:	h all					
	<u> </u>					
	_					
	_					
A Pastor's prayer - Heavenly Father – with the many moving parts of	f my					

life, please help me appreciate those who bring great value to my life.

Help me to let them know how much I care. Amen!

## Think, design, learn and teach... I am putting the words, should, could, and would on hold, just for this day. As I work "my gifts" the word for this day is, I WILL. Now there are varieties of gifts, but the same Spirit, and there are varieties of service, but the same Lord; and there are varieties of activities, but it is the same God who empowers them all in everyone. - 1 Corinthians 12:4-6 Reflection:

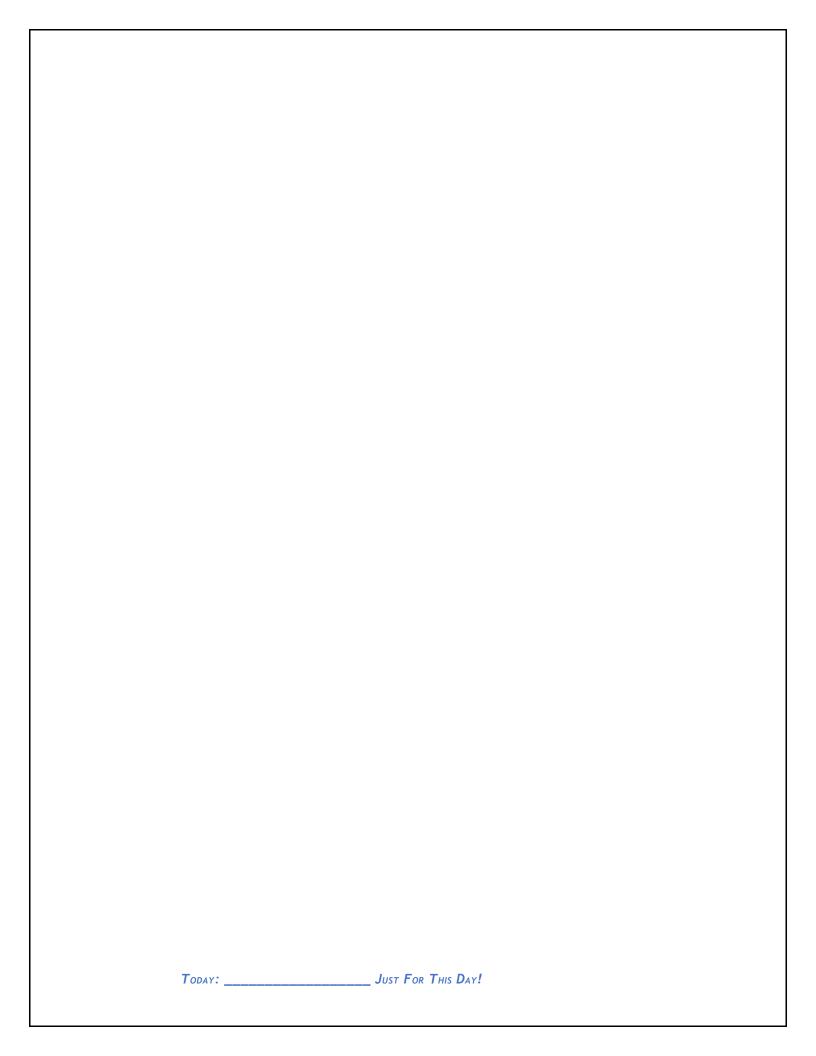
A Pastor's prayer - Heavenly Father, I believe all your people have the potential of a ministry. So, thank you for my ministry, and please allow it to align with your plan for your children. Amen!

