

## **2025 Pan American Masters Weightlifting Championships**

**Baton Rouge, Louisiana**

**May 14 – 18, 2025, 2025**

### **Events / Tours for Athletes, Coaches, Family, Friends**

**Join fellow teammates or newfound friends in these group tours and events!**



#### **[Baton Rouge Scavenger Hunt](#)**

**May 14, 2025**

Explore Baton Rouge solo or with your crew while completing Baton Rouge-themed photo challenges, personalized trivia, and more. Can you or your crew score the most points and make it to the top of our scavenger hunt leaderboard? The person or team with the highest score wins a prize package.



#### **[Baton Rouge to New Orleans \(Transfer\)](#)**

**May 15, 2025**

Are looking for vibrant culture, delicious food, and unforgettable experiences outside the competition location? Then look no further! Our convenient and comfortable coach transfer from Baton Rouge to New Orleans is your gateway to a world of excitement. Imagine leaving Baton Rouge behind and settling into a relaxing ride as the Louisiana landscape unfolds before you. No need to worry about navigating traffic, finding parking, or the stress of driving. Just sit back, relax, and let us handle the journey while you anticipate the wonders that await you in New Orleans. New Orleans is a city unlike any other. From the pulsating rhythms of jazz spilling out onto the streets of the French Quarter to the tantalizing aromas of Creole cuisine wafting from world-class restaurants, the city is a feast for the senses. Explore iconic landmarks like Jackson Square and St. Louis Cathedral. Wander through the historic Garden District, admiring the stunning architecture of antebellum mansions. Indulge in the city's legendary nightlife, from intimate jazz clubs to lively bars on Bourbon Street.



#### **[Experience Authentic Louisiana: Oak Alley Plantation, Cajun Flavors, and Swamp Adventures from Baton Rouge](#)**

**May 16, 2025**

Escape the city and immerse yourself in the rich history and natural beauty of Louisiana with our comprehensive tour departing from Baton Rouge. This full-day adventure combines the grandeur of [Oak Alley Plantation](#), the savory delights of Cajun cuisine at lunch, and the mysterious allure of a Louisiana swamp. Begin your journey with a captivating visit to Oak Alley Plantation, a National Historic Landmark renowned for its stunning alley of 300-year-old oak trees. Take a guided tour of the meticulously preserved

antebellum mansion and learn about the lives of the families who lived and worked on the plantation, uncovering the complex history of this iconic landmark. Explore the grounds, admire the architecture, and capture breathtaking photos of the majestic oak alley. Prepare for an unforgettable adventure into the mysterious world of the Louisiana swamp. Lastly, our guided swamp tour takes you through the bayous, where you'll encounter alligators, turtles, birds, and other fascinating wildlife in their natural habitat. Learn about the unique ecosystem of the swamp and the importance of its conservation.

### **Unleash Your Olympic Weightlifting Dreams with Expert Travel Planning**

Are you a masters athlete planning to attend the Pan American Masters Weightlifting Championships? Navigating travel logistics can be stressful and time-consuming, taking away from your focus and training for the event.

Let a dedicated travel agent specializing in sports travel and leisure vacations handle the details. We offer:

- **Customized Travel Packages:** Tailored to your specific needs and budget.
- **Accommodation Expertise:** Finding the best hotels and Airbnb's near the competition venue.
- **Seamless Transportation:** Arranging flights, ground transfers, and local transportation.
- **Competition Insights:** Providing valuable information about the event schedule and location.
- **Vacation Add-ons:** Arranging various day tours, events and attractions in your competition location pre or post event.

Focus on the lift, not the logistics. Contact us today for a free consultation and let us help you plan an unforgettable Olympic Weightlifting competition and vacation experience! You can reach Nalani Perry, Travel Agent at [nalani.perry@envoyage.ca](mailto:nalani.perry@envoyage.ca) or <http://www.travelaltitude.ca>.