

UNION MEETING

HAPPENINGS

August 2025

210 CLUB RAFFLE \$500 WAS WON BY

JEFF PRENDERGAST

CONGRATS JEFF!

This month's meeting was held in person on August 6, 2025, at the IBEW union hall.

The bills were read and shared with the membership, a motion to pay all the bills was made and passed without dissent.

Health Benefit Report:

HEALTH BENEFITS: Derek Lynch
July 2025 Health Benefits Report

August Health Benefits Report

August is National Immunization Awareness Month. CDC-recommended immunizations are free for adults and children with the NALC HBP (both High Option and CDHP) when done within schedule guidelines. However, immunizations, boosters, and medications for travel or work-related exposure are not covered by the plan, leaving members responsible for the full cost of treatment.

Annual vaccinations are some of the Wellness Incentives that can help you earn money to be used on eligible medical expenses via a NALC HBP issued TASC card. The program is not well understood, so hopefully the following information will help clear up some confusion.

New cards were recently mailed to all NALC HBP members with a return address of **Xformative Card Return**. They are not mailed from the NALC Health Benefit Plan, so they aren't easily recognizable. The TASC Mastercard Debit card can be used to pay for eligible medical expenses. Manage your account at www.tasconline.com, with the TASC mobile app, or call **1-800-584-6713**.

Like a flex spending account, funds can be used to purchase medical items or services not covered by health insurance. Examples include dental treatment, eyeglasses and over-the-counter medication. For more information, the complete list can be found on our website at <https://www.nalchbp.org/pdf/IRS-213d.pdf>

With providers who do not accept the card, you can submit a request for reimbursement at tasconline.com or with the TASC mobile app. To do so, you may need to provide receipts or documentation. Once approved, you can withdraw funds at an ATM (with a PIN) or transfer to a personal bank account via app or online.

Funds do not expire. However, you will lose all accumulated funds if you choose to leave the NALC HBP. If you have not received your new TASC card, call customer service at **1-800-422-4661**.

The incentives:

- **\$50 (High Option)/\$30 (CDHP) – Your Health First Disease Management Program.** One reward per calendar year once a fitness, diet or health goal is achieved with the help of a trained health coach. Call 877-220-6252 to speak to a health advocate.
- **\$50 (High)/\$30 (CDHP) – Health Pregnancies, Healthy Babies.** Call 877-220-6252 during the 1st or 2nd trimester and complete 3 calls with a pregnancy specialist.
- **\$50 (High)/\$30 (CDHP) – Tobacco Cessation Program.** Eligibility will be determined by your Quit for Life Coach and you must have at least 5 telephonic counseling sessions. Visit www.quitnow.net/nalc or call 866-QUIT-4-LIFE (866-784-8454)
- **\$50 (High)/\$30 (CDHP) – Annual Biometric Screening.** One reward annually for any of the following screenings with your PCP: - calculation of body mass index (BMI), waist circumference measurement, total blood cholesterol, blood pressure check, fasting blood sugar.
- **\$30 (High)/ \$20 (CDHP) – Health Assessment.** Available to eligible members and dependants 18+, visit <https://nalc.yourcareallies.com/web/public/hw/guest>
- **\$10 (High)/\$5 (CDHP) – Annual influenza vaccine.**
- **\$10 (High)/\$5 (CDHP) – Annual pneumococcal vaccine.**

Pay attention to your health now or you will be forced to pay attention when your health becomes a problem. Call or text me at **585-737-9297** with questions about your NALC HBP and MBA benefits.

Benefit Trust Report; Kenny Montgomery

The benefit trust financial report was shared with the members with no questions.

Total in Benefit Trust Account \$219,007.45

AFL-CIO Report:

Labor Day Parade -September 1, 2025 @11am... be there at 10am

Please wear uniforms

Pizza and Drinks will be provided at the end of parade.

COPE Picnic- Meet and Greet labor friendly candidates. Was attended by Congressman Joe Morelle, Monroe County Clerk Adam Bello, Rochester Mayor Malik Evans, Afl-CIO President Dan Maloney

Building report:

- o The central air at hall froze and was not working. Called in Betlem Heating and Air Conditioning – added refrigerant and cleaned it-working now but it is 18 years old- cost was slightly under \$500

Political Education:

- o **NALC President Brian L. Renfroe testified on 7/23/2025 before the House Subcommittee on Government Operations at a hearing on mail theft and crime.**

- **Issues testified:**
 - Renfro explained the issues with the current method, referenced the Postal Service's modernization efforts,
 - Chairman Pete Sessions (R-TX) recognized that criminals have increasingly targeted letter carriers, referencing an 845 percent increase in letter carrier robberies from 2019 to 2023.
 - Renfro explained that passing the bipartisan Protect Our Letter Carriers Act is the most efficient way to modernize all postal locks and keys.
- July 30th, Reps. Nikki Budzinski (D-IL), Chris Pappas (D-NH), Andrew Garbarino (R-NY), and Jack Bergman (R-MI) announced they would lead the House bipartisan postal caucus in the 119th Congress.
- The House has adjourned for the summer August recess with the Senate set to head to their home states on Aug. 1. Both chambers are scheduled to reconvene on Sept. 2.

