

Louise's Story

I wasn't on top of things, I was under a great deal of stress at work and bringing work home. I was exhausted both mentally and physically. My body was giving me all the signs but I was ignoring them. So my body did what it had to do to get my attention. I physically collapsed at work. From this moment on, I had to accept that I was experiencing a Burnout (as professional people like to call it) or in layman terms a 'mental breakdown'.

At the time I was angry and resentful to the people at work who had caused this, but now I look back with a thankful heart because this whole experience brought me to God. You see, 'the Sermon on the Mount produces despair' says Osmond Chambers, but he saw this as a good thing because at the point of despair we are willing to come to Jesus and receive him. And at this point of my life, so was I.

I have lived a majority of my life without Jesus. I always knew something was missing, I didn't know what it was, but I could feel it, like a black hole in my heart. I am delighted to say that, that feeling has gone now. The blackness I felt inside has been replaced with peace, love and light – I believe this the Holy Spirit!.

I have never been happier or more content with my life and I want everyone to have this (as does God). Jesus was clear when he told his disciples to 'bring others to God, and to spread the word'. I strive to fulfil his wishes, there is nothing more important.

Jesus died for us, and gave us the most amazing gift (one that no others will ever be able to compete with) – Eternal life for all those who believe and trust in him!