

## Substance Use Outpatient Programs

## Family and Adolescent Services

offers a range of substance abuse services, including comprehensive assessments and tailored treatment recommendations. Our intensive outpatient programs provide individuals with greater independence while delivering high-quality care, making them more appealing to those facing substance abuse challenges.

## Substance Abuse Intensive Outpatient Program (IOP):

Substance Use Intensive
Outpatient Services is a personcentered service for adults
includes three-hour group
sessions several days a week. Our
supportive staff offers relapse
prevention techniques, education
on addictive behaviors and
triggers, and risk management
training. This program can also
serve as a step-down option from
inpatient treatment and crisis
services.