**SUPPORT SERVICES—CLARE REGION**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Service** required | **Agency** | **Contact**  | **Phone** | **Fax/Notes** | **Referral** |
| **Practical support** | **Country Carers SA** | Leanne MullinsLeanne.M@sacountrycarers.org.au | 1300 686 405 |  | Letter / Self |
|  | **Uniting Care Wesley** | Yad Licitar: Yadranka@ucwcsa.org.au  | 8842 4033 |  | Letter / Self |
|  | **Red Cross** Personal Helpers andMentors **(PHAMS)** | Maryanne Koerner (Manager) | 8633 8100 |  | Template Letter |
| **Meals on Wheels** | Clare | Geraldine PawelskiClient Coordinator | 0438 422 764 |  | ReferralAll referalls  |
|  | Clare | Julie Gibson | 8892 2115 |  | Referral Fax |
|  | Burra |  |  |  |  |
|  | Riverton |  |  |  |  |
|  | Snowtown | Bernice Hamdorf - Michelle |  | She hand deliversreferrals |  |
|  | Balaklava |  |  |  |  |
|  |  |  |  |  |  |
| **Partners in Recovery** | Partners in Recovery | Nicole Builder(co-ord) | 8565 8516 |  | GPMHP |
| DASSA | Drug & Alcohol Services | Lisa Cimarosti | 8842 3139 |  | Self |
| **Aged Care** | ACAT | Access to Home Care |  |  |  |
|  | Clare | Clare Hosp. Comm. Services | 8842 6560 | 8842 6556 |  |
|  |  |  |  |  |  |
| **Paediatric OT** | Port Pirie |  |  |  |  |
|  | York Peninsula |  |  |  |  |
|  | Living Free OT for Kids | Eliza Cotle, Balaklava |  | **Autism** NDIS provider |  |
|  | Play Partners  | Katrina – Clare |  |  |  |
|  | Novita |  |  |  |  |
|  |  |  |  |  |  |

**MENTAL HEALTH SPECIALIST DETAILS**

|  |  |  |  |
| --- | --- | --- | --- |
| **MH Specialist** | **Contact** | **Private Fees** | **Concession Fee – 2022** |
| **Lifeline – ‘Connect’**Suicide Prevention and other help *Behind ‘Just Julies’*  Crisis Support | **Lorna Woodward**1 Blanche St. Clare, 545308 8842 2827M: 0437 007 329clare.counsellor@llbhc2c.org.au | **FREE**24 hours**13 11 14***Lifeline* |  |
| **Just Breathe TS****Bridey Gigney** – social worker | 4 John St. TanundaPh. 0472555358E: justbreathets@gmail.com | Currently BB but may change to Gap payments |  |
| **Veronica Watkins**Counselling | The Tuning Fork36 Main North Rd, AuburnPh. 0413 884 230Fax. 08 7109 0094 | $135(Patient pays gap $57.90) | $105(Patient pays gap $27.90) |
| **Dr Sally Tregenza**Child Psychiatrist  | Women’s & Children’s hospital, 72 King William Rd. North AdelaidePh: 08 8161 7227Fax 08 8161 7032 |  |  |
| **Dr Julie Connor**Psychiatrist | Young St. Consulting49 King William RdUnley 5061Ph: 08 7077 0015 |  |  |
| **Country & Outback Health**MH Therapy | 2/25 Old North RdPO Box 842, ClarePh: 08 8841 4400Fax 08 8312 2506 |  |  |
| **Lower North Community MH Team**MH Therapy | Lennon Street, Clare 5453Ph: 08 8841 3500Fax: 08 8841 3501 | Steve LetcherRob Wastell - Nurse |  |
| **Mandy Clothier**Counselling | 20 Albert St. Clare 5453Ph: 0458 872 619 |  |  |
| **NDIS**MH Therapist | 104 Florence Street, Port Pirie 5540Ph: 08 8638 3902 |  |  |
| **Tracey Davies**(through Clare Medical Centre) | Also: ‘The right Journey’Clare High School | **Youth Worker**Visits Clare High | Also Balaklava, Riverton High |
| **Walking Group**(through Clare Medical Centre) |  |  |  |
| **Mandy Knight** | Clare High Counsellor | via Teachers |  |
| **Don Piro** MH Social Worker | Nuriootpa 0419 863 124 | Counsellor, Family, Individual Relationships  |  |
| **Sarah Atkinson**Narrative Therapy, Trauma | Private OA-lineCounselling | Link toArnhem Land |  |
| **Dr Michael Nugent** **Dr Darcie Barry-Keen****Dr Lisa Koo -** Old North Rd. Clinic**Dr Jeremy Nichol** – Victoria Rd. | 8841 37778841 37778841 37778842 1000 | CLARE – TO GO TO: |  |