

# Quilters By Heart's Desire

**September 2025**

## 2025 Officers

<b>President</b>	<b>Patricia Welsch</b>
<b>Vice President</b>	<b>Cindy Pannier</b>
<b>Secretary</b>	<b>Pamela Avara</b>
<b>Treasurer</b>	<b>Karen Petrignani</b>
<b>Historian</b>	<b>Doris Matthews</b>
<b>Newsletter Editor</b>	<b>Pamela Avara</b>

## QBHD MEETING

September 15th

Karen Brown

Double Wedding Ring

St. Mark's United Methodist Church

**Front Building**

## Rankin County Sit-N-Sew

October 4th 9:00 AM

MS State Extension Bldg

## MQA Fall Gathering

October 3rd—4th

Fellowship Hall First Baptist Church

Winona

## QSQA Quarterly Meeting

October 25th 10 AM

VFW Harahan Post 3267

New Orleans, LA

## Quilters -

The first day of autumn may not be until September 22nd, but with leaves drying up and falling, it's beginning to look like fall. Of course all the fall decorations that have been at Hobby Lobby for months now, are showing up at doorsteps everywhere. Halloween too. Thanksgiving and Christmas will be here before we know it.

Jackie Watkin's quick and accurate way to create square-in-square blocks (as demoed last month) will come in handy if you need an easy quilt for a Christmas gift or a nice Christmas quilt for your house for the holidays. Be sure to share during sew-n-tell should you get one made.

Two more meetings to go in 2025 and we need volunteers for 2026 officers. President, Vice President and secretary/newsletter positions will need to be filled. Current officers are ready to assist with program ideas for 2026.

Monday's meeting will be in the building in front of the one we normally meet in. Parking is best in front of that building, but will go quickly, so please arrive early if possible.

See you Monday,  
Patricia



Dollar Tree Finds:  
Picture Easel, Lint Roller and Foam Core Board

## QUILTERS BY HEARTS DESIRE

August 18th, 2025 Minutes

The meeting was called to order by President Patricia Welsch. Esther Cash visited for the first time. She plans to become a member at the first of the year.

The motion to approve the minutes from the previous meeting made by Marilyn Rose and seconded by Linda Jabour.

Karen Petrignani gave our Treasurer's report. We have \$2,213.87 in our bank account.

MQA: Beth Sonnier gave an update on the MQA Fall Gathering. Friday there will be 10 learning stations and after dinner a bed turning and show-n-tell. Saturday Cynthia Reeves is doing a presentation on Memory Quilts, a physical therapist will speak to the group and the Legacy Quilter will be presented,

QBHD Summer Retreat was last month and everyone had a great time.

It's time to select new officers for 2026. If you are interested, please reach out to Patricia. If she reaches out to you consider say "Yes".

Next month we will meet in the building across the breezeway. More information on specific will be sent out before the meeting.

Cindy Panier recently saw Ellie Mays. She is now cancer free. Ellie's husband has moved to assisted living. Christy Calhoun sent an email saying due to her husband's health she will no longer be able to attend QBHD meetings.

Polly Duggan showed several quilting tips and tricks from the Dollar Tree Store—Picture easels, Lint rollers and foam core boards.

For our October Birthday meeting, please bring in your Pizza Box Quilt (or top). An explanation of what a Pizza Box Quilt is was given for our newer members and Marilyn Rose showed hers.

Patrica Welsch and Pam Avara attended the Gulf States Quilt Association Pursuit of Excellence. They reviewed what they learned. To keep your rulers from slipping, Patrica brought in the thinnest shelf-liner and passed out squares. She showed the Wedding Ring block which they made while practicing 1/4" seams. Pam showed the Cardinal block she made and discussed how to use a regular ruler to trim half square triangles.

Jackie Watkins, with the assistance of Sarah Gayden showed us how to make a square-in-a-square block using a 5" and 10" square. As Jacke was using red, white, and blue fabrics, this led to a discussion about what a Quilt of Valor is.

Shelly Taylor, Jackie Watkins, Pam Avara, Marilyn Rose, Polly Duggan, Sarah Gayden, Patricia Welsch brought in Show-n-Tell.

Next month we will meet across the breezeway. Additional information will be sent out prior to the meeting. Karen Brown will discuss the method she used for her Double Wedding Ring quilt.

The meeting was adjourned.

