

Edso News

Everyone's Distancing Socially in Oregon

RESERVATION LINE: (503) 892-3082

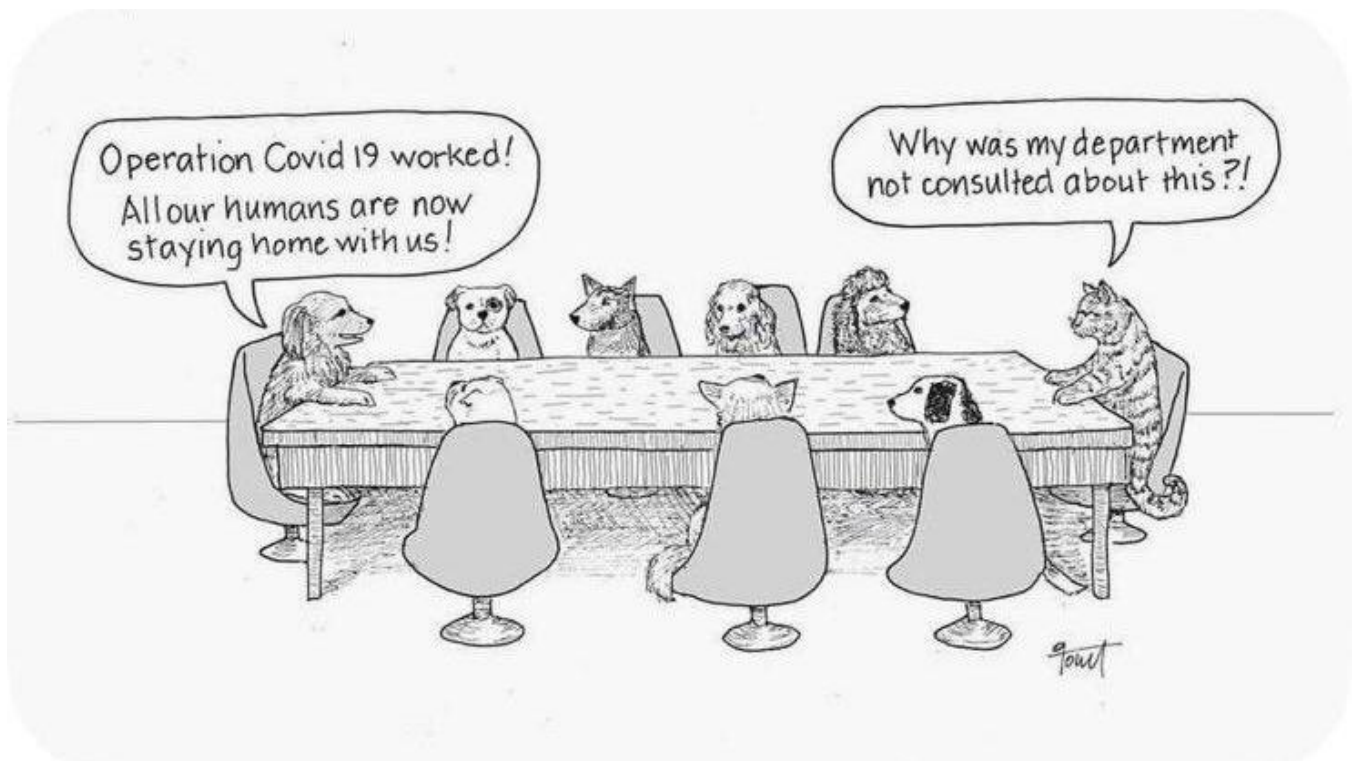
64 SE 171st Ave, Portland OR 97233

WWW.EDSO.INFO

MAY 2020

QUARANTINE ISSUE

Please call our reservation line **(503) 892-3082** to make or cancel reservations for most events. Call by 11:59 pm of the cut-off date. The line is not monitored after the cut-off date. To reserve or cancel an event **after** the cut-off date, please do **not** call the reservation line. Instead, call Ann Stumpf at 503-459-6410 or email her at stumpf@comcast.net. She will notify you of the availability of seats. You are responsible for any restaurant charges for reservations not cancelled before the deadline. If EDSO is charged for your meals, please understand we will need to bill you.



I think that I can speak for all of us in saying that we can see that glimmer of light at the end of the tunnel! I am thrilled to have the little taste of freedom – I was on Interstate 5 this afternoon and the traffic was moving slowly – I thought that I would never say this but ... it felt good! Our golf courses are open again in Washington (know that the courses in Oregon were not forced to close) and loved the sweet sound of golf balls being hit squarely! *BUT* the hairdressers are not open yet!



We are mostly staying home to eat. I have done some cooking and as most of you know, I do *not* cook, do not *like* to cook and do not *have* to cook as Vince does all the cooking and likes to do so. Vince cooks what I call 'clean' meals – a grilled protein and steamed vegetable. I, on the other hand, cook the heavier, more caloric dishes. Lots of fun but with the gyms not open, I'm not getting much exercise to work the calories off.

