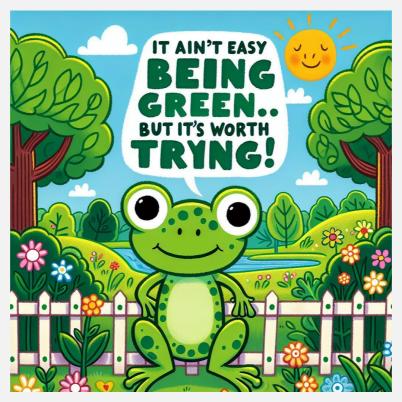
HH Enviro-news

Your local monthly green update



Thank you

to everyone who took part in The Big Green Week and Plastic Free July.

It's not too late to:

Choose a swap and be a bit Greener

Swaps

- Swap to Solar Energy harness the power of the sun
- Swap to a Greener Energy supplier or tariff support renewables
- Drive Electric swap to an electric car
- Replace one meat meal a week with a plant-based meal
- Improve insulation reduce energy waste and stay cozy

Smaller Swaps

- Repair instead of replace -see details of repair cafes in Medway Contact Marilyn see details below
- Recycle more Contact Marilyn see details below
- Try oat milk a tasty alternative to dairy
- Collect rainwater install a water butt to save mains water
- Create a wildlife area swap part of your lawn for nature
- Compost food waste turn scraps into soil
- Donate unwanted items give them a second life
- Buy used instead of new give them a second life

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