



## 2024 SCOTTISH NATIONAL DANCE PREMIERSHIP STEPS

(RSOBHD “Scottish National Dances for RSOBHD Competitions and Scottish National Dance Premierhips” book published November 2020)

**Note 1.** Unless stipulated, any introduction may be danced. Male dancers must dance male introductions.

**Note 2.** Where applicable Male Dancers must dance male methods and use stipulated arms for males.

**Note 3.** The order of the steps **MUST** be followed as listed below, however, dances may be danced in any order.

	7 & under 12 years	12 & under 16 years	16 years & over
<b>THE SAILORS' HORNPIPE</b>	Introduction: Basic 1 <sup>st</sup> Step: Circle 2 <sup>nd</sup> Step: Shuffle Over The Buckle 4 <sup>th</sup> Step: Farewell (Turning on Bars 5 and 6) 16 <sup>th</sup> Step: High Cutting	Introduction: Basic 1 <sup>st</sup> Step: Circle 2 <sup>nd</sup> Step: Shuffle Over The Buckle 4 <sup>th</sup> Step: Farewell (Turning on Bars 5 and 6) 13 <sup>th</sup> Step: Inverted Toe-Heel in 2 <sup>nd</sup> Position 16 <sup>th</sup> Step: High Cutting	Introduction: Alternative with Break A 1 <sup>st</sup> Step: Circle 2 <sup>nd</sup> Step: Shuffle Over The Buckle 5 <sup>th</sup> Step: Scissors or Sailors' Buckle 13 <sup>th</sup> Step Alternative: Inverted Toe-Heel in 2 <sup>nd</sup> Position 16 <sup>th</sup> Step: High Cutting
<b>EARL OF ERROL</b>	Introduction: Basic (Males & Females – Bar 8 finishing on balls of both feet) 1 <sup>st</sup> Step: Circle and Point 2 <sup>nd</sup> Step: Double Treble 4 <sup>th</sup> Step: Balance 6 <sup>th</sup> Step: Single Treble	Introduction: Basic (Males & Females – Bar 8 finishing on balls of both feet) 1 <sup>st</sup> Step: Circle and Point 2 <sup>nd</sup> Step: Double Treble 4 <sup>th</sup> Step: Balance 6 <sup>th</sup> Step: Single Treble	Introduction: Basic (Males & Females – Bar 8 finishing on balls of both feet) 1 <sup>st</sup> Step: Circle and Point 3 <sup>rd</sup> Step: Hop and Travel 5 <sup>th</sup> Step: Double Treble (Turning) 6 <sup>th</sup> Step: Single Treble
<b>HIGHLAND LADDIE</b>	1 <sup>st</sup> Step: Half Turn / High Cut in Front 4 <sup>th</sup> Step: Hop Heel Travel 5 <sup>th</sup> Step Alternative: Brush to Second and Travel 6 <sup>th</sup> Step Alternative: Balance and Round-the-Leg	1 <sup>st</sup> Step: Half Turn / High Cut in Front 4 <sup>th</sup> Step Alternative: Hop Heel Travel 5 <sup>th</sup> Step Alternative: Brush to Second and Travel 6 <sup>th</sup> Step Alternative: Balance and Round-the-Leg	1 <sup>st</sup> Step: Half Turn / High Cut in Front 4 <sup>th</sup> Step: Hop Heel Travel 5 <sup>th</sup> Step Alternative: Brush to Second and Travel 6 <sup>th</sup> Step: Balance and Round-the-Leg
<b>SCOTTISH LILT</b>	Introduction: Basic 1 <sup>st</sup> Step Alternative: Circle 3 <sup>rd</sup> Step: Assemble 4 <sup>th</sup> Step: Pas de Basque 8 <sup>th</sup> Step: Round-the-Leg	Introduction: Basic 1 <sup>st</sup> Step Alternative: Circle 3 <sup>rd</sup> Step: Assemble 5 <sup>th</sup> Step: Forward Travel 8 <sup>th</sup> Step 1 <sup>st</sup> Alternative: Round-the-Leg	Introduction: Basic 1 <sup>st</sup> Step Alternative: Circle 5 <sup>th</sup> Step: Forward Travel 6 <sup>th</sup> Step Alternative: Rocking 8 <sup>th</sup> Step 2 <sup>nd</sup> Alternative: Round-the-Leg

Released to Professionals – 17<sup>th</sup> July 2023