

5MARKS

A Maturity Assessment for Christ Followers

Being a Christ follower is more than a label, it's a lifestyle. Once we have placed our trust and faith in the Savior, we are responsible to grow in maturity and follow Him. This test is for anyone who has already placed their faith in Christ. The 5Marks test is designed to highlight five biblical areas of spiritual maturity expected of all believers. This is not the only way to measure maturity, but it is one that is rooted in Scripture as its guide. We hope this will help you grow in maturity.

INSTRUCTIONS:

Please read each statement and circle the number in that row that most reflects how it applies to you. The following scale is used: **1=Never** **2=Rarely** **3=Sometimes** **4=Usually** **5=Always**

1	I think of Jesus as my King, not just as my Savior.	1	2	3	4	5
2	I experience situations where I need to trust God because I don't understand.	1	2	3	4	5
3	I view myself as a servant and God as my boss.	1	2	3	4	5
4	I worship Jesus outside of Church services.	1	2	3	4	5
5	I attend a local church.	1	2	3	4	5
6	I regularly consider how my life should be different because I'm a Christian.	1	2	3	4	5
7	I fully obey the Bible's teaching in my family life.	1	2	3	4	5
8	I consider my job/work a part of my service to God.	1	2	3	4	5
9	My first allegiance is to God with no exceptions.	1	2	3	4	5
10	I actively serve in my local church.	1	2	3	4	5
11	I evaluate the way I live against the example of Jesus's earthly life.	1	2	3	4	5
12	I follow and obey God's leading and direction in my daily life.	1	2	3	4	5
13	I view myself as a current representative of Jesus's future Kingdom.	1	2	3	4	5
14	I give money as an act of worship.	1	2	3	4	5
15	I have spiritual conversations with other believers.	1	2	3	4	5
16	I value God's design over my desires.	1	2	3	4	5
17	I fully obey the Bible's teaching in my work life.	1	2	3	4	5
18	I serve others to represent Jesus.	1	2	3	4	5
19	I give my time as an act of worship.	1	2	3	4	5
20	I pour spiritual wisdom into a less mature believer.	1	2	3	4	5
21	I measure my options against the Word of God before making decisions.	1	2	3	4	5
22	I fully obey the Bible's teaching in my social life.	1	2	3	4	5
23	I look for new ways to serve Jesus.	1	2	3	4	5
24	I sacrifice to honor Jesus.	1	2	3	4	5
25	I receive spiritual wisdom from a more mature believer.	1	2	3	4	5

A disciple is a holy, faithful, servant, who worships God alone, and is active in His community.

The above sentence highlights five necessary aspects for marks of a faithful disciple. A disciple is called to be holy. A disciple is called to be faithful. A disciple is called to serve. A disciple is called to worship God alone. A disciple is called to be active in the community of God. Please use the key below to assess your scores.

INSTRUCTIONS:

Please write the number circled for each question on the previous page into corresponding box in the grid below. Then, add the five numbers in each column to create your “sub-score” for each element. Finally, add the five sub-scores together to reach your total score. Once completed, please use the scales listed below to assess your findings.

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
TOTAL THIS COLUMN BELOW	TOTAL THIS COLUMN BELOW	TOTAL THIS COLUMN BELOW	TOTAL THIS COLUMN BELOW	TOTAL THIS COLUMN BELOW
HOLY	FAITH	SERVICE	WORSHIP	COMMUNITY

Sub-Score Assessment

0 - 7	Needs Intervention
6 - 12	Needs Improvement
13 - 18	Average
19 - 22	Strong
22+	Very Strong

TOTAL THE FIVE SUB-SCORES HERE
MATURITY SCORE

Maturity Score Assessment

0 - 40	Beginning the Journey
40 - 70	Starting to Mature
70 - 90	Average Christian
90 - 110	Strong Christian
110 +	Consider Mentoring