



# St. Mary Our Lady of the Seven Sorrows Roman Catholic Church

56 Duke Street West, Kitchener ON N2H 3W7

Under the Administration of The Congregation of the Resurrection

[www.resurrectionists.ca](http://www.resurrectionists.ca)



## FIFTH SUNDAY IN ORDINARY TIME



### Welcome to St. Mary's Parish!

No matter who you are or where you're from, we extend to you a warm welcome and hope that you feel at home. For information on registration and to find out how you can get more involved with parish activities, please contact us at:

Phone: 519-576-3860

Email: [stmarys@rogers.com](mailto:stmarys@rogers.com)

Website: [www.stmarysrcchurch.ca](http://www.stmarysrcchurch.ca)

### Our Parish Team

Fr. Toby Collins, C.R. – Pastor  
Fr. Raphael Ma, C.R. – Associate Pastor  
Deacon Richard Olson  
Penny Laurette – Administrative Assistant  
Robert Tasse – Music Director  
Amy Cyr – Chef, Kitchen Project Manager  
Erin Kloos – Outreach Co-Ordinator  
Andrew Olinski – Caretaker

### Parish Office Hours

Monday to Thursday: 8:30 am - 4:30 pm  
Friday: 8:30 am - 1:00 pm

### Parish Outreach

Are you interested in getting involved? Do you have ideas about how we might better serve our neighbours? If so, please contact Erin at [erink.stmarys@gmail.com](mailto:erink.stmarys@gmail.com).

### Visits to the Sick

Please contact the parish office to arrange for Holy Communion and Sacrament of the Sick.

### St. Vincent de Paul



Reach out to [ssvp.cupboard@gmail.com](mailto:ssvp.cupboard@gmail.com) to volunteer, inquire or donate with e-transfer. For grocery/other assistance call or text 226-988-5915 Monday – Friday.

### Sunday Masses

Saturday: 5:00 pm  
Sunday: 8:30 am and 11:00 am

### Weekday Masses

Tuesday – Friday: 12:00 noon  
(See inside for any possible changes)

### Sacrament of Reconciliation

Thursday: 11:30 - 11:50 am  
Saturday: 4:00 - 4:30 pm

### Eucharistic Adoration & Rosary

Adoration: Tuesday after Mass until 1:00 pm  
Rosary: Wednesday after Mass

### Baptism and Marriage

Registered parishioners, please email the parish office at least 6 months before the required date for details.

### Tiny Home Takeout



Everyone deserves a great meal! Visit us Tuesday – Saturday from 5:00 – 6:30 pm and 'grab a bite, give if you can'. Visit [tinychometakeout.com](http://tinychometakeout.com) or email [tinychometakeout@gmail.com](mailto:tinychometakeout@gmail.com) for more information.



[facebook.com/StMarysKitchener](https://facebook.com/StMarysKitchener)



[instagram.com/stmarysparish](https://instagram.com/stmarysparish)

## FIFTH SUNDAY IN ORDINARY TIME



### Mass Schedule and Intentions

**February 10 - 15, 2026**

#### **TUESDAY – St. Scholastica**

1 Kings 8.22-23, 27-30 Mark 7.1-13

**12:00 pm †Mary Frankovic**

12:30 pm Eucharistic Adoration until 1:00 pm

#### **WEDNESDAY – ferial**

1 Kings 10.1-10 Mark 7.14-23

**12:00 pm For the Intentions of the Damaren Family**

12:30 pm Rosary

#### **THURSDAY – ferial**

1 Kings 17.4-13 Mark 7.24-30

11:30 am Confession until 11:50 am

**12:00 pm †William Adey**

#### **FRIDAY – ferial**

1 Kings 11.29-32; 12.19 Mark 7.31-37

**12:00 pm For the Intentions of the Goral Family**

### **SIXTH SUNDAY IN ORDINARY TIME**

Sirach 15.15-20 1 Corinthians 2.6-10 Matthew 5.17-37

#### **SATURDAY**

**5:00 pm †Richard Wendling, ††Joe & Mae MacDonald, †Ofelia Cabaldon, For the Intentions of Cathy & Pat Boterman, Marian, Antonia & Dominic**

#### **SUNDAY**

**8:30 am For Our Parishioners**

**11:00 am For the Intentions of Amy Cyr**

### REQUESTS FOR THE COMMUNITY CLOSET

Men's & Women's  
Sweat Pants &  
Joggers  
Men's & Women's  
Hoodies  
T-shirts

Winter Boots,  
Mitts, hats,  
Men's winter coats  
Thick/Wool socks  
Men's Jeans

Toiletries  
Women's  
Underwear  
Men's Boxers  
Sleeping Bags  
Tents

Drop off anytime between 10 am to 7 pm any Tuesday to Saturday or place in the bin at the back of the church



### PIC OF THE WEEK



Having dinner at a reception with my brother priests and the new bishop who just stopped by our table to say hello. Keeping you all in our prayers.

