

St. Mary Our Lady of the Seven Sorrows Roman Catholic Church

56 Duke Street West, Kitchener ON N2H 3W7

Under the Administration of The Congregation of the Resurrection

www.resurrectionists.ca



FIFTH SUNDAY IN ORDINARY TIME

Welcome to St. Mary's Parish!

No matter who you are or where you're from, we extend you a warm welcome and hope that you feel at home. For information on registration and to find out how you can get more involved with parish activities, please contact us at:

Phone: 519-576-3860

Email: stmarys@rogers.com

Website: www.stmaryscchurch.ca

Our Parish Team

Fr. Toby Collins, C.R. – Pastor
Fr. Raphael Ma, C.R. – Associate Pastor
Fr. Paul Szymanowski, C.R. – Priest in Residence
Penny Laurette – Administrative Assistant
Robert Tasse – Music Director
Amy Cyr – Chef, Kitchen Project Manager
Andrew Zettel – Outreach Coordinator
Andrew Olinski – Caretaker

Parish Office Hours

Monday to Thursday: 8:30 am - 4:30 pm
Friday: 8:30 am - 1:00 pm

Parish Outreach

Are you interested in getting involved? Do you have ideas about how we might better serve our neighbours? If so, please contact Andrew Zettel, our Outreach Coordinator at andrewz.stmarys@gmail.com.

St. Vincent de Paul

For assistance with groceries and other needs call 226-988-5915 Monday - Friday, from 9:00 am to 11:00 am. For information on volunteering, please email Don McClure at don@teambilton.com.



Sunday Masses

Saturday: 5:00 pm
Sunday: 8:30 am and 11:00 am

Weekday Masses

Tuesday – Friday: 12:00 noon
(See inside for any possible changes)

Sacrament of Reconciliation

Thursdays: 11:30 – 11:50 am
Saturday: 4:00 – 4:30 pm

Eucharistic Adoration & Rosary

Adoration: Tuesday after Mass until 1:00 pm
Rosary: Wednesday after noon Mass

Baptism and Marriage

Please email the parish office at least 6 months before the required date for details.

Visits to the Sick

Please contact the parish office to arrange for Holy Communion and Sacrament of the Sick.

Tiny Home Takeout

Everyone deserves a great meal! Visit us Tuesday – Saturday from 5:00 – 6:30 pm and 'grab a bite, give if you can'. Visit tinychometakeout.com or email tinychometakeout@gmail.com for more information.



