

SAFE AND HEALTHY RELATIONSHIPS AGENDA



Day 1

5:30: Meet and Introduce Self to Others
What is Safe and Healthy Relationships?
Pre Test
6:00: What Does Love Mean?
Relationship Boundaries
Worksheet: Your Idea of a Good Partner
Communication Skills
7:00: Healthy vs Unhealthy Exercise
Red Flags of Unhealthy Relationships
How to Sustain a Healthy Relationship
Rejection and Breaking-Up
7:30: Dismissal

Day 2

5:30: Any Questions from Last Week
What is Consent?
Free, Willing and Ongoing Scenarios
Consent is Tea Youtube Video
6:00: Sex Ed (Birth Control, STI's)
6:30: Exposure and Pornographic Material
Safe Dating and Social Media Safety
7:30: Dismissal

Day 3

5:30: Any Questions from Last Week?
6:15: What is Sexting?
Teen Voices: Sexting, Relationships and Risks YouTube Video
Tips to Prevent Sexting
6:30 Parents/Guardians arrive
Presentation from Assistant Prosecuting Attorney or the Judge
7:00 Evaluations and Post-Test
7:30: Dismissal

Facilitator: Tara Rex

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