



Planetary Remedies

The natal (birth) chart shows a person's strengths as well as what they came into this lifetime to work out. These challenges in life are depicted by the influence of our malefic planets as well as any weak, debilitated or afflicted planets.

Each planet rules a specific area of our life and we can overcome challenges in these areas by using appropriate strengthening or propitiatory (peace making) planetary remedies. Your individual horoscope will identify your rising sign and this provides all of your favorable (functional benefic) and unfavorable (functional malefic) planets.

For the favorable planets you can safely strengthen them by wearing and surrounding yourself with the vibration of the planet(s) you wish to strengthen. Systems' Approach offers two of the most traditional and effective ways to strengthen favorable planets: gemstone and color therapy. These both carry strong vibrations and are associated with specific planets.

For the unfavorable planets that can cause adverse effects in our lives we want to avoid strengthening them and instead pacify them through propitiatory (peace making) measures. This can include regular spiritual practices, chanting and charity work associated with each individual planet.

Below you will find a list of gemstone and color recommendations for strengthening favorable planets followed by propitiatory measures to pacify the unfavorable planets.

Strengthening Favorable (Benefic) Planets

Sun

- Favorable planet for the following rising signs: Aries, Taurus, Gemini, Cancer, Leo, Libra, Scorpio, Sagittarius and Aquarius
- Favorable Colors: orange and pink
- Favorable Gemstones: Ruby, Red Spinel, Rhodolite or Garnet

Sun is an **unfavorable planet** for the following rising signs: Virgo, Capricorn and Pisces. See the propitiatory measures below.

Moon

- Favorable planet for the following rising signs: Aries, Taurus, Gemini, Cancer, Virgo, Libra, Scorpio, Capricorn and Pisces
- Colors: white or silver
- Gemstones: Pearl or Moonstone

Moon is an **unfavorable planet** for the following rising signs: Leo, Sagittarius and Aquarius. See the propitiatory measures below.

Mars

- Favorable planet for the following rising signs: Aries, Gemini, Cancer, Leo, Libra, Sagittarius, Capricorn, Aquarius and Pisces
- Favorable Colors : burning red and maroon colors
- Favorable Gemstones: Red Coral

Mars is an **unfavorable planet** for the following rising signs: Taurus, Virgo and Scorpio. See the propitiatory measures below.

Mercury

- Favorable planet for the following rising signs: Taurus, Gemini, Cancer, Leo, Virgo, Scorpio, Sagittarius, Capricorn and Pisces
- Favorable Colors: dark green
- Favorable Gemstones: Emerald, Green Tourmaline, Jade & Green Peridot

Mercury is an **unfavorable planet** for the following rising signs: Aries, Libra and Aquarius. See the propitiatory measures below.

Jupiter

- Favorable planet for the following rising signs: Aries, Gemini, Leo, Virgo, Libra, Scorpio, Sagittarius, Aquarius and Pisces
- Favorable Colors: yellow and bright green
- Favorable Gemstones: Yellow Sapphire, Yellow Citrine and Yellow Topaz

Jupiter is an **unfavorable planet** for the following rising signs: Taurus, Cancer and Capricorn. See the propitiatory measures below.

Venus

- Favorable planet for the following rising signs: Aries, Gemini, Cancer, Leo, Virgo, Libra, Sagittarius, Capricorn and Aquarius
- Favorable Colors: royal blue and variegated colors
- Favorable Gemstones: Diamond, White Sapphire, White Topaz, Clear Crystals, White Zircon, Phenakite

Venus is an **unfavorable planet** for the following rising signs: Taurus, Scorpio and Pisces. See the propitiatory measures below.

Saturn

- Favorable planet for the following rising signs: Aries, Taurus, Gemini, Leo, Libra, Scorpio, Sagittarius, Capricorn and Aquarius
- Favorable Colors: navy blue, black and dark brown
- Favorable Gemstones: Blue Sapphire, Blue Spinel, Lapis and Amethyst

Saturn is **unfavorable for** the following rising signs: Cancer, Virgo and Pisces. See the propitiatory measures below.

