

USA Masters Weightlifting, Inc. General Members Meeting Minutes
December 4, 2024 Immediately following the deadlift portion of the HCAM

Attendance:

Board members: Michael Cohen, Jeff Scott, Van Cramer, Juli Peterson

Non-board members: USAMW members

Meeting convened live at Howard Cohen American Masters (HCAM) venue at 5:17pm (E.T.) Meeting was also live streamed and taped to share.

Remarks by the President: Introductions and opening welcome.

National Chairman report (CEO): Review of 2025 meets; discussed IMWA World Championships possibly going to 3 platforms due to the large number of participants; 2026 Nationals set to take place in Little Rock, AR.

Approval of bylaws (President): Bylaws passed unanimously after opportunity for discussion. The bylaws have been USAMW website since just prior to the national meet in 2024.

Q&A (Board): MC discussed qualifying totals process for 2026. Reinforced the need for T.O. volunteers going forward.

Tribute to Howard Cohen: A wonderful video was shown as a tribute to Howard. Extremely well done showcasing not only his invaluable contribution to Masters weightlifting, but also his pride in the coaching of Michael's accomplishments. Thank you, Michael and Sheryl, for sharing this with us all.

Meeting closed at 5:47pm