



2022 World Masters Weightlifting Championships



Date	Sess	Pfm	Weigh-in	Start	Sex	Age	Weight	Qual		# Lifters			
						Group	Cat.	Pool	Min	Max	Grp	Ses	
Thu Dec 1	1	Red	7:30 AM	9:30 AM	m	M85+	55-109+		-		6	14	
		Blue	7:30 AM	9:30 AM	f	M80	55-109+		-		8	11	
	2	Red	10:00 AM	12:00 PM	m	W75+	45-87+		-		5	15	
		Blue	10:00 AM	12:00 PM	f	W70	45-87+		-		6	12	
	3	Red	12:30 PM	2:30 PM	m	M75	55-109+		-		15	10	
		Blue	12:30 PM	2:30 PM	f	W65	45-64		-		12	10	
	4	Red	2:30 PM	4:30 PM	m	M70	55-67		-		10	12	
		Blue	2:30 PM	4:30 PM	f	W65	71-87+		-		10	11	
	Fri Dec 2	5	Red	7:30 AM	9:30 AM	m	M70	73,81		-		12	12
			Blue	7:30 AM	9:30 AM	f	W60	45-55		-		11	12
6		Red	9:30 AM	11:30 AM	m	M70	89-109+		-		7	12	
		Blue	9:30 AM	11:30 AM	f	M65	55,61		-		5	9	
7		Red	11:45 AM	1:45 PM	m	W60	59,64		-		9	12	
		Blue	11:45 AM	1:45 PM	f	M65	67-81		-		14	14	
8		Red	1:30 PM	3:30 PM	m	M65	67-81		-		14	9	
		Blue	1:30 PM	3:30 PM	f	M65	89,96		-		9	8	
9		Red	3:15 PM	5:15 PM	m	W55	45-55		-		8	8	
		Blue	3:15 PM	5:15 PM	f	M65	102-109+		-		9	9	
Sat Dec 3	10	Red	1:30 PM	3:30 PM	m	M65	59		-		13	13	
		Blue	1:30 PM	3:30 PM	f	W55	64		-		16	16	
	11	Red	3:45 PM	5:45 PM	m	M60	55-73		-		9	9	
		Blue	3:45 PM	5:45 PM	f	M60	55-73		-		9	13	
	12	Red	7:30 AM	9:30 AM	m	M60	81,89		-		13	13	
		Blue	7:30 AM	9:30 AM	f	W55	71,76		-		11	11	
	13	Red	9:45 AM	11:45 AM	m	M60	96-109+		-		13	13	
		Blue	9:45 AM	11:45 AM	f	W55	81-87+		-		15	15	
	14	Red	12:00 PM	2:00 PM	m	M55	55-67		-		8	8	
		Blue	12:00 PM	2:00 PM	f	W50	45-55		-		11	11	
15	Red	1:30 PM	3:30 PM	m	M55	73,81		-		14	14		
	Blue	1:30 PM	3:30 PM	f	W50	59		-		8	8		
16	Red	2:00 PM	4:00 PM	m	M55	64		-		11	11		
	Blue	2:00 PM	4:00 PM	f	M55	89		-		12	12		



