

Cultural Collective Program

Holistic Development Program for Marginalized Students

Duration: Customizable (Options Include Restorative Justice Programs, Summer Sessions, Semester-Long Programs, etc.)

Target Audience: Students of Color, Women, and First-Generation Students

Format: Flexible and Adaptable

Program Overview

The Holistic Development Program is a thoughtfully designed 10-week initiative tailored specifically for Students of Color, Women, and First-Generation Students. Developed by a dedicated team of expert curriculum designers and DEI (Diversity, Equity, and Inclusion) coordinators, this program addresses the unique challenges and needs faced by marginalized students in higher education. Our mission is to provide these students with the tools and support necessary to thrive academically, professionally, and personally.

Key Features

1. Addressing Unique Challenges

- **Navigating Womanhood in Corporate America:** Engage in discussions and workshops on overcoming barriers and advancing in a corporate setting as a woman, including strategies for negotiating, leadership development, and work-life balance.
- **Experiences as a Student of Color at a Predominantly White Institution (PWI):** Explore the realities of attending PWIs, including strategies for building support networks, addressing microaggressions, and leveraging campus resources.
- **Responding to Prejudice in Institutional Settings:** Learn practical approaches to handling and addressing discrimination, bias, and prejudice within academic and institutional contexts.
- **Managing Finances as a First-Generation Student:** Gain insights into financial management, including budgeting, navigating financial aid, and

building financial literacy tailored to the needs of first-generation students.

2. Comprehensive Curriculum

- **Physical Health & Wellness:** Focus on holistic health practices that include nutrition, exercise, stress management, and sleep hygiene, with attention to the specific needs of marginalized communities.
- **Financial Management:** Learn essential skills for budgeting, saving, and investing, with particular emphasis on financial challenges faced by first-generation students.
- **Balancing Home and School Life:** Strategies for effectively managing academic responsibilities alongside personal and family obligations.
- **Leadership Skills:** Development of leadership qualities, team dynamics, and conflict resolution tailored to the experiences of marginalized students.
- **Networking & Relationship Building:** Techniques for building professional and personal networks, with a focus on overcoming barriers and building supportive communities.
- **Digital Literacy:** Proficiency in using digital tools and ensuring online security, with considerations for equitable access and resources.
- **Creative Thinking:** Foster innovative problem-solving and creative thinking skills relevant to academic and professional challenges.
- **Integrating Academic & Mental Responsibilities:** Strategies for balancing academic demands with mental health needs, with a focus on self-care and resilience.

3. Customizable Formats

- **Restorative Justice Programs:** Implement practices focused on healing, community-building, and addressing systemic issues through restorative justice frameworks.
- **Summer Sessions:** Intensive summer programs designed to provide focused support and skill-building opportunities.
- **Semester-Long Programs:** Comprehensive semester-long courses that integrate all aspects of the curriculum for a deep, sustained impact.
- **Tailored Options:** Flexible scheduling and format options to fit the needs of individual institutions or groups.

Curriculum Design & Support

Our curriculum is crafted with the input of DEI experts to ensure it meets the specific needs of marginalized students. Each module is designed to provide practical skills while addressing the systemic issues faced by our target groups. Participants will benefit from personalized support, mentorship, and resources tailored to their unique experiences and challenges.

Outcomes

Upon completion of the Holistic Development Program, participants will emerge with a strengthened ability to navigate their academic and professional environments confidently. They will have developed crucial skills in leadership, financial management, and personal wellness while gaining strategies to address and overcome the unique challenges they face as Students of Color, Women, and First-Generation Students.

The program aims to empower participants to thrive academically and personally, fostering a supportive and inclusive environment that acknowledges and addresses their distinctive needs.