### TAX RECEIPTS & OFFERTORY ENVELOPES

Receipts have now been mailed, please watch for yours in the mail. 2026 offertory envelopes are now in the parish office. If you have not picked yours up yet please call the office and make arrangements to get them. Thank you!

### SHARE THE HOPE!



Please consider a donation to [abettertencity.org](http://abettertencity.org) to help the homeless find safe shelter and community. Thank you!

### FRIDAYS AT ST. MARY'S – COOKING TIPS

**February 13<sup>th</sup> at 7 pm in the church hall.** Join Chef Amy for live cooking demos and interactive lessons. Whether you're just starting out or looking to sharpen your technique, this is a flavourful opportunity to learn, create, and grow in a fun, welcoming environment.

**KITCHENER K OF C MAPLE SYRUP**



The Kitchener Knights of Columbus will be selling our 500ml bottles of locally tapped maple syrup just in time for Shrove Tuesday. To continue this tradition, syrup will be available following **next**

**weekend's Masses February 14<sup>th</sup> /15<sup>th</sup>**. Your support will help us with various local charities. Please, cash sales only.

**ASH WEDNESDAY**



**February 18<sup>th</sup>. Ashes will be distributed during Mass at 12 noon and 7 pm.** This unique part of our liturgical calendar calls us to re-examine our lives under the

three themes of prayer, fasting and almsgiving. These themes will be in all of the readings and homilies at the Masses during Lent. Our intention is always to draw closer to God and our neighbour and we invite you to enter into this season with us - hands open to receiving God's grace and hearts renewed for more opportunities to share God's love.

**PLEASE NOTE: Parking will be available for Masses in the church lot at Young & Duke Streets.**

**OLD PALMS**



**Ash Wednesday is February 18<sup>th</sup>!** Please bring in your old palms **starting next weekend** so we may burn them in time to make the ashes that we distribute on Ash Wednesday. Baskets will be placed at all church doors for you to place them in. Thank you.

**2<sup>ND</sup> ANNUAL TEEING OFF FOR TINY HOME**



**TAKEOUT**

**SAVE THE DATE!** Our next tournament will be held on **Sunday, July 12<sup>th</sup>** at Dundee Golf Club. We are in need of volunteers to work with the organizing committee to

ensure another successful event. If you are interested, please contact the parish office.

**VOCATION MINUTE**



A lamp is lit to be placed on a stand, not hidden under a bushel basket. Often, the early signs of a vocation to religious life feel fragile, and we are tempted to hide them out of fear of what others might think. But

if God has lit the flame of this vocation in your heart, He intends it to shine. Are you willing to let that call be seen? Fr. Pawel Szymanowski, CR  
[resurrectionistvocation@gmail.com](mailto:resurrectionistvocation@gmail.com)

**St. Agnes Parish, Waterloo**

**SERRA CLUB**

We are glad to resume meetings on the **second Thursday of the month**. Join us for Holy Hour, Rosary and Benediction at 6 pm and Mass at 7 pm. There will be a brief meeting and fellowship in the parish hall following Mass. Serrans are lay Catholics – men and women of all ages and all walks of life, dedicated to promote and foster vocations. Join us for the Rosary on ZOOM every Monday at 7 pm. Address: 891 4699 8295, Pass Code GvsW9U. New members welcome! Contact [ma\\_zister@hotmail.com](mailto:ma_zister@hotmail.com).

**St. Teresa of Avila Parish, Elmira**

**SPAGHETTI DINNER**

The Knights of Columbus Council 8192 and the Catholic Women's League is hosting the dinner on **Friday, February 13<sup>th</sup>**. There will be continuous seating until 7 pm. Take-out 4:30 – 5 pm. Please bring your own take-out bag as we are trying to save the environment. Cost is \$16./Adults, \$10./Children (6-12), and Free for Children (5 & Under). Purchase your tickets by calling Rick Weishar at 519-577-5928 or the Parish Office at 519-669-3387 between 9 am and 1 pm. (Tuesday to Friday). Proceeds will be going to reupholstering the hall chairs.

