

Family and Adolescent Services



Mental Health Skill Building Services

Family and Adolescent Services offers Mental Health Skill Building Services designed to enable individuals with functional impairments stemming from a mental, behavioral or emotional illness to increase their independence and to achieve and maintain stability in the community.

Family and Adolescent Services assists clients by providing individualized training to improve functional skills and appropriate behavior related to the individual's health and safety; activities of daily living; use of community resources; assistance with medication management; and monitoring health, nutrition, and physical condition.

www.fasllc.org



Individuals eligible for this service:

- Must have a need for the service;
- Have an Axis 1 diagnosis;
- Have been prescribed psychotropic medication (antipsychotic, mood stabilizing or antidepressant) in the past 12 months;
- Have a prior history of psychiatric treatment (hospitalization, residential treatment, TDO).

Mental Health Skill Building facilitates the following:

- Individualized training in acquiring basic living skills such as;
 - Symptom management;
 - Adherence to psychiatric and medication treatment plans;
 - Development and appropriate use of social skills and personal support system;
 - Enhancing personal hygiene, food preparation, or money management skills;
 - Education on how to locate and utilize various community resources.

**Mental Health Skill Building Services
are Medicaid eligible.**

Contact us for an assessment to see if you are eligible for services.

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Early Intervention Makes All the Difference