



2021 RULE CHANGES

SECTION 3

- c) If a Mixed team is short on female player's then an extra male player may be used to make a maximum of 7 players on the field, 5 Male & 2 Female. Should a third or subsequent female player be available then no more than 4 male players will be allowed.
- d) All Reserve players must remain in the players box which is marked by the sideline markers 10m from the tryline and halfway line. All substitutions must be made via the players box. Any teams who fail to remain in or interchange through the players box will be penalised 5 metres out from their opponents goal line.
- h) Fitness trackers may be worn but must be covered by a wristband or such other safe covering.

SECTION 4

- c) In mixed games, a team can only score three consecutive male tries before a female player must score. Should a team score a male try before a female try the try shall be disallowed and a tag recorded. If it is the last tag then a change over will occur 5 meters out inline with where the try was scored.
- f) A bonus point is awarded when a try is scored in the bonus zone. The player must enter the bonus zone from the field of play and ground the ball within the bonus zone. The bonus zone is a 5mx2m box that is marked either by cones on the tryline or line markings on the surface or both. The bonus zone can be placed anywhere the referee nominates to a combined maximum width of 5 metres.
- g) A try can be scored from a kick in general play if the ball is regathered or controlled before the ball touches the ground beyond the try line. The ball CAN NOT be planted once it has crossed the tryline.

SECTION 5

- d) The defending team must always have a player no less than 5 metres behind the defensive line (the Fullback) except when their teams is within 5 metres of their own try line. If a team does not have a Fullback the referee can penalise the defensive team a further 5 metres downfield from the defensive line.

SECTION 6

- w) The defending team must always have a player no less than 5 metres behind the defensive line (the Fullback) except when their teams is within 5 metres of their own try line. If a team does not have a Fullback the referee can penalise the defensive team a further 5 metres downfield from the defensive line.

SECTION 7A

- iv. When a team is leading by 10 or more tries, play will be restarted with a tap at the center of halfway to the non-scoring team. This will remain in place until the trailing teams is able to tie the game.
- v. The ball must travel ten metres before any member of the kicking team can play at it. The ball can be played at by the receiving team before it has gone 10 metres without penalty. Should the receiving team not take clean possession then a penalty will be awarded at half time to the receiving team.

- vi. The kicking team may not play at the ball until it is played at or rebounds off a player from the receiving team.
- xiii. If the ball is kicked in to touch between the opposition tryline & 10 metre line, the team kicking off shall receive possession.

SECTION 7B

- iii. The ball must travel ten metres before any member of the kicking team can play at it. The ball can be played at by the receiving team before it has gone 10 metres without penalty. Should the receiving team not take clean possession then a penalty will be awarded at half time to the receiving team.
- iv. The kicking team may not play at the ball until it is played at or rebounds off a player from the receiving team.
- viii. If the ball from the dropout bounces over the touchline, after the halfway line a changeover will be awarded to the kicking team, ten metres in from the touchline where the ball crossed the line.

SECTION 7C

- iv. A player in possession can elect to perform a chip and chase. This kick is permitted to go higher than the shoulder of the referee without penalty but must not be a bomb and must be regathered immediately by original the kicker. The kick may not be kicked ahead again unless first regathered by the original kicker. Should another member of the kicking team regather the ball or the ball is kicked ahead by the kicker a handover will occur from the point of the original kick.
- ix. Any ball that is kicked from inside a teams own 50m line and crosses the sideline inside the opposition 10m line will be deemed a 50/10. Play will be restarted with a play the ball to the kicking team 10 metres in from the sideline and 10m out from the tryline.
- x. Any ball that is kicked from inside a teams own 10m line and crosses the sideline inside the opposition 50m line will be deemed a 10/50. Play will be restarted with a play the ball to the kicking team 10 metres in from the sideline in line with where the ball went out.