

**HOWARD COHEN AMERICAN MASTERS RECORDS - MEN****November 13, 2023****AGE GROUP: 35 - 39****M35**

<b><u>WEIGHT</u></b> <b><u>CLASS</u></b>	<b><u>LIFTER</u></b>	<b><u>HOMETOWN</u></b>	<b><u>KG</u></b>	<b><u>DATE</u></b> <b><u>SET</u></b>	<b><u>MEET SITE</u></b>
<b>SNATCH</b>					
55					
61	Jason WINDLEY	Irmo, SC	76.0	11/4/18	Salt Lake City, UT
67	Zachary CHAVEZ	Mead, CO	101.0	11/11/23	Lebanon, TN
73	Sun CHANG	Boise, ID	107.0	11/4/18	Salt Lake City, UT
81	Michael BROWN	Lexington, KY	122.0	11/11/23	Lebanon, TN
89	Christopher DOUGLAS	Mountlake Terrace, WA	125.0	11/17/19	Seattle, WA
96	Brian SMARSH	Goddard, KS	140.0	11/11/23	Lebanon, TN
102	Caleb JOHNSON	San Carlos, CA	144.0	11/7/21	Reno, NV
109	Jason KRISTAL	San Rafael, CA	137.0	11/4/18	Salt Lake City, UT
+109	Kyle WILP	Seymour, IN	128.0	11/11/23	Lebanon, TN

**CLEAN & JERK**

55					
61	Jason WINDLEY	Irmo, SC	106.0	11/4/18	Salt Lake City, UT
67	Zachary CHAVEZ	Mead, CO	132.0	11/11/23	Lebanon, TN
73	Sun CHANG	Boise, ID	134.0	11/4/18	Salt Lake City, UT
81	Thomas MORGA	Gilbert, AZ	161.0	11/17/19	Seattle, WA
89	Christopher DOUGLAS	Mountlake Terrace, WA	150.0	11/17/19	Seattle, WA
96	Brian SMARSH	Goddard, KS	170.0	11/11/23	Lebanon, TN
102	Caleb JOHNSON	San Carlos, CA	170.0	8/14/22	Baton Rouge, LA
109	Noah OTTENSTEIN	Hamden, CT	161.0	11/11/23	Lebanon, TN
+109	Kyle WILP	Seymour, IN	180.0	11/11/23	Lebanon, TN

**TOTAL**

55					
61	Jason WINDLEY	Irmo, SC	182.0	11/4/18	Salt Lake City, UT
67	Zachary CHAVEZ	Mead, CO	233.0	11/11/23	Lebanon, TN
73	Sun CHANG	Boise, ID	241.0	11/4/18	Salt Lake City, UT
81	Thomas MORGA	Gilbert, AZ	282.0	11/17/19	Seattle, WA
89	Christopher DOUGLAS	Mountlake Terrace, WA	275.0	11/17/19	Seattle, WA
96	Brian SMARSH	Goddard, KS	310.0	11/11/23	Lebanon, TN
102	Caleb JOHNSON	San Carlos, CA	308.0	8/14/22	Baton Rouge, LA
109	Jason KRISTAL	San Rafael, CA	288.0	11/4/18	Salt Lake City, UT
+109	Kyle WILP	Seymour, IN	308.0	11/11/23	Lebanon, TN

**HOWARD COHEN AMERICAN MASTERS RECORDS - MEN****November 13, 2023****AGE GROUP: 40 - 44****M40**

<b><u>WEIGHT CLASS</u></b>	<b><u>LIFTER</u></b>	<b><u>HOMETOWN</u></b>	<b><u>KG</u></b>	<b><u>DATE SET</u></b>	<b><u>MEET SITE</u></b>
<b>SNATCH</b>					
55					
61					
67	Henry BROWER	Ellabell, GA	105.0	11/11/23	Lebanon, TN
73	Chad VAUGHN	Temple, TX	119.0	8/12/22	Baton Rouge, LA
81	Christopher DOUGLAS	Mountlake Terrace, WA	120.0	8/12/22	Baton Rouge, LA
89	Kevin ZYBACH	Glade Park, CO	117.0	11/3/18	Salt Lake City, UT
96	Daniel LEE	Kalispell, MT	115.0	11/3/18	Salt Lake City, UT
102	Jared COON	Pawcatuck, RI	135.0	8/13/22	Baton Rouge, LA
109	David ETHIER	Canterbury, CT	140.0	11/11/23	Lebanon, TN
+109	Sigfredo RIVERA	Massapequa, NY	122.0	11/11/23	Lebanon, TN