## FIFTH SUNDAY IN ORDINARY TIME

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### Chancery Office, Hamilton

#### **ReSTART: MOVING FORWARD**

Have you experienced a divorce or separation? Are you looking to learn ways to cope, for support from others and to gain a feeling of moving forward? Our 10-week program offers education and support to anyone seeking to heal or simply learn more. The sessions will run in person on **Tuesdays from February 17<sup>th</sup> – April 21<sup>st</sup> from 7 - 9 pm**. Cost is \$35 for materials, but no one is turned away. Registration online can be found by going to [hamiltondiocese.com](https://hamiltondiocese.com) an looking for the date under Upcoming Events, or by contacting Sarah at 905-528-7988 ext. 2249 or at [familyministry@hamiltondiocese.com](mailto:familyministry@hamiltondiocese.com).

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### Chancery Office, Hamilton

#### **ENHANCING SELF-ESTEEM**

This program provides the opportunity to increase awareness of yourself and to learn specific skills for building positive self-esteem. It can help you to feel stronger in all areas of your life. Issues covered during the course include taking responsibility for your own thoughts and feelings, positive ways to behave assertively and setting realistic goals for your future. The program will run **Tuesdays from February 17<sup>th</sup> – April 21<sup>st</sup> from 7 - 9 pm**. Cost is \$35 for materials. Registration online can be found by going to [hamiltondiocese.com](https://hamiltondiocese.com) and looking for the date under Upcoming Events, or by contacting Sarah at 905-528-7988 ext. 2249, or at [familyministry@hamiltondiocese.com](mailto:familyministry@hamiltondiocese.com).

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#### **SPEAKING SYNODALITY**

The [Office for Evangelization and Catechesis](#) invites you to join our three-part workshop series on Synodality and its applications in local parish settings. This seminar is encouraged for those involved in parish councils, pastoral planning, and leadership at all levels of Catholic community living. There will be 2 locations for each 3-part session series: Hamilton (with a Zoom option) and Guelph. Registration and further details can be found at <https://hamiltondiocese.com/events/>

### **THE REEL JUSTICE FILM FESTIVAL**

Bringing you an insightful exploration of the dangers of book banning and the loss of intellectual freedom with a screening of "*The Librarians*" on **February 26<sup>th</sup> from 7 – 9 pm**. The film is told through the personal experiences of librarians under siege as they fight for democracy alongside everyday people who join their ranks in defense of books. The screening and discussion will be hosted **online via Zoom**. Register and view our full schedule of events at: <https://hamiltondiocese.com/reel-justice-film-festival/> A partnership between the Bishop Farrell Library & Archives and Development and Peace, the Reel Justice Film Festival shines a spotlight on issues of social, political, and economic injustices.

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### St. Anthony Daniel Parish, Kitchener

#### **THE GIFT OF LIVING IN THE DIVINE WILL**

Have you heard about the Gift of Living in the Divine Will? Have you ever wondered what the difference is between "living in" and "doing" God's Will? Are you looking for spiritual growth this Lent? If so then you are invited to attend an Information Session, based on the Church approved writings of Servant of God Luisa Piccarreta. **Saturday, February 28<sup>th</sup>. Registration at 8:45 am and concluding at 12:30 pm**. To register, please contact Shirley Gatchene, or Patrick & Rita Morgan at email: [divinewillkw@execulink.com](mailto:divinewillkw@execulink.com) or call 519-748-5548.

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### Christ the King Cathedral, Hamilton

#### **DIOCESAN WEDDING ANNIVERSARY MASS**

**SAVE THE DATE!** Are you celebrating your 25<sup>th</sup>, 40<sup>th</sup>, 50<sup>th</sup>, 60<sup>th</sup>, or 60+ Wedding Anniversary in the year 2026? You are cordially invited to join Bishop Dabrowski and couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on **Sunday, May 31<sup>st</sup> 1:30 pm**. (Space allows room for Anniversary couples only - those married 60 years or more may bring one guest if you require assistance). Registration is found under Upcoming Events on the home page at [hamiltondiocese.com](https://hamiltondiocese.com) or call the Family Ministry Office at 905-528-7988 ext. 2249.