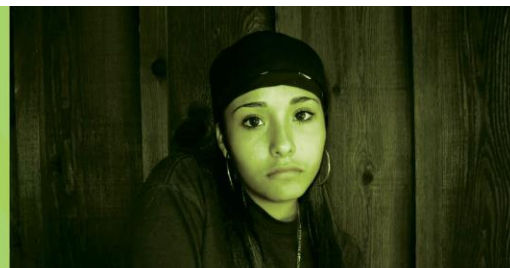




# Family and Adolescent Services



## Family and Adolescent Services

### Intensive In-Home Counseling Services

Our focus is to prevent placement of children outside the home and to ensure the safety and well-being of children in their homes. Our belief is that early intervention programs place children in developmentally enriching settings, train parents in responsiveness and effectiveness, and provide continuous positive redirection and focused building of skills. Children receiving early intervention are more likely to complete high school, maintain jobs, live independently, and avoid teen pregnancy and criminality.

### Intensive In-Home Services Include:

- Comprehensive assessments that are behavioral, functional, strengths-based, and accurately assess all areas of the child/family needs including home, school and community
- Parenting skills
- Individual and family counseling
- Brain researched-based activities
- Kindergarten readiness
- Evidence-based treatment models and interventions
- Anger management
- Stress management
- Communication skills
- Self-esteem building

## Who is Eligible?

- Children and adolescents ages 4-21;
- The child or adolescent at risk of out-of-home placement due to neglect, emotional difficulties, abuse, defiant behavior, criminal behavior, or truancy;
- The child or adolescent who is a runaway from foster care, a correctional, residential or group home placement;
- The child or adolescent in need of counseling and services to successfully transition back into the home;
- The child or adolescent and family willing and able to participate in services.

## Risk Factors Associated With Problem Development:

### Child

- Early behavioral and/or emotional problems
- Poor social skills
- Academic difficulties

### Parent/Family

- Parent's personal problems
- Parent-child attachment or bonding problems
- Family lacks routines and rituals
- Negative (coercive) parent - child interactions
- Family problems and instability



## How it Works

Parents who want services for their child will meet with the clinician to complete a pre-treatment assessment to determine if they are eligible for intensive in-home counseling services.

Once eligible, the child will be provided services for five to ten hours per week, depending on need. The child may receive up to six months of services per year. The assigned counselor will visit with the client in the home, school and community settings.

The counselor will work with the parent(s) and child to develop the goals for successful treatment. The counselor will work closely with other professional services (e.g., doctors, school administrators, teachers, probation officers, social services and recreation center staff) to ensure all of the client needs are addressed. Intensive in-home services will conclude with a discharge plan created with the parent and child to ensure continued success within the family, school, and community.

Client must have Medicaid Insurance or participating Medicaid MCO's (Anthem, Aetna, Molina (formerly Magellan), Optima, United Healthcare, and Virginia Premier). Service may be funded through Community Service Boards (FAPT) or the Department of Juvenile Justice.