

2023 – 2024

School Year Practice Schedule

Ooltewah Location

USA Bronze	Tuesday, Thursday	4:00 – 5:30
USA Silver	Tuesday, Thursday	5:30 – 7:30
USA Gold / Platinum	Monday, Wednesday, Friday	4:00 – 7:30
USA Level 3	Tuesday, Wednesday, Friday	4:30 – 7:00
USA Level 4	Monday, Tuesday, Thursday	4:00 – 7:00
USA Level 4	Monday, Wednesday, Friday	12:00 – 3:00
USA Level 6	Monday, Tuesday, Wednesday, Thursday	3:00 – 7:00
USA Level 6	Monday, Tuesday, Wednesday, Thursday	4:00 – 8:00
USA Level 7 (4 days)	Monday, Tuesday, Thursday, Friday	4:00 – 8:00
USA Level 7 (5 days)	Monday, Tuesday, Wednesday, Thursday, Friday	4:00 – 8:00
USA Level 8,9,10	Monday, Tuesday, Wednesday, Thursday, Friday	4:00 – 8:00