POSTAL BILLS- WE WANT PASSED

- **HR 1522**- 102 cosponsors (88D 14R) Federal Retirement Act- No Morelle- no changes this month
- **HR 70** -213 cosponsors (205D 16R)- No to Privatization (218 is majority- we are over it) No Tenney- Companion in Senate S.RES. 147 - 7 cosponsors (3D 4R)- need 51 to pass bill
- **HR 1065** – 135 cosponsors (121D 14R)- Protect our Letter Carriers- No
- Tenney
- **HR 3011** – Shipping Alcohol Introduced on 4/24/25 by Republican Dan Newhouse (Washington)- 3 cosponsors(3D 0R)

Vehicle & Safety:

Nothing to report

Unfinished Business: President Monique Mate:

- The new labor charge by an individual against branch which claimed the branch coerced employees in the exercise of rights protected by Section 7 of the Act refusing to process the Charging party's grievance for arbitrary or discriminatory reasons or in bad faith- has been withdrawn by individual who filed it
- New Employee Experience, Retention and Mentoring Program has started
Joe Misztal from Branch 134 is the NALC rep and him and his partner are going to be given the training... all of Branch 210 and our EAS excluding one who is on removal and one who is out on extended leave took the zoom new employee experience

- Next will be the mentoring program- told it's about half hour of training. The mentors must be agreed by the USPS and NALC. Our NBA will be in talks with the District Manager to make final decisions on who. The NBA will be getting names from the Branch Presidents... we have been getting a lot of interest and wanting to be a mentor not everyone will be a mentor... also it can be but not necessarily a steward or a trainer.
- PM David Steiner began on 7/15/2025-
 - A positive indicator is that USPS is entertaining a return to last-mile delivery of business partners' packages. The CEO of UPS said that her company is in discussions with USPS about reviving the final delivery of UPS packages by USPS, something that Hopefully, it's an indicator of a larger return to and expansion of public-private partnerships for both packages and mail.
 - A video addressing the employees speaks to NOT trying to privatize the USPS-
- New ODL has begun- we are noticing NS days are not in increment of 8 hours... this needs to be addressed.
 - Beechwood -Westgate are totally messing this up
 - Irondequoit, Lexington – are doing it somewhat correct--- issue if someone works less than they are not charging(this is incorrect) Anyone coming in their NS day should be charged 8 hours
 - I have not seen Greece but heard it's correct... we have not heard or seen other stations...
- Mike Caref – running for National President next year will be here next Union meeting – Sept 3rd – we had a motion passed where he can talk for a half hour in the beginning of meeting- may stay after to answer any questions
- Special meeting – that our branch along with others around country - did not get approved- 388 branches requested... what was needed-

Special meetings shall be called by the President upon the written request of not less than one-half of all the Branches representing not less than two thirds of this membership of this National Association of Letter Carriers. There are 1542 branches with a total of 294,904 therefore needed to have a special meeting 771 branches, and 196,603 members must request special meeting.

New Business: President Mate

- VEHICLES-
 - We have in some stations carriers not trained on correct vehicles but still assigned. Had situation in Irondequoit- Steward Ann Pacher and myself worked with management creating a schedule and having these members trained. I have been in contact with training department to help facilitate
- Steward class- will be scheduled in the next couple months- for newer stewards only- will be at IBEW will keep updated
- One- week moratorium for Formal grievances ONLY M-02012, week of August 18- August 22, 2025 due to USPS Labor Relations at Headquarters and district offices.
 - DOES NOT APPLY TO STEP A GRIEVANCES-TIMELINES ARE THE SAME

- **Applies to Formals – appeals, decisions, meetings**
 - **Step B- DRT will not be deactivated**
 - **No arbitrations in the country are scheduled this week**
- Received the original 12/60 hour report and the GATS payment report reflecting what USPS has entered into GATS regarding the additional 50% for carriers who worked over 12 or 60 in PP15. These payments were in last week's check.
 - Postal Service expected to be able to manually enter the adjustments within one pay period. *Shockingly*, they failed to meet their own expectations. The national payment report lists less than 20% of the carriers listed on the hours report previously sent on July 17.
 - NBA will provide further updates on the process/payments as I receive them...
 - Disputes can only be made at headquarters per M-02009- no grievance

Death of Members- none this month

Good of the Association

Nothing to report

Financial Requests

Financial Committee- Kenny Montgomery/Anthony Mangiavellano

- **Motion made and passed for**
 - **Teamsters Golf Tournament-foursome /sponsor hole \$640.00**

MOTION TO ADJOURN

- **The next union meeting is open to all members and is Wednesday September 3, 2025, at 7:00pm in person at the IBEW union hall 2300 East River Road, Rochester, NY 14623**