

# *HH Enviro-news*

*Your local monthly green update*



Thank you

to everyone who took part in The Big Green Week and Plastic Free July.

It's not too late to :

Choose a swap and be a bit Greener

## Swaps

- Swap to Solar Energy – harness the power of the sun
- Swap to a Greener Energy supplier or tariff - support renewables
- Drive Electric – swap to an electric car
- Replace one meat meal a week with a plant-based meal
- Improve insulation – reduce energy waste and stay cozy

## Smaller Swaps

- Repair instead of replace -see details of repair cafes in Medway – Contact Marilyn see details below
- Recycle more – Contact Marilyn see details below
- Try oat milk – a tasty alternative to dairy
- Collect rainwater – install a water butt to save mains water
- Create a wildlife area – swap part of your lawn for nature
- Compost food waste – turn scraps into soil
- Donate unwanted items – give them a second life
- Buy used instead of new – give them a second life

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