

The Scottish Rite Fabric and Its Origin

EXCERPT FROM "A.B.C.'S OF SCOTTISH RITE MASONRY" BY PSGC GEORGE W. CRAWFORD, 33°

Starting from the original twenty-five degrees of perfection elaborated in France by certain Scotch royalist refugees, the Scottish Rite has been developed into a complete system of progressive Masonic organization from the first degree of Masonry to the thirty-third and last degree. The idea of thirty- three degrees is said to have been suggested to correspond with the thirty-three years of the life of the Savior.

The Ancient and Accepted Scottish Rite, in the form that it exists today, was elaborated from the "Degrees of Perfection" or the "Ancient and Accepted Rite," as they were called. These Degrees of Perfection were originated by certain adherents of the House of Stuart, who in 1754 had taken asylum in the Jesuit College of Clermont in Paris. One of these degrees was known as the Degree of Scottish Master, which together with the facts that the originators were mostly Scotch, is supposed to have given rise to the name of the "Scottish Rite."

These degrees in their earlier form soon found their way into Germany, where the Masonic fraternity was under the patronage and royal favor of Frederick the Great, who had put himself at the head of the Order in the country. Under the direction of that illustrious monarch, the first constitution and system of government of the Rite was promulgated. This constitution was greatly revised and enlarged in 1786 under the same auspices, and has ever since been considered the Charta of the Order. About this time, and certainly not much later, the remaining eight of the degrees which comprise the complete system of the Scottish Rite, were added. While the Order originated in France, it was shaped into a system of historical and philosophical degrees, and also given its form of government, in Germany. The influence of the latter country is seen in the adoption of the Prussian double-eagle and the Teutonic cross as the two most important symbols of the Order.

The first three degrees of the Scottish Rite, like all legitimate Masonic fabrics, consist of the universal symbolic degrees of Entered Apprentice, Fellow Craft, and Master Mason. Originally, and still in some countries, notably in France, the Scottish Rite maintains jurisdiction over the symbolic degrees. But this is not so in America. While theoretically the Scottish Rite has authority to confer the first three degrees, yet it has become the invariable and well founded custom to do no such thing. The very wise practice of foregoing its right in this respect and leaving the first three degrees entirely to the regular symbolic Grand Lodges, is to avoid confusion in Masonic government and conflict in authority; also to maintain harmonious and working relations with the symbolic lodges. Therefore, everywhere in America, the Rite began with the administration of the fourth degree, and receives into that degree only those who are in good standing in regular symbolic lodges of our affiliation.

In the minds of those who do not understand the nature and history of the development of higher degrees in Masonry, there is confusion as to the order in which such degrees should be taken. It is therefore wise to state clearly and positively that there is no reason, historically or otherwise, why a Master Mason should not take either series of the higher degrees in any order he pleases. The

two Rites are distinct and separate, although in harmonious accord. Certain Scottish Rite jurisdictions have undertaken to require their members to take the Capitular and Templar degrees before taking any of the Scottish Rite degrees; but there is no warrant for this either historically or legally, and the requirement is unsound and indefensible.



Brookins Sr. Honored by City Council

One of the greatest awards that a municipality can bestow upon citizens is to immortalize them by renaming a city street in their honor. Sponsored by Howard B. Brookins Jr., Alderman of Chicago's 21st Ward, an ordinance to recognize a familiar Scottish Rite Mason in this manner was referred to the City Council of Chicago to receive such an honor September 12, 2012. After referral to the Council with the recommendation for its passage by the Committee of Transportation and Public Way on September 22, 2012, the ordinance and its recommendation was approved on October 3, 2012 and the sign was scheduled for installation for 2013. By order of the City of Chicago and in honor of his social and civic service, South Ashland Avenue from West 93rd Street to West 95th Street was named "Honorary Senator Howard B. Brookins, Sr. Way".

Grand Inspector General Brookins Sr. is one of a handful of African Americans to have served in the Illinois House of Representatives and State Senate. He won election as a State Representative in 1982 and gained election as a State Senator in 1987. He served in these roles from 1983 through 1993 while



operating Brookins Funeral Home and servicing the most sensitive needs of the community. As such, his efforts for the public which span over half of a century have been dedicated to aiding citizens in the City of Chicago in life as well as in their final days.

The measure of a good father is often displayed in the actions of his children. A proud father, his son, who is also a member of Western Consistory #28, is making his own strides as a public servant and working to extend the legacy of the Brookins name. His success provides that stellar public service is heredity to the Brookins family and that the honor bestowed upon the father by the City of Chicago will reflect this legacy for years to come. Congratulations!!!































From the Desk of the Deputy for the Orient

SOVEREIGN GRAND INSPECTOR GENERAL MELVIN FRIERSON, 33°

The 96th Annual session of the Illinois Council of Deliberation PHA (ICOD) will convene October 18-20, 2013 at the Abraham Lincoln Hotel, 701 East Adams Street, Springfield, IL. We are planning a very eventful session for those of you in attendance. This years' session will include in addition to the normal and usual business and activities of the ICOD the following:

- ICOD Benevolent Fund 18 hole golf tournament, prizes will be awarded in several categories
- First Aid Room staffed by competent certified medical personnel
- Free CPR training
- Free Dental exams
- Gospel Fest
- In house raffle to support the Benevolent Fund

We are striving to make the ICOD a service fraternity to our members as well as a community service organization. Your attendance, support and participation through the Ad Book, Golf Tournament and In House Raffle will do much to help in our efforts to benefit our communities and our membership.

If you are a Grand Inspectors General (33rd Degree Mason) and you have not attended the Council of Deliberation in the last two years and was not excused, your presence or registration fee is required of you this year. Also look well to your responsibility of completing the Grand Inspectors General Yearly Activity Report and returning the same to this office. Commander in Chiefs, Most Wise and Perfect Masters, Thrice Potent Masters and Loyal Lady Rulers, please complete the Illinois Council of Deliberation Annual Report Form that was sent to you and bring the completed form with you to the session.

Please allow me to take these means to wish each of you a Bountiful Thanksgiving, A Very Merry Christmas and a Bless and Prosperous New Year.