**CLEAN & JERK**

55					
61					
67	Henry BROWER	Ellabell, GA	127.0	11/11/23	Lebanon, TN
73	Chad VAUGHN	Temple, TX	147.0	8/12/22	Baton Rouge, LA
81	Christopher DOUGLAS	Mountlake Terrace, WA	151.0	8/12/22	Baton Rouge, LA
89	Adam YOUNG	Portland, OR	143.0	11/6/21	Reno, NV
96	Daniel LEE	Kalispell, MT	145.0	11/3/18	Salt Lake City, UT
102	Jared COON	Pawcatuck, RI	166.0	8/13/22	Baton Rouge, LA
109	David ETHIER	Canterbury, CT	172.0	11/11/23	Lebanon, TN
+109	Sigfredo RIVERA	Massapequa, NY	161.0	11/11/23	Lebanon, TN

**TOTAL**

55					
61					
67	Henry BROWER	Ellabell, GA	232.0	11/11/23	Lebanon, TN
73	Chad VAUGHN	Temple, TX	266.0	8/12/22	Baton Rouge, LA
81	Christopher DOUGLAS	Mountlake Terrace, WA	271.0	8/12/22	Baton Rouge, LA
89	Kevin ZYBACH	Glade Park, CO	257.0	11/3/18	Salt Lake City, UT
96	Daniel LEE	Kalispell, MT	260.0	11/3/18	Salt Lake City, UT
102	Jared COON	Pawcatuck, RI	301.0	8/13/22	Baton Rouge, LA
109	David ETHIER	Canterbury, CT	312.0	11/11/23	Lebanon, TN
+109	Sigfredo RIVERA	Massapequa, NY	283.0	11/11/23	Lebanon, TN

**HOWARD COHEN AMERICAN MASTERS RECORDS - MEN****November 13, 2023****AGE GROUP: 45 - 49****M45**

<b><u>WEIGHT</u></b> <b><u>CLASS</u></b>	<b><u>LIFTER</u></b>	<b><u>HOMETOWN</u></b>	<b><u>KG</u></b>	<b><u>DATE</u></b> <b><u>SET</u></b>	<b><u>MEET SITE</u></b>
<b>SNATCH</b>					
55					
61	Herford SOUTHWOOD	Jacksonville, FL	75.0	11/14/20	Savannah, GA
67	Eric BRAMWELL	Queen Creek, AZ	84.0	11/3/18	Salt Lake City, UT
73	Reginlad MAYS	Richmond, VA	91.0	8/12/22	Baton Rouge, LA
81	Matt BLANKENSHIP	Maryville, TN	120.0	8/12/22	Baton Rouge, LA
89	Billy AGUILAR	Draper, UT	100.0	11/16/19	Seattle, WA
96	Eric AMMON	Havelock, NC	104.0	11/11/23	Lebanon, TN
102	Brett ANDRUS	Voorheesville, NY	112.0	11/16/19	Seattle, WA
109	Merlin CASTILLO	Antioch, TN	116.0	11/11/23	Lebanon, TN
+109	Donald CABRAL	Oregon City, OR	115.0	8/12/22	Baton Rouge, LA

**CLEAN & JERK**

55					
61	Herford SOUTHWOOD	Jacksonville, FL	95.0	11/14/20	Savannah, GA
67	Eric BRAMWELL	Queen Creek, AZ	107.0	11/3/18	Salt Lake City, UT
73	Ronald RHEA	Jersey City, NJ	113.0	8/12/22	Baton Rouge, LA
81	Matt BLANKENSHIP	Maryville, TN	135.0	8/12/22	Baton Rouge, LA
89	Frederick FABIAN	Portland, OR	130.0	8/12/22	Baton Rouge, LA
96	Eric AMMON	Havelock, NC	138.0	11/11/23	Lebanon, TN
102	Doug CLOUSE	Chandler, AZ	135.0	11/3/18	Salt Lake City, UT
109	Brett ANDRUS	Voorheesville, NY	143.0	8/12/22	Baton Rouge, LA
+109	Eric SHELANGOSKI	Solon, IA	143.0	11/3/18	Salt Lake City, UT