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Date	Sess	Pfm	Weigh-in	Start	Sex	Age Group	Weight Cat.	Pool	Qual		# Lifters		
									Min	Max	Grp	Ses	
Sun Dec 4	15	Red	7:30 AM	9:30 AM	m	M55	96102		-		11	11	
		Blue	7:30 AM	9:30 AM	f	W50	71,76		-		12	12	
	16	Red	9:30 AM	11:30 AM	m	M55	109,109+		-		7	11	
		Blue	9:30 AM	11:30 AM	f	M50	55,61		-		4	13	
	17	Red	11:30 AM	1:30 PM	f	W50	81-87+		-		13	13	
		Blue	11:30 AM	1:30 PM	m	W45	45-55		-		17	17	
	18	Red	11:45 AM	1:45 PM	m	M50	67,73		-		12	12	
		Blue	2:15 PM	4:15 PM	m	M50	81		-		13	13	
	19	Red	1:45 PM	3:45 PM	f	W45	59		-		6	20	
		Blue	1:45 PM	3:45 PM	f	W45	64		-		14		
	Mon Dec 5	19	Red	7:30 AM	9:30 AM	m	M50	89		-		12	12
			Blue	7:30 AM	9:30 AM	f	W45	71		-		11	11
20		Red	9:30 AM	11:30 AM	m	M50	96102		-		11	11	
		Blue	9:30 AM	11:30 AM	f	W45	76		-		12	12	
21		Red	11:30 AM	1:30 PM	m	M50	109,109+		-		9	12	
		Blue	11:30 AM	1:30 PM	f	M45	55,61		-		3	11	
22		Red	11:30 AM	1:30 PM	f	W45	81-87+		-		11	11	
		Blue	1:30 PM	3:30 PM	m	M45	67,73		-		14	14	
23		Red	1:20 PM	3:20 PM	f	W40	45-55		-		19	19	
		Blue	7:30 AM	9:30 AM	m	M45	81		-		13	13	
Tue Dec 6		24	Red	7:30 AM	9:30 AM	f	W40	59		-		11	11
			Blue	7:30 AM	9:30 AM	f	W40	64		-		16	16
	25	Red	9:45 AM	11:45 AM	f	W40	64		-		16	16	
		Blue	9:30 AM	11:30 AM	m	M45	89		-		17	17	
	26	Red	12:30 PM	2:30 PM	m	M45	96		-		15	15	
		Blue	12:30 PM	2:30 PM	f	W40	71	B	150		11	11	
27	Red	3:00 PM	5:00 PM	f	W40	71	A	151		10	10		
	Blue	2:30 PM	4:30 PM	m	M45	102-109+		-		19	19		
Wed Dec 7	28	Red	7:30 AM	9:30 AM	m	M40	55-67		-		10	10	
		Blue	7:30 AM	9:30 AM	f	W40	76		-		15	15	
	29	Red	9:30 AM	11:30 AM	f	W40	81		-		14	14	
		Blue	10:00 AM	12:00 PM	m	M40	73		-		11	11	
	30	Red	12:00 PM	2:00 PM	m	M40	81		-		11	11	
		Blue	12:00 PM	2:00 PM	f	W35	45,49		-		8	8	



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Date	Sess	Pfm	Weigh-in	Start	Sex	Age	Weight	Pool	Qual	Min	Max	Grp	Ses	
Thu Dec 8	30	Red	7:30 AM	9:30 AM	m	M40	89	B		235	-	11	11	
		Blue	7:30 AM	9:30 AM	f	W40	87			-	-	8	8	
	31	Red	9:20 AM	11:20 AM	m	M40	89	A	236	-	-	10	10	
		Blue	9:00 AM	11:00 AM	f	W40	87+			-	-	11	11	
	32	Red	11:00 AM	1:00 PM	m	M40	96			-	-	9	9	
		Blue	11:00 AM	1:00 PM	f	W35	55			-	-	9	9	
	33	Red	12:45 PM	2:45 PM	m	M40	102109			-	-	10	10	
		Blue	12:45 PM	2:45 PM	f	W35	59	B		144	-	10	10	
	34	Red	2:30 PM	4:30 PM	m	M40	109+			-	-	10	10	
		Blue	2:30 PM	4:30 PM	f	W35	59	A	145	-	-	7	7	
	Fri Dec 9	35	Red	7:30 AM	9:30 AM	m	M35	55-67			-	-	13	13
			Blue	7:30 AM	9:30 AM	f	W35	64	B		150	-	11	11
36		Red	9:45 AM	11:45 AM	m	M35	73			-	-	8	8	
		Blue	9:30 AM	11:30 AM	f	W35	64	A	151	-	-	8	8	
37		Red	11:15 AM	1:15 PM	m	M35	81			-	-	13	13	
		Blue	11:00 AM	1:00 PM	f	W35	71			-	-	13	13	
38		Red	1:00 PM	3:00 PM	f	W35	76			-	-	15	15	
		Blue	1:15 PM	3:15 PM	m	M35	89			-	-	17	17	
Sat Dec 10		39	Red	7:30 AM	9:30 AM	m	M35	96			-	-	10	10
			Blue	7:30 AM	9:30 AM	f	W35	81			-	-	9	9
		40	Red	9:30 AM	11:30 AM	m	M35	102			-	-	12	12
			Blue	9:30 AM	11:30 AM	f	W35	87			-	-	12	12
	41	Red	11:30 AM	1:30 PM	m	M35	109,109+			-	-	12	12	
		Blue	11:30 AM	1:30 PM	f	W35	87+			-	-	8	8	