**SUPPORT SERVICES—CLARE REGION**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Service** required | **Agency** | **Contact** | **Phone** | **Fax/Notes** | **Referral** |
| **Practical support** | **Country Carers SA** | Leanne Mullins  [Leanne.M@sacountrycarers.org.au](mailto:Leanne.M@sacountrycarers.org.au) | 1300 686 405 |  | Letter / Self |
|  | **Uniting Care Wesley** | Yad Licitar: [Yadranka@ucwcsa.org.au](mailto:Yadranka@ucwcsa.org.au) | 8842 4033 |  | Letter / Self |
|  | **Red Cross** Personal Helpers and  Mentors **(PHAMS)** | Maryanne Koerner  (Manager) | 8633 8100 |  | Template  Letter |
| **Meals on Wheels** | Clare | Geraldine Pawelski  Client Coordinator | 0438 422 764 |  | Referral  All referalls |
|  | Clare | Julie Gibson | 8892 2115 |  | Referral Fax |
|  | Burra |  |  |  |  |
|  | Riverton |  |  |  |  |
|  | Snowtown | Bernice Hamdorf - Michelle |  | She hand delivers  referrals |  |
|  | Balaklava |  |  |  |  |
|  |  |  |  |  |  |
| **Partners in Recovery** | Partners in Recovery | Nicole Builder  (co-ord) | 8565 8516 |  | GPMHP |
| DASSA | Drug & Alcohol Services | Lisa Cimarosti | 8842 3139 |  | Self |
| **Aged Care** | ACAT | Access to Home Care |  |  |  |
|  | Clare | Clare Hosp. Comm. Services | 8842 6560 | 8842 6556 |  |
|  |  |  |  |  |  |
| **Paediatric OT** | Port Pirie |  |  |  |  |
|  | York Peninsula |  |  |  |  |
|  | Living Free OT for Kids | Eliza Cotle, Balaklava |  | **Autism**  NDIS provider |  |
|  | Play Partners | Katrina – Clare |  |  |  |
|  | Novita |  |  |  |  |
|  |  |  |  |  |  |

**MENTAL HEALTH SPECIALIST DETAILS**

|  |  |  |  |
| --- | --- | --- | --- |
| **MH Specialist** | **Contact** | **Private Fees** | **Concession Fee – 2022** |
| **Lifeline – ‘Connect’**  Suicide Prevention  and other help  *Behind ‘Just Julies’*  Crisis Support | **Lorna Woodward**  1 Blanche St. Clare, 5453  08 8842 2827  M: 0437 007 329  [clare.counsellor@llbhc2c.org.au](mailto:clare.counsellor@llbhc2c.org.au) | **FREE**  24 hours  **13 11 14**  *Lifeline* |  |
| **Just Breathe TS**  **Bridey Gigney** – social worker | 4 John St. Tanunda  Ph. 0472555358  E: [justbreathets@gmail.com](mailto:justbreathets@gmail.com) | Currently BB but may change to Gap payments |  |
| **Veronica Watkins**  Counselling | The Tuning Fork  36 Main North Rd, Auburn  Ph. 0413 884 230  Fax. 08 7109 0094 | $135  (Patient pays gap $57.90) | $105  (Patient pays gap $27.90) |
| **Dr Sally Tregenza**  Child Psychiatrist | Women’s & Children’s hospital, 72 King William Rd. North Adelaide  Ph: 08 8161 7227  Fax 08 8161 7032 |  |  |
| **Dr Julie Connor**  Psychiatrist | Young St. Consulting  49 King William Rd  Unley 5061  Ph: 08 7077 0015 |  |  |
| **Country & Outback Health**  MH Therapy | 2/25 Old North Rd  PO Box 842, Clare  Ph: 08 8841 4400  Fax 08 8312 2506 |  |  |
| **Lower North Community MH Team**  MH Therapy | Lennon Street, Clare 5453  Ph: 08 8841 3500  Fax: 08 8841 3501 | Steve Letcher  Rob Wastell - Nurse |  |
| **Mandy Clothier**  Counselling | 20 Albert St. Clare 5453  Ph: 0458 872 619 |  |  |
| **NDIS**  MH Therapist | 104 Florence Street,  Port Pirie 5540  Ph: 08 8638 3902 |  |  |
| **Tracey Davies**  (through Clare Medical Centre) | Also: ‘The right Journey’  Clare High School | **Youth Worker**  Visits Clare High | Also Balaklava, Riverton High |
| **Walking Group**  (through Clare Medical Centre) |  |  |  |
| **Mandy Knight** | Clare High Counsellor | via Teachers |  |
| **Don Piro**  MH Social Worker | Nuriootpa  0419 863 124 | Counsellor, Family, Individual Relationships |  |
| **Sarah Atkinson**  Narrative Therapy, Trauma | Private OA-line  Counselling | Link to  Arnhem Land |  |
| **Dr Michael Nugent**  **Dr Darcie Barry-Keen**  **Dr Lisa Koo -** Old North Rd. Clinic  **Dr Jeremy Nichol** – Victoria Rd. | 8841 3777  8841 3777  8841 3777  8842 1000 | CLARE – TO GO TO: |  |