**TOTAL**

55					
61	Herford SOUTHWOOD	Jacksonville, FL	170.0	11/14/20	Savannah, GA
67	Eric BRAMWELL	Queen Creek, AZ	191.0	11/3/18	Salt Lake City, UT
73	Ronald RHEA	Jersey City, NJ	203.0	8/12/22	Baton Rouge, LA
81	Matt BLANKENSHIP	Maryville, TN	255.0	8/12/22	Baton Rouge, LA
89	Marcus WHITE	Washington, DC	228.0	11/6/21	Reno, NV
96	Eric AMMON	Havelock, NC	242.0	11/11/23	Lebanon, TN
102	Brett ANDRUS	Voorheesville, NY	246.0	11/16/19	Seattle, WA
109	Brett ANDRUS	Voorheesville, NY	258.0	8/12/22	Baton Rouge, LA
+109	Donald CABRAL	Oregon City, OR	255.0	8/12/22	Baton Rouge, LA

**HOWARD COHEN AMERICAN MASTERS RECORDS - MEN****November 13, 2023****AGE GROUP: 50 - 54****M50**

<b><u>WEIGHT</u></b> <b><u>CLASS</u></b>	<b><u>LIFTER</u></b>	<b><u>HOMETOWN</u></b>	<b><u>KG</u></b>	<b><u>DATE</u></b> <b><u>SET</u></b>	<b><u>MEET SITE</u></b>
<b>SNATCH</b>					
55	Eric KUPPERSTEIN	Cohasset, MA	55.0	11/14/20	Savannah, GA
61	Pablo ROMAN	Fort Lauderdale, FL	88.0	11/14/20	Savannah, GA
67	Chris FOLLENIUS	Gainesville, FL	80.0	11/14/20	Savannah, GA
73	Osman MANZANARES	Nashville, TN	90.0	11/15/19	Seattle, WA
81	Jorge REYES	Los Angeles, CA	95.0	11/3/18	Salt Lake City, UT
89	Robert ARROYO	Olympia, WA	113.0	8/11/22	Baton Rouge, LA
96	Robert ARROYO	Olympia, WA	116.0	11/15/19	Seattle, WA
102	Stephen NICHOLLS	Owassa, OK	110.0	11/10/23	Lebanon, TN
109	Doug CLOUSE	Chandler, AZ	122.0	11/10/23	Lebanon, TN
+109	James MALONE	Astoria, NY	103.0	11/3/18	Salt Lake City, UT

**CLEAN & JERK**

55	Eric KUPPERSTEIN	Cohasset, MA	71.0	11/14/20	Savannah, GA
61	Pablo ROMAN	Fort Lauderdale, FL	107.0	11/14/20	Savannah, GA
67	Chris FOLLENIUS	Gainesville, FL	108.0	11/14/20	Savannah, GA
73	Reginald MAYS	Richmond, VA	111.0	11/10/23	Lebanon, TN
81	Jorge REYES	Los Angeles, CA	125.0	11/3/18	Salt Lake City, UT
89	Robert ARROYO	Olympia, WA	131.0	8/11/22	Baton Rouge, LA
96	Robert ARROYO	Lacey, WA	143.0	11/3/18	Salt Lake City, UT
102	Don BELL	Aberdeen, WA	134.0	11/15/19	Seattle, WA
109	Doug CLOUSE	Chandler, AZ	143.0	11/10/23	Lebanon, TN
+109	Tony KEELER	Boca Raton, FL	125.0	11/10/23	Lebanon, TN

**TOTAL**

55	Eric KUPPERSTEIN	Cohasset, MA	126.0	11/14/20	Savannah, GA
61	Pablo ROMAN	Fort Lauderdale, FL	195.0	11/14/20	Savannah, GA
67	Chris FOLLENIUS	Gainesville, FL	188.0	11/14/20	Savannah, GA
73	Reginald MAYS	Richmond, VA	201.0	11/10/23	Lebanon, TN
81	Jorge REYES	Los Angeles, CA	220.0	11/3/18	Salt Lake City, UT
89	Robert ARROYO	Olympia, WA	244.0	8/11/22	Baton Rouge, LA
96	Robert ARROYO	Lacey, WA	256.0	11/3/18	Salt Lake City, UT
102	Stephen NICHOLLS	Owassa, OK	235.0	11/10/23	Lebanon, TN
109	Doug CLOUSE	Chandler, AZ	265.0	11/10/23	Lebanon, TN
+109	Tony KEELER	Boca Raton, FL	220.0	11/10/23	Lebanon, TN

