

**CODY SENIOR CENTER**  
**613 16th Street**  
**Cody, WY 82414**  
**307-587-6221**

WE NEED  
VOLUNTEERS  
PLEASE CALL  
307-587-6221  
TO LEARN HOW  
YOU CAN HELP

## **ATTENTION CODY AREA!**

### **SENIOR & NON-SENIOR RESIDENTS**

**DO YOU NEED TRANSPORTATION TO YOUR  
VITAL DOCTOR APPOINTMENT  
OR JUST NEED TO MAKE A TRIP TO THE STORE?**

**CALL #307-587-6221  
24-48 HOURS IN ADVANCE**

Cody Council on Aging, Inc 613 16th Street, Cody, WY 82414

In accordance with Federal Law, this institute does not discriminate based on age, sex, religion, national origin or disability.

To file a complaint, write to USDA Director, Office of Civil Rights, Room 326-W. Whitten Bldg., 1400 Independence Ave., 215 W.

Washington, D.C. 02050-9410

This document was developed under a grant from the US Department of Health and Human Services, Administration on Aging and the WY Department of Health, Age Division. However, these contents do not necessarily represent the policy of the US Department of Health and Human Services or the WY Department of Health. You should not assume endorsement by the Federal or State Government.

May 2021  
613 16th St  
Cody, WY 82414  
#307-587-6221

# *Cody Senior Center*

## **mother** noun.

A person who does everything for everyone and never asks for help.

Also knows when you are lying, and makes the best sandwiches.

### In This Issue:

- Happy Birthdays
- Donations
- Thank You's
- Dollar of the Month
- Volunteer Appreciation Photos
- Word Search
- Thinking of the Families
- Menu
- Activities
- Stroke Awareness/ Arthritis Month
- Board/Staff Members
- Advertisements

### Our Mission Statement:

**To make a positive impact in our seniors lives by providing supportive services, transportation, meals and social services.**



*Happy Birthday*  
TO EVERYONE IN MAY!



Dixie Barnhart ~ John DiMeglio ~ Lawrence Hill ~ Barbara Harrison  
David Robertson ~ Anne Faultner ~ Douglas Hunter ~ John McLaughlin  
Dennis Spargur ~ Marguerite Bailey ~ Jean Marshall ~ Kenneth McLeod  
Bonnie Stewart ~ Loretta Reavis ~ Raymond Wimberly ~ Harilyn Selle ~ Karen Birzer  
Eugene Solberg ~ Brenda Mathews ~ Ray Maple ~ Duane Orkney ~ Denise Arthur

Don't want your name in the Newsletter? Please call us to let us know and we'll remove it!



**Donna Osen**  
**Elrose Prokopec**  
**Karen Nelson**  
**Coldwell Banker**  
**Silver Dollar Bar**  
**Libations**  
**Cody Shooting Complex**  
**Irma Hotel**  
**Albertsons**  
**Crafty Ladies**  
**Rodeway Inn**  
**Buck Wilkerson**  
**Ron & Shirley Lusch**

**The next  
Board Meeting  
will be held  
May 19th at 1:00PM**



**MORE THAN JUST A CANDY STORE!**

Greeting cards, gifts, toys,  
puzzles, and of course, great  
chocolates and candy!

Hoof it on into Cowtown Candy .  
See our selection and enjoy a free  
sample of our fresh fudge.

**We can ship your gifts, too!**

Cowtown Candy Company  
1323 Sheridan Ave, Cody, Wyoming  
307-587-8212 [www.cowtowncandy.com](http://www.cowtowncandy.com)

**CLINGMAN CBD**  
[ClingmanCBD.mywanae.com](http://ClingmanCBD.mywanae.com)

**LIFE CHANGING HEALTH BENEFITS  
OF CBD FOR SENIORS!**

**Promotes Bone Health.** Research has shown that  
CBD promotes cell repair and that cannabinoids  
like CBD can actually help strengthen the bones and  
promote the healing process if a fracture does occur.

Contact your local Wanae Influencer  
**Vicki Clingman at 307-578-7196,**

Facebook: **Clingman CBD**  
for more information about Wanae CBD



*Willow Creek*  
ElderCare Communities



2716 Cougar Ave Cody, Wy 82414  
307-527-7355

Licensed Senior Care Home  
Manager: Patty Braley  
Owner: Eric McMillan  
Director of Nursing: Koni Sickle

Affordable Monthly Rent Includes:  
24 Hour Professional & Responsive Staff  
Home Cooked - Dietitian Approved Meals  
Laundry & Housekeeping  
Personalized Care & Help with Bathing, Dressing, Grooming,  
and Medication Management

Utilize our Day Stay.  
Leave your loved one with us while you shop, work  
or go on vacation.



