

TOP FIVE:
1)
2)
3)
4)
5)

Is there anything missing from the list that you thought or felt was so very important to you? When we sit down and really think about the things that we value most, every time we choose 'other things' over our top five - we place items in our top five in jeopardy. Every time we choose anything that is not conducive to the well being of our top five, we put them at risk with the potential of losing them.

Sometimes the things we do on a daily basis are choices that we mindlessly make, that place us or keep us in a position we don't want or like to be in. Use this exercise as a tool to build motivation to stay focused on what is important and the blessings that God has given you.