**HOWARD COHEN AMERICAN MASTERS RECORDS - MEN****November 13, 2023****AGE GROUP: 55 - 59****M55**

<b><u>WEIGHT CLASS</u></b>	<b><u>LIFTER</u></b>	<b><u>HOMETOWN</u></b>	<b><u>KG</u></b>	<b><u>DATE SET</u></b>	<b><u>MEET SITE</u></b>
<b>SNATCH</b>					
55	Eric KUPPERSTEIN	Cohasset, MA	51.0	11/5/21	Reno, NV
61					
67	Eric LUMPKIN	Fairview, OR	55.0	11/15/19	Seattle, WA
73	Fernando CHAVIANO	Orlando, FL	91.0	11/10/23	Lebanon, TN
81	Osman MANZANARES	Nashville, TN	89.0	11/10/23	Lebanon, TN
89	Noel HERNANDEZ	Tampa, FL	101.0	11/3/18	Salt Lake City, UT
96	Robert ARROYO	Olympia, WA	110.0	11/10/23	Lebanon, TN
102	Noel HERNANDEZ	Tampa, FL	91.0	11/5/21	Reno, NV
109	James STROCH	Elmira, NY	85.0	11/10/23	Lebanon, TN
+109	Rick BUCINELL	Burke, VA	121.0	11/5/21	Reno, NV
<b>CLEAN &amp; JERK</b>					
55	Eric KUPPERSTEIN	Cohasset, MA	66.0	11/5/21	Reno, NV
61					
67	Eric LUMPKIN	Fairview, OR	78.0	11/15/19	Seattle, WA
73	Fernando CHAVIANO	Orlando, FL	120.0	11/10/23	Lebanon, TN
81	Richard CONDON	Gardiner, NY	108.0	11/15/19	Seattle, WA
89	Noel HERNANDEZ	Tampa, FL	125.0	11/3/18	Salt Lake City, UT
96	Robert ARROYO	Olympia, WA	131.0	11/10/23	Lebanon, TN
102	Noel HERNANDEZ	Tampa, FL	125.0	11/5/21	Reno, NV
109	James STROCH	Elmira, NY	105.0	11/10/23	Lebanon, TN
+109	Rick BUCINELL	Burke, VA	150.0	11/5/21	Reno, NV
<b>TOTAL</b>					
55	Eric KUPPERSTEIN	Cohasset, MA	117.0	11/5/21	Reno, NV
61					
67	Eric LUMPKIN	Fairview, OR	133.0	11/15/19	Seattle, WA
73	Fernando CHAVIANO	Orlando, FL	211.0	11/10/23	Lebanon, TN
81	Richard CONDON	Gardiner, NY	196.0	11/15/19	Seattle, WA
89	Noel HERNANDEZ	Tampa, FL	226.0	11/3/18	Salt Lake City, UT
96	Robert ARROYO	Olympia, WA	241.0	11/10/23	Lebanon, TN
102	Noel HERNANDEZ	Tampa, FL	216.0	11/5/21	Reno, NV
109	James STROCH	Elmira, NY	190.0	11/10/23	Lebanon, TN
+109	Rick BUCINELL	Burke, VA	271.0	11/5/21	Reno, NV

**HOWARD COHEN AMERICAN MASTERS RECORDS - MEN****November 13, 2023****AGE GROUP: 60 - 64****M60**

<b><u>WEIGHT CLASS</u></b>	<b><u>LIFTER</u></b>	<b><u>HOMETOWN</u></b>	<b><u>KG</u></b>	<b><u>DATE SET</u></b>	<b><u>MEET SITE</u></b>
<b>SNATCH</b>					
55					
61	Steven MEIS	Milford, CT	53.0	11/9/23	Lebanon, TN
67	Barry MYERS	Raleigh, NC	76.0	11/14/19	Seattle, WA
73	Frank PINHEIRO	Cornelius, NC	75.0	11/13/20	Savannah, GA
81	Jose RUIZ	Hollywood, FL	83.0	11/13/20	Savannah, GA
89	Stephen POWELL	Chicopee, MA	81.0	8/11/22	Baton Rouge, LA
96	Noel HERNANDEZ	Tampa, FL	92.0	8/11/22	Baton Rouge, LA
102	Allen YATES	Boone, NC	84.0	8/11/22	Baton Rouge, LA
109	Michael COHEN	Savannah, GA	86.0	11/2/18	Salt Lake City, UT
+109	Mike HIGGINS	Chandler, AZ	102.0	11/10/23	Lebanon, TN