Our calendar dates for the last 2 months all start with ZOOM - - ZOOM Happy Hours, ZOOM wine tastings, ZOOM MetOpera, ZOOM Broadway Across America, ZOOM with friends, ZOOM with family. Let's cross our fingers (and toes) that before long we can get back together in a restaurant and laugh again over a glass of wine.

Barb and Vince

Susan had a knee replacement operation on March 10th, a week before Oregon shut down dining in restaurants. I spent the next couple of weeks playing nurse and taking her to Physical Therapy. She's improved a bunch and is driving herself to PT twice a week, usually stopping at the grocery store on her way home if we need anything.

I've been enjoying cooking. We've had a few chicken or pork sheet pan meals. Really enjoy the roasted veggies - green beans, potatoes, cauliflower, asparagus, etc. And of course we made banana bread and pulled pork. Our local hamburger place, Canyon Grill, has been doing well with the takeout only regime. We've gotten a number of meals from them. I really want them to still be there when this is over so we've been trying to get food from them about once a week. They have a different dinner special each week night - spaghetti, Dominican chicken, meat loaf, stroganoff, rice bowls, etc. The other place we got takeout was Seasons & Regions - a seafood sampler & a lamb shank. Highly recommended.



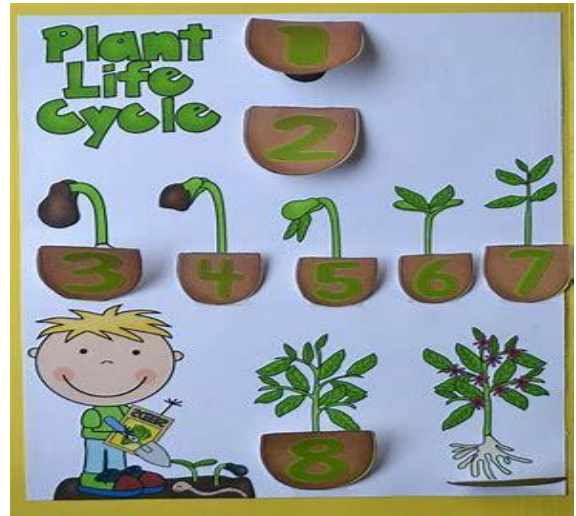
We made a trip out to Stoller Winery to do a drive through wine club pickup and a week ago we went to pick up some plants and hanging baskets near Mollalla. It was nice to get out of the house. Hope we can get opened up safely soon.

Roy & Susan

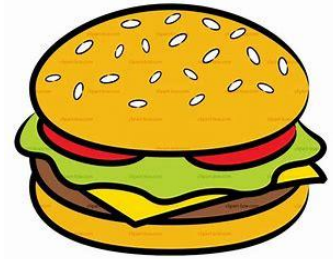
We have been working a lot on our yard-planting grass seed, weeding and transplanting bushes. We get takeout once a week or so-mainly from restaurants or food carts in the Multnomah Village area. We have gone across the river to the east side (flatter there) for walks. We treat ourselves by going to Dairy Queen or Wendy's for a blizzard or Frosty now and then.

It's our new routine and we're living with it, but we really want to get out of town for a bit ASAP.

Greg & Susan



Boy, this all makes Verdigris and Hunan Pearl seem like so long ago and super surreal! Things are fine here in West Linn. I've visited Mike's liquor store on more than one occasion. We celebrate Hamburger Friday with some of the winners being Coasters in the old Oregon City Train Depot, Mike's Drive In and Killer Burger from Downtown with my niece as the Uber Eats person. Two winners I would like to see stay in business are Thai Villa in Wilsonville across from the Wells Fargo and Slick's Big Time BBQ close to Elligsen Rd. Both are excellent at what they do and are making all of this a little more bearable. Well wishes to all of you and know that we WILL get through this and dine again!



Cheers,

Erik & Brooke



The belt on my lawn tractor broke and repair shops will not come to get the equipment, so I ordered a belt. While waiting for the belt, I mowed my two acres with the lawn mower. The lawn mower did all the work, but I got in a 3 1/2 hour walk. Not bad for my age.

We have been eating well at home. We had one take out pizza, from Sunshine Pizza in St. Helens. We highly recommend them.

We both like to cook and we are losing weight. Good ingredients and no enormous restaurant portions.

The meal that José is most proud of was Sea Scallops with sugar snap peas. Delicious.

In February, the New York Times had a section with 24 one pot dishes. I've tried a few of them, but two that stand out are Spiced Chickpea Stew with Coconut and Turmeric and Shrimp Scampi with orzo. A plus is that all the recipes serve 4, so one cooking session is good for two days.