<b>S</b> hare, care	, and support gems of wisdom by
authority	
Sharing is caring day.	! <u>I will eagerly</u> share my gifts any way I can, just for this
41 4	
yourselves: must give ac with grief: fo	hat have the rule over you, and submit for they watch for your souls, as they that ecount, that they may do it with joy, and not or that is unprofitable for you Hebrews
yourselves: must give a	for they watch for your souls, as they that count, that they may do it with joy, and not
yourselves: must give ac with grief: fo 12:17	for they watch for your souls, as they that count, that they may do it with joy, and not
yourselves: must give ac with grief: fo 12:17	for they watch for your souls, as they that count, that they may do it with joy, and not

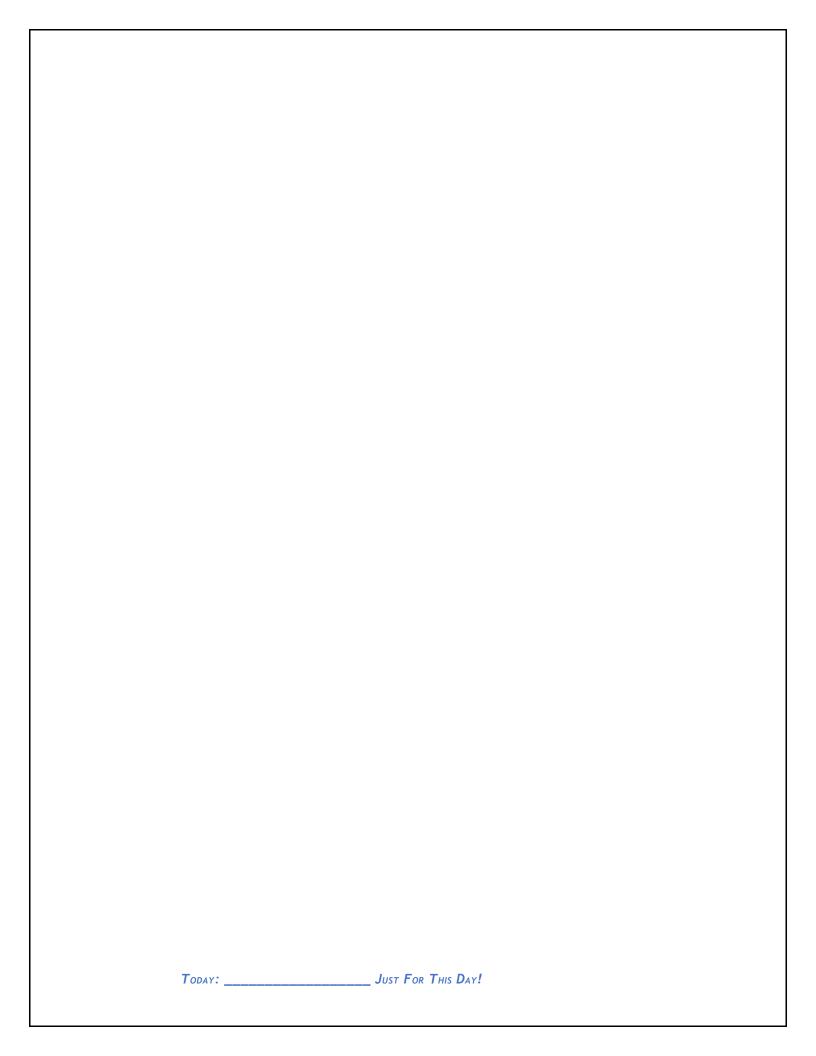
<u>A Pastor's prayer</u> - God, you know I struggle some days, so, please, keep infusing me with the enthusiasm needed to do your work every day I pray for this – in Jesus name. Amen!					
i pray for this	s – In Jesus n	ame. Amei	n!		

# Share, care, and support gems of wisdom by authority... I am a hard worker and it pays. I am extremely comfortable with my success, just for this day. And whatsoever ye do, do it heartily, as to the Lord, and not unto men; - Colossians 3:23 Reflection: A Pastor's prayer - I love you, Lord, and doing your work is an

assignment I do not take lightly. Amen!