**CLEAN & JERK**

55					
61	Steven MEIS	Milford, CT	76.0	11/9/23	Lebanon, TN
67	Barry MYERS	Raleigh, NC	87.0	11/13/20	Savannah, GA
73	Frank PINHEIRO	Cornelius, NC	100.0	11/13/20	Savannah, GA
81	Kent NEUERBURG	Hammond, LA	108.0	8/11/22	Baton Rouge, LA
89	Stephen POWELL	Chicopee, MA	99.0	8/11/22	Baton Rouge, LA
96	Noel HERNANDEZ	Tampa, FL	124.0	8/11/22	Baton Rouge, LA
102	Allen YATES	Boone, NC	108.0	8/11/22	Baton Rouge, LA
109	Michael COHEN	Savannah, GA	105.0	11/2/18	Salt Lake City, UT
+109	Mike HIGGINS	Chandler, AZ	120.0	11/10/23	Lebanon, TN

**TOTAL**

55					
61	Steven MEIS	Milford, CT	129.0	11/9/23	Lebanon, TN
67	Barry MYERS	Raleigh, NC	162.0	11/14/19	Seattle, WA
73	Frank PINHEIRO	Cornelius, NC	175.0	11/13/20	Savannah, GA
81	Kent NEUERBURG	Hammond, LA	182.0	8/11/22	Baton Rouge, LA
89	Stephen POWELL	Chicopee, MA	180.0	8/11/22	Baton Rouge, LA
96	Noel HERNANDEZ	Tampa, FL	216.0	8/11/22	Baton Rouge, LA
102	Allen YATES	Boone, NC	192.0	8/11/22	Baton Rouge, LA
109	Michael COHEN	Savannah, GA	191.0	11/2/18	Salt Lake City, UT
+109	Mike HIGGINS	Chandler, AZ	222.0	11/10/23	Lebanon, TN

**HOWARD COHEN AMERICAN MASTERS RECORDS - MEN****November 13, 2023****AGE GROUP: 65 - 69****M65**

<b><u>WEIGHT</u></b> <b><u>CLASS</u></b>	<b><u>LIFTER</u></b>	<b><u>HOMETOWN</u></b>	<b><u>KG</u></b>	<b><u>DATE</u></b> <b><u>SET</u></b>	<b><u>MEET SITE</u></b>
<b>SNATCH</b>					
55	Ronald JOHNSON	Corvallis, OR	40.0	11/2/18	Salt Lake City, UT
61	Robert GILSDORF	Onaga, KS	55.0	11/2/18	Salt Lake City, UT
67	Gary KARKUFF	Mechanicsburg, PA	61.0	8/10/22	Baton Rouge, LA
73	Frank BISACCIA	Reading, PA	60.0	11/5/21	Reno, NV
81	Hank BERGER	Mount Pleasant, SC	65.0	8/10/22	Baton Rouge, LA
89	Victor REID	Waco, TX	77.0	11/9/23	Lebanon, TN
96	Michael COHEN	Savannah, GA	78.0	11/9/23	Lebanon, TN
102	Walter WARREN	Tulsa, OK	73.0	11/5/21	Reno, NV
109	Peter PAULINE	Canton, GA	63.0	11/14/19	Seattle, WA
+109	Peter PAULINE	Canton, GA	66.0	11/13/20	Savannah, GA

**CLEAN & JERK**

55	Ronald JOHNSON	Corvallis, OR	50.0	11/2/18	Salt Lake City, UT
61	Robert GILSDORF	Onaga, KS	75.0	11/2/18	Salt Lake City, UT
67	Gary KARKUFF	Mechanicsburg, PA	72.0	8/10/22	Baton Rouge, LA
73	Frank BISACCIA	Reading, PA	81.0	11/5/21	Reno, NV
81	Hank BERGER	Mount Pleasant, SC	88.0	8/10/22	Baton Rouge, LA
89	Victor REID	Waco, TX	91.0	8/10/22	Baton Rouge, LA
96	Juan SEPULVEDA	Dallas, GA	101.0	11/2/18	Salt Lake City, UT
102	Walter WARREN	Tulsa, OK	91.0	11/5/21	Reno, NV
109	Peter PAULINE	Canton, GA	79.0	11/14/19	Seattle, WA
+109	Mark SOLOMON	West Seneca, NY	81.0	11/9/23	Lebanon, TN