Finally, if you are not a member of a church or if you don't attend church on a regular basis, I challenge you to start giving God some of your time, talents and resources and discover the blessings God has for you. None of us can beat God giving, no matter how hard we try. Why don't you start claiming and receiving your blessings now?

From the Grand Secretary for the Orient

SOVEREIGN GRAND INSPECTOR GENERAL JAMES A. MITCHELL, 33°, GRAND SECRETARY

Congratulations to the newly crowned thirty third degree masons from the Orient of Illinois (PHA) namely GIGs Tommy Sims, Kevin Booker, Louis Green, Stefen Miller, Frank Jarvis, Earl Young, Frank Gillie, Floyd Woods, II, Ron Wilson, Albert Haynes, Dimitress Gilmore, Charles McDonald and Stephen A. Taylor. Support the Illinois Council of Deliberation by purchasing raffle tickets, Ads, the Legatos Book, and participating in the Alms Club. By supporting the projects herein outlined, you are helping the Council to help the less fortunate, provide educational assistance, aid community service projects, et cetera. Don't forget to support "From the Cradle to College" program; the Orient of Illinois is in need of mentors and mentees. Prepare to attend the 96th Illinois Council of Deliberation's Annual Session which will be held October 18-20, 2013 at the Abraham Lincoln Hotel located 700 Adams St., Springfield, IL. This year's session will feature the newly established "Emergency Team" and other notable activities and events.



A well prepared man never trembles - African Proverb

Peace Be Unto the Ashes

SOVEREIGN GRAND INSPECTOR GENERAL MAGNUS BURNEY, 33°

Venus has lit her silver lamp low in the purple west casting a soft and mellow light upon the sea's full breast in one clear path as if to guide some pale wayfaring guest.

Far out, far out the restless bar starts with a troubled sleep where roaring through the narrow straits the meeting waters leap but still that shining pathway leads across the lonely deep.

When I sail out those narrow straits where unknown dangers be and cross the troubled moaning bar beyond the mysterious sea, dear God, wilt though not set a lamp low in the west for me?

May peace be unto the ashes of Sovereign Grand Inspector General Magnus Burney, Emeritus Member of the United Supreme Council Ancient Accepted Scottish Rite of Freemasonry.

































Feedback to the Editor from Prior Editions

GRAND INSPECTOR GENERAL DARYL L. ANDREWS, 33°, SCOTTISH RITE CLARION EDITOR

Congratulations to the Orient of Illinois on your centennial.

This is certainly an amazing feat that the Orient can celebrate 100 years of fealty to the Northern Jurisdiction.

On behalf of Memorial Missionary Baptist Church in Chicago, we extend thanks to GIG Charles Burns for training our Male and Female Mentors. This is a great program.

Let's keep the movement growing. The youth need our help.

The graphics in the prior editions are good and they appear to be getting better. However, we did see some errors in the articles. The newsletter is looking like a full magazine.

We are working hard to improve with each edition and will bring on a proof reader for the future.

Wow. Someone served as Secretary for a Consistory for more than 50 years. Great sense of patience and a good message of dedication for our younger members.

I believe that he has to be patient but also must have a good system in place to stay on top of things.

Beautiful piece on the Scottish Rite Sashes. What's next?

That one came as a research topic. Feel free to submit suggestions for future editions.



Divine Inspirations

SUBLIME PRINCE TARA DERAMUS, 32°

"No one has walked in my shoes and no one has walked in your shoes to know what we have been through in life, but it's not the make of the shoe that makes you better, it's the miles you have put on those shoes that give you the knowledge and wisdom to know what's right for you."

To Our Sisters, this is how Master Masons should feel about there wives and significant others:

"I want to be the reason you wake up with a smile. I want to be the one for whom you will go that extra mile. I want to be that special someone you share your dreams with. I want to be that special someone you cry your tears with. I want to be the last face you see each and every night. I want to be all the man you need in your entire life. "



S.P. KENNETH PAGE, #49 SELECTED GRAND LODGE MASON OF THE YEAR

At the 147th Annual Communication of the Most Worshipful Prince Hall Grand Lodge of Illinois, Sublime Prince Kenneth Page, Past Master of Central Lodge #3 and member of Menelik Consistory #49 of the Valley of Springfield, was selected as the 55th Mason of the Year for the Grand Lodge. Sublime Prince Page has been an active participant not only within the Grand Lodge and within the Scottish Rite of Freemasonry but also a strong advocate on behalf of African American citizens in the Central Illinois. A former president of the Springfield Chapter of the National Association for the Advancement of Colored People (NAACP), he chaired the anniversary program for the organizations which highlighted the actions of many African American Freemasons in the battles for freedom, justice and equality. He drove the efforts to obtain grants to fund the rehabilitation of the



Lodge Hall for Central Lodge #3 and is currently working with the members of his Lodge to obtain additional funds. These will be utilized to preserve the Lodge Hall as a historic site for the City of Springfield as it served as the first and main firehouse which serviced the African American community long ago. His efforts were Herculean and his vision was extraordinary. For these labors and his efforts over the past Masonic year, he is a most-deserving recipient of this award. Congratulations!



































Valley of Chicago

SGIG ERNEST L. JOHNSON CLASS LUNCHEON

To celebrate the elevation of the class and to honor the memory of one of the most stellar Scottish Rite Masons from the Orient of Illinois, the Sovereign Grand Inspector General Ernest L. Johnson Class held their annual luncheon earlier this year to celebrate their accomplishment and to show their love and support to the family of class namesake. Sublime Princes of the Class pose proudly with their families and friends and the Johnson Family. Under the leadership of Sublime Prince Anthony Atwood, Class President, the class is poised and positioned to make its mark on the Orient of Illinois in the near future.

