

Why Free2?

Every survivor of human trafficking should be free! Free2 make their own decisions, heal, thrive and so much more!

Pre-Programming

Before the survivor can be a part of case management or the Free2 Program, they must first acquire an assessment from one of the CCFA therapists. This will help the case manager and advocates to best serve the survivor.

Case Management

Case management can still be provided, even if the survivor is not ready for the Free2 Program. Initial case management will focus on basic needs and goals. The case manager will meet with the survivor, as needed. The survivor is not obligated to do anything they are not ready to do.

Free2 Program Summary

A four-phase “earn while you learn” program that will walk a survivor through a long-term, goal-driven, incentive type of case management. The survivor will first receive an assessment from a CCFA therapist, then begin intensive case management with a CCFA case manager. Basic needs will be the focus of the first 30 days followed by life skills, sobriety, healing and sustainability. The entire program should last approximately one year. Case management is available to continue upon completion. A point system will be tracked and points can be redeemed for items such as gift cards, vouchers and other products.

Incentives

Earned with points*

*Points are given for being on time, attending appointments, journaling, learning new skills, and sobriety.

Gas cards
Clothing gift cards
Spa package
Taxi vouchers
Restaurant gift cards
Free delivered pizza
Art supplies
Movie passes
And more!



Basic necessities that are always available. No points needed.

Laundry detergent
Shampoo
Soap
Toothbrush
Toothpaste
Deodorant
Diapers
Basic home essentials
Feminine hygiene products
Cleaning supplies
Other items as determined



Free2 Program

An Anti-Human Trafficking Program

A four-phase, incentive case management program for all ages. Free2 is designed to address multiple aspects of a survivor's healing with the goal of obtaining and maintaining a healthy, productive lifestyle.



For more information contact:

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The Center for Child and Family Advocacy, Inc.

CCFA Office

Monday-Friday 8 a.m.-4 p.m.

419-592-0540

24-Hour Crisis Hotline

419-782-1100





Free2 Program Summary

Phase 1 Basic Needs

Approximately 30 days

Focus Safety, basic needs and organization

Survivor obligations

- To meet with a CCFA advocate at least weekly
- Earn a minimum of five points per week
- To be in active recovery
- Use a daily planner (provided)
- Create and meet goals

Survivor is encouraged to

- Participate in therapy
- Learn basic budgeting and planning skills
- Journal (provided)

Advocate obligations

- To help assist with basic needs
- To meet with survivor once per week
- To encourage therapy
- To teach daily planning skills
- To assist with local resources in order to increase the independence of survivor
- Track points

Phase 2 Skills and Recovery

Approximately 90 days

Focus Life skills, recovery and healing

Survivor obligations

- To meet with a CCFA advocate weekly
- Earn a minimum of seven points per week
- Maintain sobriety and basic needs
- Enroll in therapy
- Maintain daily planner
- Learn and maintain budget
- Learn one new skill per month
- Create and meet goals

Survivor is encouraged to

- Attend support groups
- Journal (provided)
- Attend events or places that increase all-around health; gym, church, parent group, book club.

Advocate obligations

- To meet with survivor once per week
- Help identify and encourage survivor to reach goals
- Track points

Phase 3 Building Blocks

Approximately 90 days

Focus Maintain and build on Phase 2 while adding new life skills

Survivor obligations

- To meet with a CCFA advocate bi-weekly
- Earn a minimum of seven points per week
- Learn one new skill per month



- Attend therapy
- Obtain a steady job or benefits
- Create and meet goals

Survivor is encouraged to

- Obtain driver's license and car
- Further education
- Get involved in the community

Advocate obligations

- To meet with survivor bi-weekly
- Help identify and encourage goals
- Track points

Phase 4 Sustain and Maintain

Approximately 60 days

Focus Independence and maintenance

Survivor obligations

- Revisit goals and develop new ones
- Maintain sobriety
- Attend therapy
- Meet CCFA advocate bi-weekly

Survivor is encouraged to

- Obtain driver's license and car
- Further education
- Get involved in the community

Advocate obligations

- To meet with survivor bi-weekly
- Help identify and encourage goals
- Track points