

Quarterly Newsletter



WOMEN'S CLUB OF BRICK TOWNSHIP
PO BOX 4288, BRICK, NJ 08723
WWW.WOMENSCLUBOFBRICK.ORG

April 2025



April is Child Abuse Prevention Month

On April 1st, several members of the Women's Club of Brick Township gathered at the Brick Municipal Complex to plant a pinwheel garden to raise awareness for child abuse prevention. Mayor Crate assisted and read a Proclamation declaring April as Child Abuse Prevention Month in Brick Township. Pictured from left to right are Alison Carrabba, Arlene Charlie, April Corvasce, Mayor Crate, Dee Romani, Cheryl Dyer, Eileen Sieli, Maryann Lawton, Janet Wolchko, Diane Klimik, Michele Burk, Janice Mishkin, Maureen Mitchell, and Debbie Casey.

2024-2026 Officers

Cheryl Dyer,
President
732-278-7816

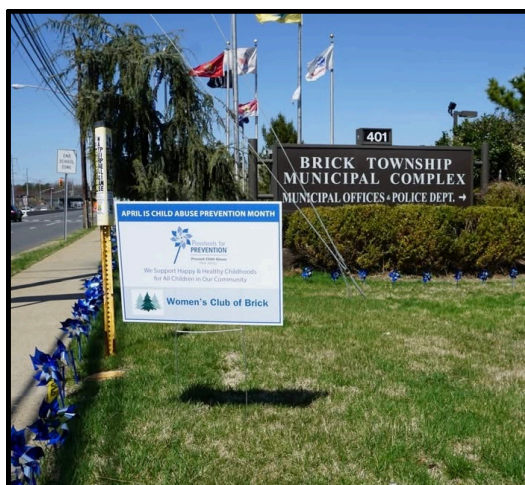
Maureen
Fahrion,
Vice-President

Diane Klimik,
Secretary

Michele Burk,
Treasurer

Janice Mishkin,
Federation
Secretary

"HAPPINESS IS
GIVING OF
YOURSELF"



The Women's Club of Brick Township is a proud member of the NJSFWC Shore District.



Uncle Vinnie's Comedy Club Fun (d) raiser

The third annual Comedy Night at Uncle Vinnie's Comedy Club in Point Pleasant, NJ was a huge success! Thanks to the leadership of Vice-President Maureen Fahrion, the club hosted a sold-out event on April 10th. We'd like to thank our generous business sponsors who helped us keep costs down and raise money so that the Women's Club of Brick can continue to serve the community and

provide scholarships to graduating students from Brick high schools.

Uncle Vinnie's Comedy Club never disappoints! The food was terrific and so were the comedians. Our headliner, Jackie Byrne, was outstanding. We raised some FUN and FUNDS thanks to the members who attended, sold tickets, sold ads, and helped to promote this annual event. See you at Uncle Vinnie's next year!



MLK Day of Service

For MLK Day of Service in January, the WC of Brick supported the NJ State Federation of WC's Special State Project (NJ State Federation of Women's Clubs of General Federation of Women's Clubs) by donating eight filled backpacks for homeless teens, three sleeping bags, eight baby blankets for new mothers and a case of diapers. Each backpack contained toiletries, a first aid kit, a flashlight, socks, gloves, and a hand-knit hat. The value of our donations was approximately \$600.

Our club is part of the Shore District. The combined donations from the clubs in the Shore District had an estimated value of \$10,000! Great work by all of the women in the Shore District.



Jersey Shore Paint Party

What's better than a painting of a sand dollar on the beach? Seven paintings of a sand dollar on the beach of course! Seven members of the club participated in this event organized by the Arts and Culture and Membership committees. We are grateful to Jersey Shore Paint Party, a local business that has been a terrific supporter of the Women's Club. Our members and guests have learned a bit about epoxy resin art and acrylic painting from their talented artists during our fun(d)raising events.



See you at night?

We had many requests for evening meetings and we're happy to say that we can accommodate those requests. Beginning in February, we added evening meetings. The meetings are the same day as the daytime meetings, which is usually the first Monday of the month, and the agenda is the same, but the meeting begins at 6:30 and typically concludes by 8:00. Day and evening attendees have opportunities to interact and work together during committee meetings, which are typically in the late afternoon.

Highlights and Previews



February 2025

Our guest speaker at our February meeting was our member, Sheryl L Geisler. Sheryl holds a MS, PA-C, and she is an Adjunct Associate Professor in the Rutgers Physician Assistant Program School of Health Professions. Sheryl provided the members with a great deal of information on heart health, the warning signs of a heart attack, and preventive steps that include diet and lifestyle choices

She reminded us of foods we should limit: SUGAR, soda and sugary drinks, red meat, processed meats, fried foods, and foods with a high glycemic index. Sheryl helped everyone read food labels and pointed out where 'added sugars' are a problem. We continued our focus on heart health during the month of February when we hosted a Galentine's Bunco Night. \$150.00 of the proceeds were donated to the American Heart Association.

April 2025

The environmental club participated in a Beach Sweep on April 12th.

Several club members have entered projects in the Shore District Achievement Day. Their entries include painting, photography, knitting, and quilting. We wish them well!

May 2025

Our guest speaker for our May meeting will be Lisa Peck-LaMarca from Northern Ocean Habitat for Humanity. She will be sharing information about an upcoming Women's Build.

Four members will be attending NJSFWC Convention May 5-7th.



March 2025

At our March meeting, Lindsay and Alicia from the Ocean County Prosecutors Office provided the members with tips on how to avoid Elder Fraud. They pointed out that "senior citizens are often targeted because they have a tendency to be more trusting." They shared the "most popular scams" including Congratulations You're a Winner, Help me Grandma, Spam Mail with Links, Romance Scams, and Computer Compromises.

June 2025

Our guest speaker for our June meeting will be Dr. Mira from Willow Springs and Crest Pointe rehabilitation centers. She will focus her presentation on stress.

Our membership committee is planning a summer social for June 11! This evening get-together is a pot luck.



“I’m considering joining. What do I need to know?”

The New Jersey State Federation of Women’s Clubs, the largest volunteer women’s service organization in the state and a member of the General Federation of Women’s Clubs, provides opportunities for education, leadership training, and community service through participation in local clubs, enabling members to make a difference in the lives of others, one project at a time.

The goal of the New Jersey State Federation of Women’s Clubs is to enhance the quality of life within our respective communities and state by transforming public interests and concerns into meaningful projects and programs; to afford our members opportunities for the development of individual skills, talents and abilities; and to serve as a grassroots volunteer resource in New Jersey communities.

In order to bring that vision to fruition we focus our efforts through these committees: Advocates for Children, Arts and Culture, Civic Engagement and Outreach, Domestic Violence, Education, the Environment, Health and Wellness, Leadership and Legislative Resolutions. For 2024-2026 the Special State Project is the New Jersey Children’s Alliance.

At the local level, we strive to ensure that our efforts target those in need in Brick Township and/or in Ocean County. You do not need to be a Brick resident to join the Women’s Club of Brick Township. We have several members from surrounding communities. The bottom line is we do good work while having some fun along the way!

Thank you for reading!

**WOMEN’S CLUB OF BRICK
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WOMENSClubOFBRICK@GMAIL.COM

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PO Box 4288
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Please visit our FB **PAGE** (Women’s Club of Brick)
and Instagram (@wcofbrick)

