



Advanced Sleep & Neurodiagnostics of



525 North Keene Street, Suite 301, Columbia, MO 65201

Phone: (573) 441-0455 Fax: (573) 449-4491

Name _____

Height _____ Weight _____

Age _____ Male / Female _____

STOP-BANG Sleep Apnea Questionnaire

STOP		
Do you SNORE loudly (louder than talking or loud enough to be heard through closed doors)?	Yes	No
Do you often feel TIRED , fatigued, or sleepy during daytime?	Yes	No
Has anyone OBSERVED you stop breathing during your sleep?	Yes	No
Do you have or are you being treated for high blood PRESSURE ?	Yes	No

BANG		
BMI more than 35kg/m2?	Yes	No
AGE over 50 years old?	Yes	No
NECK circumference > 16 inches (40cm)?	Yes	No
GENDER : Male?	Yes	No

TOTAL SCORE		
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High risk of OSA: Yes 5 - 8

Intermediate risk of OSA: Yes 3 - 4

Low risk of OSA: Yes 0 - 2