



## Northcentral University IRB

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### Questionnaire Protocol

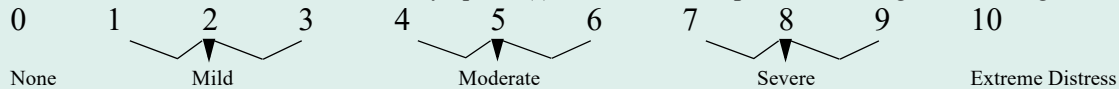
These questionnaires include questions about anxiety symptoms and grief experiences and behaviors, and will take approximately 10 to 15 minutes each to complete. Please read the questionnaire instructions carefully before beginning. Respond to all questions as honestly as possible. Your responses will be confidential. You may skip any questions you do not wish to answer.

#### Instructions for the Anxiety Symptoms Questionnaire:

Please read each item and **fill each box with the number** in the scales below that best describes your experience regarding the Intensity (A) and Frequency (B) of these symptoms:

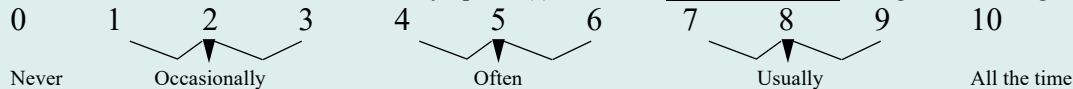
##### A. USE THIS SCALE TO COMPLETE COLUMN (A) BELOW

How INTENSE or BOTHERSOME the symptoms(s) have been **in the past week**, using the following scale:



##### B. USE THIS SCALE TO COMPLETE COLUMN (B) BELOW

How INTENSE or BOTHERSOME the symptoms(s) have been **in the past week**, using the following scale:



#### Sample questionnaire item:

	A	B
IN THE PAST WEEK:	INTENSITY (0 to 10)	FREQUENCY (0 to 10)
1. Anxiety		
2. Muscle Tension or Tightness		

#### Instructions for the Revised Grief Experience Questionnaire:

Below are a series of general statements. You are to indicate how much you agree or disagree with them. Be as honest as possible. Remember, there are no right or wrong answers to these questions.

Read each item and decide quickly how you feel about it; then circle the number of the item that best describes your feelings. Put down your first impressions. Please answer every item.

#### Sample questionnaire item:

	agreement			disagreement		
	slight	moderate	strong	strong	moderate	slight
1. I tend to be more irritable with others since the death of my loved one.	1	2	3	4	5	6

Thank you for your time and willingness to complete the questionnaires.

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