**TOTAL**

55	Ronald JOHNSON	Corvallis, OR	90.0	11/2/18	Salt Lake City, UT
61	Robert GILSDORF	Onaga, KS	130.0	11/2/18	Salt Lake City, UT
67	Gary KARKUFF	Mechanicsburg, PA	133.0	8/10/22	Baton Rouge, LA
73	Frank BISACCIA	Reading, PA	141.0	11/5/21	Reno, NV
81	Hank BERGER	Mount Pleasant, SC	153.0	8/10/22	Baton Rouge, LA
89	Victor REID	Waco, TX	165.0	8/10/22	Baton Rouge, LA
96	Juan SEPULVEDA	Dallas, GA	178.0	11/2/18	Salt Lake City, UT
102	Walter WARREN	Tulsa, OK	164.0	11/5/21	Reno, NV
109	Peter PAULINE	Canton, GA	142.0	11/14/19	Seattle, WA
+109	Peter PAULINE	Canton, GA	146.0	11/13/20	Savannah, GA

**HOWARD COHEN AMERICAN MASTERS RECORDS - MEN****November 13, 2023****AGE GROUP: 70 - 74****M70**

<b><u>WEIGHT CLASS</u></b>	<b><u>LIFTER</u></b>	<b><u>HOMETOWN</u></b>	<b><u>KG</u></b>	<b><u>DATE SET</u></b>	<b><u>MEET SITE</u></b>
<b>SNATCH</b>					
55	Joe DELAGO	Moorestown, NJ	38.0	11/9/23	Lebanon, TN
61					
67	Dwight TAMANAHA	Cheyenne, WY	51.0	11/2/18	Salt Lake City, UT
73	Robert BONDIMAN	Elmhurst, IL	63.0	11/9/23	Lebanon, TN
81	Robert BONDIMAN	Elmhurst, IL	66.0	11/5/21	Reno, NV
89	David KELLY	Manchester, CT	63.0	11/9/23	Lebanon, TN
96	William BRIAN	Washougal, WA	66.0	11/2/18	Salt Lake City, UT
102	David MELTZER	Mesa, AZ	65.0	8/10/22	Baton Rouge, LA
109	Tom KERRIGAN	Mount Pleasant, SC	50.0	11/12/20	Savannah, GA
+109	Robert CHANDLER	Solana Beach, CA	49.0	11/14/19	Seattle, WA

**CLEAN & JERK**

55	Ron JOHNSON	Corvallis, OR	48.0	11/14/19	Seattle, WA
61					
67	Dwight TAMANAHA	Cheyenne, WY	65.0	11/2/18	Salt Lake City, UT
73	Robert BONDIMAN	Elmhurst, IL	78.0	11/9/23	Lebanon, TN
81	Robert BONDIMAN	Elmhurst, IL	87.0	11/5/21	Reno, NV
89	David KELLY	Manchester, CT	75.0	11/9/23	Lebanon, TN
96	William BRIAN	Washougal, WA	95.0	11/2/18	Salt Lake City, UT
102	David MELTZER	Mesa, AZ	77.0	8/10/22	Baton Rouge, LA
109	Tom KERRIGAN	Mount Pleasant, SC	66.0	11/12/20	Savannah, GA
+109	Robert CHANDLER	Solana Beach, CA	55.0	11/14/19	Seattle, WA

**TOTAL**

55	Ron JOHNSON	Corvallis, OR	85.0	11/14/19	Seattle, WA
61					
67	Dwight TAMANAHA	Cheyenne, WY	116.0	11/2/18	Salt Lake City, UT
73	Robert BONDIMAN	Elmhurst, IL	141.0	11/9/23	Lebanon, TN
81	Robert BONDIMAN	Elmhurst, IL	153.0	11/5/21	Reno, NV
89	David KELLY	Manchester, CT	138.0	11/9/23	Lebanon, TN
96	William BRIAN	Washougal, WA	161.0	11/2/18	Salt Lake City, UT
102	David MELTZER	Mesa, AZ	142.0	8/10/22	Baton Rouge, LA
109	Tom KERRIGAN	Mount Pleasant, SC	116.0	11/12/20	Savannah, GA
+109	Robert CHANDLER	Solana Beach, CA	104.0	11/14/19	Seattle, WA