Licensed Professionals to Assist With:



Personal Care  
Meal Preparation  
Shopping & Errands  
Light Housekeeping  
Companionship  
Skilled Nurses for Medication Management

Serving the Big Horn Basin for 20+ Years

**307-587-4601**

**DOLLAR OF THE MONTH CLUB**

Bonnie Kesterson, Margot Wilkinson, Ray Wimberly, Miles Campos,  
Donna Osen, Kathryn Pate, George Herman, Evelyn Herman, Faye Livingston,  
Irene Castro, Letha Houghtaling, Marlyne Priester, Judy Peters,  
Margot Wilkinson, Mary Anne Pawley, Marion S. Smith, Marry Turner,  
Virginia Qualls, Kaki Steves, Rosa Fong Ruiz, Dixie Barnhart, Jane Rose,  
Bob Fontaine, Marie Fontaine, Betty Jensen, George Morgan,  
Terry Hinkle, Don Pirrie, Alice Gall, Mary Schock, Jo Luper, Denise Arthur,  
Ian Arthur, Judy Peters, Rosalie Christie, Barbara Gast, Carol Tyndall

# ADVERTISE WITH US!

All proceeds from paid advertisements printed in our newsletter go to support the

## CODY SENIOR CENTER

For more information, please call 307-587-6221.

### ☆ NEWSLETTER AD PRICING ☆

Ad Size	Monthly Black & White Cost	Monthly Color Cost (Space Limited)	Ad Size Measurements Width x Length
1/8 Page	\$8.00	Not Available	4"x2.5"
1/4 Page	\$12.00	\$19.50	4"x5.25" or 8"x2.5"
Special Event Only Full Page Insert	\$75.00	\$125.00	8"x10.5'

Price includes ad placement only, and does not include ad creation/typeset fees.

Receive 20% Off for a 1-year advertising subscription when paid in full.  
Receive 10% Off for a 6-month advertising subscription when paid in full.

## VETERANS WALL CONTEST



The Cody Senior Center has committed a wall in our dining area to Salute our Veterans and the sacrifices they've made for our country. We have received three photos, and are looking forward to getting more. Turn in a picture of yourself in uniform during your service years, and when we have collected enough, we will have our members guess who each picture is. The member with the most correct guesses will receive a \$25.00 gift card to QT's restaurant. Ties for the most correct guesses will go into a drawing for the gift card.



## WE NEED YOU

Seeking volunteers to deliver meals to seniors, serve at curbside pickup, help in the kitchen, become a phone pal, and assist our Thrift Barn staff. For more information, please contact Kathy at 307-587-6221.



### NATIONAL WOMEN'S HEALTH WEEK IS MAY 9TH-15TH!

- Have I visited with my Dr. about my Hormone levels?
- Do I have questions about Health Information for Women?
- Have I had a Mammogram recently?
- Am I using my medicines wisely?
- Have I talked to my Dr. about Depression?
- Have I made an appointment for my yearly check-up?

For more information please visit: [www.orders.gpo.gov/fda-womens-health](http://www.orders.gpo.gov/fda-womens-health)



# Annual Volunteer Appreciation Luncheon 2021





**DOORTECH** L.L.C.  
**GARAGE DOOR SERVICE**  
 SALES-REPAIR-INSTALLATION  
 WE GET THE JOB DONE RIGHT!  
 307-250-4353  
 WWW.307DOORTECH.COM

*Crafty Ladies*

Meet every Thursday at 9:00AM

At the Senior Center



**CHANGING LIVES ONE EAR AT A TIME.**




**Margaret Lohman**  
 Licensed Hearing Specialist  
 State of WY License #181

**Demo the latest technology in hearing aids and try them for a week!**

Hearing Devices • Hearing Tests

**CODY HEARING AID CENTER, LLC**  
*Across from the Dairy Queen*

For Appointments Call:  
**307-586-7274**  
 codyhearingaidcenter.com  
**30-Day Money Back Guarantee**

Do you have a company, small business or amazing product? Advertise it with us! For more information, Please call us 307-587-6221

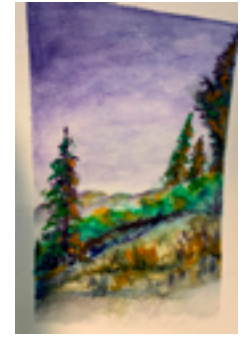


Don't forget to check us out on Facebook and YouTube for the latest news, menu items and exercises. Just search for Cody Senior Center!





