

2024

CALENDAR YEAR

OCTOBER

CALENDAR MONTH- LUNCH MENU

SUNDAY

FIRST DAY OF WEEK



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|---|---|--|---|----------|
| 29 | 30 Hot Dog w/Hot Dog Bun (M/G) Baked Beans (L) Fruit Variety (F) VIP (V) & a Variety of Milk | 01 Baked Beef Ziti (G/M/MA) Green Beans (V), Garlic Bread (G) Fruit Variety (F) VIP (V) Variety of Milk | 02 Cheesy Beef burrito (M/G/MA/V) Mexican rice (G) (G/MA) Broccoli (V) Dinner Roll (G) Fruit Variety (F) VIP (V) & a Variety of Milk | 03 Signature Chicken Leg (M) Mac and cheese (G/MA) Greens (V) Dinner Roll (G) Fruit Variety (F) VIP (V) & a Variety of Milk | 04 Corn Dog (M/G) Signature Fries (SV) Fruit Variety (F) VIP(V) & a Variety of Milk | 05 |
| 06 | 07 Fall Break | 08 Fall Break | 09 Fall Break | 10 Fall Break | 11 Fall Break | 12 |
| 13 | 14 BBQ Chicken Sandwich (G/M) Baked Beans (L) Fruit Variety (F) VIP(V) Variety of Milk | 15 Turkey/cheese/lettuce pinwheels (M/MA/G), broccoli and cheese (V/MA), Fruit Variety (F), Variety of Milk | 16 Cheesy Beef burrito (M/G/MA/V) Mexican rice (G) (G/MA) Green Beans (V) Dinner Roll (G) Fruit Variety (F) VIP (V) & a Variety of Milk | 17 Chicken Patty Sandwich w/cheese (M/G/MA) Green beans (V) Fruit Variety (F) VIP (V) & a Variety of Milk | 18 Beef nachos (G/M/MA) Corn tomato salad (SV,V) Signature Salads offered (V) Fruit Variety (F) VIP(V) Variety of Milk | 19 |
| 20 | 21 Chicken Alfredo (M/G) Roasted Broccoli (V) Garlic Toast (G) Fruit Variety (F) VIP (V) & a Variety of Milk | 22 Cheesy Beef burrito (M/G/MA/V) Black Beans (L) Green Beans (V) Dinner Roll (G) Fruit Variety (F) VIP (V) & a Variety of Milk | 23 Salisbury steak (M) Mashed potatoes (SV), Dinner Roll (G) Fruit Variety (F) VIP(V) Variety of Milk | 24 Cheesy Taco Pasta Bake (G/M/MA) Signature Greens (V), Garlic Bread or Dinner Roll (G) Fruit Variety (F) VIP (V) Variety of Milk | 25 Italian Pizza (G/M/MA) Broccoli and cheese (V/MA) Fruit Variety (F) VIP (V) Variety of Milk | 26 |
| 27 | 28 Chicken Patty Sandwich w/cheese (M/G/MA) Green beans (V) Fruit Variety (F) VIP (V) & a Variety of Milk FEEDWELLS WEEK CELEBRATION | 29 Turkey/cheese/lettuce pinwheels (M/MA/L/G), broccoli and cheese (V/MA), Fruit Variety (F), Variety of Milk FEEDWELLS WEEK CELEBRATION | 30 Signature Meatball Sub w/ mozzarella cheese (G/M/MA) Baked Beans (L) Fruit Variety (F) VIP(V) Variety of Milk FEEDWELLS WEEK CELEBRATION | 31 Corn Dog (M/G) Signature Fries (SV) Fruit Variety (F) VIP(V) & a Variety of Milk FEEDWELLS WEEK CELEBRATION | 01 FEEDWELLS WEEK CELEBRATION | 02 |
| 03 | 04 | 05 | 06 | 07 | 08 | 09 |

Our lunches at FeedWells reflect the love and commitment that we have for our community. Our effort is to provide delicious, homestyle entrees, side dishes, healthy whole grains, an assortment of student-friendly fresh fruit and 100% fruit juice. We also provide a choice of flavored and unflavored milk.

VIP: Variety in Power (Consisting of a variety of fruits and vegetables as a second option for our students).

Menus are subject to Child Nutrition compliant substitutions based on vendor's product availability.