

**AF/SF JROTC Supplemental Participation Form**

UNIT: \_\_\_\_\_  
SY: 2025

**PRIVACY ACT STATEMENT**

**AUTHORITY:** 10 U.S.C. 102, Junior Reserve Officers' Training Corps; DoD Instruction 1205.13, Junior Reserve Officers' Training Corps Program.

**PRINCIPAL PURPOSE:** This form supplements the DD Form 3203, *Junior Reserve Officers' Training Corps Student Code of Conduct and Parent/Guardian Consent Form*. It outlines how cadet data is maintained within the AF/SF JROTC program and gathers necessary health-related information prior to participation in the AF/SF JROTC Cadet Health/Wellness Program. This form is for internal use only and will only be viewed by instructor(s).

**ROUTINE USE(S):** Disclosure of records are generally permitted under 5 U.S.C. 522a(b) of the Privacy Act of 1974, as amended. Unauthorized disclosure or misuse of personal information may result in disciplinary action, criminal and/or civil penalties. Dissemination is limited only to individuals who have a direct need-to-know to include cadet, parent/guardian, AF/SF JROTC instructor(s), school administrators, health professionals and HQ AFJROTC officials.

**DISCLOSURE:** Voluntary. However, failure to fully complete requested information may render student ineligible to participate in the AF/SF JROTC program.

**PART I – MAINTAINING CADET DATA:**

Participation in the AF/SF JROTC program is voluntary. Certain types of cadet data are compiled, entered, and tracked in the AF/SF JROTC database by other cadets (students) in the program. This data is limited to program-specific information such as physical fitness test scores, participation in community service events, Curriculum in Action trips, competitions and other AF/SF JROTC activities, rank/promotion data, awards/decorations data, and uniform issuance data. All personally identifiable data such as date of birth, gender, race and ethnicity is maintained and protected in a separate section of the database that is ONLY accessible to instructors, NOT cadets.

**PARENT/GUARDIAN:** Your signature on Page 2 affirms acknowledgement/understanding of how cadet data is maintained in the AF/SF JROTC database.

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**PART II – HEALTH SCREENING QUESTIONNAIRE:**

The AF/SF JROTC Cadet Health/Wellness Program is designed to help cadets establish a healthy lifestyle and improve their physical fitness. All health/wellness sessions will be supervised and monitored by at least one instructor. These sessions may include walking, running, calisthenics, and other fitness-related activities. All AF/SF JROTC instructors have been trained in administering CPR if needed. It is mandatory to complete the health screening questionnaire prior to participating in the AF/SF JROTC Cadet Health/Wellness Program.

**PARENT/GUARDIAN:** Your signature on Page 2 affirms the permission given on the DD Form 3203, *Junior Reserve Officers' Training Corps Student Code of Conduct and Parent/Guardian Consent Form* and identifies any health-related conditions that the AF/SF JROTC instructor(s) should monitor. ***It is your responsibility to inform the AF/SF JROTC instructor(s) of any changes in your child's health that should keep them from participating in the AF/SF JROTC Cadet Health/Wellness Program.*** Finally, in the event of a medical problem, you understand that any medical care that may be required is not the responsibility of AFJROTC.

Controlled by: OUSD(P&R)  
Controlled by: HQ AFJROTC  
CUI Category: HLTH  
Limited Dissemination Control: DL ONLY  
POC: JRO, jrotc.jro@au.af.edu

**CADET:** Return completed questionnaire to your AF/SF JROTC instructor(s) and advise them if you responded “Yes” to any question.

(Circle one)

1. Has there been any significant change to your health in the past 6 months? ..... **YES - NO**
2. Are you currently on a medical profile exempting you from PT activities? ..... **YES - NO**
3. Has a physician ever indicated you have heart disease, heart or breathing troubles? ..... **YES - NO**
  - A. Do you suffer from pains in your chest, especially with physical activity? ..... **YES - NO**
  - B. Do you feel faint or have dizzy spells during or after physical activity? ..... **YES - NO**
  - C. Do you have shortness of breath related to asthma or any other exercise-induced condition?..... **YES - NO**
4. Have you experienced a significant weight change in the past 6 months? ..... **YES - NO**  
If “YES,” circle and indicate estimated amount: Gained / Lost \_\_\_\_\_ lbs.
5. Have you ever been diagnosed or displayed symptoms of heat stress? ..... **YES - NO**
6. Do you take any dietary, herbal or nutritional supplements, including energy drinks, which contain any of the following: Ephedra/Ephedrine, Guarana, Phenylephrine, Pseudoephedrine? ..... **YES - NO**  
If “YES” please list: \_\_\_\_\_
7. Do you have any other medical issues that may cause safety concerns during physical exercise? ..... **YES - NO**  
(i.e., allergies, pregnancy, etc.)  
If “YES” please list: \_\_\_\_\_

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**PART III – ACKNOWLEDGEMENT:**

By signing below, I certify that I have reviewed the form and acknowledge/understand how cadet data is maintained in the AF/SF JROTC database. I also certify that the information provided in the health screening questionnaire is accurate.

<b>CADET NAME</b> (Last, First, MI)	
<b>PARENT/GUARDIAN NAME</b> (Last, First, MI)	
<b>PARENT/GUARDIAN SIGNATURE</b>	<b>DATE SIGNED</b> (YYYYMMDD)