

How to Roast Beets

1 lb of beets, scrubbed and tops trimmed to 1 in.

Olive oil

Equipment: Heavy-duty foil & Baking sheet

Place beets on a double thickness of heavy-duty foil (about 24×12-in.); drizzle with olive oil.

Fold foil around beets, sealing tightly.

Place on a baking sheet.

Roast at 400° for 55-65 minutes or until tender.

Open foil carefully to allow steam to escape.