Jack and José



We took this staying-at-home opportunity to finally try out the recipes I'd been cutting out of magazines, newspapers, and on-line and filing away all these years as well as clean out the freezer. So five nights a week we have what we call 'voting' recipes. All three of us, including our 25 year old live-in granddaughter, get to vote on whether we think we should keep the recipe or toss it out and that has been fun. I'm also learning that tastes change and a recipe I found appealing 15 years ago might not have been worth keeping all these years. I've had to remember lessons I grew up with about planning meals because I don't just 'run to the store' anymore, and I've tried to resurrect that old principal of cooking a main dish one

night with an eye on seeing it reappear dressed up as something else a few days later. We have one 'leftovers' night to clear the refrigerator and it's first come, first serve. That means if you don't want another serving of that recipe we tossed out, you'd better eat early.

After I learned our pharmacist had fed his family take-out, I became more confident it was likely safe and we now take turns every Friday choosing a restaurant we want to help survive. We've had great meals from Justa-Pasta (be sure to try the seasonal veggies) and Kung-Pow! (cherry pork is a favorite) in NW Portland, Seasons & Regions (Lexie's favorite fried chicken) and Verde Cocina on Capitol Highway, Vista Springs Cafe on SW Vista (awesome pizza!), Bellagio's Pizza and of course, Outback Steak House because we all love their Victoria filets. Lexie loves Thai food so I suspect that's what we'll be having for our next takeout. We are all looking forward to eating out regularly again, and no one more than I!

Nancy and Ted Foster (former members and remain on the email list!)

Well, like many, I have been using my energy and spare time to clean out and take care of long avoided chores and paperwork. I even rented a storage unit to deal with unwanted stuff. I have now read the stack of books I snatched last minute at the library and have resorted to buying books! Grateful to Zoom for classes, exercise, book group, and visits. Love metopera.org nightly broadcasts. Lots of wonderful walks in LO. Jim and I have been doing weekly dining-in from Bugatti's. Recommend! I spent 10 days minding my grandkids in Atlanta when this all started. Parents in public health. An eerie trip home. Jim is an interested and talented cook and I "help". We are missing our social activities and volunteering with kids but hanging in there.



Best to all.

Thanks to Natalie and to Greg for agreeing to send former member Ed Aas a note. I am sorry to say, Ed has become much worse, according to his son, and will need a higher level of care. Salud, everyone.

Noreen and Jim

We have been hiding at home like most of Oregon. Eventually, we started ordering home deliveries from Costco and Fred Meyer's.



Fred Meyer's has a new Indian inspired, Private Selection, Small Batch, Tikka Masala simmer sauce. It's only \$2.99 a jar. Brown some chicken, chop up some onion, red pepper and anything you think would taste good. Serve over a bed of rice. You just made several meals in one pot.

Another easy meal is cooking a pound of uncooked medium shrimp in half butter / half margarine. Give a heavy sprinkle of yellow curry on both sides of the shrimp as you cook them. Prepare a box of chicken flavored Rice-a-Roni before cooking the shrimp. Divide the rice between four bowls. Divide the shrimp, over the rice. If there is any leftover melted butter in the pan, pour it over the shrimp and rice.

Gerard's birthday was April 30th. We ordered online from The Olive Garden and a Sour Cream Lemon pie from Shari's. Both places were non-contact and very quick and easy. To top the day off, I had a face to face Zoom meeting with movie and TV star Reggie Lee, who I got to work with on GRIMM, and he sang Happy Birthday to me.

So, it's just been the same old thing day after day. Stay home,,, Stay safe.

Gerard and Virginia

The world has changed and here we all are staying home, only going out to forage for provisions, or to drive around looking at the rhodies and dogwoods, which are glorious, by the way. (They don't know about the virus or lockdown.) Netflix and Amazon movies are important now and we binge on series we hadn't watched before, but now seem to be everyone's favorites. Ann has used her time to add to her family tree on ancestry.com. Some sporadic deep cleaning has also happened, and reading some books we had put off. We have tried some new recipes and cooking is now our hobby. Eating out means curbside pickup of restaurant meals and we've done that a few times. We gathered with our West Linn kids for Easter and will see them again on Mother's Day. Facetime and Zoom are how we visit our other kids and friends. We are enjoying the splendid views from our new downtown digs, and when this is over, we hope to have you over for a visit. Our Alaska cruise planned for July was cancelled because of COVID-19.



Hope this finds all our EDSO friends well and not too bored sheltering in place. Hope to meet again soon at a great restaurant with y'all.

Wayne and Ann Stumpf

I have started doing Zumba via Zoom twice a week. It's led by my sister in law who lives in Tacoma. I also have been oil painting at home. Usually I go to a friend's studio and carry all my gear there. I usually don't get a whole lot done, but I have been more productive at home. I miss the critique and suggestions though.



I've managed to go to the grocery store every two weeks and have been preparing my meals.

Getting ready for summer by planting flower baskets and preparing the vegetable garden beds. I've been reading and watching lots of TV. Have recently discovered Alton Brown's Quarantine Quitchen on YouTube which features his wife Elizabeth and their dogs at home preparing a meal - Tuesday at 4pm. Also, John Krasinski on *Some Good News* - which is delightful. He has managed to get other celebrities to participate - from Prom to Hamilton events. It'll put a smile on your face.

Natalie

Thanks to everyone who contributed!

