

UNION MEETING

HAPPENINGS

June 2025

210 CLUB RAFFLE \$500 WAS WON BY

Chris Quigley

RETIREE- WESTGATE

CONGRATS CHRIS!

This month's meeting was held in person on June 3, 2025, at the IBEW union hall.

A motion to dispense with the reading of the previous meetings minutes was made and passed without dissent.

The bills were read and shared with the membership, a motion to pay all the bills was made and passed without dissent.

Health Benefit Report:

HEALTH BENEFITS: Derek Lynch
June 2025 Health Benefits Report

June 2025 Health Insurance Report – Men's Health Awareness Month.

Males are taught at an early age to be tough. Sports teach us to shake off an injury, tape it up and get back out there. Avoiding the doctor is seen as a badge of honor for many men (and women). The truth is, just like you are stronger when your union has your back, you are better off when you have a team of friends and professionals looking out for your health.

Did you know that 1 in 5 adults experience a mental health challenge each year? Over 6 million of those suffering from depression are men, and it's often left undiagnosed. We all know management loves to micromanage you to the point that you question your ability to do the job and your sanity. Members of the NALC Health Benefit Plan can access resources to help treat and prevent these issues with Optum Live and Work Well – www.liveandworkwell.com.

The main goal of this information is to help you learn more about depression, attention deficit hyperactivity disorder (ADHD), or substance use disorders and assist you to get professional resources if you believe that you or your child (in the case of ADHD) have one of these conditions. As with all medical diagnoses, the treatment outcomes for behavioral health issues are generally better the earlier the condition is identified.

- A screening tool to help you decide whether to seek care.
- Articles about behavioral health conditions and how they are treated.

- A list of organizations you can contact if you want more information about a condition and its treatment.
- Contact information for self-help groups if you want to talk with others who can provide support and encouragement.
- Information on how to contact us if you have questions or concerns.

June is also Alzheimer's and Brain Awareness Month, and June 14 is World Blood Donor Day and June 27 is National HIV Testing Day. These diseases are covered by another great program added for our members: **Accordant Care**.

AccordantCare is a specialized program that gives members the support they need to manage certain complex conditions such as ALS (Lou Gehrig's disease), Crohn's disease, cystic fibrosis, HIV, multiple sclerosis, Parkinson's disease, rheumatoid arthritis, epilepsy and more. The program is completely voluntary and allows members to participate based on their level of need or comfort, and to opt out at any time.

Members can expect to receive 24/7 access to a registered nurse who specializes in the member's condition and provides support in addition to routine health risk assessments, including personalized education and monitoring based on individual needs; monthly newsletters; online resources; case management; physician notification of program enrollment and ongoing collaboration on the member's plan of care; and periodic wellness outreach to the member. Call **844-923-0805** for more information.

Lastly, another benefit to our NALC HBP members is **Transform Diabetes Care®**, which helps deliver better overall care and lower costs for members affected with Type 1 or Type 2 diabetes and who are insulin dependent. Upon enrollment, each member will receive a connected glucometer, unlimited test strips and lancets, medication therapy counseling from a pharmacist, two annual diabetes screenings at a CVS Minute Clinic®, and a suite of digital resources through the CVS mobile app. Call **855-238-3622** for more information.

Call or text me at **585-737-9297** with questions about your NALC HBP and MBA benefits. Pay attention to your health now or pay attention to it when it may be too late – the choice is yours!

Any questions Derek can be reached at his cell 585-737-9297

Benefit Trust Report; Kenny Montgomery

The benefit trust financial report was shared with the members with no questions.

Total in Benefit Trust Account \$213,103.24

AFL-CIO Report:

United Way Labor Recognition dinner - June 4, 2025- honoring Branch 210 UCANN graduates July 5, 2025, Labor Film festival will be coming up- free to our members

Red Wings Game-Labor Night

July 19,2025 Pride Parade

Labor Day Parade -September 1, 2025

Building report:

- The sign has it stakes up. Vital signs will be putting it up as early of this Friday June 6, 2025

Political Education:

- HR 1522- 102 cosponsors (88D 14R) Federal Retirement Act
- HR 70 -213 cosponsors (200D 13R)- No to Privatization (218 is majority)
- HR 1065 – 126 cosponsors (114D 12R)- Protect our Letter Carriers

“Big Beautiful Bill” was passed in the house 215-214

Eliminated from bill was:

- Increasing the Federal Employees Retirement System (FERS) contribution rate for existing employees up to 4.4 percent-
- Reducing annuity payments by calculating a retiree's annuity based on their high-five salary average (instead of three)

Remaining on the bill is:

The elimination of the FERS annuity supplements for those who have not yet reached the age of 62 to collect Social Security, was delayed until 2028.

- Now heads to the Senate, where they have their ideas for changes to the House-passed bill. The Senate has a tight timeline with the goal of getting the package to President Trump's desk by the July 4 recess.

The Senate, which will only require a simple majority to pass reconciliation (51 votes instead of the usual 60), can remove the elimination of the FERS special annuity supplement from its version of the reconciliation package. With 53 Republicans, 45 Democrats and two independents who caucus with the Democrats, there is little room for Republican objection. Senate Homeland Security and Government Affairs Chairman Rand Paul (R-KY) has already indicated his opposition, tightening an already very thin margin.

Beyond federal workforce impacts, the bill contains numerous provisions that could derail action in the Senate, including cuts to Medicaid, low-income food and nutrition programs, and clean energy programs, to name a few. H.R. 1 also expands tax cuts for corporations and the wealthiest Americans while increasing funding for national defense, border security and deportation. The bill would increase the debt limit by \$4 trillion.

