



BREAKFAST MENU

OATMEAL & PARFAIT

TRADITIONAL STEEL CUT OATS - \$5.00 (GF) (V)

- Steel cut oats, dried cranberries, dried currants, raisins, house made granola, brown sugar

SAVORY STEEL CUT OATS - \$7.00 (GF)

- Steel cut oats, sautéed spinach, mushrooms, onion, turkey bacon, sunny side up egg

BERRIES & NUTS OVERNIGHT OATS - \$6.00 (GF)

- Rolled oats, Greek yogurt, assorted fresh berries, house granola

BERRY & GRANOLA PARFAIT - \$6.00 (GF)

- Assorted fresh berries, house granola, Greek yogurt, local honey

COCONUT CHIA & QUINOA PUDDING - \$6.00 (GF) (V)

- Chia, quinoa, coconut milk, almond milk, house made granola, dried cranberries, dried currants, raisins

ADD:

- TOAST (wheat or white) - \$1.75
- 2 EGGS ANY STYLE - \$2.50



BREAKFAST MENU

BREAKFAST SANDWICHES, WRAPS, CREPES

Bacon & Sausage are all turkey

HOUSE CURED SALMON - \$12.00

- Beet cured salmon, arugula, sliced red onion, tomato, capers, dill cream cheese, everything bagel

AVOCADO TOAST - \$12.00

- Scrambled egg white, sliced avocado, red radish, serrano chili, toasted pepitas, micro cilantro, extra virgin olive oil, ciabatta

ROASTED VEGETABLE EGG WRAP - \$10.00

- Zucchini, broccoli, mushroom, avocado, baby kale, scrambled egg white, spinach tortilla

CLASSIC BREAKFAST BURRITO - \$9.00

- Potatoes, scrambled egg, sausage or bacon, cheddar cheese, spinach tortilla

TURKEY, CHEESE & EGG CREPE - \$9.00 (GF)

- Oven roasted turkey breast, provolone cheese, scrambled egg, herb crepe

BERRIES & CREAM CREPE – 8.00 (GF)

- Macerated berries, Chantilly cream, crepe

ADD:

- Avocado - \$1.25
- Turkey Bacon - \$1.50
- Turkey Sausage - \$1.50
- Salsa - \$1.00



BREAKFAST MENU

POWER BREAKFAST SCRAMBLE BOWLS

Bacon & Sausage are all turkey

POWER SCRAMBLE - \$9.00 (GF)

- Quinoa, spinach, scrambled egg white, mushroom, bell pepper, onion, avocado, herb goat cheese

TRADITIONAL SCRAMBLE - \$8.00 (GF)

- Homestyle potatoes, scrambled egg, bell pepper, onion, bacon, shredded cheddar

MEXICAN SCRAMBLE - \$9.00 (GF)

- Homestyle potatoes, scrambled eggs, taco seasoned Beyond meat, green onions, serrano chili, shredded cheddar

ADD:

- Avocado - \$1.25
- Turkey Bacon - \$1.50
- Turkey Sausage - \$1.50
- Salsa - \$1.00