Pamela Avara

QBHD Secretary



Marilyn Rose shows us her version of the 2022 Pizza Box Quilt



Gulf State Quilt Association Pursuit of Excellence: Patricia Welsch is holding the Wedding Ring block. To the right is the Cardinal Block Pam Avara made.



# Easy Square in a Square

Jackie Watkins



**EXTREMELY EASY SQUARE-IN-A-SQUARE TECHNIQUE**  
**JACKIE WATKINS**

For each square, you need:

One 10-inch square and One 5-inch square. Make sure that they contrast. (This will also work with an 8-inch square and 4-inch square.)

Fold and lightly press the 10-inch square in half.  
Fold it again in half the other way and press.  
Open it up.

Do the same thing for the 5-inch square.

With both squares right side up, nest the squares (matching the pressed seams) with the 5-inch square on top.

Fold down the top of the 10-inch square until it meets the fold in the center of the 5-inch square.  
Press that.

Fold up the bottom of the 10-inch square until it meets the fold in the center of the 5-inch square. Press that.

Sew a ¼" seam along both of those folded and pressed lines.  
Press open both of those seams.

Position the square in front of you so that the unsewn sides now become the top and bottom.  
Fold down the top of the 10-inch square until it meets the fold in the center of the 5-inch square.  
Press that.

Fold up the bottom of the 10-inch square until it meets the fold in the center of the 5-inch square. Press that.

Sew a ¼" seam along both of those folded and pressed lines.  
Press open both of those seams.

**You now have a square-in-a-square finished block. It does not need trimming.**



## Show and Tell



Shelly Taylor—Migrating Geese



Jackie Watkins - SFA Challenge  
Music & Purple



Pam Avara  
Mini Bow Tuck Bag  
Replacement Pillow Case



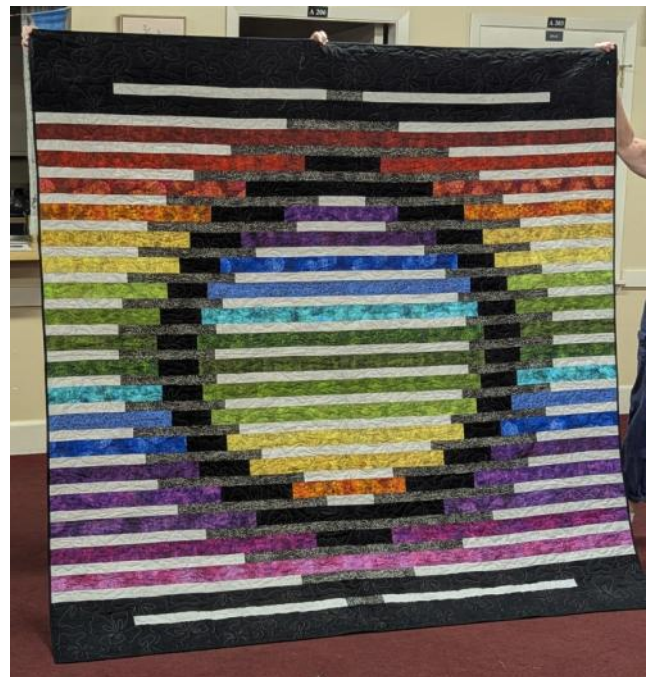


## Show and Tell



Marilyn Rose

Top Left—2024 Bonnie hunter Mystery—Enlarged  
Top Right—Hurricane Katrina  
Left—Hurricane Katrina Radar Maps  
Bottom Left—mid-90s' Quilters Newsletter BOM  
Bottom Right—Mirage





## Show and Tell



Polly Duggan—SFA Challenge  
Chartreuse Trees



Sarah Gayden  
Beaded Collar



Patricia Welsh  
Left—3-yard Quilt  
Below—Quilt As You Go reversible quilt with  
Sharon Pederson 2 color/sided binding





# Heart Exchange

## Instruction pattern

### HEART EXCHANGE

QBHD has a "Heart Ornament" exchange each year. The idea is to make a heart no bigger than the one illustrated. You may use any needlework technique that you choose but we encourage you to try an aspect of quilting. The heart can be divided and seamed at any given place. Let your creative urge fly. The exchange works in such a way that when you bring a heart to the <sup>NOVEMBER</sup> ~~December~~ meeting you will anonymously choose a heart made by another member to take home. Please sign your hearts with your name and the year as a continual reminder of fellowship for the person who receives your heart.