Submitted by Grand Inspector General Carl Pickett, #28







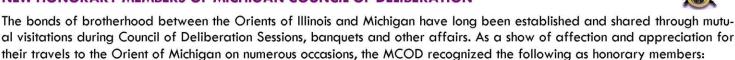






Illinoisans Honored in the Orient of Michigan

NEW HONORARY MEMBERS OF MICHIGAN COUNCIL OF DELIBERATION





Pictured: SGIG Robert Meekins (MI), GIG John Richardson, SGIG Carlisle Blackett—Deputy for the Orient of Canada, SGIG Robert P. Lewis—Deputy for the Orient of Michigan, SGIG Magnus Burney, GIG Millard Driskell and GIG Milton Jackson







Illinoisans at the 40th Phylaxis Session

ORIENT OF ILLINOIS WELL REPRESENTED IN THE PHYLAXIS SOCIETY

Since its formation in 1973, members from the Orient of Illinois have been active participants in The Phylaxis Society and have attended its annual sessions without any breaks. The organization is dedicated to the history of Prince Hall Affiliated Freemasonry and schedules its yearly sessions as close to the date of March 6th to coincide with the raising of Prince Hall and those fourteen (14) other men as Master Masons (March 6, 1775). Four members of the Orient of Illinois attended the session this year. Sovereign Grand Inspector General Charles J. Stewart, #28 was a charter member of the society in 1973 and has been a regular attendee of the sessions for years. Grand Inspector General Daryl L. Andrews, #28, charter President of the Abrams Chapter in Chicago, was elected a Fellow in 2009 and serves as the Director of Phylaxis Imprint Book Publishing. Sublime Prince Tyrone Jackson, #28, second President of the Abrams Chapter, has served as Director of Chapter Presidents and now serves as a representative for the State of Illinois.





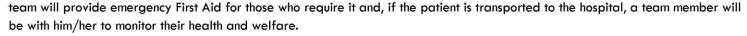
Sublime Prince Adrian V. Cooley, #49, the current President of the Abrams Chapter, also serves as a representative for the State of Illinois. SGIG Stewart and SP Cooley received special recognition for their extensive efforts over the past year and were honored with the "Tried and True" Award. SP Cooley was also called upon to present awards to other deserving recipients at the Annual 4B's Awards luncheon. These awards are set aside to acknowledge those in the vicinity of the host jurisdiction who have made contributions in the areas of Books, Business, Ballots and Brotherhood. In presenting the awards, he made a new acquaintance. Grand Inspector General Emmanuel Lewis, Commander-In-Chief of Atlanta Consistory #24A, (Southern Jurisdiction) whose fame as an actor on the television series Webster and contributions in business earned his selection for the Business Award. In his comments, he noted that The Phylaxis Society stands tall among all research organizations on the globe. The session concluded with the election of a new president for the society. Capping a stellar effort of more than 6 years, President John B. Williams (President for the California Commanders of the Rite—Southern Jurisdiction), transitioned the leadership role of the society to President Robert Campbell who will now carry the society to new heights. With the support of the "young lions" from Illinois, it is likely that more growth in the Midwest for the society will be realized in the near future. Congratulations!!! -Photos submitted by Sublime Prince Adrian Cooley, #49 and Sublime Prince Tyrone Jackson, #28

First Aid Team Forming

ILLINOIS COUNCIL OF DELIBERATION MEDICAL TEAM

An ill or injured patient may need immediate medical care to prevent permanent disability or death. Too often those who arrive first at the scene of the emergency are not trained to give proper care. This is why the Emergency Response First Aid Team is being formed!

The team and the First Aid Station will be in service 24/7 from the start of the Illinois Council of Deliberation until it ends Sunday morning. Members of the



We are requesting that people who possess some type of advance medical training and are health care professionals such as doctors, registered nurses, licensed practical nurses, firefighters, paramedics, EMTs and policeman to apply to become members of the Illinois Council of Deliberation Emergency Response First Aid Team. If you are interested in joining the team, please feel free to contact:

Grand Inspector General Charles Burns at (773) 859-0273 or by email at CBN9SHB@aol.com.































Interview with A Sovereign Grand Inspector General

"WHY DO YOU ATTEND THE ANNUAL PHYLAXIS SOCIETY SESSIONS?"

The 40th Annual Session of The Phylaxis Society presented a rare and interesting opportunity to interview Sovereign
Grand Inspectors General and Grand Inspectors General from the Northern and Southern Jurisdictions relative to their
continual participation at the annual sessions. Several have served at the highest levels in multiple organizations affiliated with the
Masonic Ranks and several still do. However, the need to congregate and fellowship with brethren of all ranks who hold history in
high regard us an utmost priority in their minds as expressed in the answers to the question that I posed to them which is "why do
you attend the annual sessions of The Phylaxis Society?" Their answers are posted below:

