

Dear NHPC Reflexology member,

The NHPC are advising that the following list of private insurance companies that offer extended health benefit plans/accounts in Canada have Reflexology coverage:

**Reflexology Coverage with Insurance Company Benefit Plans/Accounts\***

<b>Insurance Company Name</b>	<b>Reflexology Coverage</b>
Alberta Blue Cross	Wellness Spending Account
Beneva/La Capitale	Coverage depends on plan member's benefit plan or account
Blendable	Wellness Plan; Wellness Account
Chamber of Commerce Group	Coverage depends on plan member's benefit plan or account
CINUP Insurance	Coverage depends on plan member's benefit plan or account
ClaimSecure	Coverage depends on plan member's benefit plan or account
Co-operators	Personal Spending Account; Wellness Account
Green Shield Canada	Personal Spending Account
Industrial Alliance/iA Financial	Wellness Account
Johnston Group	Coverage depends on plan member's benefit plan or account
LEAGUE	Lifestyle Spending Account
Manitoba Blue Cross	Coverage depends on plan member's benefit plan or account
Manulife	Lifestyle Spending Account; Health Care Spending Account
Maximum Benefits	Coverage depends on plan member's benefit plan or account
RWAM Insurance	Coverage depends on plan member's benefit plan or account
Saskatchewan Blue Cross	Personal Spending Account; Wellness Spending Account
Sirius Benefits	Coverage depends on plan member's benefit plan or account
Sun Life	Personal Spending Account; Taxable Wellness Spending Account

\*This list is subject to change at any time, as per insurance company policies.

NHPC Reflexology clients who have coverage for Reflexology services in their plans/accounts with the above insurance companies may have their claims reimbursed. We recommend that clients confirm their coverage with their plan/account administrator before submitting claims for Reflexology services.

If your Reflexology clients do not have coverage for Reflexology services, they can review the NHPC [Treatment Coverage](#) page on how to request adding this service to their health benefit coverage.

Alternatively, you can provide the attached PDF coverage request letter to clients to fill-out and submit to the appropriate individual or department for consideration.

Please note that the NHPC contacted all insurance companies who are Canadian Life & Health Insurance Association (CLHIA) members regarding their Reflexology coverage. However, it is possible there are some insurers who are not listed in this communication or that the NHPC are not aware of them at this time.

\*Green Shield Canada also offer direct-billing services through the [providerConnect™](#) portal. NHPC Reflexologists are eligible to sign-up and offer direct-billing services to clients if they have Reflexology coverage for this insurance company in their plans/accounts.

If you have any questions, please contact the NHPC's Industry Relations team at [industryrelations@nhpcanada.org](mailto:industryrelations@nhpcanada.org).

Regards,

**Industry Relations Team**  
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