# Art With Heart



Cody Senior Center members show their skills and creativity and have fun when they join the Art with Heart classes at the Cody Country Art League



Ugly concrete barriers gone!  
Replaced by a new wooden fence

We would like to recognize a very special volunteer who is no longer here with us.  
**Donna Korzendorfer**  
Donna was a loyal volunteer for our Cody Senior Center for many years and we will miss her greatly!  
Our condolences to her family.



**Donna Osen**  
Volunteer of the Year Award  
Photo Cred: Lauren @ Cody Enterprise



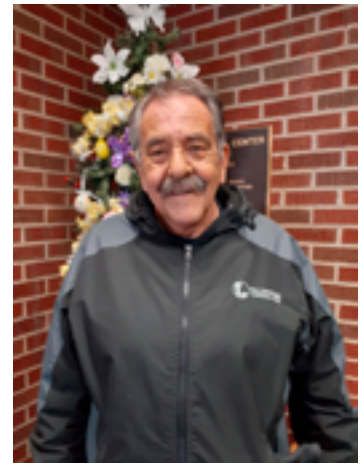
**Doris Good**  
Lifetime Achievement Award  
Photo Cred: Lauren @ Cody Enterprise



**Elrose Prokopec**  
Senior Volunteer Award



## Help us welcome our newest Employee and Volunteers!



**William "Pete" Emmons**  
Transportation Employee



**John "Chino" Godinez**  
Bus Ambassador Volunteer



**Steve Swenson**  
Kitchen Volunteer



Board of Directors

Katie Brass.....President  
 Dawn Garrison.....Vice President  
 Shelly Verhey.....Secretary  
 Marilyn Spicer.....Treasurer  
 Donna Osen.....Member at Large  
 Ray Wimberly.....Member at Large  
 Karole Anshutz.....Member at Large

Staff/Extensions

Executive Director Ext 1.....Jenny Johnstone-Smith  
 Assistant Director & Statistician Ext 2.....Leah Renaud  
 Admin. Secretary & Newsletter.....Kayla Strid  
 Outreach, Activities &  
 Volunteer Coordinator Ext 4.....Kathy Glass  
 Volunteer Coordinator's Assistant.....Jeanette Justus  
 Rolling Meals Coordinator Ext 6.....Madison Waidelich  
 Transportation Supervisor Ext 3.....Jim Krubeck  
 Dispatch & Reception.....Tiffany Kidd  
 Bus Drivers.....Angela Lawson  
 Brian "Sully" Sullivan  
 Lynn Thomas  
 William "Pete" Emmons  
 Thrift Barn Manager #578-8500.....Lois Brown  
 Thrift Barn Sales.....Pam Briggs  
 Karen Morrison  
 Kitchen Manager Ext 5.....Kiyomi Wallerich  
 Assistant Cook.....Karey Henrichs  
 Kitchen Assistant.....Rose West  
 Dishwasher.....Ed Budny

**Cody Senior Center Wi-Fi**

Sign in with "GuestConnect" username



Check terms and conditions box

No password needed



**Hours**

8:00 am to 3:00 pm  
 Monday through Saturday

**Donation Times**

8:00 am - 12:00 pm  
 Monday & Saturday

**\$750.00 fine for dumping after hours.**

Connecting people to the services they need

**Dial 2-1-1**

Dial 2-1-1 or 888-425-7138  
 Monday - Friday (8am - 6pm)

Search the database 24/7: [www.wyoming211.org](http://www.wyoming211.org)



*Friendly Reminders*

Breakfast:  
 Monday thru Friday  
 8AM-10AM

Curbside Lunch:  
 11AM-11:30AM

In-House Dining:  
 11:45AM-12:30PM

Allow at least 24 hours for scheduling meals and transportation

Get a food box at the Manna House every Friday 2:30-5PM!

Don't forget to update your membership! Stop by the office to see if it's due.



