**The Imitation of Christ by Thomas A. Kempis**

**BOOK ONE:** THOUGHTS HELPFUL IN THE LIFE OF THE SOUL

**Chapter 14: Avoiding Rash Judgment**

**Definition and Scriptures:**

**Turn:** Celebrate Recovery defines the word turn using the acrostic T-U-R-N. In the acrostic T-U-R-N, the T stands for Trust, the U stands for Understand, the R stands for Repent, and the N stands for New Life.

**Proverbs 14:29:** Whoever is patient has great understanding, but one who is quick-tempered displays folly.

**Proverbs 4:7:** The beginning of wisdom is this: Get wisdom. Though it cost all you have, get understanding.

**Psalm 32:8:** I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you.

**Proverbs 21:2:** A person may think their own ways are right, but the Lord weighs the heart.

**2 Corinthians 4:18:** So, we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.

**Quote:**

"TURN your attention upon yourself and beware of judging the deeds of other men, for in judging others a man labors vainly, often makes mistakes, and easily sins; whereas, in judging and taking stock of himself he does something that is always profitable."

**Discussion:**

How can trusting, understanding, and repenting change a quick tempered man into a patient one?

How can focusing on the way we think rather than how we look be profitable?