

MAY 2025

## Heart and Sol

Where we Party with a Purpose!

It's May! May means we're in the midst of a b<mark>usy</mark> time of year. Check out what we've got planned!



### APIDA

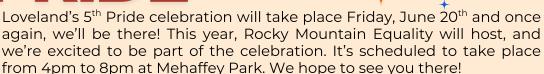
Saturday, May 17<sup>th</sup> from 11 am to 3 pm, we'll host our 4<sup>th</sup> Annual APIDA (Asian Pacific Islander Desi American) Heritage Month Celebration! The Loveland Public Library will co-host once again which means we'll be celebrating right outside the Library (300 N. Adams, Loveland). We have a robust set planned that you won't want to miss! Imagine dance, music and spoken word from Indonesia, India, the Philippines, Hawaii & Polynesian Islands, Japan, China and more! We'll also have a special demonstration of Tae Kwon Do! Be sure to stop by! Our favorite Asian cuisine food trucks will be on site for all to enjoy!

Come volunteer for the celebration! We can use your help! Reach out and we'll send you the Sign-Up link! Reach out on Facebook, Instagram or email Loveland@heartandsolco

### JUNETEENTH

Our 5<sup>th</sup> Annual Juneteenth Freedom Day Celebration will take place Saturday, June 14<sup>th</sup> from 3:30 pm to 6:30pm at the Crooked Beech Brewing Company (3121 N Garfield Ave)! New location with new possibilities. We'll have performances inside and artisan booths outside. Come join the fun! We're accepting booth requests!

#### PRIDE



## **BOOK CLUB**

Join us for our monthly book club! We're currently reading Asians in Colorado by William Wei. Our next meeting will be Saturday, May 24<sup>th</sup>. We'll discuss chapters 4 through 7. Contact NWhitney@HeartAndSolCo.org for more information

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We're participating in the 4<sup>th</sup> Annual Walk n' Roll event hosted by OAA - Obesity Awareness in Action. It'll take place Friday, June 20<sup>th</sup> from 5:00 pm to 8:00 pm at the Loveland Sports Park. Check it out! It'll be a fun night for all. Break out your most comfortable walking shoes or sneakers and come get moving with us! Sign up at the OAA website. https://www.oaamovement.

https://www.oaamoverorg/walk-n-roll



### **EARLIER THIS YEAR**

It's been a busy year so far. In January we co-hosted Loveland's Annual Dr. Martin Luther King Jr. celebration with TSD - Thompson School District. This celebration has been taking place in Loveland for over 30 years, and we're honored to have the opportunity to participate. It was such a meaningful program, and we loved the student involvement.



In February we participated in a Lunar New Year celebration at Loveland Aleworks. We love the crew there and thoroughly enjoyed our time there celebrating the Year of the Snake!

In March we hosted our 2<sup>nd</sup> Annual International Women's Day celebration at the Loveland Museum. The speakers and performers were all wonderful.



# RECENT EVENTS

We are so honored to have hosted a special gathering in honor of Missing and Murdered Indigenous Women, Girls & 2 Spirit People. Afterward, at the Loveland City Council meeting, the first MMIWG2S Awareness proclamation was read aloud. This was borne from last year's Community Conversation the Loveland Police Department. It's a national crisis that many are clueless about. Representatives from the Northern Colorado Intertribal Powwow Association and Tiyospaye Winyan Maka were present as well as Cassandra from Amnesty International who shared about her missing niece. We hope to grow these partnerships and together, bring meaningful gatherings and experiences to Loveland.



Join to make sure you're kept updated regarding future programming. 2025 will be different - but we will continue on!

FIND US ON

Instagram: HeartandSol.Co

Facebook: Heart and Sol of Loveland

www.HeartAndSolCo.org

Heart and Sol is a registered 501c3 non-profit