- Sovereign Grand Inspector General Edward B. Damell, Michigan (NJ) "History and the congregation of brethren from levels sharing
 information without bias drives my attendance. All titles are left at the door. The fellowship with brethren from various jurisdictions
 across the United States reminds me of the comradery felt in Shrinedom and I look forward to it every year." (Active Member and Past
 Recording Secretary of the United Supreme Council Northern Jurisdiction, AEAONMS Past Imperial Potentate and Member of The
 Phylaxis Society Board of Directors)
- Sovereign Grand Inspector General Donald R. Parks, Alabama (SJ) "I started coming for the workshops. They are very interesting and different. I also knew (Joseph) Walkes very well. He entered, passed and raised me in the military and invited me to my first session in the 1980s. Since that time I have met some very interesting people. I find it interesting that many brothers come to the Phylaxis session but not to any other national meetings which provided a good chance to talk to brothers without titles getting in the way. I got involved with more workshops and eventually started working with the school (Prince Hall Elementary) in Philadelphia that the Society works with every year. For me, the sessions are relaxing, there is not on a mandatory timeline and the workshops are the type that you don't get on a regular basis." (Active Member United Supreme Council Southern Jurisdiction and AEAONMS Past Imperial Potentate)
- Sovereign Grand Inspector General Warren Broomer, Maryland (NJ) & Grand Inspector General Lawrence W. Huston Jr., Washington (SJ) SGIG Broomer feels that "History and the congregation of brethren from all levels sharing information without bias drives my yearly attendance. All titles are left at the door. The fellowship with brethren from various jurisdictions across the United States reminds me of the comradery felt in Shrinedom and I look forward to it." GIG Huston adds that "true understanding comes from sitting and talking in a social/non-threatening environment. The Phylaxis Society is perfect for this." (SGIG Broomer is an Emeritus Member of the United Supreme Council Northern Jurisdiction, AEAONMS Imperial Auditor and Member of The Phylaxis Society Board of Directors. GIG Huston is the Deputy Grand Master for Washington.)
- Sovereign Grand Inspector General Jimmy L. Parker, Michigan (NJ) "I was the First Black Accountant in the history of the Marine Corps when I was appointed in 1955. I am one of the Imperial Auditors for the Shrine (along with SGIG Broomer and GIG Bendaw) and it was initially the auditing work that drew me to the session. But as a former professor, the educational side of the sessions is very intriguing and I enjoy that aspect of it. There are communications gaps that exist in Freemasonry. The Phylaxis Society is helping to bridge the communications gaps between young and old Masons and between jurisdictions through education. Teaching has got to be utmost priority. The "i's" must dotted and the "t's" must be crossed. A focus on professionalism must be the highest priority. We have to train our brethren properly and respectfully to get that point across. Do not be-rate anyone publicly but correct them privately with dignity. More presentations on professionalism, methodology on presentations and presentations on the elements of speech particularly suffix-ology will help to shrink the gap. These types of presentations are welcomed at The Phylaxis Society and this is one of the reasons why I come back year after year." (Emeritus Member of the United Supreme Council Northern Jurisdiction, AEAONMS Imperial Auditor and Auditor for The Phylaxis Society Board of Directors)
- Grand Inspector General Harold Bendaw & Grand Inspector General Jesse Watkins, New Mexico (SJ) GIG Bendaw states that "I joined in Oakland in 1999. The history drew me to it and the cohesiveness and consistency made it stick. There is a definite age gap in Freemasonry and the Society is helping to close the gap between the younger (more liberal) and older (more conservative) brethren. History is bridging this liberal/conservative gap and the sessions provide greater opportunities to accomplish this." GIG Watkins added that "the average member of the organization is over 60 years old. The influx of the younger members, though, is lowering that average." (GIG Bendaw and GIG Watkins are Past Grand Masters of New Mexico and Financial Officers of The Phylaxis Society.)
- Grand Inspector General Edward C. Mitchell, New Mexico (SJ) "The Phylaxis Society came to Albequerque in 2005 and 2006. As Worshipful Master at the time, my Lodge, Mt. Everest Lodge #1, opened for the annual visitation. I met a lot of the older Masons who shared knowledge and I came to realize that they were writing and presenting the history for Prince Hall Masonry. I wanted to be a part of it because it is important to document what we find on paper. Where I went to school in Louisiana, they didn't have much documented on my people except Slavery. Our history didn't begin with Slavery. The session is great way to introduce new brethren to other parts of our history." (Deputy Grand Master for New Mexico and Phylaxis State Representative)
- Grand Inspector General Alex Smith, New Mexico (SJ) "I started attending in 2008 and became hooked after that, It was the comradery
 and the history." (Past Grand Master of New Mexico and Executive Secretary of The Phylaxis Society)



Minoisans Attend 44th United



Supreme Council Triennium







SGLLR Linda Robinson, PSGLLR Robinson and the ISGA team.



Members of the new elevation class show their new rings.



Photos Submitted by Grand Inspector General Earl Young



0200

Timeline of Formation

Valley of Chicago

Valley of Springfield

02 50

Valley of Cairo

Valley of East St. Louis

The Valley of Chicago and Orient of Illinois were formed after the completion of the merger between the Prince Hall and Occidental Consistories, SGIG Richard E. Moore's pledge of allegiance to the Northern Jurisdiction in 1912 and the subsequent Oath of Fealty declaration by Occidental (later renamed Western Consistory #28) on May 8, 1913.

The Valley of Springfield was formed as the second valley in 1921 with the establishment of Menelik Consistory #49 in the City of Springfield by SGIG Richard E. Moore. Located in Central Illinois, the membership of the Consistory included Fraters who resided as far West as the City of Quincy by the Mississippi River to as far East as the City of Danville.

Located at the Southern tip of the State of Illinois and at the convergence of the Mississippi and Ohio Rivers, the Valley of Cairo was formed as the third valley in 1921 by SGIG Richard E. Moore with the warrant of Hiram Consistory #51. The membership consisted of Fraters who lived in the **Southern Counties** including Pulaski, Massac, Alexander and others.

The Valley of East St. Louis formed in 1931 with the establishment of Tyree Consistory #64 in the City of East St. Louis as an extension of Menelik and **Hiram Consistories whose** membership had extended to westward to the banks of the Mississippi River in Jersey and Madison Counties. Fraters from East St. Louis, Alton, Belleville and surrounding areas made Tyree their home.

1851 to 1860

1861 to 1870

1871 to 1880

1881 to 1890

1891 to 1900



LEGEND

- KDSC—King David Supreme Council
- USSC—United States Supreme Council
- SC-SWJ—Supreme Council Southern & Western Jurisdiction
- KFSC—King Frederick Supreme Council
- SC-SJ—Supreme Council Southern Jurisdiction
- USC NJ—United Supreme Council Northern Jurisdiction
- USC SJ—United Supreme Council Southern Jurisdiction
- SC-SWJ—Supreme Council Northern & Western Jurisdiction









Occidental Consistory Chicago—1889



Prince Hall Consistory Chicago—1879





of the Orient of Illinois



Valley of East Moline

020

The Valley of East Moline was formed in 1969 with the warrant of Tri-Cities Consistory #82 in the City of East Moline. The name "Tri-Cities" refers to the three Illinois cities of the Quad-Cities which are located in Northwest Illinois on the banks of the Mississippi River. The Illinois cities are East Moline, Moline and Rock Island. Bettendorf, Iowa is the fourth city.

Valley of Waukegan

The Valley of Waukegan was formed in 1973 with the warrant of North Shore Consistory #91 in the City of Waukegan as an extension of Western Consistory whose membership had extended to the Northern suburbs. Fraters from Waukegan, Evanston and surrounding areas flocked to the Consistory to extend the Orient to its Northernmost point.

