

# DECLUTTER CHECKLIST



## KITCHEN

- Expired food in fridge and pantry
- Expired spices
- Chipped or damaged dishes
- Tupperware without lids or bottoms
- Frayed dish towels
- Take-out menus
- Clean out or donate old cook books
- Water bottles that maybe leaking
- Remove anything that does not belong in the kitchen

## BATHROOM

- Expired medication
- Expired makeup
- Expired lotions and skincare products
- Frayed towels
- Hair products that you no longer use

## LAUNDRY

- Expired cleaning products
- Broken laundry baskets and hangers
- Broken or unused mops, brooms, dusters and buckets

## LIVING ROOM

- Magazines and books
- Broken furniture
- Unused or broken electronics
- Frayed pillows or blankets
- Trinkets collecting dust

## BEDROOM

- Clothing that are not worn or no longer fit
- Shoes that you no longer use
- Accessory items (belts, scarves and jewelry)

## KIDS PLAYROOM

- Outgrown toys
- Broken toys
- Duplicate toys
- Dried up art supplies
- Games and puzzles with missing pieces