



NICOLAS BRUNO  
Northport, NY  
[www.NicolasBrunoPhotography.com](http://www.NicolasBrunoPhotography.com)



Nightwatch

There is dark mystery in the work of the photographer Nicolas Bruno. His series, “Between the Realms”, is laden with angst, fear and psychological drama - surprising, coming from this serene, zen-ful young artist. Yet, looking at his work it is clear that Bruno’s in the midst of a battle with personal demons.



Bramosia

The source of Bruno’s artistic insight arrived unexpectedly at the young age of 15, in the form of a unexplainable and frightening condition called sleep paralysis. A well-documented condition that paralyzes its victim with hallucinations during the twilight between wakefulness and sleep.

A somewhat common phenomenon that affects up to 40% of us at least once during our lifetimes, it has been part of the human condition for hundreds of years, with many recurring themes appearing in folk law and myths throughout the ages. Bruno has tapped into this legacy with remarkable images, mostly with himself as the model, in bizarre and otherworldly scenes.

The theme of the sleep paralysis nightmare is also scattered throughout art history. Henry Fuseli, the 18<sup>th</sup> century painter, whose work *The Nightmare* is often linked to this condition, as are the etchings of Thomas Rowlandson and William Blake.

Following in this artistic tradition, Bruno too finds inspiration in the horrors he encounters in sleep. His efforts are to subdue the creatures of his night terrors through creative expression. By recreating scenes from his hallucinations, Bruno has thrown these demons to the ground and the result are remarkable haunting images.



Quadrante





Ocean Breathes Salty

## ABOUT THE ARTIST

Nicolas Bruno studied at Purchase College of New York, where he received his BFA in Photography in 2015. His studio practice is based in Northport, New York, where he photographs and fabricates props for his compositions. Bruno weaves together his terrifying experiences of Sleep Paralysis with surreal self-portraiture in a therapeutic translation of night terror to image. His constructed worlds of uncertainty exist on plane between waking and sleeping, where he is tormented by a physical embrace of the subconscious and its perils, all while being paralyzed in bed. Influences of 19th century Romanticists, historical texts of occultism, and dream symbolism lace each composition with various visual dialogues of the macabre.



Sorgere

## UPCOMING EXHIBITS

*Haven Gallery, Northport*  
February 23, 2019

Please visit [www.NicolasBrunoPhotography.com](http://www.NicolasBrunoPhotography.com) for details.

## RESUME/CV



Compleanno

# NICOLAS BRUNO

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## EDUCATION

2015 BFA Photography, Minor Art History - Purchase College, New York

## SOLO EXHIBITIONS

2017 *Between Realms*, Haven Gallery, Northport, New York

2014 *Dream Eternal*, Soren Christensen Gallery, New Orleans, Louisiana

## GROUP EXHIBITIONS

2017 *Little Big III*, Haven Gallery, Northport, New York

2017 *Into The Woods II*, Haven Gallery, Northport, New York

2016 *Little Big II*, Haven Gallery, Northport, New York

2016 *La Lune*, Haven Gallery, Northport, New York

2016 *Music Box*, Haven Gallery, Northport, New York

2015 *Dualities*, Mills Pond House Gallery, Smithtown, New York

2014 *Under 25: The Emerging Photographer*, CSU Galleries, Cleveland, Ohio

2013 *Group Show*, Hall Barnett Gallery, New Orleans, Louisiana

2013 *In Search of the Ephemeral*, The Passage Gallery, Purchase, New York

2012 *The Submission Gala*, Purchase College, New York

2011 *Advanced Visions: Artists of Excellence*, Hecksher Museum, Huntington, New York

## PRESS

Phlearn: *Transforming Nightmares into Hauntingly Beautiful Works of Art*, September 2018

Photo World Mag: *Nicolas Bruno Photography, Surreal Artwork, Eight Page Spread*, July 2018

Resource: *The Horrors Of Sleep Paralysis Are Captured In Photography Series*, March 2018

Beautiful Bizarre: *Nicolas Bruno's "Between Realms" at Haven Gallery, NY*, February 2017

Widewalls: *Nicolas Bruno's art lingers Between Realms at Haven Gallery, NY*, February 2017





Perdita



Hi-Fructose: *'Between Realms' Shares Hallucinations from Sleep Paralysis*, February 2017  
 BBC UK: *Sleep Paralysis Photography, Live Radio Interview on 5Live*, February 2017  
 BoredPanda: *Man With Sleep Paralysis Recreates His Nightmares In Photos*, February 2017  
 Unilad: *Man Who Suffers With Sleep Paralysis Recreates Nightmares*, February 2017  
 The Culture Trip: *Artist Explores Sleep Paralysis Through Surreal Photography*, February 2017  
 The Lad Bible: *Nicolas Bruno Photography*, February 2017  
 9Gag: *Sleeping Has Never Been So Uncool*, February 2017  
 Lost at E Minor: *Man With Sleep Paralysis Recreates His Nightmares In Photos*, February 2017  
 Konbini: *Photographer Uses His Terrifying Dreams As Inspiration For His Work*, February 2017  
 CNN Style: *Surreal Terrors Of Sleep Paralysis Captured*, December 2016  
 Scene360: *Illusion Mag, Haunting Visions of Sleep Paralysis*, October 2016  
 COOPH: *Using Photography as Therapy Against Sleep Paralysis*, April 2016  
 Huffington Post: *Nightmares Into Haunting Photo Series*, March 2016  
 VICE: *Nicolas Bruno Photography*, Video Documentary, February 2016  
 IGNANT: *Haunting Fine Art Photographs Exploring Sleep Paralysis*, February 2016  
 BuzzWorthy: *Nicolas Bruno Photography*, January 2016  
 Juxtapoz: *The Art of Sleep Paralysis*, April 2014  
 Telegraph UK: *Dreams Turned Into Reality*, April 2014  
 My Modern Met: *Photographer's Sleep Paralysis Inspires Dark and Surreal Images*, March 2014  
 Fstoppers: *The Sleepless Photographer, Interview*, March 2014  
 io9: *Nicolas Bruno Photography*, February 2014  
 Yahoo! Studios: *The Weekly Flickr Video Interview: Nicolas Bruno*, February 2014

## PUBLICATIONS

Shutterbug Magazine: *When Words Fail – Nicolas Bruno's Sleep Paralysis Imagery*, February 2018  
 Virtuogenix: *Issue 00, Nicolas Bruno Artist Feature*, September 2017  
 The Observer: *Artist Inspired by Dream State*, February 2017  
 Arte Al Limite Magazine: *Photographer Of The Subconscious, Eight-page spread*, February 2017  
 Diseño Interior: *Photography as Therapy, Conjuring Dreams, Four-page spread*, February 2017  
 Focal Press: *"Perception and Imaging", Academic Publication, R. Zakia, J. Suler*, August 2017  
 American Gods by Neil Gaiman (ESP): *Book Cover, Spanish Edition*, December 2012  
 Photographer's Forum: *"Featured Artist Nicolas Bruno" Three-page spread*, Fall Issue 2012