**The Imitation of Christ by Thomas A. Kempis**

**BOOK FOUR:** INTERNAL CONSOLATION

**Chapter 9:** We Should Offer Ourselves and All That We Have to God, Praying for All

**Quote:**

“The Disciple

ALL things in heaven and on earth, O Lord, are Yours. I long to give myself to You as a voluntary offering to remain forever Yours. With a sincere heart I offer myself this day to You, O Lord, to Your eternal service, to Your homage, and as a sacrifice of everlasting praise. Receive me with this holy offering of Your precious Body which also I make to You this day, in the presence of angels invisibly attending, for my salvation and that of all Your people.

O Lord, upon Your altar of expiation, I offer You all the sins and offenses I have committed in Your presence and in the presence of Your holy angels, from the day when I first could sin until this hour, that You may burn and consume them all in the fire of Your love, that You may wipe away their every stain, cleanse my conscience of every fault, and restore to me Your grace which I lost in sin by granting full pardon for all and receiving me mercifully with the kiss of peace.

What can I do for all my sins but humbly confess and lament them, and implore Your mercy without ceasing? In Your mercy, I implore You, hear me when I stand before You, my God. All my sins are most displeasing to me. I wish never to commit them again. I am sorry for them and will be sorry as long as I live. I am ready to do penance and make satisfaction to the utmost of my power.

Forgive me, O God, forgive me my sins for Your Holy Name. Save my soul which You have redeemed by Your most precious Blood. See, I place myself at Your mercy. I commit myself to Your hands. Deal with me according to Your goodness, not according to my malicious and evil ways.

I offer to You also all the good I have, small and imperfect though it be, that You may make it more pure and more holy, that You may be pleased with it, render it acceptable to Yourself, and perfect it more and more, and finally that You may lead me, an indolent and worthless creature, to a good and happy end.

I offer You also all the holy desires of Your devoted servants, the needs of my parents, friends, brothers, sisters, and all who are dear to me; of all who for Your sake have been kind to me or to others; of all who have wished and asked my prayers and Masses for them and theirs, whether they yet live in the flesh or are now departed from this world, that they may all experience the help of Your grace, the strength of Your consolation, protection from dangers, deliverance from punishment to come, and that, free from all evils, they may gladly give abundant thanks to You.

I offer You also these prayers and the Sacrifice of Propitiation for those especially who have in any way injured, saddened, or slandered me, inflicted loss or pain upon me, and also for all those whom I have at any time saddened, disturbed, offended, and abused by word or deed, willfully or in ignorance. May it please You to forgive us all alike our sins and offenses against one another.

Take away from our hearts, O Lord, all suspicion, anger, wrath, contention, and whatever may injure charity and lessen brotherly love. Have mercy, O Lord, have mercy on those who ask Your mercy, give grace to those who need it, and make us such that we may be worthy to enjoy Your favor and gain eternal life.

**Definition:**

Sacrifice of Propitiation- The act of atonement that appeases God's wrath against sin

**Scripture:**

**1 John 2:2**

He is the propitiation for our sins, and not for ours only but also for the sins of the whole world.

**Romans 12:1**

Therefore, I urge you, brothers and sisters, in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.

**John 15:13**

Greater love has no one than this, that someone lay down his life for his friends

**Romans 5:3-5**

Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not put us to shame, because God’s love has been poured into our hearts through the Holy Spirit who has been given to us.

**Concept:**

The sacrifice of propitiation is not merely a theological concept but a reality that shapes our daily lives as followers of Christ

**Discussion:**

In response to John 15:13, how is God calling you to lay down your life—your desires, your time, your talent, and your resources—for the sake of others?

What are the implications of viewing Christ’s sacrifice as both propitiatory and transformative?

How does understanding Christ's role as our propitiation transform our lives and relationships?    
Can you identify specific ways this transformation has occurred in your own life?