Contrary to other astrology systems, Systems' Approach believes everyone should avoid wearing Cat's Eye or Hessonite gemstones as these gemstones will strengthen Rahu and Ketu, the northern and southern nodes of the Moon.

Gemstones can be worn as a pendant or on the finger associated with each planet:

- Ruby on left ring finger
- Pearl on left little finger
- Red Coral on left or right ring finger
- Emerald on right little finger
- Yellow Sapphire on right index finger
- Diamond on right ring finger
- Blue Sapphire on left middle finger

Lastly, the Kavach or special power Kavach contains mystical numbers that represent all of the functional benefic planets for a particular rising sign; it replaces the need to wear several expensive gemstones in order to strengthen the benefic planets in your chart. You can find more information [**here**](#).

Propitiate/Honor Unfavorable (Malefic) Planets

Sun

- Beneficial for the following rising signs to propitiate/honor: Virgo, Capricorn and Pisces
- Charities: Helping your father, men who are like fathers or elderly men. Practice the yoga Sunrise Salutation sequence known as Surya Namaskar.
- Chants: Lord Vishnu
- Best day to perform: Sundays
- Avoid orange and pink colors and ruby gemstones

Moon

- Beneficial for the following rising signs to propitiate/honor: Leo, Sagittarius and Aquarius
- Charities: Helping your mother or women who are like mothers.
- Chants: Lord Shiva
- Best day to perform: Mondays
- Avoid white and silver colors and pearl gemstones

Mars

- Beneficial for the following rising signs to propitiate/honor: Taurus, Virgo and Scorpio
- Charities: Helping your brother(s) or men who are like brothers, exercising patience and ten minutes of morning prayers.
- Chants: Lord Hanuman
- Best day to perform: Tuesdays
- Avoid red and maroon colors and red coral gemstones

Mercury

- Beneficial for the following rising signs to propitiate/honor: Aries, Libra and Aquarius
- Charities: Helping students and children with food, clothing, donations, tutoring, etc.
- Chants: Goddess Durga
- Best day to perform: Wednesdays
- Avoid dark green colors and emerald gemstones

Jupiter

- Beneficial for the following rising signs to propitiate/honor: Taurus, Cancer and Capricorn
- Charities: Helping gurus and teachers.
- Chants: Brahma
- Best day to perform: Thursdays
- Avoid yellow and bright green colors and yellow sapphire gemstones

Venus

- Beneficial for the following rising signs to propitiate/honor: Taurus, Scorpio and Pisces
- Charities: Helping your sister(s) or women who are like sisters.
- Chants: Goddess Lakshmi
- Best day to perform: Fridays
- Avoid royal blue and variegated colors and diamond gemstones

Saturn

- Beneficial for the following rising signs to propitiate/honor: Cancer, Virgo and Pisces
- Charities: Helping the poor and the needy.
- Chants: Shani Dev
- Best day to perform: Saturdays
- Avoid navy blue, black and dark brown

Rahu

- Beneficial for ALL rising signs to propitiate/honor.
- Charities: Service to parents, helping the poor and the needy and feeding the birds.
- Chants: Lord Shiva or Bhairava
- Best day to perform: any day is great or Mondays

Ketu

- Beneficial for ALL rising signs to propitiate/honor.
- Charities: Donating to animal shelters, helping holy persons/ organizations and helping the elderly.
- Chants: Lord Ganesha/Ganapathi
- Best day to perform: any day is great or Thursdays

Ishta Devata

Listening to chants for your Ishta Devata (personal deity) provides more support in life as well. Here are the Ishta Devata recommendations for each rising sign:

Aries: Goddess Durga

Taurus: Lord Vishnu

Gemini: Goddess Lakshmi

Cancer: Lord Shiva

Leo: Goddess Durga

Virgo: Lord Vishnu

Libra: Goddess Lakshmi

Scorpio: Lord Shiva

Sagittarius: Goddess Durga

Capricorn: Lord Vishnu

Aquarius: Goddess Lakshmi

Pisces: Lord Shiva