**Mother's Day**

*Second Sunday of May*

G	T	O	A	N	O	I	T	A	I	C	E	R	P	P	A
D	E	T	O	V	E	D	C	W	G	A	E	R	A	H	S
E	N	E	A	M	L	O	A	E	U	S	T	F	I	G	T
T	D	A	O	O	M	R	N	I	I	O	C	W	I	S	E
H	E	M	V	F	M	O	S	I	D	H	O	S	U	T	P
E	R	E	O	S	H	B	R	E	A	K	F	A	S	T	R
B	E	R	R	P	R	T	I	R	N	O	U	P	M	E	O
E	T	Y	E	G	R	E	M	A	C	H	E	O	L	T	T
S	E	L	R	C	N	I	W	M	E	R	E	U	M	R	E
T	E	E	A	E	N	I	A	O	F	O	F	S	O	E	C
T	N	N	R	G	L	T	V	U	L	I	T	E	T	T	T
E	D	A	R	U	E	E	M	I	T	F	O	S	H	H	I
Y	E	A	V	R	T	E	W	U	G	E	Y	S	E	G	V
E	E	Y	N	R	I	R	A	E	W	R	G	I	R	U	E
M	O	A	E	O	T	E	U	E	J	U	O	K	C	A	T
J	L	A	G	R	B	I	I	N	H	U	O	F	E	L	N

APPRECIATION  
 BEAUTIFUL  
 BREAKFAST  
 CANDY  
 CHARMING  
 COMFORT  
 DEVOTED  
 FLOWERS  
 FORGIVING  
 GIFTS

GUIDANCE  
 HUGS  
 JEWELRY  
 JOY  
 KISSES  
 LAUGHTER  
 LOVE  
 MATERNAL  
 MOM  
 MOTHER

NURTURE  
 PERFUME  
 PROTECTIVE  
 SHARE  
 TELEPHONE  
 TENDER  
 THE BEST  
 WARM  
 WISE



# May is National Stroke Awareness Month.

<b>F</b> FACE	<b>A</b> ARM	<b>S</b> SPEECH	<b>T</b> TIME
Does one side of the <b>face</b> droop?	Does one <b>arm</b> drift downward?	Does the <b>speech</b> sound slurred or strange?	If you observe any of these signs, <b>call 911.</b>

- Every 40 seconds someone has a stroke
- About 55,000 more women than men have a stroke each year
- Stroke and early mental decline in mid-life have been linked to unhealthy lifestyles.
- 3 out of 5 Americans will develop a brain disease in their lifetime.
- 1 in 4 strokes are in people who have had a previous stroke
- No. 5 Cause of Death in USA

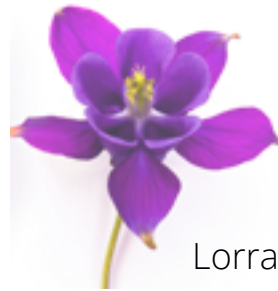

**80% OF ALL STROKES CAN BE PREVENTED**

Maintain a healthy body to have a sharp mind and healthy brain while reducing your risk for stroke and heart disease.

## MAY IS NATIONAL ARTHRITIS AWARENESS MONTH

<h3>OSTEOARTHRITIS</h3> <ul style="list-style-type: none"> <li>Nicknames for OA: "wear and tear arthritis" or "degenerative arthritis".</li> <li>Most common form of arthritis.</li> </ul> <p><b>27,000,000</b> affected people in U.S.</p>	<h3>DEMOGRAPHICS &amp; STATS</h3> <ul style="list-style-type: none"> <li>Arthritis means "joint inflammation"</li> <li>Greek words for joint (arthro) and inflammation (-itis)</li> </ul> <p>Our earliest ancestors were affected (skeletal remains from 4500 b.c. show signs of arthritis)</p>	<h3>RHEUMATOID ARTHRITIS</h3> <ul style="list-style-type: none"> <li>Autoimmune inflammatory form.</li> <li>Primarily attacks joints, but can also damage organs.</li> </ul> <p>Signs and symptoms that are consistent with RA:</p> <p>Earliest symptoms often originate in the</p>
---	---	---

## Thinking of the Families of:

	Celia Barrus	William Brown	Ralph Newell	
	Irene Haisch	Richard Henderson	Doris Gullion	
	Donna Korzendorfer	Donnitta Hall	Lois Duke	
	Lorraine Floyd	Celia Barrus	Connie Schuster	Barbara Hoy

## Dollar of the Month Club

Yes, I would like to support the Cody Senior Center's programs, by joining the Dollar of the Month Club. (\$12.00 per year per member)

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Amount: \_\_\_\_\_

\_\_\_\_ I give my permission to the Cody Senior Citizen's Center to print my name on the Dollar of the Month Club list in the newsletter for as long as I continue my donation.