## HOWARD COHEN AMERICAN MASTERS RECORDS - MEN

November 13, 2023

**AGE GROUP: 75 - 79**

**M75**

<u>WEIGHT CLASS</u>	<u>LIFTER</u>	<u>HOMETOWN</u>	<u>KG</u>	<u>DATE SET</u>	<u>MEET SITE</u>
<b>SNATCH</b>					
55	Monroe NOWWOTNY	Boerne, TX	32.0	11/2/18	Salt Lake City, UT
61					
67					
73	Glenn SHULL	Los Angeles, CA	58.0	11/2/18	Salt Lake City, UT
81	Doug SINCLAIR	Canada	59.0	11/2/18	Salt Lake City, UT
89	Glenn SHULL	Los Angeles, CA	61.0	11/5/21	Reno, NV
96	Robert NYBERG	Bothell, WA	60.0	11/5/21	Reno, NV
102	Richard SIPOS	Allentown, PA	55.0	11/12/20	Savannah, GA
109					
+109	Kim BUTTS	Naples, FL	48.0	11/12/20	Savannah, GA
<b>CLEAN &amp; JERK</b>					
55	Monroe NOWWOTNY	Boerne, TX	35.0	11/2/18	Salt Lake City, UT
61					
67					
73	Glenn SHULL	Los Angeles, CA	77.0	11/2/18	Salt Lake City, UT
81	Doug SINCLAIR	Canada	77.0	11/2/18	Salt Lake City, UT
89	Philip ARNOLD	Edmonds, WA	79.0	11/9/23	Lebanon, TN
96	Robert NYBERG	Bothell, WA	73.0	11/5/21	Reno, NV
102	Richard SIPOS	Allentown, PA	70.0	11/12/20	Savannah, GA
109					
+109	Kim BUTTS	Naples, FL	58.0	8/10/22	Baton Rouge, LA
<b>TOTAL</b>					
55	Monroe NOWWOTNY	Boerne, TX	67.0	11/2/18	Salt Lake City, UT
61					
67					
73	Glenn SHULL	Los Angeles, CA	135.0	11/2/18	Salt Lake City, UT
81	Doug SINCLAIR	Canada	136.0	11/2/18	Salt Lake City, UT
89	Glenn SHULL	Los Angeles, CA	139.0	11/5/21	Reno, NV
96	Robert NYBERG	Bothell, WA	133.0	11/5/21	Reno, NV
102	Richard SIPOS	Allentown, PA	125.0	11/12/20	Savannah, GA
109					
+109	Kim BUTTS	Naples, FL	103.0	11/12/20	Savannah, GA