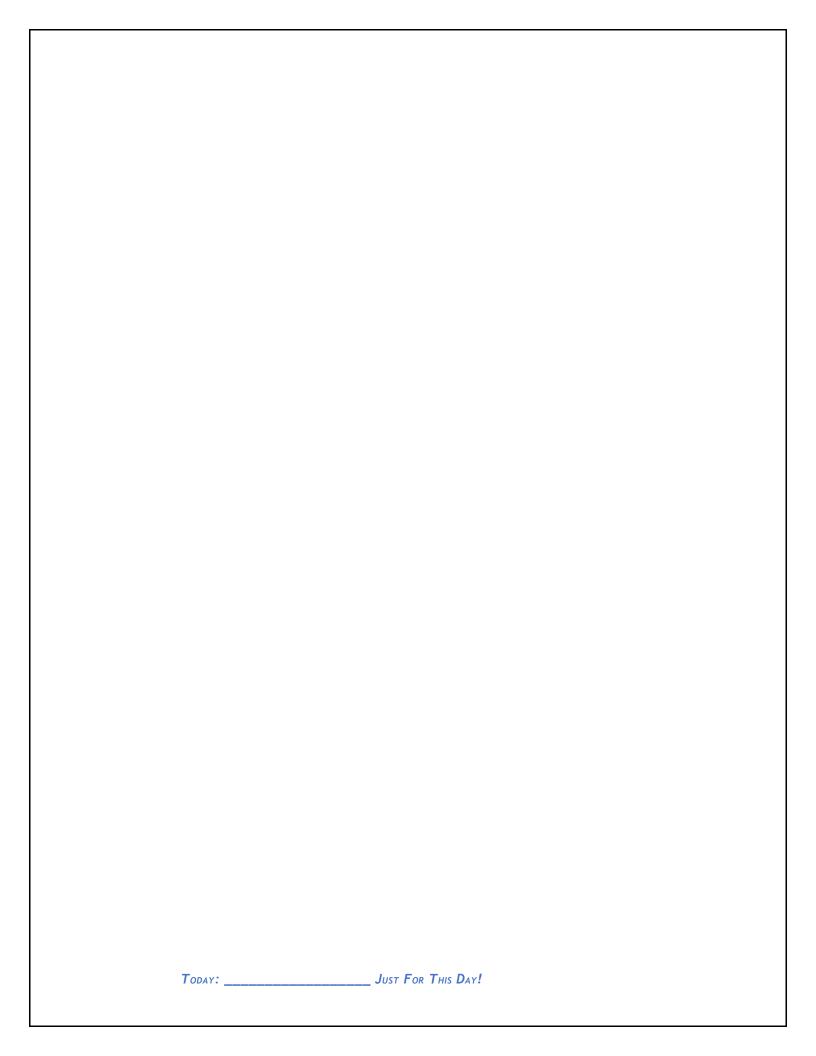


<b>S</b> hare, care, and support gems of wisdom by authority···				
ecause I c	an, <u>I will do my best</u> job possible, just for this day			
your sou 6.5	LORD your God with all your heart, with all I, and with all your strength Deuteronomy			
Reflectic	<u>n:</u>			
Reflectio				
Reflectio				



nany things to laugh about and people I care about to or this day, <u>I will nurture</u> my heart and my circle of
eart is good medicine, but a crushed spir bones Proverbs 17:22

bread alone, so it is good to feed my heart through your Word. Amen!



### **SNIPPETS** Messages

1	
1	Action is key
2	Stimulate the Christ in me
3	There is joy in my soul
4	To-do list
5	Let go of mistakes
6	I am thankful
7	Lesson I choose
8	Light my heart
9	<u>I choose to do more</u>
10	Seek opportunities to serve
11	Do what I know is right
12	<u>I am accountable</u>
13	<u>I will pour</u>
14	Confront my fears
15	My values and beliefs
16	<u>I recognize adaptability</u>
17	My thoughts
18	Learning something new
19	My focus
20	My meantime
21	Much to learn
22	I will treasure
23	Better my best
24	Share with other hearts
25	Building bridges
26	Paying attention
27	My gifts
28	I will eagerly
29	Hard worker
30	I Will do my best
31	I will nurture

A recap of SNIPPETS Messages – continue to use them again and again and create your own – bettering your best self on this wonderful journey called life!