Valley of Rockford

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The Valley of Rockford was formed in 1974 with the warrant of Balthasar Consistory #92 in the City of Rockford. The Consistory was formed as an extension of Western, North Shore and Tri-Cities Consistories whose membership resided in Rockford and between the Cities of Chicago, Waukegan and the Quad-Cities region in Northwest Illinois.

Valley of Joliet

020

The Valley of Joliet was the last valley formed in 1983 with the warrant of Marquette-Joliet Consistory #104 in the City of Joliet. The Consistory was formed as an extension of Western and Balthasar Consistories for members who resided in the City of Joliet or surrounding cities and those who lived between the Cities of Chicago and Rockford.

1901 to 1910

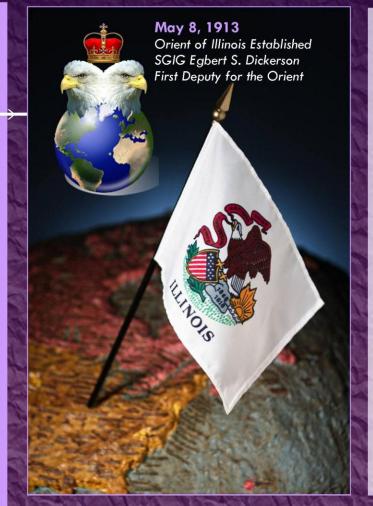
1911 to 1913

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Occidental Consistory gives Oath of Fealty to USC NJ May 8, 1913

Occidental & Prince Hall
Consistories
nerge under the
SC-NWJ
1905-1912

Richard E. Moore takes Oath of Fealty to United Supreme Council Northern Jurisdiction August 24, 1912



SOURCES

- History of the United Supreme Council, Ancient Accepted Scottish Rite of Freemasonry, Prince Hall Affiliation, Northern Jurisdiction, USA, Inc. by Joseph A. Walkes, Jr., United Supreme Council, Ancient Accepted Scottish Rite of Freemasonry, Prince Hall Affiliation, Northern Jurisdiction, USA, Inc., 1998
- Legatos: Deputies for the Orient of Illinois from 1913 to 2008 by Daryl Lamar Andrews and James A. Mitchell, Illinois Council of Deliberation Benevolent Fund, 2011

Shutting the Door on Dementia

FOCUSING ON THE "TISRA TIL" BY SUBLIME PRINCE MARCUS HAMMONDS, 32°

In Western Consistory #28's school of instruction, we are introduced to the practice of closing the ten doors and focusing our attention on the tisra til -- also known as the third eye. We are enthusiastically encouraged to engage in this practice after our "bedroom calisthenics". However, many of our elderly are succumbing to mental deterioration caused by dementia and Alzheimer's disease. The practice of daily meditation has been shown in studies to slow down the onset of dementia, decrease susceptibility to autism and schizophrenia, and holds promise for helping veterans who suffer from post traumatic stress disorder.



The ten doors include the tisra til (third eye), two eyes, two ears, two nostrils, one mouth, one anus, and one urethra. These are the major entrances and exits of the human body. To close these doors means to withdraw our attention from them.

Brain scans of experienced meditators, detailed in the proceedings of the National Academy of Sciences, revealed decreased activity in an area called the default mode network. This area has been associated with anxiety, attention, and hyperactivity disorders as well as the buildup of beta amyloid plaques in Alzheimer's disease.



One of the harbingers of mental illness is a profound preoccupation with one's own thoughts. Meditation seems to have an effect on reducing this.

If you're wondering where your third eye is located, it is also known in many circles as your pineal gland. The pineal gland is between and behind your eyes and sits above your brain stem and your throat. During meditation, it is sufficient to both close your eyes and focus on the center of your forehead or to stare, from a distance, at the flame of a candle situated between your eyes. The basic idea is to make sure you are inhaling and exhaling fully as well as gradually releasing your rambling thoughts from your attention.

There are many techniques for meditation. Meditation also goes by many names. However, the techniques have much in common with each other. Find a technique or method that works for you and get started. Meditation has many benefits, but helping you to maintain and prolong your mental health is among the best.

Power of Meditation and Prayer

WHAT IS THE DIFFERENCE BETWEEN MEDITATION AND PRAYER? WHY DO BOTH?

Many believe that meditation and prayer are synonymous terms. Webster's defines meditation and prayer as follows:

Meditation: Continued or extended thought; reflection; contemplation; devout religious contemplation or spiritual introspection.

A devout petition to God; a spiritual communion with God or an object of worship, as in supplication, thanksgiving, adoration or confession.

Both terms refer to the devotion of time for contemplation and reflection. However, there is a difference in the meanings between the two terms which lies in the focal point of the contemplation. One is focused on self-reflection and is primarily an introspective act while the other is focused on God himself and is an act of supplication from a creation to his creator.

Although distinct by definition, both acts can be very powerful when done in combination. Per "Food Matters: You Are What You Eat", meditation is an excellent way to relieve stress which is a primary cause on innumerable health challenges. Prayer, according to the Spiritual Research Foundation, not only brings positivity to the actions, thoughts and attitudes of its practitioners but also opens spiritual doors to God. When practiced in conjunction, they help to regulate the mind, reduce or eliminate stress and keep the actions of the practitioners within their due bounds. In doing so, an aura of positivity is projected from which positive actions are

Prayer and meditation can be a powerful thing when done in combination. Just think how well the world would be if we all practiced both?

































Scottish Rite Masons: Where Are Your Sons?

BY GRAND INSPECTOR GENERAL GLENN K. PICKETT, 33°, GRAND MINISTER OF STATE, ORIENT OF ILLINOIS

In the last edition of the Clarion Grand Inspector General Andrews posted a photo of father and son fraters—the Picketts and Washingtons. In the caption below the photos Grand Inspector General Andrews posed the question "Where are your sons?" As we look inside of our Lodges, Brothers Oscar Pickett, Howard Brookins Sr., Charles Caples Sr., Phillip Washington and many other Prince Hall Masons are blessed to be able to look across the Lodge room and quickly answer that question by sight because they know where their sons are.