**HOWARD COHEN AMERICAN MASTERS RECORDS - MEN****November 13, 2023****AGE GROUP: 80-84****M80**

<b><u>WEIGHT CLASS</u></b>	<b><u>LIFTER</u></b>	<b><u>HOMETOWN</u></b>	<b><u>KG</u></b>	<b><u>DATE SET</u></b>	<b><u>MEET SITE</u></b>
<b>SNATCH</b>					
55	Ben NOWOTNY	Boerne, TX	28.0	8/10/22	Baton Rouge, LA
61	Ben NOWOTNY	Boerne, TX	31.0	11/14/19	Seattle, WA
67					
73	Robert SOUTHERLAN	Cookeville, TN	38.0	11/5/21	Reno, NV
81	John LOMBARDO	Franklin, IN	44.0	11/14/19	Seattle, WA
89	Bob STRANGE	Solana Beach, CA	60.0	11/2/18	Salt Lake City, UT
96	Barry LEWIS	Boulder, CO	48.0	11/9/23	Lebanon, TN
102					
109					
+109	Kim BUTTS	Naples, FL	43.0	11/9/23	Lebanon, TN
<b>CLEAN &amp; JERK</b>					
55	Ben NOWOTNY	Boerne, TX	28.0	8/10/22	Baton Rouge, LA
61	Ben NOWOTNY	Boerne, TX	37.0	11/14/19	Seattle, WA
67					
73	Robert SOUTHERLAN	Cookeville, TN	48.0	11/5/21	Reno, NV
81	John LOMBARDO	Franklin, IN	60.0	11/14/19	Seattle, WA
89	Bob STRANGE	Solana Beach, CA	80.0	11/2/18	Salt Lake City, UT
96	Barry LEWIS	Boulder, CO	62.0	11/9/23	Lebanon, TN
102					
109					
+109	Kim BUTTS	Naples, FL	55.0	11/9/23	Lebanon, TN
<b>TOTAL</b>					
55	Ben NOWOTNY	Boerne, TX	56.0	8/10/22	Baton Rouge, LA
61	Ben NOWOTNY	Boerne, TX	68.0	11/14/19	Seattle, WA
67					
73	Robert SOUTHERLAN	Cookeville, TN	86.0	11/5/21	Reno, NV
81	John LOMBARDO	Franklin, IN	104.0	11/14/19	Seattle, WA
89	Bob STRANGE	Solana Beach, CA	140.0	11/2/18	Salt Lake City, UT
96	Barry LEWIS	Boulder, CO	110.0	11/9/23	Lebanon, TN
102					
109					
+109	Kim BUTTS	Naples, FL	98.0	11/9/23	Lebanon, TN

# HOWARD COHEN AMERICAN MASTERS RECORDS - MEN

November 13, 2023

AGE GROUP: 85-89

M85

<u>WEIGHT CLASS</u>	<u>LIFTER</u>	<u>HOMETOWN</u>	<u>KG</u>	<u>DATE SET</u>	<u>MEET SITE</u>
<b>SNATCH</b>					
55					
61					
67	Howard COHEN	Savannah, GA	32.0	11/2/18	Salt Lake City, UT
73	Robert SOUTHERLAN	Cookeville, TN	36.0	11/9/23	Lebanon, TN
81	Bob STRANGE	Solana Beach, CA	52.0	11/9/23	Lebanon, TN
89	Bob STRANGE	Solana Beach, CA	53.0	11/5/21	Reno, NV
96					
102					
109					
+109					

## CLEAN & JERK

55					
61					
67	Howard COHEN	Savannah, GA	40.0	11/2/18	Salt Lake City, UT
73	Robert SOUTHERLAN	Cookeville, TN	40.0	11/9/23	Lebanon, TN
81	Bob STRANGE	Solana Beach, CA	64.0	11/9/23	Lebanon, TN
89	Bob STRANGE	Solana Beach, CA	72.0	11/5/21	Reno, NV
96					
102					
109					
+109					

## TOTAL

55					
61					
67	Howard COHEN	Savannah, GA	72.0	11/2/18	Salt Lake City, UT
73	Robert SOUTHERLAN	Cookeville, TN	76.0	11/9/23	Lebanon, TN
81	Bob STRANGE	Solana Beach, CA	116.0	11/9/23	Lebanon, TN
89	Bob STRANGE	Solana Beach, CA	125.0	11/5/21	Reno, NV
96					
102					
109					
+109					

**HOWARD COHEN AMERICAN MASTERS RECORDS - MEN****November 13, 2023****AGE GROUP: 90+  
M90**

<b><u>WEIGHT CLASS</u></b>	<b><u>LIFTER</u></b>	<b><u>HOMETOWN</u></b>	<b><u>KG</u></b>	<b><u>DATE SET</u></b>	<b><u>MEET SITE</u></b>
<b>SNATCH</b>					
55					
61					
67	Howard COHEN	Savannah, GA	25.0	8/10/22	Baton Rouge, LA
73					
81	Richard GREENBLATT	Los Angeles, CA	33.0	11/12/20	Savannah, GA
89					
96					
102					
109					
+109					

**CLEAN & JERK**

55					
61					
67	Howard COHEN	Savannah, GA	30.0	8/10/22	Baton Rouge, LA
73					
81	Richard GREENBLATT	Los Angeles, CA	43.0	11/12/20	Savannah, GA
89					
96					
102					
109					
+109					

**TOTAL**

55					
61					
67	Howard COHEN	Savannah, GA	55.0	8/10/22	Baton Rouge, LA
73					
81	Richard GREENBLATT	Los Angeles, CA	76.0	11/12/20	Savannah, GA
89					
96					
102					
109					
+109					