

MAY 2025

Heart and Sol

Where we Party with a Purpose!

It's May! May means we're in the midst of a busy time of year. Check out what we've got planned!



APIDA

Saturday, May 17th from 11 am to 3 pm, we'll host our 4th Annual APIDA (Asian Pacific Islander Desi American) Heritage Month Celebration! The Loveland Public Library will co-host once again which means we'll be celebrating right outside the Library (300 N. Adams, Loveland). We have a robust set planned that you won't want to miss! Imagine dance, music and spoken word from Indonesia, India, the Philippines, Hawaii & Polynesian Islands, Japan, China and more! We'll also have a special demonstration of Tae Kwon Do! Be sure to stop by! Our favorite Asian cuisine food trucks will be on site for all to enjoy!

Come volunteer for the celebration! We can use your help! Reach out and we'll send you the Sign-Up link! Reach out on Facebook, Instagram or email Loveland@heartandsolco.org



JUNETEENTH

Our 5th Annual Juneteenth Freedom Day Celebration will take place Saturday, June 14th from 3:30 pm to 6:30pm at the Crooked Beech Brewing Company (3121 N Garfield Ave)! New location with new possibilities. We'll have performances inside and artisan booths outside. Come join the fun! We're accepting booth requests!

PRIDE

Loveland's 5th Pride celebration will take place Friday, June 20th and once again, we'll be there! This year, Rocky Mountain Equality will host, and we're excited to be part of the celebration. It's scheduled to take place from 4pm to 8pm at Mehaffey Park. We hope to see you there!



BOOK CLUB

Join us for our monthly book club! We're currently reading *Asians in Colorado* by William Wei. Our next meeting will be Saturday, May 24th. We'll discuss chapters 4 through 7. Contact NWhitney@HeartAndSolCo.org for more information

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We're participating in the 4th Annual Walk n' Roll event hosted by OAA - Obesity Awareness in Action. It'll take place Friday, June 20th from 5:00 pm to 8:00 pm at the Loveland Sports Park. Check it out! It'll be a fun night for all. Break out your most comfortable walking shoes or sneakers and come get moving with us! Sign up at the OAA website. <https://www.oaamovement.org/walk-n-roll>

EARLIER THIS YEAR



It's been a busy year so far. In January we co-hosted Loveland's Annual Dr. Martin Luther King Jr. celebration with TSD - Thompson School District. This celebration has been taking place in Loveland for over 30 years, and we're honored to have the opportunity to participate. It was such a meaningful program, and we loved the student involvement.



In February we participated in a Lunar New Year celebration at Loveland Aleworks. We love the crew there and thoroughly enjoyed our time there celebrating the Year of the Snake!

In March we hosted our 2nd Annual International Women's Day celebration at the Loveland Museum. The speakers and performers were all wonderful.

RECENT EVENTS



We are so honored to have hosted a special gathering in honor of Missing and Murdered Indigenous Women, Girls & 2 Spirit People. Afterward, at the Loveland City Council meeting, the first MMIWG2S Awareness proclamation was read aloud. This was borne from last year's Community Conversation the Loveland Police Department. It's a national crisis that many are clueless about. Representatives from the Northern Colorado Intertribal Powwow Association and Tiyošpaye Winyan Maka were present as well as Cassandra from Amnesty International who shared about her missing niece. We hope to grow these partnerships and together, bring meaningful gatherings and experiences to Loveland.



Join to make sure you're kept updated regarding future programming. 2025 will be different - but we will continue on!

FIND US ON

Instagram: HeartandSol.Co

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www.HeartAndSolCo.org

Heart and Sol is a registered 501c3 non-profit