I often image what it must have felt like when my great grandfather Walter (Papa Jack) Pickett went to Lodge meeting with his five (5) brothers and their sons during the time when membership was restricted to blood line only. Freemasonry is a philosophy that is taught from one person to another. Be it man to man, father to son, son to father and otherwise. This philosophy within which we have been indoctrinated has the power to save lives as I have personally witnessed through the use of the established 50-year course of study utilized in Western Consistory. It would be a beautiful sight to see all of our sons as members of this Prince Hall family and I am sure the Grandmaster and Deputy of the Orient would welcome that membership.

However, my grandmother, who was a Master Mason's daughter always said that charity starts at home. As Master Masons and Scottish Rite Masons we have dedicated much of our time, effort and money to charity as we were obligated to do. But our sons need not be Masons for us to be charitable at home and to have the principles, taught to us through the Masonic Order, instilled in them. These principles should be active in our daily lives. Our sons will, then, become teachers of other men (young men) from that example and possibly later become Masons themselves. Once I became a Prince Hall Mason I quickly realized that my father had already made me a Mason long before I entered a Lodge—not with pass words, grips or knowledge of ritual but through basic Masonic principles:

"Help others when you are able to do so and do right because it's the right thing to do."

Masons of the future are in our own homes.





Grand Inspector General Oscar Pickett, 33°



Grand Inspector General Glenn Pickett., 33°



Grand Inspector General Carl Pickett, 33°



PSGLLR Brown Elevated in Imperial Court Daughters of Isis

ELEVATED FROM IMPERIAL FIRST CEREMONIAL DAUGHTER TO IMPERIAL ORIENTAL GUIDE







Daughter Paulette Brown Arabic Court #21

The first Daughter from the Desert of Illinois to serve as Imperial Commandress was none other than Daughter Elizabeth Graves of Arabic Court #21 of Chicago. She served from 1925 to 1927 moving the international organization forward as an auxiliary to the Ancient Egyptian Arabic Order Nobles of the Mystic Shrine. While Illinoisans have remained active in the organization since her terms of service, no other Illinoisan has been elevated to such a degree with the exception of only one. She is none other than Loyal Lady Paulette Brown, Past State Grand Loyal Lady Ruler of the Illinois State Grand Assembly Order of the Golden Circle and Past Commandress of Arabic Court #21 Daughters of Isis.

Loyal Lady Brown is a leader's leader who has held high offices in multiple bodies in the State of Illinois. Past State Grand Loyal Lady Ruler and Past Worthy Grand Matron of Eureka Grand Chapter Order of the Eastern Star are among the titles that are listed on her

leadership resume at the statewide level. She earned a positive reputation from her stellar leadership of the aforementioned bodies. As such, her rise in the ranks of the Imperial Court of the Daughters of Isis is certainly not a surprise. In fact, evidence from her leadership provide cause for us to believe that she is a strong asset to the ranks of the Imperial Court today and will be tomorrow. Congratulations Past State Grand Loyal Lady Ruler Paulette Brown and to the Imperial Court Daughters of Isis!

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Sublime Prince Appointed Worthy Grand Patron

SGIG JOHNSON CLASS PRESIDENT S.P. ANTHONY ATWOOD APPOINTED

At the 2013 Annual Session of Eureka Grand Chapter Order of the Eastern Star, Sublime Prince Anthony Atwood, President of the Sovereign Grand Inspector General Ernest Johnson Class, was appointed Worthy Grand Patron of Eureka Grand Chapter Order of the Eastern Star by Most Worshipful Brother Millard V. Driskell, Grand Master of Illinois Prince Hall Masons. The son-in-law of Sovereign Grand Inspector General DePlessie "Sonny" Drew and husband to the Associate Grand Matron of Eureka Grand Chapter, Sister Stephanie Atwood (left), Sublime Prince Atwood faithfully served as Associate Grand



Patron for the Grand Chapter for the prior two terms before this appointment. His dedication and leadership ability were evident and rose to the top during his years of service in this role. This same leadership ability was also on display when his 32nd Degree Elevation Class elected him as its class president in 2012. He pushes forward in his new role as Worthy Grand Patron with great pride and care along side Sister Sandra D. Smith, Worthy Grand Matron of Eureka Grand Chapter (right). Congratulations!



Photos Submitted by Brother Terence Crayton





























First to Serve as Grand High Priest, Grand Master & Deputy

THE FIRST IN ILLINOIS TO HAVE LED THE GRAND LODGE, GRAND CHAPTER AND ORIENT OF ILLINOIS

The York Rite of Freemasonry and the Scottish Rite of Freemasonry are both known as higher degrees through which Master Masons are taught the deeper meanings of Freemasonry. York Rite Bodies have been in existence within the Jurisdiction of Illinois since the middle of the 19th Century with teachings centered on Capitular, Cryptic and Chivalric values. The oldest, being the Capitular Degrees or the Degrees which comprise Holy Royal Arch Masonry, pre-dates the Scottish Rite influence in Illinois by slightly more than twenty years. However, both Rites provide a significant education into Freemasonry from multiple angles through which any Master Mason can benefit.



Within the State of Illinois, this sentiment certainly holds true among other things. What are the other things you ask? Well, Illinois is unique in one particular area relative to its leadership personnel. Holy Royal Arch Masons are under the leadership of the Most Excellent Grand High Priest, Master Masons are under the leadership of the Most Worshipful Grand Master and Scottish Rite Masons are under the leadership of the Deputy for the particular Orient who presides by the direction of the Sovereign Grand Commander. While some of the Past Deputies of the Orient of Illinois held the title of Honorary Past Grand High Priest of the Most Excellent Prince Hall Grand Chapter of Holy Royal Arch Masons, there is only one who served as an Actual Most Excellent Grand High Priest and an Actual Most Worshipful Grand Master. He is none other than Sovereign Grand Inspector General Melvin Frierson.





