



ADVANCED SLEEP LABS
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Dear Sleep Study Patient:

Thank you for allowing Advanced Sleep Labs to provide assistance with the diagnosis of your suspected sleep disorder. It is our sincere hope that it has been a valuable diagnostic tool for your provider and will result in an effective treatment that will allow you to enjoy a better quality of life.

Following a sleep study, this is what happens:

- Data Analysis - The sleep data that we collected from your sleep study is passed to one of our scoring technologists. Their role is to analyze the data through a process called scoring. This process selects and summarizes the key diagnostic indicators of your sleep study to make it more manageable for the sleep physician to interpret your results.
- Data Interpreted - Once scoring is completed, the sleep physician is provided with the scored data for interpretation.
- Follow-Up - Once the interpretation is completed, the results will be sent to your ordering provider to discuss your results and the most appropriate treatment plan for you. If you have not been scheduled for a follow-up appointment within a few weeks of your sleep study, call your providers office for a status report. Your ordering provider will typically receive your results within 7-10 business days from your study date.
- Titration Study Scheduled - If that treatment plan involves Continuous Positive Airway Pressure (CPAP), your ordering provider may ask you to return to the sleep lab for a CPAP Titration Study. Our office will contact you as soon as possible to schedule this appointment. Your study will be repeated in much the same way, except with the addition of a CPAP device that will be titrated to meet your specific needs while you sleep.
- Prescription for Therapy Ordered - The ordering provider will receive the titration level that works best for you and will write you a prescription for Durable Medical Equipment (DME). The ordering provider will send the prescription to the DME provider of your choosing.
- Therapy Orientation & Equipment Set-Up With DME - During your therapy session, your questions about the therapy will be answered and you will be oriented on the equipment and how to use it. You will leave with your system and be provided with detailed instructions on its use.

Throughout this process if you have any questions or concerns, need to file a complaint/grievance or obtain copies of ASL's rights and responsibilities and HIPAA privacy policy, call Advanced Sleep Labs at (573) 441-0455 or visit our website at www.advancedsleeplabs.net where you can access these forms as well. Also, do not hesitate to give us service improvement ideas, which will help us in our goal to continually improve the quality of life for the patients we serve.

Sincerely,

Advanced Sleep Labs, LLC