\_\_\_\_ I wish to remain anonymous.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**CUT OUT AND RETURN TO SENIOR CENTER**

## Forever A Living Memorial

This certificate is for your convenience in making a gift to the Cody Senior Citizens Center in honor or memory of the persons special to you.

The Senior Center provides three different boards to recognize memorials. One board is for donations of \$100.00 or more. The two other boards, one for men and one for women, are donations of \$25.00 or more. Each honoree's name will be engraved on a plaque and placed on the board of your choice. Memorials are recognized by a card to the families of the person you choose to remember, and in our monthly newsletter.

All donations will be used to aid the senior services provided in the center.

Your compassion and support are greatly appreciated.

All gifts are tax deductible.

PLEASE PRINT

Your Name: \_\_\_\_\_

Your Address: \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_

In Memory Of: \_\_\_\_\_

Send Memorial Acknowledgements to

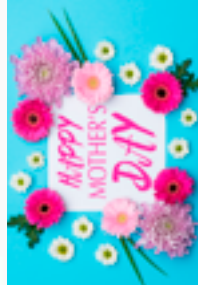

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Thank You's provided by Kay Oeschlager

# May 2021

## MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<p>In accordance with federal law and the U.S. Dept. of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, religion, sex, age, or disability.</p> 	<p>3 BBQ Pork Wheat Bun Macaroni Salad Coleslaw, Chips Banana Nut Muffin Mandarin Oranges</p>	<p>4 Tuna Fish Wheat Bread, Beets Garden Veggie Salad 3-Bean Salad Oatmeal Raisin Cookie Plums w/Topping</p>	<p>5 Taco Salad Refried Beans Spanish Rice Mexican Brownie Peaches</p>	<p>6 Herb Roast Pork Gravy AuGratin Potatoes Peas &amp; Pearl Onions Wheat Roll Granola Bar, Grapes</p>	<p>7 Chicken Fried Steak Mashed Potatoes Carrots &amp; Broccoli Roll, Apple Sunshine Salad</p>
<p>9</p>	<p>10 Ham Baked Sweet Potato Peas Oranges &amp; Pineapple Wheat Roll Banana Split Dessert</p>	<p>11 Fish Sandwich Wheat Bun Wedge Fries 5 Way Veggies Coleslaw, Banana Fruity Jello</p>	<p>12 Meatloaf Mashed Potatoes Baby Carrots Spring Salad, Roll Peanut Butter Cookie Orange</p>	<p>13 Sweet &amp; Sour Chicken, Brown Rice Oriental Veggies Tossed Salad Pineapple Tidbits Chocolate Cake</p>	<p>14 Spaghetti Meat Sauce Green Beans/Almonds Applesauce, Salad Garlic Bread Stick Apricots</p>
<p>16 Hamburger Steak w/Gravy Mashed Potatoes Brussel Sprouts Green Salad/Roll Fruit Pie</p>	<p>17 Sloppy Joes Bun, Steak Fries Sugar Snap Peas Cinnamon Apple Muffin Diced Pears</p>	<p>18 Egg Salad Sandwich on Wheat Carrot/Celery Sticks Roll, Tropical Fruit Chocolate Chip Cake</p>	<p>19 Pork Chop Roasted Potatoes Broccoli/Cauliflower Cottage Cheese w/Peaches, Roll Fruit Crisp</p>	<p>20 Hot Turkey on Wheat Bread Mashed Potatoes Cranberry Sauce Peas, Melon Cup Granola Bar</p>	<p>21 Chicken Alfredo Egg Noodles Green Beans Beets, Wheat Roll Tossed Salad Peaches/Cream</p>
<p>23 Suggested donation \$4.00/meal</p>	<p>24 Hawaiian Chicken Baked Sweet Potato Key Largo Veggies Banana Muffin Tropical Fruit Cup Coconut Macaroon</p>	<p>25 Cheeseburger Bun, Mixed Veggies Lettuce/Tom/Onion Sweet Potato Fries Pineapple &amp; Graham Crackers</p>	<p>26 Meatloaf Scalloped Potatoes Broccoli/Carrots Roll, Plums Tomato Spoon Salad ChocolateChip Cookie</p>	<p>27 Lasagna Sugar Snap Peas Carrots Garlic Stick Tossed Salad Melon Cup</p>	<p>28 Salisbury Steak Mashed Potato/Gravy Asparagus/Wheat Roll Beets &amp; Onions Mandarin Oranges Birthday Cake</p>
<p>30 Menu subject to change without notice.</p>	<p>31</p> 				

