**The Imitation of Christ by Thomas A. Kempis**

**BOOK FOUR:** INTERNAL CONSOLATION

**Chapter 16:** We Should Show Our needs to Christ and Ask His Grace

**Quote:**

“The Disciple

O MOST kind, most loving Lord, Whom I now desire to receive with devotion, You know the weakness and the necessity which I suffer, in what great evils and vices I am involved, how often I am depressed, tempted, defiled, and troubled.

To You I come for help, to You I pray for comfort and relief. I speak to Him Who knows all things, to Whom my whole inner life is manifest, and Who alone can perfectly comfort and help me.

You know what good things I am most in need of and how poor I am in virtue. Behold I stand before You, poor and naked, asking Your grace and imploring Your mercy.

Feed Your hungry beggar. Inflame my coldness with the fire of Your love. Enlighten my blindness with the brightness of Your presence. Turn all earthly things to bitterness for me, all grievance and adversity to patience, all lowly creation to contempt and oblivion. Raise my heart to You in heaven and suffer me not to wander on earth. From this moment to all eternity do You alone grow sweet to me, for You alone are my food and drink, my love and my joy, my sweetness and my total good. Let Your presence wholly inflame me, consume and transform me into Yourself, that I may become one spirit with You by the grace of inward union and by the melting power of Your ardent love.

Suffer me not to go from You fasting and thirsty, but deal with me mercifully as You have so often and so wonderfully dealt with Your saints.

What wonder if I were completely inflamed by You to die to myself, since You are the fire ever burning and never dying, a love purifying the heart and enlightening the understanding.

**Definition:**

Grace of Inward Union – Enables believers through faith in Jesus Christ and indwelling of the Holy Spirit to live in fellowship with God, reflecting His character and experiencing His presence deeply within

**Scripture:**

Galatians 3:26-27

For in Christ Jesus you are all children of God through faith. As many of you as were baptized into Christ have put on Christ.

**Concept:**

The *Grace of Inward Union* is a deep spiritual connection where believers, through faith in Christ and the indwelling of the Holy Spirit, experience God's transformative presence, drawing them into fellowship with Him.

**Discussion:**

How does living by the Spirit strengthen your inward union with Christ?

What does it mean to be “clothed with Christ” (Galatians 3:26-27)?

How does God’s purification of our hearts enhance our desire to be in communion with God?