FIFTH SUNDAY IN ORDINARY TIME

MASS INTENTIONS

February 6 - 11, 2024



TUESDAY – St. Paul Miki and Companions

1 Kings 8.22-23, 27-30 Mark 7.1-13

12 noon For the Intentions of Andrew Olinski

12:30 pm Eucharistic Adoration until 1:00 pm

WEDNESDAY – ferial

1 Kings 10.1-10 Mark 7.14-23

12 noon For Blessings on the Lobo & Fernandes Families

12:30 pm Rosary

THURSDAY – ferial

1 Kings 11.4-13 Mark 7.24-30

11:00 am Advent Penitential Service

12 noon For the Intentions of Sylvia Keresztes

FRIDAY – ferial

1 Kings 11.29-32; 12.19 Mark 7.31-37

12 noon For Living Benefactors & Parents of the Resurrectionists

SIXTH SUNDAY IN ORDINARY TIME

Leviticus 13.1-2, 45-46 1 Corinthians 10.31-11.1
Mark 1.40-45

SATURDAY

4:00 pm Confession until 4:30 pm

**5:00 pm †Joe Ian Acullador, †Ernesto Abaygar,
†John Loomis, †Joe MacDonald, †René Herron**

SUNDAY

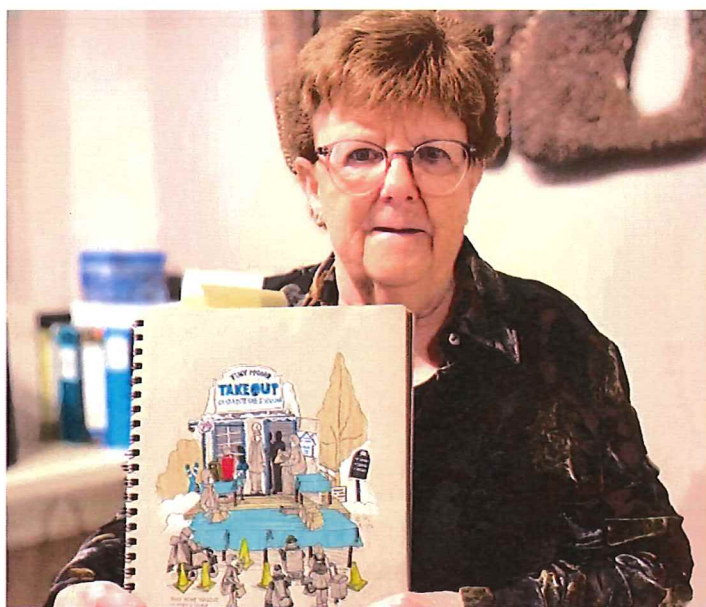
8:30 am For Our Parishioners

11:00 am †Larry Kekish

PICTURE OF THE WEEK



For the last year, parishioner Deb Flynn, has brought her pencil, paper and paintbrush to homeless encampments to capture what she sees. She hopes to generate donations to help the local homeless population, but most of all, she wants to encourage people to pay closer attention. Deb's sketches are displayed at the Uptown Gallery until March 17th. You can also view her work at <https://www.artdistrictgallery.org/current-exhibit.html#/>. Part of the proceeds raised from her sketches will go to Tiny Home Takeout.



FEBRUARY 4, 2024

2023 TAX RECEIPTS & 2024 ENVELOPES



Both are still available at the back of the church. They are in alphabetical order for your convenience.

PLEASE take your receipt whether you need it or not. This will be the

last weekend they will be available in the church. Thank you.

URGENTLY NEEDED



Tiny Home Takeout is in urgent need of **blankets and sleeping bags** for our unsheltered friends. Please drop them off in the bin at the back of the church by the bulletin board. Thank you!

OLD PALMS



Ash Wednesday is February 14th! Please bring in your old palms **next weekend** so we may burn them in time to make the ashes that we distribute on Ash Wednesday. Baskets will be placed at all church doors for you to place them in. Thank you.

KNIGHTS OF COLUMBUS MAPLE SYRUP SALE



With Lent approaching, the Kitchener Knights of Columbus have prepared a special treat that should enhance the custom of enjoying pancakes on Shrove Tuesday! The Knights will be selling their professionally prepared Maple Syrup **after all Masses next weekend, February 10th and 11th.** All proceeds will be used toward their charitable work. Your continual support for the Kitchener Knights is appreciated.



**Kitchener
Knights of Columbus**
Father Funcken Council No. 1504

It's Finally Here!

Check out our
NEW Website!!!!

kitchenerkofc.ca

ST. MARY'S CATHOLIC WOMEN'S LEAGUE



Greetings & blessings dear Ladies! We invite you to join us next **Sunday, February 11th following 11 am Mass;** please note the date change! The

"World Day of the Sick", will be our special Prayer theme and liturgy for this meeting. Looking forward to celebrating this special time of prayer, fellowship, friendship & reflection!

ASH WEDNESDAY



February 14th. Ashes will be distributed during Mass at 12 noon and 5 pm. This

unique part of our liturgical calendar calls us to re-examine our lives under the

three themes of prayer, fasting and alms-giving. These themes will be in all of the readings and homilies at the Masses during Lent. Our intention is always to draw closer to God and our neighbour and we invite you to enter into this season with us - hands open to receiving God's grace and hearts renewed for more opportunities to share God's love.

PLEASE NOTE: Parking will be available for Mass in the church lot at Young & Duke Streets.