# MAY ACTIVITIES

## Monday May 3rd-

Peer Exercise w/Phil: 10:00AM  
Tai-Chi: 5:30PM-6:30PM

## Tuesday May 4th-

Tai-Chi: 9:30AM-10:30AM  
Bridge: 12:30PM-4:00PM

## Wednesday May 5th-

Computer Class @ Library: 9:00AM-10:00AM  
Relaxing Chair Yoga w/Amy: 9:30AM-10:30AM  
Bingo: 12:30PM-1:30PM

## Thursday May 6th-

Crafty Ladies: 9:00AM-11:00AM  
Tai Chi: 9:30AM-10:30AM  
Entertainment w/Hope: 12:00PM  
Bingo: 12:30PM-1:30PM  
Bridge: 12:30PM-4:00PM  
Intermediate Yoga w/Amy: 5:00PM-6:00PM

## Friday May 7th-

Hand and Foot: 9:00AM  
Chair Massage w/Meghan: 9:30AM-11:30AM  
Entertainment w/Carol Tyndall: 12:00PM

## Monday May 10th-

Peer Exercise w/Phil: 10:00AM  
Round Table Health Talk: Health Tips-10:00AM  
Tai Chi: 5:30PM-6:30PM

## Tuesday May 11th-

Tai Chi: 9:30AM-10:30AM  
Bridge: 12:30PM-4:00PM

## Wednesday May 12th-

Computer Class @ Library: 9:00AM-10:00AM  
Relaxing Chair Yoga w/Amy: 9:30AM-10:30AM  
Bingo: 12:30PM-1:30PM  
Pottery (Building w/Clay) w/Shirley Stephens  
@ Art League: 1:00-3:00PM

## Thursday May 13th-

Crafty Ladies: 9:00AM-11:00AM  
Tai Chi: 9:30AM-10:30AM  
Entertainment w/Hope: 12:00PM  
Bingo: 12:30PM-1:30PM  
Bridge: 12:30PM-4:00PM  
Intermediate Yoga w/Amy: 5:00PM-6:00PM

## Friday May 14th-

Hand and Foot: 9:00AM  
Entertainment w/Edie Soltell: 12:00PM

## Monday May 17th-

Peer Exercise w/Phil: 10:00AM  
Art Class Rock Hunting Trip: 9:00-10:00AM  
Tai Chi: 5:30PM-6:30PM

## Tuesday May 18th-

Tai Chi: 9:30AM-10:30AM  
Bridge: 12:30PM-4:00PM

## Wednesday May 19th-

Computer Class @ Library: 9:00AM-10:00AM  
Relaxing Chair Yoga w/Amy: 9:30AM-10:30AM  
Bingo: 12:30PM-1:30PM

## Thursday May 20th-

Crafty Ladies: 9:00AM-11:00AM  
Tai Chi: 9:30AM-10:30AM  
Entertainment w/Hope: 12:00PM  
Bingo: 12:30PM-1:30PM  
Bridge: 12:30PM-4:00PM  
Intermediate Yoga w/Amy: 5:00PM-6:00PM

## Friday May 21st-

Hand and Foot: 9:00AM  
Entertainment w/Carol Wagner: 12:00PM

## Monday May 24th-

Peer Exercise w/Phil: 10:00AM  
Round Table Health Talk: Brain Fitness-10:00AM  
Tai Chi: 5:30PM-6:30PM

## Tuesday May 25th-

Tai Chi: 9:30AM-10:30AM  
Bridge: 12:30PM-4:00PM

## Wednesday May 26th-

Computer Class @ Library: 9:00AM-10:00AM  
Relaxing Chair Yoga w/Amy: 9:30AM-10:30AM  
Bingo: 12:30PM-1:30PM  
Pottery (Glazing) w/Shirley Stephens  
@ Art League: 1:00PM-3:00PM

## Thursday May 27th-

Crafty Ladies: 9:00AM-11:00AM  
Tai Chi: 9:30AM-10:30AM  
Entertainment w/Hope: 12:00PM  
Bingo: 12:30PM-1:30PM  
Bridge: 12:30PM-4:00PM  
Intermediate Yoga w/Amy: 5:00PM-6:00PM

## Friday May 28th-

Hand and Foot: 9:00AM  
Entertainment w/Tim Ward: 12:00PM