

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<div><div>Suggested Donation: \$4.00 for members. \$6.00 for guests.</div><div>Lunch is served 11:30 a.m. - 12:30 p.m.</div><div><div>FEBRUARY 2025</div><div>613 16th St. Cody, WY 82414 307) 587-6221</div></div></div>					
2	3 Cheeseburger on Wheat Bun, Potato Wedges, Cauliflower, Lett/Tom/Onion, Pears Granola Bar	4 Glazed Salmon, Herbed Barley, Peas w/Mint, Garlic Breadstick, Tossed Salad, Tropical Fruit Salad	5 Shredded Beef Taco, Refried Beans, Mexicorn, Coleslaw, Bread Pudding	6 Meatloaf, Mashed/Gravy, Green Beans, Wheat Roll, Cucumbers, Chocolate Pudding	7 Lemon Chicken, Fried Rice, Broccoli, Dinner Roll Ramen Salad, Mini Turnovers
9	10 Pig in a Blanket, Cheesy Hashbrowns, California Blend, Bean Salad, Orange Wedges, Granola Bar	11 Pork Roast, Mashed/Gravy, Asparagus, Carrot Raisin Salad, Banana, Streusel Cake	12 Chicken Reuben Roll-ups, Roasted Potatoes, Green Beans, Rye Bread, Garden Salad, Whipped Gelatin	13 Spaghetti w/Meatsauce, Capri Veggies, Garlic Bread, Marinated Veggies, Chocolate Chip Cookie	14 Chicken Fried Steak, Mashed/Gravy, Carrots, Wheat Roll, Spinach Salad, Apricots
16 Roast Beef, Baked Potato, Chef Cut Veggies, Spring Salad, Pound Cake w/Strawberries	17 Pork Chops, Wild Rice, Roasted Root Veggies, Wheat Bread, Sliced Tomatoes, Peachy Pudding	18 Manicotti w/ Marinara, Peas w/Pearl Onions, Garlic Bread, Cucumber Salad, Grapes, Sugar Cookie	19 Shepherd's Pie, Brussels Sprouts, Wheat Roll, Amish Salad, Melon Cup, Graham Crackers	20 CrispyChicken on Wheat Bun, Potato Wedges, Baked Beans, Garden Salad, Oatmeal Raisin Cookie	21 Turkey Provolone Sub Sandwich, Potato Mac Sld, 3 Bean Salad, Lettuce/Tomato, Mandarins & Pineapple, Pistachio Delight
23	24 Grilled Chicken, Mashed/Gravy, Butternut Squash, Coleslaw, Plums w/Topping	25 Fish n' Chips, Country Veggies, Cottage Cheese, Cantaloupe, Brownies	26 Meatloaf, Mashed/Gravy, Stewed Tomatoes, Wheat Bread, Spinach Mandarin Salad, Fruity Gelatin	27 Creamed Turkey, Brown Rice, Carrots &Broccoli, Wheat Roll, Pickled Beets, Banana Pudding/ Nilla Wafers	28 Chicken Meatballs, Marinara Sauce, Pasta, Italian Veggies, Garlic Breadstick, Garden Salad, Scones



AARP Tax Preparers
Fridays, Feb. 7-Apr. 11
Sign up, please

Memory Cafe
Feb. 13 (second Thursday)
3 - 4 p.m.
Park County Library

Grief Counseling Group
Feb. 10 (Second Monday)
10 a.m.

Intergenerational Group,
Wed., Feb 12, 2 p.m.
Park County Library.

Quilt Guild
Mon. Feb. 24, 5:30 p.m.

Feb. 28 Birthday Friday
12:00 p.m. (During Lunch)
Basket Raffle Drawing

Tai Chi Class
Tuesday and Thursday
9:00 a.m. - 9:45 a.m.
Grizzly Hall - Park County Library



MONDAY

11:00 -11:30 - Chair Exercise with Phil
11:30 - Entertainment with Charlie
12:30- Mexican Train Dominoes
1:00 - Flex & Stretch with Amy for Jr Senior
2/24 - (4th Monday)
Quilt Guild 5:30 - 7:30

TUESDAY

9:00 - 9:45 Tai Chi Beginners Class
9:45 - 10:30 Tai Chi Intermediate Class
(Tai Chi classes at the Park County Library)
9:00 - 11:00 Crafty Ladies
11:00 - Chair Yoga with Amy
12:00 - 4:00 Bridge
2/25 - 11:30-4:00 (Last Tuesday)
Newcomers Game Day

WEDNESDAY

11:00 -11:30 Chair Exercise with Phil
12:30- 1:00 Bingo
1:00 - Flex & Stretch with Amy for Jr Seniors

THURSDAY

9:00 -9:45 Tai Chi Beginners Class
9:45 - 10:30 Tai Chi Intermediate Class
(Tai Chi classes at the Park County Library)
9:00 - 11:00 Crafty Ladies
11:00 - Chair Yoga with Amy
11:30 - Entertainment with Hope
12:00 - 4:00 Bridge
12:30 - 1:00 Bingo
1:00 - Computer Class with Jimmy

FRIDAY

Chair Massage 1st, 3rd & 4th Friday
(2/7 & 2/21 & 28) 9:30 - 11:30
(Please sign up.)
1:00 - Flex & Stretch with Amy for Jr Senior
@Park County Library Grizzly Hall.

Entertainment:
1st (2/7) Lisa Olorenshaw
2nd (2/14) Doug Webb
3rd (2/21) Carol Wagner
4th (2/28) Out To Lunch Band