WCDSB Catholic Education Centre, Kitchener BOOK STUDY: LISTENING TO INDIGENOUS VOICES A DIALOGUE GUIDE ON JUSTICE & RIGHT RELATIONSHIPS



St Mary's Truth and Reconciliation Circle invites you to listen to Indigenous voices and to dialogue and support social transformation with our Indigenous neighbours on **Saturdays, February 24th, March**

23rd, April 20th and June 1st from 10 am – 12 pm. Our topics are The Kairos Blanket Activity - Beginnings: Sharing Circles - A Tale of Two Communities: Racism - The Land is Us. The cost is \$40 and includes course materials (*financial assistance available*). To register scan the QR Code on the posters on the bulletin boards or contact the parish office at 519-576-3860 / stmarys@rogers.com by **February 10th.**

FIFTH SUNDAY IN ORDINARY TIME

RESURRECTIONIST VOCATION MINUTE



This past Friday, February 2nd, the Church celebrated the World Day for Consecrated Life. In addition to the commitments a consecrated person makes, there are also charisms that they

share. A charism – Pope Francis says – is not given by the Holy Spirit to be preserved like a bottle of distilled water – but to be opened and allowed to go out, to bring life, growth, renewal, and transformation. 'Let us go on to the neighboring towns, so that I may proclaim the message there also, for that is what I came out to do.' This is the logic of charisms.

If you're intrigued by how the Resurrectionists' charisms bring life, growth, and transformation, check out the first video of our series called "InfluenCR," featuring interviews with those touched by their apostolic mission. Read more at www.resurrectionists.ca



St. Michael Parish, Waterloo

Heartache to Healing - Grief Support Group

Grief support provides companionship on the long journey through the grief process. Our support group follows the process developed by Dr. Bill Webster, an experienced leader in grief counselling. All who have suffered a loss are welcome, regardless of how much time has passed since your loss.

Monthly informal drop-in support - available on the 2nd Wednesday of the month; 7 pm in the Parish Resource Centre/Library. Note that the February session will be held on **February 7th** (date change due to February 14th being Ash Wednesday).

Marian Residence, Cambridge **CATHOLIC RETIREMENT HOME**

The Marian Residence is owned and operated by the Sisters of Our Lady Immaculate. Rooms are available. For more information go to marianresidence.ca for a virtual tour or email info@marianresidence.ca. This is a great place to retire at!

Online

GROUP SPIRITUAL DIRECTION

WHY@Breakfast

Looking for growth and direction in your journey of faith? Group Spiritual Direction allows participants to enjoy God's promptings and the fellowship of others who are also seeking God on their spiritual journey. Sister Eileen Power, CND and Therese Lee are facilitating **online, biweekly group sessions** on the following dates and topics: **February 17th- Discernment; March 2nd- Self-reflection; March 16th-Self-denial.** Meetings start promptly at 9:30 am and end before 11:30 am. If you are interested in joining our Group and for more information, please send an email to whyatbreakfast@gmail.com to indicate your desire to tread on this spiritual journey to talk and to listen to God.

Our Lady of Lourdes Church, Waterloo

CELEBRATE OUR LADY OF LOURDES!



The message of Our Lady to St. Bernadette is just as relevant today as it was in 1858. Come and be reminded of the healing power of prayer and to honour the Blessed Virgin Mary on **Saturday, February 10th at 6 pm** - Exposition of the

Blessed Sacrament, Holy Rosary and Confession and **7 pm** - Holy Mass with Anointing of the Sick followed by a reception in the parish hall. On **Sunday, February 11th at 9 am and 11 am** Masses, we will be joined by Celebrant His Excellency Bishop Wayne Lobsinger for Holy Mass with Anointing of the Sick followed by a reception in the parish hall. All are welcomed.

Online

THE ECUMENICAL WEEK OF GUIDED PRAYER AND SPIRITUAL EXPLORATION

Sunday, February 18th to Saturday, February 24th.

This is an opportunity to enrich your spiritual life and deepen your relationship with God. We hope you can join us. Information and registration online at www.guidedprayer.ca until Sunday, February 11th.