Most Excellent Companion Frierson served as Grand High Priest from 1980 to 1982. As noted by Most Excellent Companion Charles Holiday Jr., Grand High Priest, Most Excellent Companion Frierson served as the Centennial Grand High Priest when the Most Excellent Prince Hall Grand Chapter of Holy Royal Arch Masons celebrated its 100th year of existence.

He was elected to serve as Most Worshipful Grand Master of the Most Worshipful Prince Hall Grand Lodge of Illinois shortly thereafter. After being selected to serve as the Deputy for the Orient of Illinois in 2008, he completed a trifecta that no one in the State of Illinois has ever completed. He is the only Mason in the history of Prince Hall Freemasonry in the State of Illinois to have served as an Actual Grand Master, an Actual Grand High Priest and Deputy for the Orient of Illinois. He may also be one of only a few in the United States of America who can claim the highest degree of service for a Grand Lodge and the York and Scottish Rites of Freemasonry.

With 2013 marking the 100th year Anniversary of the establishment of the Orient of Illinois under the Northern Jurisdiction, Sovereign Grand Inspector General Frierson is now the Centennial Deputy for the Orient of Illinois. As the current Deputy for the Orient of Illinois, his accomplishments in leadership are second to none and they clearly provide evidence to the high degree of Masonic scholarship held by Illustrious Frierson. Being the only one in the state to have achieved such an accomplishment, he is positioned well to provide wise counsel on a variety of topics within the Masonic diaspora. It is certainly a great thing to know brethren of this caliber.



Most Excellent Companion Charles Holiday Jr., 33° Grand High Priest

Congratulations and best wishes to our Centennial Deputy as he continues to make history!



Watch Your Health

Never Feel Sick Again

SUBMITTED BY LOYAL LADY CAROLYN WOMACK, #4, OGC

Watch Your Health

HEADACHES: FISH (PROTEIN)

Eat lots of fish as fish oil helps to prevent headaches. So does ginger which reduces inflammation and pain.

HAYFEVER: YOGHURT

Eat lots of yoghurt before pollen

STROKES: TEA

Prevents buildup of fatty deposit on artery walls with regular doses

INSOMNIA: HONEY

Use Honey as a tranquilizer and as a sedative.

ASTHMA: ONIONS (RED)

Eating onions helps ease constriction of bronchial tubes.

ARTHRITIS: FISH

Salmon, tuna, mackerel and sardines actually prevent arthritis.

UPSET STOMACH: BANANAS,

GINGER: Bananas will settle an upset stomach. Ginger cures morning sickness and nausea

BLADDER INFECTIONS:

CRANBERRY JUICE: High-acid cranberry juice controls harmful bacteria.

BONES PROBLEMS:

PINEAPPLE Bones fractures and osteoporosis can be prevented by the manganese in pineapple.

PMS: CORNFLAKES

Women can ward off the effects of PMS with comflakes, which help reduce depression, anxiety & fatigue.

MEMORY PROBLEMS: OYSTERS

Oysters help increase your mental functioning by supplying much needed

COUGH: RED PEPPER

A substance similar to that found in cough syrup is found in hot red

BREAST CANCER: WHEAT BRAN, CABBAGE: Wheat bran and cabbage help maintain estrogen at healthy levels.

LUNG CANCER: ORANGE, GREEN VEGETABLES: A good antidote is beta-carotene, a form of Vitamin A found in orange & green vegetables

ULCERS: CABBAGE

Cabbage contains chemical that help heal both type of ulcers.

DIARREA: APPLES

Crate an apple with its skin. Let it turn brown and eat it to this condition

CLOGGED ARTERIES: AVOCADOS

Mono-unsaturated fat in avocados lower cholesterol.

HIGH BLOOD PRESSURE

OLIVE OIL, CELERY: Olive oil has been shown to lower blood pressure. Celery contains a chemical that lowers blood pressure too.

BLOOD SUGAR IMBALANCE:

BROCOLLI, PEANUTS: The chromium in broccoli and peanuts helps regulate insulin and blood sugar.

ATTACH TO REFRIGERATOR DOOR, WALL OR THE BULLETIN BOARD FOR HANDY REFERENCE

































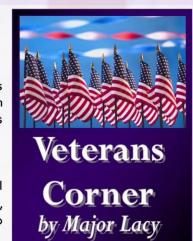
Veterans Administration Programs & Services

VETERANS EMPLOYMENT TOOLKIT

Employment is an important issue for Veterans. Helping Veterans find and obtain employment, as well as advance their civilian careers is a high priority. This toolkit is designed to provide you with answers and resources in finding and obtaining employment, as well as making career decisions and excelling in the workplace.

Looking for help creating a resume, cover letter, or completing a job application?

The Department of Veterans Affairs' VetSuccess provides general Job Application Tips, as well as Resume and Cover Letter Tips. Find information on how to create a cover letter and resume, on what are the do's & don'ts of writing a resume, and resume examples. Real Warriors also discusses how to Translate Military Experience to Civilian Employment in a Resume.



Trying to describe your military experience, skills, or positions in civilian terms?

Try the Military to Civilian Occupation Translator, that helps match military skills and experience to civilian occupations. The Skills Translator translates military educational and job training to the civilian workplace. Another Military Skills Translator is offered by VAforVets which allows customizable job postings based on your skills and capabilities. The Jobs Thesaurus finds job descriptions to describe a job you held while in the military.

Want more information about what to do in a job interview?

The Department of Veterans Affairs' VetSuccess offers helpful Interview Tips, including commonly asked questions, what to do when the interview is over, and negotiating an offer. The Department of Defense's TurboTAP also provides information on a number of relevant topics, including What Not to Wear to an Interview, what to wear to Dress Appropriately for Interviews, and Six Steps to Handling Money Questions.

Need to find job listings or career fairs to attend?

