# Family and Adolescent Services

## 23 Hours Crisis Stabilization Services

#### Family and Adolescent Services

offers a community-based; non-hospital facility providing short-term assessment; observation; and stabilization services for up to 23 hours. This service includes a thorough assessment of an individual's behavioral health crisis, psychosocial needs and supports interventions.

The individual currently meets the ICD-10 criteria for a primary diagnosis and has a prior history of at least one of the following:

Suicidal/assaultive/destructive ideas, threats, plans or actions.

An escalating loss of control over thoughts, behavior, or emotions that may harm self or others.

Functional impairment or escalation in disruptive behavior.

An acute stress reaction that may result in significant emotional or behavioral decline.

Without prompt intervention and treatment an individual may disrupt home or community life.



Indicates that symptoms are likely to resolve or stabilize within 23 hours, at which point a less restrictive level of care will be suitable.

The presenting clinical problem requires a safe, contained environment.

Without urgent intervention, the individual is likely to decompensate in one or more life domains: family, living situation, social, work, or community.

## 23-hour Crisis Services facilitates the following:

Rapid assessment
De-escalation
Short-term stabilization
Appropriate referrals for ongoing care

### Family and Adolescent Services:

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Early Intervention Makes All the Difference