

**Professional Disclosure Statement for
Rebeca Chow, PhD, LPC, LCPC, Registered Play Therapist-Supervisor**
(913)209-2293 dr.rebecachow@gmail.com

Thank you for trusting me as your supervisor. I look forward to walking by your side as you work with clients. This disclosure statement is intended to acquaint you with my qualifications, my theoretical model of therapy and supervision, and some basic administrative tasks.

Credentials

Doctorate in Counseling Education and Supervision, Kansas State University

Master of Counseling Psychology, emphasis in Marriage and Family, University of Missouri Kansas City

Licensed Clinical Professional Counselor and Supervisor in Kansas

Licensed Professional Counselor and Supervisor in Missouri

Registered Play Therapist – Supervisor (#S-1190, Association for Play Therapy)

Professional organizations

American Counselor Association

Association for Play Therapy

National Latina/o Psychological Association

Kansas Association for Play Therapy

Missouri Association for Play Therapy

General Area of Competence

I first became interested in play therapy as a bilingual therapist. I saw many clients change their behavior and resolve problems through various play therapy modalities. In 2009 I started a private practice that specializes in play therapy for children, adults, adolescents, and families. Even though my initial theoretical approach is Client Centered Play Therapy (CCPT), I follow a more prescriptive model by examining the presenting problem, the developmental age of the child, adult, and the family unit. If it seems that the client would benefit from a more family system's approach, I use Filial Therapy. Besides CCPT and Filial Therapy, I also use EMDR, Cognitive Behavioral Therapy, Solution Focused Therapy, and Adlerian Therapy.

Experience and Training in Supervision

I have been supervising mental health professionals in Child Centered Play Therapy theory and other techniques with adults, children and adolescents since 2002. I have attended several workshops in supervision and management sponsored by the Association for Play Therapy, Non Profit Connect, and several supervision courses as part of my doctoral training.

Model of Supervision

As a supervisor, my role fluctuates between teacher, counselor and consultant (Social Role model). When working with a supervisee who is new to play therapy, I model and teach the interventions appropriate for the client; I use the therapist-client video clips to help the therapist identify play or word themes; and I often refer a therapist to other reading resources. As the therapist becomes more experienced, I gradually allow the therapist to identify deeper case conceptualization issues by examining transference, and formulating the appropriate theoretical framework for the client.

Evaluation Procedures in Supervisory Relationship

Video clip segments from actual therapy sessions and role-plays are used to help evaluate the therapist's conceptualization of the client and to plan for future counseling. I stress the importance of following a treatment plan that shows the objectives and interventions for therapy.

Ethics and Confidentiality

I abide by the American Counseling Association's (ACA) Code of Ethics, approved by the ACA Governing Council (2014), and the Ethical Guidelines for Counseling Supervisors adopted by the Association for Counselor Education and Supervision (2011). I believe in maintaining a high level of confidentiality in regard to the information that the supervisee shares during supervision. However, if it is discovered that any of the following situations are present, confidentiality is no longer followed: 1) Threat to harm self or others; 2) Reasonable suspicion of abuse of a child or other person; 3) If ordered by the court.

Fee Schedule per hour

Individual Supervision: \$150.00. When viewing video clips separate from the supervision session, there is also a fee of \$40 an hour. Group supervision is also available at the rate of \$60 per hour.

Emergency Contact Information

I request that supervisees call my cell phone (913-209-22-93) if there are questions regarding confidentiality, ethical issues, or emergency situations that may arise.

Supervision Contract

By signing below, you, the supervisee, are willingly entering into a supervision relationship with Rebeca Chow, PhD, LPC, LCPC, RPT-S. You have read and understood the preceding information and agree to the policies of supervision as stated in this document and the separate supervision contract. You understand that these comments are prerequisite to your receiving and continuing supervision with Rebeca Chow, PhD, LPC, LCPC, RPT-S.

Supervisee's Signature

Date

Rebeca Chow, LPC, LCPC, RPT-S

Date