

2022

CALENDAR YEAR

AUGUST

CALENDAR MONTH- LUNCH MENU

SUNDAY

FIRST DAY OF WEEK



| Sunday | Monday   | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday |
|--------|--|---|---|--|---|----------|
| 31     | 01   | 02  | 03  | 04   | 05  | 06       |
| 07     | 08<br>Fish Sticks (M/G)<br>Seasoned Fries (SV)<br>Hush Puppy (G)<br>Fruit Variety (F) VIP(V)<br>Variety of Milk                          | 09<br>Chicken Salad over Lettuce and<br>Tortilla Chips (G/M/V)<br>Kiwi & Strawberries (F)<br>Fruit Variety (F) VIP (V)<br>Variety of Milk | 10<br>Turkey Corn Dog (M/G)<br>Assorted Chips (G)<br>Fruit Variety (F) VIP (V)<br>& a Variety of Milk   | 11<br>Signature Spaghetti (M/G)<br>Caesar Salad (V)<br>Garlic Toast (G) Fruit Variety (F)<br>VIP (V) & a Variety of Milk                       | 12<br>Chicken Tenders (M/G)<br>Mac and Cheese (G/MA)<br>Green Beans (V) Dinner Roll (G)<br>Fruit Variety (F) VIP (V)<br>& a Variety of Milk | 13       |
| 14     | 15<br>Chicken Patty<br>w/lettuce (M/G/V)<br>Potato Wedges (SV)<br>Fruit Variety (F) VIP (V)<br>Variety of Milk                           | 16<br>BBQ Chicken Nachos w/Cheese<br>(M/G/MA) Tortilla Chips (G)<br>Pickle Spears, Fruit Variety (F)<br>VIP (V) & a Variety of Milk       | 17<br>Turkey and Cheese Pinwheels<br>(G/M/MA)<br>Baked Apple Slices (F)<br>Pickle Spear, Fruit Variety (F)<br>VIP(V) Variety of Milk                      | 18<br>Chicken Alfredo (M/G)<br>Roasted Broccoli (V)<br>Garlic Toast (G) Fruit Variety (F)<br>VIP (V) & a Variety of Milk                       | 19<br>Italian Pizza (G/M/MA)<br>Variety of Chips (G)<br>Fruit Variety (F)<br>VIP (V) Variety of Milk  | 20       |
| 21     | 22<br>Beef Sliders w/Cheddar Cheese<br>(M/MA/G)<br>Sweet Potato Fries (SV)<br>Fruit Variety (F) VIP(V)<br>& a Variety of Milk            | 23<br>Fiesta Beef Tacos w/lettuce and<br>cheese (G/M/MA)<br>Cilantro Rice (G)<br>Fruit Variety (F) VIP(V)<br>Variety of Milk              | 24<br>Lemon Pepper Baked Chicken<br>(G/M/MA) Mac and Cheese<br>(G/MA) Roasted Broccoli (V)<br>Dinner Roll (G) Fruit Variety (F)<br>VIP(V) Variety of Milk | 25<br>Turkey/Cheese Sub Sandwich<br>w/Lettuce (M/G/MA/V)<br>Potato Chips (G) Pickle Spears<br>Fruit Variety (F) VIP (V) & a<br>Variety of Milk | 26<br>Seasoned Chicken Wings (M)<br>Seasoned Fries (SV) Dinner Roll<br>(G) Fruit Variety (F) VIP (V)<br>& a Variety of Milk                 | 27       |
| 28     | 29<br>Fried Catfish Nuggets w/Tarter<br>Sauce (M/G)<br>Seasoned Fries (SV)<br>Cole Slaw, Fruit Variety (F)<br>VIP(V) & a Variety of Milk | 30<br>Hot Dog/Hot Dog Bun (M/G)<br>Variety of Chips (G)<br>Fruit Variety (F) VIP(V)<br>& a Variety of Milk                                | 31<br>Signature Spaghetti (M/G)<br>Caesar Salad (V)<br>Garlic Toast (G) Fruit Variety (F)<br>VIP (V) & a Variety of Milk                                  | 01   | 02  | 03       |
| 04     | 05   | 06  | 07  | 08   | 09  | 10       |

Our lunches at FeedWells reflect the love and commitment that we have for our community. Our effort is to provide delicious, homestyle entrees, side dishes, healthy whole grains, an assortment of student-friendly fresh fruit and 100% fruit juice. We also provide a choice of flavored and unflavored milk.

VIP: Variety in Power (Consisting of a variety of fruits and vegetables as a second option for our students).

Menus are subject to Child Nutrition compliant substitutions based on vendor's product availability.