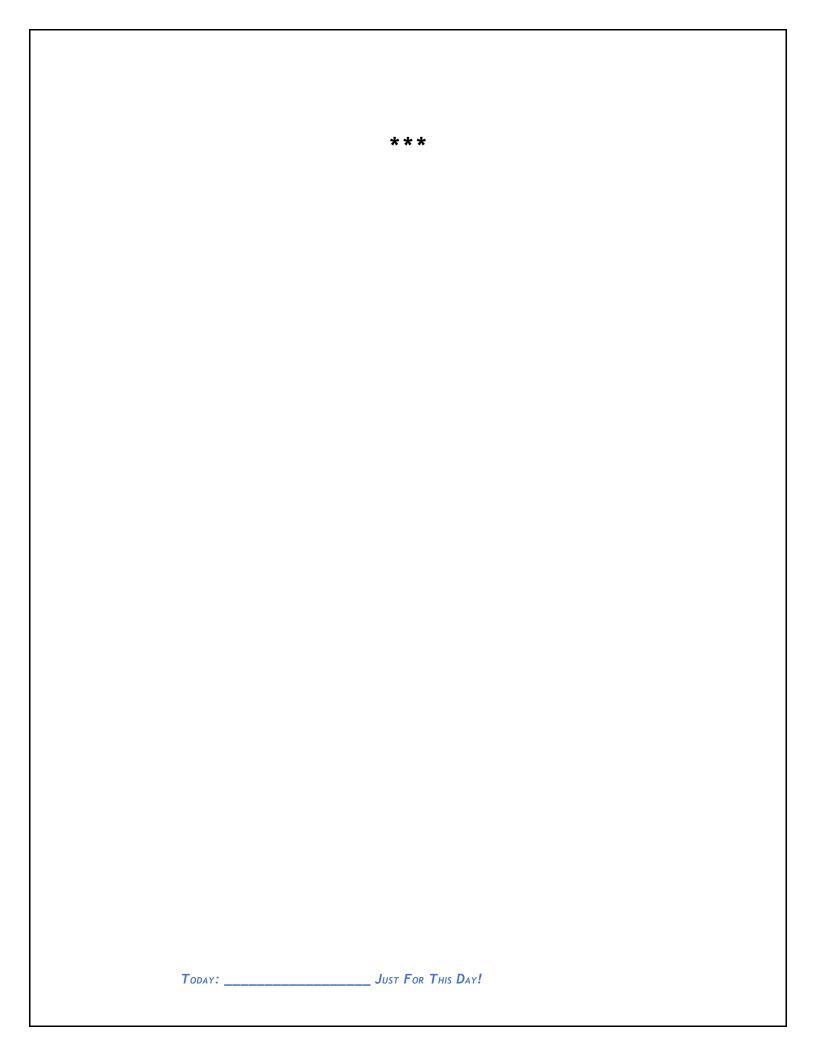
Pastor Kenneth Griffin **Jerusalem Baptist Church**2354 SW Watson Road
Fort White, Florida *kensr913@aol.com* 

Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing the word of truth. - 2 Timothy 2:15

"Father, thank You for giving us Your Word to guide our lives. May we give it the serious care and handling it so richly deserves. And may we live it out daily through our actions and attitudes.

Amen."

			_		_
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### **Just For This Day Journal!**



#### **A Mission Of Love!**

Strengthening God's Word in our daily lives.

Creating meaningful time with self through thoughts and reflection on daily experiences.

Purposely sharing love and care toward others

Purposely sharing love and care toward others. And, we appreciate our Pastor's prayers for God's people.

Beloved, let us love one another, for love is from God, and whoever loves has been born of God and knows God. Anyone who does not love does not know God, because God is love.

<u>Just For This Day Journal!</u> - growing one – Just For This Day loving, learning, laughing, and sharing into a glorious lifetime.

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# Just For This Day