- **GO to NALC - Take action- Register it will automatically send a written objection- or request to CO-Sponsor**

Vehicle & Safety:

Nothing to report

Unfinished Business: President Monique Mate:

- LMOU's May 27, 2025, to June 26, 2025.- Have begun Greg Karalias and Tony Polidori have already started the AO's. Mike and I have sent the letters and are meeting with Rochester PM Derek Spencer next week
- 22 items in Art 30, can try to negotiate other items outside of the 22 items but no one is obligated, and it can't be impassed
- A motion passed for a special meeting last month under the Constitution Art 3 sec2 – the letter was sent to President Renfro

- Article 8 new contractual changes take effect July 1st. Able to sign just your NS day, just pivoting, or both lists which is how the current ODL is now, and Work assignment list. You can not be work assignment and any other list. Three separate lists that they have to make equitable.
- While the new language in Article 8, Section 5.G.3 will take effect on July 1, the Postal Service may not have its payroll system updated to compensate letter carriers who voluntarily agree to work in excess of 12 hours in a service day or 60 hours in a service week. As explained in Article 8, Section 4.G, any letter carrier who works over these limitations is automatically paid an additional 50 percent of their base hourly straight-time rate. Until the pay systems are updated, the parties have agreed to a process that requires management at the district level to review the hours of every letter carrier and identify the city letter carriers who have worked in excess of the daily and weekly limitations during the previous pay period. Management must then input the pay adjustments for those individuals into their Grievance Arbitration Tracking System (GATS). Every pay period, the Postal Service must provide documentation to the NALC at the headquarters level detailing which employees worked over the limitations and how much each letter carrier was compensated. Because the new language does not take effect until July 1, any letter carrier who is required to work more than 12 hours in a service day or 60 hours in a service week should notify their shop steward so they can investigate and file a grievance if necessary. After July 1, and until the Postal Service's payroll systems are ready to provide automatic payments, any disputes regarding the proper payment for hours worked will be handled at the headquarters level. Once the payroll system is updated, the additional compensation will be paid automatically.
- New Employee Experience, Retention and Mentoring Program
In addition to the changes in Article 8, the parties also agreed to the nationwide implementation of the MOU Re: New Employee Experience, Retention and Mentoring Program on July 1. Until that time, the only places where this program will be in effect are those locations in which the parties jointly selected to conduct pilot tests under the MOU Re: New Employee Experience and Retention Program and the MOU Re: New Employee Mentoring Program. Under these two agreements, the parties used an alternate dispute resolution process to handle issues that arose in the pilot offices. After July 1, when the pilot programs end and every office nationwide is included in the New Employee Experience, Retention and Mentoring Program, violations of this MOU will be handled through the Dispute Resolution Process outlined in Article 15 of the National Agreement.

Food Drive –

- Wegmans donated \$2500 in gift cards which were sent out to pantries
- Food pick up seems to be as usual

United Way Labor Council Dinner – Tomorrow honoring local labor leaders along with our UCAN graduates – Bought a Table of 8

- Scott Rauchfuss -grad
- Kassandra Kruger-grad
- Giana Triola-Finn- past grad
- Cliff Finn- past grad
- Ann Pacher- past grad
- Anthony Mangiavellano
- Kenny Montgomery
- Monique Mate

- The branch had a request from Mike Caref NBA from Region 3 who currently is going to run for National President. He initially wanted to come in July when the branch requested a different month. He will be at the September 3rd meeting
- Seabreeze tickets (7/13/2025) are being sent to branch this week. Selling at July meeting.

New Business: President Mate

- Return to Work packets- they can have a RTW discussion when you return - don't sign it. We are not obliged to sign anything other than 3971's
- Irondequoit Election this month- Chris Velez stepped down
- 3996's are carrier forms- Program called Autopivot- management should not be completing them or writing anything on them EXCEPT on Section L. We have several Step 4's and arbitrations that support this. Grieve if this is happening... We have a cease and desist from Derek Spencer
- New Contract - <https://www.nalc.org/workplace-issues/resources/2023-2026-National-Agreement.pdf>
- Social Media- Do not post while working, do not post in uniform, do not post in truck
- Remind our carriers- If any law enforcement or Federal Agent approaches you on the street tell them you will not discuss anything while on route or on street - meet them back at the office. Have them contact

Death of Members

Zenya Jensen- Irondequoit	Active
Barry Arnold- Greece	Retired

Good of the Association

Nicole Ward reported– MDA Golf Tournament Timber Ridge May 18 took in \$7400 for MDA, Had 84 golfers

- Thank you to all volunteers
 - Anthony Mangiavellano and family
 - Scott and Amy Wallace
 - Irondequoit Carrier- Matt Saltzberg
 - VP Mike Masters
 - Westgate carrier- Dacia Hirsch

Financial Requests

Financial Committee- Kenny Montgomery/Anthony Mangiavellano

1. Robert Rabbit Riley- Retirement Party long friend of branch from Branch 358
 - Request \$100.00 full page ad
 - 4 officers attending for \$35.00 per person (Total \$140.00)

2. Binghampton Branch 333 – golf sponsor (\$100.00)

Motions made and approved

- Branch 333 golf sponsor- \$100.00
 - Robert “Rabbit” Riley ad - \$100.00
 - Robert “Rabbit” Riley 4 officers to attend \$140.00
- TOTAL \$340.00

**The next union meeting is open to all members and is Wednesday July 2, 2025, at 7:00pm
in person at the IBEW union hall 2300 East River Road, Rochester, NY 14623**