

Have you ever wondered what the real goal of parenting should be? For example, should it be:

1. To raise Little Johnny to be just like you...To have the same beliefs, aspirations and cultural norms.
2. To raise Little Johnny to do exactly as you say without question or complaint.
3. To raise Little Johnny to be the perfect little companion and helper
4. To raise Little Johnny to follow his own passions, desires and interests in a loving way

If you can see the potential flaws and pitfalls in the first three options, we can explore together some of the best ideas for recognizing and encouraging the unique interests and passions of your child while guiding them in the path of love.

From wrapping them in folds of love in the early years to teaching skills, independence and authentic self-identity in the later years, this approach will set your child free to explore the world, understand himself and connect with others (including yourself) in a loving and joyful manner.

Children are a beautiful gift that allow us to hold up a mirror to ourselves and highlight every issue that arises in the early years as a reflection of ourselves. This gift gives us insight to resolve our issues and love our children without our own 'baggage'.

We can release our baggage through resolving our own anger, fear and grief. This will allow us an intimate and understanding connection with our child which will shine a light on the path of parenting to guide us in every decision in the years to come.