- The National Resource Directory's Veterans Job Bank allows Veterans to access jobs available specifically for them.
- HireVeterans.com offers Job Postings and a Job Fair Calendar and Virtual Job Fair Listings.
- VetJobs.com offers Job Postings and a List of Military-related Career Fairs.
- Transition Assistance Online provides a list of Military Friendly Companies and Military Job Fairs and Career Events.
- Career One Stop provides State Employment Listings.
- USAJOBS houses all federal employment listings and the Office of Personnel Management lists Veteran Hiring Events.
- Mil2Fed Jobs helps translate military occupations to federal jobs.
- The US Department of the Treasury posts Open Positions and offers internship opportunities.
- The US Department of State participates in Operation Warfighter and employs military spouses.
- Operation Warfighter offers civilian agencies the opportunity to provide temporary/part-time internship opportunities.
- VetNet is a dynamic and interactive platform which focuses on three tracks of workforce preparation and training including:
 - 1. Basic Training Track: Resume writing workshops, learn and understand paths to work, school, or self-employment.
 - 2. Career Connections Track: Learn about different career options and opportunities.
 - 3. Entrepreneur Track: Seminars focused on business ownership and sessions with experienced entrepreneurs.
 - The US Small Business Administration (SBA) has an Office of Veterans Business Development that provides Veterans counseling to start, grow, and succeed in their businesses.
 - The site also provides information on how you can get help accessing capital, competing for federal contracts, and creating jobs.
 - In addition, SBA also supports the National Guard and Reserve and their military families when a small business owner is called to serve.

Want to post your resume online for employers?

A number of websites allow you to create an account and post your resume online for employers looking for Veterans to employ. These include HireVeterans, VetJobs, RecruitMilitary, Hire a Hero, Hire Heroes USA and Transition Assistance Online.

Source: www.va.gov—U.S. Department of Veterans Affairs - Reviewed/Updated Date: September 26, 2012

































The United Supreme Council

Ancient and Accepted Scottish Rite of Freemasonry
Prince Hall Affiliation
Northern Jurisdiction, USA, Inc.

OFFICE OF:
Deputy for the Orient of Illinois
Melvin Frierson, 33°
1819 North 42nd Street
East St. Louis, Illinois 62204

REGISTRATION

Advance registration for the 96th Illinois Council of Deliberation's Annual Session is \$90.00 for ALL REGISTRANTS. The deadline for advance registration is October 2, 2013. Onsite registration is \$95.00. The registration includes a Banquet ticket and a Gospel Fest ticket. Extra Banquet tickets are \$45.00 each and extra Gospel Fest tickets are \$15.00 each.

Melvin Frierson, 33°

Mail Advance Registration To:

Melvin Frierson

Deputy for the Orient of Illinois (PHA)

one to the Secretary, and keep one for your record.







Illinois Council of Deliberation (PHA)
Illinois Council of Deliberation
Benevolent Fund Banquet
October 20, 2013

ABRAHAM LINCOLN HOTEL 701 E. ADAMS STREET SPRINGFIELD, ILLINOIS

SOUVENIR BOOK CHAIRMAN

Damon P. Anderson, Sr. 7725 S. Troy Street Chicago, Illinois 60652 (773) 405-4204

Secretary for the Orient of Illinois (PHA)
James A. Mitchell
4800 S. Chicago Beach Dr., Unit 609 S
Chicago, Illinois 60615
(773) 285 – 9932
jamitchell2013@comcast.net

PRICES FOR ADS ARE AS FOLLOW:

Inside Front:	\$100.00	W/Picture	Full Page:	\$50.00
Outside Back:	\$100.00	W/Picture	Full Page:	\$57.00 W/Picture

Inside Back: \$100.00 W/Picture Half Page: \$35.00

Half Page: \$42.00 W/Picture

DEADLINE FOR ALL ADS AND MONEY IS OCTOBER 2, 2013

***Make Checks and Money Orders Payable To: Illinois Council of Deliberation Benevolent Fund (ICDBF) ***

SEND ALL AD CONTRACTS, INFORMATION, AND PAYMENTS TO THE SECRETARY FOR THE ORIENT FEEL FREE TO DUPLICATE THIS DOCUMENT PLEASE PRINT CLEARLY

Name:	Ad Book Size:		
Address:	Amount Enclosed: \$		
City/State/Zip:	Phone Number:		

***Write your Ad(s) as you wish for it to appear in the book: Please do not send AD as a PDF file.

Please save your AD in a JPG Format. Send as an attachment.*****

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Scottish Rite Clarion Illinois Council of Deliberation **Benevolent Fund** 3728 West 83rd Place Chicago, Illinois 60652







Get your card! Enroll today, it's free!

- Ways to enroll:
- 1. Get the link from your Fun Funds Coordinator. (by email, organizational website, Facebook, etc.)
- 2. Sign up online at: http://gfs.com/funfunds/home.page?OrgNumber=2544644
- 3. See manager to sign up at your local GFS Marketplace store.
- Pick up your Fun Funds card at the customer service desk at your local GFS Marketplace store.
- Receive welcome and donation coupons when you sign up online.

Help your school or organization.

- · Every time you shop, show your Fun Funds card to earn the rebate for your school or organization.
- . Check the shelf tag for premium Fun Funds items that earn up to a 10% rebate!
- · All products earn a minimum of 1% rebate.

Help your organization reach its goals when you buy the groceries your family needs.

- · Our products are available in bigger sizes than the supermarket, offering a better value for your money.
- · Shoppers can find thousands of items from lasagna, fruit, chicken breasts, cheese, bread, burgers, to bottled water, juice, pop, detergent, and paper towels!
- · Membership is free.
- · Fun Funds cardholders receive coupons and specials every month.



The GFS Marketplace Fun Funds fundraising program may be altered or changed at any time without notice

Illinois Council of Deliberation 2nd Annual Golf Tournament

REGISTER TODAY



GRAND INSPECTOR GENERAL OSCAR W. PICKETT, 33°

The Illinois Council of Deliberation (PHA) will host its 2nd Annual Golf Tournament on Friday, October 18, 2013 at the beautiful Rail Golf Course located 1400 South Club House Drive, Springfield, Illinois 62707. Tee Time is scheduled for 10:00AM, the entry fee is \$75.00.

Please make checks and/or money orders payable to ICDBF and mail the same to:

James A. Mitchell Office of the Secretary 4800 S. Chicago Beach Drive—Unit 609S Chicago, Illinois 60615

If you have any questions about the Tournament or Golf Course please call (217) 525-0362.































