**The Imitation of Christ by Thomas A. Kempis**

**BOOK THREE:** INTERNAL CONSOLATION

**Chapter 55:** The Corruption of Nature and the Efficacy of Divine Grace

**Quote:**

“The Disciple

O LORD, my God, Who created me to Your own image and likeness, grant me this grace which You have shown to be so great and necessary for salvation, that I may overcome my very evil nature that is drawing me to sin and perdition. For I feel in my flesh the law of sin contradicting the law of my mind and leading me captive to serve sensuality in many things. I cannot resist the passions thereof unless Your most holy grace warmly infused into my heart assist me.

There is need of Your grace, and of great grace, in order to overcome a nature prone to evil from youth. For through the first man, Adam, nature is fallen and weakened by sin, and the punishment of that stain has fallen upon all mankind. Thus nature itself, which You created good and right, is considered a symbol of vice and the weakness of corrupted nature, because when left to itself it tends toward evil and to baser things. The little strength remaining in it is like a spark hidden in ashes. That strength is natural reason which, surrounded by thick darkness, still has the power of judging good and evil, of seeing the difference between true and false, though it is not able to fulfill all that it approves and does not enjoy the full light of truth or soundness of affection.

Hence it is, my God, that according to the inward man I delight in Your law, knowing that Your command is good, just, and holy, and that it proves the necessity of shunning all evil and sin. But in the flesh I keep the law of sin, obeying sensuality rather than reason. Hence, also, it is that the will to good is present in me, but how to accomplish it I know not. Hence, too, I often propose many good things, but because the grace to help my weakness is lacking, I recoil and give up at the slightest resistance. Thus it is that I know the way of perfection and see clearly enough how I ought to act, but because I am pressed down by the weight of my own corruption I do not rise to more perfect things.

How extremely necessary to me, O Lord, Your grace is to begin any good deed, to carry it on and bring it to completion! For without grace I can do nothing, but with its strength I can do all things in You. O Grace truly heavenly, without which our merits are nothing and no gifts of nature are to be esteemed!

Before You, O Lord, no arts or riches, no beauty or strength, no wit or intelligence avail without grace. For the gifts of nature are common to good and bad alike, but the peculiar gift of Your elect is grace or love, and those who are signed with it are held worthy of everlasting life. So excellent is this grace that without it no gift of prophecy or of miracles, no meditation be it ever so exalted, can be considered anything. Not even faith or hope or other virtues are acceptable to You without charity and grace.

O most blessed grace, which makes the poor in spirit rich in virtues, which renders him who is rich in many good things humble of heart, come, descend upon me, fill me quickly with your consolation lest my soul faint with weariness and dryness of mind.

Let me find grace in Your sight, I beg, Lord, for Your grace is enough for me, even though I obtain none of the things which nature desires. If I am tempted and afflicted with many tribulations, I will fear no evils while Your grace is with me. This is my strength. This will give me counsel and help. This is more powerful than all my enemies and wiser than all the wise. This is the mistress of truth, the teacher of discipline, the light of the heart, the consoler in anguish, the banisher of sorrow, the expeller of fear, the nourisher of devotion, the producer of tears. What am I without grace, but dead wood, a useless branch, fit only to be cast away?

Let Your grace, therefore, go before me and follow me, O Lord, and make me always intent upon good works, through Jesus Christ, Your Son.”

**Definition:**

God’s Law and God's Grace – God’s Law reveals our need for God’s Grace, and God’s Grace enables us to live in accordance with God’s Law

**Scripture:**

Romans 3:23

For all have sinned and fall short of the glory of God.

1 John 1:8-9

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

Romans 7:14-25

We know that the law is spiritual; but I am unspiritual, sold as a slave to sin. I do not understand what I do. For what I want to do I do not do, but what I hate I do. And if I do what I do not want to do, I agree that the law is good. As it is, it is no longer I myself who do it, but it is sin living in me. For I know that good itself does not dwell in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. For I do not do the good I want to do, but the evil I do not want to do—this I keep on doing. Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it.

So I find this law at work: Although I want to do good, evil is right there with me. For in my inner being I delight in God’s law; but I see another law at work in me, waging war against the law of my mind and making me a prisoner of the law of sin at work within me. What a wretched man I am! Who will rescue me from this body that is subject to death? Thanks be to God, who delivers me through Jesus Christ our Lord!

So then, I myself in my mind am a slave to God’s law, but in my sinful naturea slave to the law of sin.

Hebrews 4:16

Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.

Ezekiel 36:26-27

I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh. And I will put my Spirit in you and move you to follow my decrees and be careful to keep my laws.

**Concept:**

Natural reason can discern good from evil but lacks the full ability to act on this understanding without God’s grace

**Discussion:**

Paul describes his internal struggle with sin. How does this passage resonate with your own experiences of struggling between good intention and sinful actions?

In what ways can individuals seek or cultivate divine grace to strengthen their moral reasoning and overcome tendencies toward evil?